

WHAT'S UP



EDITION

2026 FALL/LATE FALL



**A Roxbury Tenants of Harvard Association
publication of Community Events, Services,
Family trips, and Upcoming Happenings
taking place in your Community!**

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RTH EXECUTIVE OFFICES

11 New Whitney Street

617-232-4306 ext. 100

Hours of Operation: **By Appointment**

Mon - Fri 9:00am - 5:00pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue

617-566-0707

Hours of Operation (Closed on Wed.):

Mon, Tue, Thu, Fri 8:30am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue

617-232-5910

Hours of Operation (Closed on Wed.):

Mon, Tue, Thu, Fri 8:30am - 5:00pm

RESIDENT SERVICES

Parks Community Building

2 New Whitney Street 2nd Floor

617-232-4306 ext. 305

Hours of Operation:

Mon - Fri 8:30am - 7:00pm

RTH COMMUNITY CENTER

20A Vining Street

617-232-4306 ext. 200

Hours of Operation:

Sun 10:00am - 3:00pm

Mon - Thu 7:00am - 8:00pm

Fri 7:00am - 9:00pm

Sat 10:00am - 9:00pm

SENIOR SERVICES

805 Huntington Avenue

617-232-4306 ext. 700

Hours of Operation:

Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive

617-232-4306 ext. 601

Hours of Operation:

Mon - Fri 9:00am - 6:00pm

Sat 9:00am - 12:00pm, 1:00pm - 6:00pm

SECURITY OFFICE

835 Huntington Avenue

617-731-6972

Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

617-232-0436

Please don't hesitate to call if you have any concerns about health, safety, and security.

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Dear RTH Residents

Where did the summer go? It always seems to fly by when we're having fun! While we'll miss the sunshine and long, lazy days, there's something special about the arrival of fall. It's a season of fresh starts, new routines, and exciting opportunities. Whether you're heading back to school, starting a new fitness journey, learning a new skill, or simply looking for ways to stay connected, RTH has something for everyone this season.

Looking to focus on your health? Our Health & Wellness Team is excited to offer the **Fall Wellness Challenges**, a fun and supportive way to get stronger, feel better, and stay motivated. Participants will have the opportunity to work with a personal trainer in a small group setting. If you prefer to exercise on your own, don't forget that our fitness staff offers equipment orientations by appointment to help you get the most out of your workouts.

Want to exercise your mind instead? Join us for a cooking class and discover delicious recipes that are perfect for the cooler months. Or take a little time for yourself and schedule a chair massage at our Fitness Center. If being outdoors is more of your style, the Gardening Club will continue meeting through December. Stop by the Kempton Playground to see how our community garden changes with the season, you might even be inspired to get involved!

We know grocery prices continue to be a challenge for many families. That's why our Resident Services Team is here to help connect residents with food resources available both in our community and throughout the area. And remember, if you use an EBT card, you can receive reimbursements on qualifying fruits and vegetables purchased through HIP Farm vendors and the Fresh Truck, making it a little easier to bring healthy, fresh food home.

Fall also brings back some of our favorite community traditions! We can't wait to celebrate with you at events like the **Pumpkin Patch, Latin Night, Diwali Celebration**, and so much more. Be sure to check the Announcements section for the full schedule of fall events. The season always seems to go by quickly, and before we know it, we'll be celebrating the holidays together!

Warm regards,

Karen

Karen T. Gately
Executive Director
Roxbury Tenants of Harvard Association, Inc.



Fall Session 1 Dates (8 Week Session)

Day	Start Session	End Date
Sunday	08-30-2026	10-18-2026
Monday	08-31-2026	10-19-2026
Tuesday	09-01-2026	10-20-2026
Wednesday	09-02-2026	10-21-2026
Thursday	09-03-2026	10-22-2026
Friday	09-04-2026	10-23-2026
Saturday	09-05-2026	10-24-2026

Fall Session 1 Holidays

Holiday	Date	Day	Open/Closed
Labor Day	September 7 th	Monday	Closed
Indigenous People's Day	October 12 th	Monday	RTHCC Open 11am - 7pm

Fall Session 1 Events

Event	Date	Time
Adult Pool Party	Saturday, September 5 th	6:00pm – 10:00pm
Family Pool Party	Sunday, September 6 th	1:00pm – 4:00pm
Music on the Plaza	Wednesday, September 10 th	6:00pm – 10:00pm
Health & Safety Meeting	Wednesday, September 16 th	6:00pm – 8:00pm
Mission Hill Road Race	Saturday, September 26 th	
Pumkin Patch	Saturday, October 10 th	1:00pm – 3:00pm
Health & Safety Meeting	Wednesday, October 14 th	6:00pm – 8:00pm
Latin Night	Saturday, October 17 th	6:00pm – 10:00pm
The Harvest Festival	Sunday, October 18 th	6:00pm – 9:00pm
Kids Halloween Party	Saturday, October 24 th	6:00pm – 8:00pm

Late Fall Session 2 Dates (8 Week Session)

Day	Start Session	End Date
Sunday	10-25-2026	12-20-2026
Monday	10-26-2026	12-21-2026
Tuesday	10-27-2026	12-22-2026
Wednesday	10-28-2026	12-23-2026
Thursday	10-29-2026	12-24-2026
Friday	10-30-2026	12-25-2026
Saturday	10-31-2026	12-26-2026

Late Fall Session 2 Holidays

Holiday	Date	Day	Open/Closed
Veteran's Day	November 11 th	Wednesday	RTHCC Open 11am - 7pm
Thanksgiving	November 26 th	Thursday	Closed
Day after Thanksgiving	November 27 th	Friday	RTHCC Open 11am – 7pm
Christmas Eve	December 24 th	Thursday	Close at 3:00pm
Christmas	December 25 th	Friday	Closed
New Year Eve	December 31 st	Thursday	Close at 3:00pm

Late Fall Session 2 Events

Event	Date	Time
Health & Safety Meeting	Wednesday, November 18 th	6:00pm – 8:00pm
Senior Thanksgiving lunch	Saturday, November 21 st	12:00pm – 3:00pm
Mayor's Trolly Ride	Saturday, December 5 th	2:00pm – 6:00pm
Adult Holiday Party	Saturday, December 12 th	6:00pm – 10:00pm
Kids Holiday Party	Sunday, December 13 th	1:00pm – 4:00pm
Health & Safety Meeting	Wednesday, December 16 th	6:00pm – 8:00pm

RTH EVENTS

Adult Pool Party	
Date and Time: September 5 th , 6:00pm – 10:00pm	Day of the week: Saturday
Ages: Adults (21+)	Location: Parks Community Building
Toast the end of the RTH pool season with your community neighbors. Food, music, fun, and prizes. Contact Terry Parson for more information. Tparson@roxburytenants.org (617)232-4306 ext.302	
Family Pool Party	
Date and Time: September 5 th , 1:00pm – 4:00pm	Day of the week: Saturday
Ages: Family (all ages)	Location: Parks Community Building
Spend the last day of the RTH pool season splashing with your family. Food, music, fun, games, and prizes. Contact Kerrie Felton for more information. KFelton@roxburytenants.org (617)232-4306 ext.200	
Pumpkin Patch	
Date: October 10 th , 1:00pm – 3:00pm	Day of the week: Saturday
Ages: Family (all ages)	Location: Kempton Park
Join us for a fun-filled family event at the Pumpkin Patch! Families and children of all ages are invited to participate in many activities including a pumpkin scavenger hunt where kids can explore and discover hidden treasures. Contact Yolking Hallie for more information. YHallie@roxburytenants.org (617)232-4306 ext.401	
Latin Night	
Date and Time: October 17 th , 6:00pm – 10:00pm	Day of the week: Saturday
Ages: Adults (21+)	Location: RTHCC Gymnasium
Join us for an evening of dancing and delicious Latin cuisine and fun. Contact Latoya Cromartie for more information. LCromartie@roxburytenants.org (617)232-4306 ext.101	
Harvest Festival	
Date and Time: October 18 th , 6:00pm – 10:00pm	Day of the week: Sunday
Ages: Family (all ages)	Location: RTHCC Gymnasium
Contact Roxanne Haecker for more information. RHaecker@roxburytenants.org (617)232-4306 ext.603	
Kids Halloween Party	
Date: October 24 th , 1:00pm – 4:00pm	Day of the week: Saturday
Ages: Youth (6-10), Middle School (11-13)	Location: RTHCC Room 117
Join us for a spooktacular kids' Halloween party, perfect for all children who love to dress up and enjoy some treats! The event will feature engaging activities like bingo, a fun "find the candy" game, arts, and crafts. All done with plenty of delicious treats to enjoy. Contact Yolking Hallie for more information. YHallie@roxburytenants.org (617)232-4306 ext.401	
Adult Holiday Party	
Date: December 12 th , 6:00pm – 10:00pm	Day of the week: Saturday
Ages: Adults (21+)	Location: RTHCC Gymnasium
Contact Terry Parson for more information. Tparson@roxburytenants.org (617)232-4306 ext.302	
Kids Holiday Party	
Date: December 13 th , 1:00pm – 4:00pm	Day of the week: Sunday
Ages: Family (all ages)	Location: RTHCC Gymnasium
Contact Roxanne Haecker for more information. RHaecker@roxburytenants.org (617)232-4306 ext.603	

Join the Fun!

RTH Website – www.Roxburytenants.org

Three Ways to Register for Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Go to www.RoxburyTenants.org and look for programs that interests you
 - Email (welcomedeskstaff@roxburytenants.org)
 - Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
 - Friday 7:00am – 9:00pm
 - Saturday 10:00am – 9:00pm
 - Sunday 10:00am - 3:00pm

Option 3: Register By Phone

Please call the Welcome Desk Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 8:00pm
 - Sunday 11:00am - 2:00pm

RTHCC Welcome Center

Programs are designed for RTH Residents of all ages and abilities.

Please note the following:

- **Preschool** programs designed for children ages 0 – 5 - not yet in 1st grade.
- **Youth** programs are designed for children in grades 1 – 5.
- **Middle school** programs are designed for youth in grades 6 – 8.
- **High school** programs are designed for teens in grades 9 – 12.
- **Family** programs are designed for children of all ages when accompanied by their parent or guardian.
- **Adult** programs are designed for adults 19 (and out of high school) to 55.
- **Senior** programs are designed for adults 55+.

If you have any questions regarding registration, please contact RTHCC Welcome Desk. (617)232-4306 x200.

Anti-Harassment:

We strive to provide an environment for our members, program participants and employees free from all forms of harassment. Your membership and participation reflect our commitment to our mission and values.

Anti-Violence Policy:

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Comment Cards:

We welcome comments and suggestions about our programs and facilities. Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Food/Drinks:

Allowed in designated areas only.

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Information Changes:

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left overnight are subject to removal!

Membership:

All RTH residents are welcome to join RTHCC. Please stop by the Welcome Desk for information and application.

RTHCC Class Pass:

\$25 per pass with 10 classes. Have a non-resident who wants to participate in group-ex or other drop-in class? Access to all group exercise or drop-in classes with this pass.

Valuables:

We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

How is RTH making an impact?

What has RTH done to make an impact in the community? Do you have an amazing story, highlight or picture to share? Submit your story for a chance to be highlighted in our next edition of the Telstar newsletter. You can email your story to Roxanne at Rhaecker@roxburytenants.org.



Announcements/Community

Trinity Management Quick Recertification Tips

Old Neighborhood and Mosaic

JSoto@trinitymanagementcompany.com

Office Phone: 617-232-5910



Mission Park

missionpark.com/contact us

Office Phone: 617-566-0707



- All Annual Recertification interviews are conducted by appointment only. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible for providing the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open to the community's quiet enjoyment.

Please note the garden will remain locked if weather conditions create a safety hazard.

Fresh Truck Mobile Market

Day of the week: Wednesday

Time: 3:00pm – 6:00pm

Location: Outside the Parks Community Building

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy.

Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:40pm. To receive a lottery ticket, you must be in the Parks Community room by 2:40pm. You must be physically present. (You cannot get a ticket for another person) If you arrive after 2:30pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents to arrive. The drawing will take place at 2:40 p.m.

Do you know?

The Healthy Incentive Program (HIP) puts money back on your EBT card when you use SNAP dollars to buy fruits and vegetables from HIP farm vendors, like at your local farmers' market and Fresh Truck. The monthly amounts are \$40 for households of 1-2 people, \$60 for households of 3-5 people, and \$80 for households of 6+ people.

Resident Room Rental

Starting 9/12, the Parks Community Room will be available for RTH residents to use for private events on Saturdays from 4:00pm – 10:00pm. There is an equipment rental fee of \$100 and a \$100 refundable cleaning/damage deposit.

For reservations and information, please contact the RTHCC Welcome Desk at (617)232-4306 ext.200.

RTH is Hiring!

Join our experienced, professional, and committed team! Visit our website for current information about our open positions!

<https://roxburytenants.isolvedhire.com/jobs/>

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interests would you like to share?

We hope you will become engaged and learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, and experiences that will help the committees with their work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information, call RTH Executive office at (617)232-4306 x100 or email executiveoffice@roxburytenants.org. Please leave your name, contact information and the committee, program, event, or area you would like to volunteer for.

Walk and Talk with Executive Director

Day of the week: Monday

Time: Sep 28th: 11:00am - 12:00pm
Oct 19th: 4:00pm – 5:00pm

Location: RTHCC

Age: Family (All Ages)

Join Executive Director Karen Gately for a walk around the neighborhood! Learn more about RTH history, ask about upcoming projects, or simply take the opportunity to up your step-count. Event is rain or shine – please dress for the weather and meet us in the RTH Community Center Lobby.

Senior Thanksgiving Luncheon

Date: Nov 21st

Day of the Week: Saturday

Time: 12:00pm – 3:00pm

Location: RTHCC Gymnasium

Age: Seniors (55+)

Join us for a warm and festive senior Thanksgiving filled with delicious food, laughter, and community spirit!



Music on the Plaza

Date: Sep 10th

Day: Wednesday

Time: 6:00pm – 9:00pm

Location: Levinson Plaza

Age: Family (all ages)



Mission Hill Road Race

Date: Sep 26th

Day: Saturday

Time: Meet at Flynn Lobby - 8:15am

Walkers - 9am, Runners - 9:30am

Location: The Kevin W. Fitzgerald Park

Take the challenge – It will be a hill of a run! Followed by music, kids fun run, and awards ceremony. Join the RTH running team! Call Zach at (617)232-4306 ext.203 to register.



Mayor's Trolley Tour

Date: December 6th

Day: Saturday

Time: Meet in RTHCC Room 117 at 1pm

Tour scheduled for 3 :45pm Brigham Circle

Location: Brigham Circle

Age: Family (all ages)





Homebuying 101 is required to apply for any of Boston's homebuyer financial assistance programs. The Boston Home Center takes you through the entire home buying process from beginning to end.

27 Affordable condominiums will be available for sale
120% AMI- Two 2-bedroom units; One 1-bedroom unit
100% AMI- Two 3-bedroom units; Five 2-bedroom units;
Five 1-bedroom units
80 % AMI- Three 3-bedroom units; Four 2-bedroom units;
Five 1-bedroom units

Topics covered include:

- Information on preparing for the mortgage process
- First time homebuyer mortgages
- How to find a home
- The legal aspects of buying a home
- How to work with professionals during the homebuying process.

Homebuying 101 is hosted by the following agencies:

Massachusetts Affordable Housing Alliance

Financial Education Associates

Allston Brighton Community Development

Urban Edge

Contact rhaecker@roxburytenants.org for more information



TREAT YOURSELF TO GREAT INTERNET



RTH Residents!! 'Tis the season to get fast, reliable internet you can count on.

IT'S EASY TO SWITCH TO STARRY!
VISIT [STARRY.COM/RTHHELP](https://starry.com/rthhelp)
FOR MORE INFORMATION



- ✓ Over 99.9% reliable
- ✓ RTH 200mbps/100mbps plan FREE
- ✓ Speeds are fantastic for streaming, gaming and working from home!
- ✓ Fast, free installation
- ✓ No contracts, cancel anytime



VIZIO 40 INCH SMART TV GIVEAWAY!
VISIT [STARRY.COM/VIZIO](https://starry.com/vizio)
ENTER FOR A CHANCE TO WIN



Contact us to learn about
this exclusive RTH benefit!

Starry Representative
508.216.0962
Helloboston@starry.com

Community Education & Job Training

The Community Education & Workforce Development Department helps RTH residents access education, job training, and employment to achieve economic self-sufficiency. We collaborate with Resident Services and institutional partners to overcome barriers and provide career opportunities.

RTH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level). Applications are accepted year-round; interviews are conducted quarterly.

Applications are available at the RTH Education and Resource Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

Wentworth Scholarship Opportunity for Mission Hill and Fenway Residents

RTH residents have the opportunity to attend Wentworth Institute of Technology tuition-free. For more information contact Johanna Sena at SenaJ@wit.edu or 617-930-3664.



Sweet and Savory Hand held pies w Chef Danny G

Date: Dec 7th
Day of the Week: Monday
Time: 6:30pm - 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Language: English, Spanish

Bake your way to delicious! Learn to make sweet & savory hand-held pies with fruit, meat, vegetables, and beans. Explore spices and flavors from around the world while creating tasty pies to enjoy and share!

SERV Safe Food Handlers Certification Classes

Date: Aug 31st – Dec 30th
Day of the week: By Appointment
Location: Online
Age: High School (14-17), Adults (18-55), Seniors (55+)
Language: English, Spanish, Chinese

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member.

Anatomy of Chicken w Chef Danny G

Date: Oct 5th
Day of the Week: Monday
Time: 6:30pm - 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Language: English, Spanish

Chef Danny Garcia demonstrates how to cut up a whole chicken to make three budget-friendly, healthful, and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their own dishes.

Home Made Pasta Basics

Date: Nov 2nd
Day of the Week: Monday
Time: 6:30pm - 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Language: English, Spanish

We'll use the traditional well-method to create fresh egg pasta dough, roll and cut it into fettucine, and finish with a quick and delicious fresh herb browned butter sauce. You'll learn to use a pasta machine and also how to roll and cut pasta by hand.

Little Chefs with Chef Kelly Barry

Date: Sep 11th – Dec 18th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Flynn Kitchen
Age: Youth (6-10)
Language: English

Chef Kelly's Little Chefs classes make cooking fun while teaching kids essential life skills. With a focus on safety, healthy choices, inclusivity, and hands-on learning, children 6- 10 of all abilities gain confidence in the kitchen.

Sewing with Julia Continuing Sewing

Date: Sep 1st – Dec 18th
Day of the Week: Tuesday
Time: 6:00pm - 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55),
Seniors (55+)
Cost: \$50 Mission Hill, \$150 Non-Residents
Language: English

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Sewing with Julia for Beginners Session 1

Date: Sep 1st – Sep 20th
Day of the Week: Tuesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Family (All Ages)
Language: English

Learn the basics of how to use a sewing machine, how to read a pattern, and how to create simple garments. Use our machines or bring your own.

Sewing with Julia for Beginners Session II

Date: Sep 27th – Dec 15th
Day of the Week: Tuesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Family (All Ages)
Language: English

Learn the basics of how to use a sewing machine, how to read a pattern, and how to create simple garments. Use our machines or bring your own.



Education & Resource Center (ERC) at the Betty Powers Library

Offering faxing, copying & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 6:00 pm

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Next Level Seniors: Gaming & Tech Fun I

Date: Sep 2nd – Oct 21st

Day of the week: Wednesday

Time: 11:30am - 12:30pm

Location: ERC

Age: Seniors (55+)

Language: Chinese

Capacity: 10

A fun, beginner-friendly computer gaming class for seniors to explore popular games, boost digital skills, and stay mentally sharp. Learn at your own pace in a relaxed, social setting designed for connection and enjoyment.

Next Level Seniors: Gaming & Tech Fun II

Date: Oct 28th – Dec 16th

Day of the Week: Wednesday

Time: 11:30am - 12:30pm

Location: ERC

Age: Seniors (55+)

Language: Chinese

Capacity: 10

A fun, beginner-friendly computer gaming class for seniors to explore popular games, boost digital skills, and stay mentally sharp. Learn at your own pace in a relaxed, social setting designed for connection and enjoyment.

Did you know?

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Game on! Online Gaming for Adults & Seniors I

Date: Sep 3rd – Oct 22nd
Day of the Week: Thursday
Time: 11:00am - 12:30pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 12

Why should kids have all the fun? Join our Online Gaming Class and learn to play fun, easy games with others. No experience needed—just bring your curiosity and have some fun!

Game on! Online Gaming for Adults & Seniors II

Date: Oct 29th – Dec 17th
Day of the week: Thursday
Time: 11:00am - 12:30pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 12

Why should kids have all the fun? Join our Online Gaming Class and learn to play fun, easy games with others. No experience needed—just bring your curiosity and have some fun!

Tee Time - Design Your Own T-shirt

Date: Sep 5th – Oct 24th
Day of the week: Saturday
Time: 11:00am - 12:30pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 12

Create your own custom T-shirt! Learn simple creative art skills and use heat transfers to design a shirt that's uniquely yours. No art experience needed—just bring your ideas and have fun!

Minecraft EDU Saturdays

Date: Sep 5th – Dec 26th
Day of the week: Saturday
Time: 3:30pm - 4:30pm
Location: ERC
Age: Youth (6-10), Middle School (11-13)
Language: English, Chinese
Capacity: 12

Build epic worlds, take on exciting challenges, go on adventures with friends, and let your imagination run wild in Minecraft Education. Whether you're new to Minecraft or already a pro, come join the fun!

English Conversation Group

Date: Sep 2nd – Dec 23rd
Day of the week: Wednesday
Time: 1:00pm - 2:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 10

Join this informal and friendly group where new English learners can practice their speaking skills. Drop-ins welcome.

Open Access Computer Time

Date: Aug 31st – Dec 30th
Day of the Week: Monday - Friday
Time: 9:00am - 5:30pm
Location: ERC
Age: Family (All Ages)
Language: English, Chinese

Our computer lab offers 12 computers with free internet. Friendly staff are here to help! We also provide fax and copy services to make your visit easy and convenient. Stop by and get connected! Computers may not be available during scheduled classes

Marble Runs are Amazing!

STEM Club for Young Engineers

Date: Oct 24th – Dec 19th
Day of the Week: Saturday
Time: 3:30pm - 5:00pm
Location: Levinson Multi-Purpose Room
Age: Youth (6-10), Middle School (11-13)
Language: English

Build, create, and experiment with marble runs! Learn basic engineering and physics while having fun and strengthening creativity and problem-solving skills. Builders Club participants also have a chance to win a National Geographic Marble Run!

Gardening Club

Date: Sep 6th – Dec 20th
Day of the Week: Sunday
Time: 11:00am - 1:00pm
Location: Kempton Park
Age: Family (All Ages)

Keep growing all year! Gardening reduces stress, supports mental health, and connects us with others. Join Gardening Club for fall planting, winter bulb forcing, and next-season planning. We'll move indoors when weather dictates!

Crochet Café

Date: Sep 3rd – Dec 17th
Day of the Week: Thursday
Time: 4:00pm - 5:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English, Spanish

Join Joseph Melanson and Li Fang Zhang as we work on our fall and winter projects. Materials are limited so you are encouraged to bring your own materials. Registration is required.

Library Troupe I

Date: Sep 18th – Oct 23rd
Day of the Week: Friday
Time: 4:30pm - 5:30pm
Location: ERC
Age: Youth (6-10), Middle School (11-13)
Language: English

Channel your inner Arachne! Learn to weave on a potholder loom while discovering the Greek myth of Athena and Arachne, the talented weaver Athena transformed into a spider. Create your own colorful woven masterpiece!

Library Troupe II

Date: Oct 30th – Dec 18th
Day of the Week: Friday
Time: 4:30pm - 5:30pm
Location: ERC
Age: Youth (6-10) Middle School (11-13)
Language: English,

Calling young readers! Dive into Rick Riordan's Percy Jackson's Greek Heroes this fall. Explore Greek myths, build skills for Boston's exam schools, and wrap up with an exciting Tanglewood Puppets performance of Perseus & Medusa!

IXL for Learning & Skills Practice

Date: Sep 14th – Dec 14th
Day of the Week: Monday - Friday
Time: 4:00pm - 6:00pm
Location: Levinson Multi-Purpose Room
Age: Youth (6-10), Middle School (11-13)
Language: English

IXL is a fun, immersive program that improves students' understanding and confidence in math, language arts, science, & social studies. Learners are also provided an opportunity to practice critical skills and knowledge sets.



Find FRIENDS and JOY IN MOVEMENT

That's the power of
heart & sole

Twice per week for 8 weeks, girls will have fun, make friends, increase their physical activity levels and learn important life skills. Trained and caring coaches lead 6th - 8th grade girls through interactive lessons and movement activities. The season ends with a celebratory 5K event.

Heart & Sole is a unique program just for girls!
Get to know yourself and others through interactive lessons, team discussions and fun physical activities.

Each season, Heart & Sole participants learn:



How to embrace who they are, both on the inside and outside



Strategies to become independent and critical thinkers



Skills to write their own stories



Tools to find inner strength through physical activity

Site/Team Name: Longwood Community Team @ Roxbury

Tenants of Harvard - Boston

Grades: 5th-8th

Practice Days & Times: Thursdays 4:30-6:30 PM

First Practice: September 24th

Celebratory 5K: November 15th, 2026

Program Fee: **Free for RTH Residents!**

Please use discount code: **RTHFA2026** when registering

Site Contact: Stephen Fulton, sfulton@roxburytenants.org

GOTR Contact: Hailey DeLorey, hailey.delorey@girlsontherunboston.org

SCAN QR CODE TO
REGISTER ONLINE



PROGRAM REGISTRATION OPENS ON AUG. 24TH, 2026

RTH IS HIRING!

JOIN OUR TEAM

Go to www.RoxburyTenants.org
for open positions and more details.
You can also apply directly on the
website!

Open positions:

Program Group Leader

Fitness Floor Staff

Group Fitness Instructor

PerDiems CDL & Non-CDL Driver

RTH is not just a great place to
live, it's a great place to work!



Youth Education & Community Education

The RTH Youth Educational Services and Workforce Development department helps RTH youth build critical skills, explore careers, and ensure they are on a path to education or employment with marketable skills for a more secure future. The department partners with educational institutions and community organizations to create opportunities for RTH youth.

Health and Wellness Peers

Date: Sep 14th – Dec 17th
Day of the week: Monday, Wednesday, Thursday
Time: 5:30pm - 7:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)
Capacity: 13

Apply to join the Health and Wellness Peers, learn and practice public speaking, research and advocacy skills all around issues that impact teens' health and well-being. Contact Jen or watch for application link on flyer to apply.

First Steps to Work

Date: Sep 11th – Dec 18th
Day of the week: Friday
Time: 5:00pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)
Capacity: 13

This program offers youth in 6-8th grade or who have never worked before a chance to learn work skills while assisting with community programs or projects. Please contact Jen or see flyer for application link.

RTH Youth Community Service Council

Date: Sep 8th – Dec 22nd
Day of the week: Tuesday, Thursday
Time: 6:00pm - 8:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)
Capacity: 20

Meet with fellow teens to discuss and advocate for what teens want and advise on teen programming at RTH! Earn community service hours! Look for application link on the flyer.

Youth Workforce Office Hours

Date: Sep 11th – Dec 22nd
Day of the week: Tuesday, Friday
Time: Tuesday: 7:00pm - 8:00pm
Friday: 3:00pm – 4:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Individual support is offered to youth on applying for jobs, interviewing, collecting documents for the hiring process, work permits, and onboarding for school year jobs. Email or call for appointment.

Level Up for Work - Teen Edition

Date: Oct 1st – Nov 19th
Day of the week: Thursday
Time: 5:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Brush up your skills and tools needed to get the job you want! Get feedback on your resume and learn how to make it stand out, practice interviewing, learn about LinkedIn, networking and how to navigate online onboarding.

Girls on the Run

Brookline/Mission Hill Community Team hosted at RTH

Date: Sept 24th - Nov 19th
Day of the Week: Thursday
Time: 4:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

At Girls on the Run, trained volunteer coaches facilitate lessons that blend physical activity with life skill development. The Heart & Sole middle school program is designed to meet the unique needs of 6th-8th grade girls of all abilities.

Health & Wellness

RTH is committed to fostering optimum physical and behavioral health to all the members of our community. To this end, we maintain educational and recreational facilities, qualified professional staff and a broad scope of programs in our Community Center, swimming pool, library and technology center. Below is an overview of these departments and links to the dedicated sections on our website for more detail and schedules. You should never be bored living at RTH!

SIGN UP FOR THESE FREE RESIDENT FITNESS SERVICES!

Fitness Orientation:

Ages: 14+

Strongly Recommended for all members.

The Fitness Orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

Did you miss your chance to have a fitness orientation when you first joined us?

Don't worry! Fitness assessments aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

The InBody Scale

When you step on a scale all you see is a number with no context. Go beyond the scale with the InBody Test, a non-invasive, quick, and accurate body composition analysis. The InBody will help you understand how your weight is broken down into muscle, fat, bone, and body water. Evaluate your results with Health and Wellness Director Zach and develop a plan to reach your health and fitness goals. Come in for an appointment today!

Blood Pressure Screenings

Stop by the fitness center or one of our Chit Chats and take a moment for your health! We're offering free blood pressure checks to help you stay informed and feeling your best. It only takes a few minutes, and our team is here to support you. No appointment needed!

Chair Massage

Date: Aug 31st – Dec 26th

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Cost: \$25.00 for non-residents

Register at the Welcome Center Desk for the RTH-Fitness Departments monthly 10-minute chair massages! Appointment required.

Program your Workout with a Personal Trainer with Zach

Date: Aug 31st – Dec 26th

Day of the week: Monday - Friday

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Cost: \$25.00 for non-residents

Meet with one of our qualified Fitness Director for a one-on-one consultation to help develop your workout program. Discuss your fitness goals and exercise history to gain a better footing on how to progress safely and effectively with your workout routine.

Strength Equipment 101

Date: Aug 31st – Dec 26th

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

New to the gym or unsure how to use the strength machines? This resident offering, led by our trained fitness staff, will teach you the basics of leg press, chest press, leg curl, leg extension, a crunch machine and more!

Fit Check 2026

Date: Aug 31st – Dec 26th
Day of the week: By Appointment
Time: By Appointment
Location: RTHCC Wellness Floor
Age: High School (14-17), Adults (18-55)
Language: English

Meet with our expert Fitness Staff today to create personalized goals and a tailored program that will help you unlock your best self.

Fitness Rewards Hub

Date: Aug 31st – Dec 26th
Day of the week: By Appointment
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

RTH Fitness has a reward hub that residents gain points to their account based on utilization, scheduling assessments/orientations and other fitness offerings and programs that will get residents access to our fitness fridge and other prizes!

Spin w/Elaine and Sandy

Date: Sep 1st – Dec 18th
Day of the week: Tuesday, Thursday, Friday
Time: Tue/Thu: 9:00am - 10:00am
Friday: 6:00pm - 7:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride.

Chair Yoga w/Elise

Date: Sep 2nd – Dec 18th
Day of the week: Wednesday, Friday
Time: 11:00am - 12:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

A modified form of yoga that uses a chair for support to perform poses and breathing exercises while seated. This gentle workout on the joints is accessible for people with limited mobility or those who find it difficult to stand for long periods.

Healthy Moves w/Elaine

Date: Aug 31st – Dec 18th
Day of the week: Monday, Wednesday, Friday
Time: 10:00am - 11:00am
Location: RTHCC Foyer
Age: Adults (18-55)
Cost: \$25.00 for non-residents

This exercise program is great for our aging population, enabling this community to stay healthy and fit. The class works on improving strength, endurance, and flexibility. Included is a pre and post assessment.

Muscle Works w/Elaine

Date: Aug 31st – Dec 21st
Day of the week: Monday
Time: 8:00am - 9:00am
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Start the week off right with a set of high volume and low resistance exercises aimed at targeting major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function.

Muscle Works w/Sandy

Date: Sep 3rd – Dec 17th
Day of the week: Thursday
Time: 6:00pm - 7:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

End the workday and start the weekend with a session of high volume (reps) and low resistance (weight) exercises targeting major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle strength and endurance.

Jiu Jitsu w/ Ruan

Date: Aug 31st – Dec 21st
Day of the week: Monday
Time: 5:00pm
Location: RTHCC Main Studio
Age: Family (All Ages)
Cost: \$25.00 for non-residents

This Jiu Jitsu class welcomes all ages and skill levels. Participants learn Brazilian Jiu-Jitsu fundamentals, self-defense, fitness, discipline, and confidence in a supportive environment that encourages growth, learning, and community.

Yoga w/Noreen

Date: Sept 1st – Dec 22nd
Day of the week: Tuesday
Time: 11:00am - 12:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Our yoga class welcomes all levels and will feature a variety of poses with modifications giving participants options to make each position more challenging or simpler. This class will focus on opening the body through controlled movements.

Full Body Workout w/Elaine

Date: Sept 1st – Dec 24th
Day of the week: Tuesday, Thursday
Time: 8:00am - 9:00am
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

This is a workout that aims to hit all the major muscle groups in one single class. Incorporating cardio movements, strengthening core, and balancing exercises.

Tabata w/Sandy

Date: Sep 1st – Dec 22nd
Day of the week: Tuesday
Time: 6:00pm - 7:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises, and short durations of rest in between.

Zumba w/Neri

Date: Sep 3rd – Dec 17th
Day of the week: Thursday
Time: 7:00pm - 8:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

Family Zumba w/Param

Date: Sep 2nd – Dec 23rd
Day of the week: Wednesday
Time: 6:00pm - 7:30pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Family Zumba gives you and your family a chance to be active together. It's a full body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a dose of awesome each time you leave class.

Foam Rolling w/Sandy

Date: Sep 1st – Dec 22nd
Day of the week: Tuesday
Time: 7:00pm - 8:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

This class incorporates a self-myofascial release or self-massage technique using a foam roller that aids in alleviating muscle tension and soreness.

Total Body Boot Camp w/Ali

Date: Sep 4th – Dec 26th
Day of the week: Friday, Saturday
Time: Friday: 3:00pm - 4:00pm
Saturday: 5:00pm - 6:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

This class will cover the ultimate workout going round for round bootcamp style. You will perform a variety of compound movements testing your anaerobic and aerobic fitness levels.

Walking Group and Exercise Club

Date: Sep 3rd – Dec 25th
Time: Thursday (Spa) - 6:00pm - 7:00pm
Thursday (Chi) - 3:00pm - 4:00pm
Tuesday (Eng) - 3:00pm - 4:00pm
Friday (Rus) - 3:00pm - 4:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English, Chinese, Spanish, Russian
Cost: \$25.00 for non-residents

All ARE WELCOME! Led in 4 languages. Attend one or all. Lace up your shoes and get ready to walk your way to better health, meet new friends, and have fun! Bad weather? No problem! We can walk indoors too.

Classical Ballet and Jazz Dance

Date: Aug 30th – Dec 20th
Day of the week: Sunday
Time: 1:00pm - 2:00pm
Location: RTHCC Main Studio
Age: Youth (6-10), Middle School (11-13), High School (14-17)
Cost: \$25.00 for non-residents

This youth dance class introduces ballet, lyrical, and jazz fundamentals while building coordination, flexibility, rhythm, and confidence. Students develop technique, creativity, teamwork, and self-expression in a positive, supportive environment.

Teen Spin w/Ali

Date: Sep 5th – Dec 26th
Day of the week: Saturday
Time: 6:00pm - 7:00pm
Location: RTHCC Main Studio
Age: Middle School (11-13), High School (14-17)
Cost: \$25.00 for non-residents

Spin for Teens is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride to energizing music. It's an opportunity to get your heart pumping.

Girls on the Run

Brookline/Mission Hill Community Team hosted at RTH

Date: Sept 24th - Nov 19th
Day of the Week: Thursday
Time: 4:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

At Girls on the Run, trained volunteer coaches facilitate lessons that blend physical activity with life skill development. The Heart & Sole middle school program is designed to meet the unique needs of 6th-8th grade girls of all abilities.

Teen Strength 101 with Zach

Date: Aug 31st – Dec 21st
Day of the week: Monday
Time: 5:00pm - 6:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Teen Strength 101 is an introductory strength training workout class designed to help teens build confidence, learn proper lifting techniques, and develop a strong fitness foundation in a safe, supportive environment.

Kung Fu Sword

Date: Aug 31st – Dec 26th
Day of the week: Monday - Friday
Time: 9:00am - 10:00am
Location: RTHCC Main Studio
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Kung Fu Sword is a unique martial art exercise class that blends the movements of Taiji boxing and other martial arts and dances. The movements are strong and flexible, aggressive and defensive, full of elegance and beauty.

Age Well Seniors Fitness: Zach

Date: Sep 1st – Dec 22nd
Day of the week: Tuesday
Time: 12:00pm – 1:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Age Well Fitness is a full-body workout designed to help older adults improve strength and mobility for everyday living. This supportive class uses body weight, resistance bands to promote independence, reduce fall risk, and keep participants healthy.

Fall Forward Healthier w/Zach

Date: Aug 31st – Dec 26th
Day of the week: Monday - Friday
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Join us for this individually designed program helping you track progress, build strength, and feel your best going into the fall! Combine the accountability and nutrition focus of weight loss programs with the movement and accessibility.

Halloween Themed Challenge - Teen : Pumpkin Patch Passport – Zach

Date: Oct 1st – Oct 31st
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Middle School (11-13),
High School (14-17)
Cost: \$25.00 for non-residents

All is the perfect time to build healthy habits before the busy holiday season. Complete 12 workouts throughout October to fill your Pumpkin Patch Passport and earn recognition. Every visit count toward becoming a Fall Fitness Champion!

Halloween Themed Challenge - Adult : Harvest Steps Challenge- Zach

Date: Oct 1st – Oct 31st
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Every step helps improve heart health, balance, and mobility. Track your daily steps while enjoying walks indoors or outdoors and celebrate your progress all month long. Walk 60,000 steps throughout October to complete our challenge!

Thanksgiving Themed Challenge - Thankful Miles - Teen – Zach

Date: Nov 1st – Nov 30th
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Middle School (11-13),
High School (14-17)
Cost: \$25.00 for non-residents

Show gratitude to your body by staying active throughout November. Every mile helps build endurance and supports a healthier lifestyle. Accumulate 25 miles of walking, running, cycling, rowing, or elliptical workouts.

Thanksgiving Themed Challenge - Adult - Thankful for Balance- Zach

Date: Nov 1st – Nov 30th
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Show gratitude to your body by staying active throughout November. Every mile helps build endurance and supports a healthier lifestyle. Accumulate 25 miles of walking, running, cycling, rowing, or elliptical workouts.

Christmas Themed Challenge - Teen - 12 Days of Fitness – Zach

Date: Dec 1st – Dec 24th
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Middle School (11-13),
High School (14-17)
Cost: \$25.00 for non-residents

Don't let the holidays slow you down! Complete 12 workouts before December 24 and finish the year feeling stronger than ever. Every workout count, whether it's cardio, strength training, or fitness class. Complete 12 workouts between December 1–24!

Christmas Themed Challenge - Adult - Winter Wellness Challenge - Zach

Date: Dec 1st – Dec 31st
Day of the week: Monday - Sunday
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Keep moving during the colder months to support your strength and overall wellness. Every visit helps maintain healthy routines and keeps you connected with your fitness community. Complete 10 fitness visits or group exercise classes during December.





SEPTEMBER FITNESS CHALLENGE



Most Miles covered on Treadmill

Be the resident with traveling the furthest and top the leaderboards for the month and win a prize!



FITNESS PRIZES!

RTH SWAG

GIFT CARDS



Most Group Exercise Classes Attended

Be the resident attending the most group exercise classes and top the leaderboards to win a prize at the end of the month!



RTHCC FALL 2026 MONTHLY AWARENESS



SEPTEMBER 16th

SEPTEMBER

Healthy Aging & Fall Fitness

Move Better. Feel Better. Live Better.

MOVE BETTER
Improve strength, balance & flexibility.

FEEL BETTER
Boost energy, mood & confidence.

STAY CONSISTENT
Build healthy routines that last.

LIVE BETTER
Better health today for a brighter tomorrow.

NEW SEASON. NEW GOALS. STRONGER YOU.

OCTOBER 14th

OCTOBER

Breast Cancer Awareness & Physical Wellness

Move for Your Health.

KNOW IT.
Early detection saves lives.

MOVE IT.
Exercise lowers risk and improves outcomes.

LOVE IT.
Take care of your body and your future.

STRONGER TOGETHER. STRONGER EVERY DAY.

NOVEMBER 18th

NOVEMBER

Diabetes Awareness & Gratitude

Healthy Habits. Stronger Community.

KNOW YOUR NUMBERS
Check, track & stay informed.

EAT WELL
Fuel your body the right way.

MOVE MORE
Stay active every day.

GIVE THANKS
Gratitude builds healthier, happier communities.

GRATEFUL HEARTS. HEALTHY HABITS. STRONGER TOGETHER.

DECEMBER 16th

DECEMBER

Holiday Wellness & Stress Management

Stay Active. Stay Balanced. Finish Strong.

STAY ACTIVE
Keep moving for energy & well-being.

MANAGE STRESS
Breathe, relax & take care of your mind.

STAY BALANCED
Enjoy the season while making healthy choices.

FINISH STRONG
Celebrate your progress & set new goals.

Healthy You. Happy Holidays.



JIU JITSU



All Ages Welcome



Aug 31st – Oct 24th

Mondays | 5:00pm – 6:00pm

RTHCC Main Studio

This Jiu Jitsu class welcomes all ages and skill levels. Participants learn Brazilian Jiu-Jitsu fundamentals, self-defense, fitness, discipline, and confidence in a supportive environment that encourages growth, learning, and community. Register at RTH Community Center!

RTHCC FITNESS DEPARTMENT



HALLOWEEN CHALLENGE

Every step helps improve heart health, balance and mobility. Track your daily steps and walk **60,000** steps throughout **October** to complete our challenge!





Thanksgiving Challenge

THANKFUL MILES

Show gratitude to your body by staying active this November. Every mile completed helps build endurance and a healthier lifestyle. Accumulate **25 miles** of walking, running, cycling, rowing or elliptical workouts before Thanksgiving!

FITNESS PRIZES!

RTH SWAG

GIFT CARDS



Winter Wellness

Keep moving during the colder months to support your strength, energy, and overall wellness. Finish the year feeling your best and ready for a healthy new year!

Complete 10 fitness visits or group exercises during December!

FITNESS PRIZES!

RTH SWAG

GIFT CARDS



Resident Services

Please come and visit us at 2 New Whitney Street on the 2nd floor. We want to hear from you about what you want and need and receive in your community. We can assist with a wide range of services and facilitate connections to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

Translations and Interpretation Services

Date: Sep 1st – Dec 26th
Day of the week: Tuesday, Saturday
Time: Tue: 10:00am, Sat: 11:00am
Location: Tue: Flynn Conference Room
Sat: E.R.C.
Age: Family (All Ages)
Language: English, Chinese, Russian, Spanish

Translation services are available for Chinese, English and Russian and Spanish upon request through our Language Line. You may have your email translated; management and facilities notices interpreted and discuss what is important to you with members of the Resident Services Staff.

Coffee Hours

Date: Sep 24th – Levinson, Oct 22nd - Flynn
Nov 19th – Duggan, Dec 10th - Neville
Time: 3:00pm – 4:00pm
Age: Family (All Ages)

Please come and join us at our coffee hours at our different buildings. Meet our Resident Service Staff and learn about new programs, benefits, and how we can assist you. We will have information about services and programs at our table.

Resident Services In-House Food Pantry

Date: By Appointment
Location: Parks Community Building
Age: Family (All Ages)

If you are experiencing food insecurities and in need of a few items to get you through a tough time, please visit us and we will be happy to help. This food pantry stocks only dry foods (non-perishable). Call (617)232-4306 x305 to schedule an appointment.

Catholic Charities Food Pantry

Date: Sep 2nd – Oct 21st
Day of the week: Wednesday
Time: 10:00am - 11:00am
Location: Parks Community Building
Age: Family (All Ages)

Catholic Charities' food pantry in Dorchester is a source of free food for the community. Prepared bags with balanced food items will aid in preparation. You must sign up one day prior. A minimum of five residents must participate. Please bring your ID. Call (617)232-4306 x305 to schedule an appointment.

Fresh Food Monthly Distribution

Date: Sep 17th -Dec 17th
Day of the week: Thursday
Time: 1:00pm – 3:00pm
Location: Parks Community Building
Age: Family (All Ages)

50 Bags of fresh groceries will be distributed to seniors and individuals who are handicapped and homebound, single moms with small children and any individuals who are experiencing food insecurities. No need to sign up, dates are 9/17, 10/15, and 12/17. Call (617)232-4306 x305 to schedule an appointment.

Thanksgiving Family Turkey Giveaway

Date: T.B.D. Watch for flyer
Location: Parks Community Building
Age: Family with children under 18

With the holidays approaching, we are asking families in need of a Turkey this year to sign up with Resident Services for a chance to get a turkey and a bag of sides. There is a Limited supply and one per household.

Globe Santa

1. Apply Online

Use the link in your DTA Connect App to apply online. Globe Santa is accepting applications through October 30, or while supplies last. We are no longer accepting mail in applications.

2. Tell us your Story

Write a letter to Globe Santa describing your situation or telling us why you're seeking holiday gifts for your children. Do not include a wish list or gift ideas

3. Application Verification

Your application will be verified by DTA and pending verification, your package will arrive by December 24. Santa@globe.com 617-929-2002

Cleaning Workshop English

Date: Sep 24th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Family (All Ages)
Language: English

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and make non-toxic cleaning materials. Residents who complete the workshops will receive cleaning supplies.

Cleaning Workshop Spanish

Date: Dec 17th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Family (All Ages)
Language: Spanish

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and make non-toxic cleaning materials. Residents who complete the workshops will receive cleaning supplies.

Cleaning Workshop Russian

Date: Nov 5th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Family (All Ages)
Language: Russian

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and make non-toxic cleaning materials. Residents who complete the workshops will receive cleaning supplies.

Cleaning Workshop Chinese

Date: Oct 28th
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Family (All Ages)
Language: Chinese

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and make non-toxic cleaning materials. Residents who complete the workshops will receive cleaning supplies.

Old Neighborhood Pop Up Event

Date: Sep 18th
Day of the week: Friday
Time: 12:00pm – 7:00pm
Location: Francis Street Garden
Age: Family (All Ages)

This event will provide you with the opportunity to meet our dedicated staff, learn about the services we offer, and discover how we can support you and your families. September 18th, 12pm - 2pm & 5pm - 7pm.

Trinity Management Company Resident Services Resident Training - Waiting List

Date: Sep 22nd
Day of the week: Tuesday
Time: 5:30pm – 7:00pm
Location: RTHCC Room 117
Age: Family (All Ages)

Join Trinity Management Company and Resident Services to learn more about the Waiting List, including: Income limits; HUD requirements; Bedroom sizes; Special Requests; Who goes first; how is the list organized and maintained? Sign up at RTHCC.

Trinity Management Company Resident Services Resident Training – Prepping for Inspections and taking the stress out of it

Date: Nov 10th
Day of the week: Tuesday
Time: 5:30pm – 7:00pm
Location: RTHCC Room 117
Age: Family (All Ages)

Join Trinity Management Company and Resident Services to learn more about How to prep for you inspection and take the stress out. Sign up at RTHCC.

Trinity Management Company Resident Services Resident Training – Why is paying your Rent on time Important?

Date: Dec 8th
Day of the week: Tuesday
Time: 5:30pm – 7:00pm
Location: RTHCC Room 117
Age: Family (All Ages)

Join Trinity Management Company and Resident Services to learn more about Why it is important to pay your rent on time and what other things that it might affect. Sign up at RTHCC.

The Aging Process

Date: Oct 6th
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55), Seniors (55+)

What to know to support older adults in housing. Participants will learn about various physical and cognitive changes that occur as individuals age.

Mass. General Brigham

Date: Oct 9th, Nov 13th, Dec 11th
Day of the week: 2nd Friday of each month
Time: 11:00am - 4:00pm
Location: Parks Community Building
Age: Family (All Ages)

Screening & Education: Hypertension, Diabetes, Colorectal Cancer, Flu & COVID Vaccines (October), Social Determinants of Health Resources (Various Health Info.).





Better health starts in community.

Meet your Mass General Brigham
Community Health Improvement Specialists.

How can we help?

-  Blood pressure screening and support
-  Colorectal cancer screening, education and support
-  Connections to healthcare services
-  Help navigating community resources
-  Support in multiple languages, including Spanish, Haitian Creole, Cape Verdean Creole, Portuguese, French, Mandarin and Cantonese

Our specialists are trained health workers who are part of this community, ready to offer screenings, answer questions, and help you find the care you need. You'll find us at events and neighborhood locations across Greater Boston and surrounding communities.

**No appointment. No referral needed.
Open to anyone.**

Whether you have a question about your health, need help finding care, or aren't sure where to start, we're here to help.

Begin 9/14
Mondays, 3-5:30pm
walk in screenings at the gym
Wednesdays, 2-5:30pm
during Fresh Truck market

Begin 9/3:
Thursdays, 3-5pm
after bilingual bingo

Contact Anna Leslie, Senior Program Manager, for more information (aleslie2@mgb.org)

Senior Services

Seniors, we want to hear from you! What ideas do you have for day trips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus

Date: Sep 4th – Dec 4th
Day of the week: 1st Friday of the month
Time: 1:00pm - 3:00pm
Location: RTHCC Room 117

Russian Tea Room, Russian language focus

Date: Sep 4th – Dec 9th
Day of the week: 2nd Wednesday of the month
Time: 5:00pm - 7:00pm
Location: Flynn Kitchen, 1st floor

Chit Chat Meeting, English language focus

Date: Sep 11th – Dec 11th
Day of the week: 2nd Friday of the month
Time: 12:00pm - 2:00pm
Location: Flynn Kitchen, 1st floor

Spanish Chat Meeting, Spanish language focus

Date: Sep 18th – Dec 18th
Day of the week: 3rd Friday of the month
Time: 12:00pm - 2:00pm
Where: Flynn Kitchen, 1st floor

Senior Center Drop-in

Date: Sep 4th – Dec 29th
Day of the week: Friday
Time: 11:00am - 2:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Drop by the Senior Center for a cup of coffee, conversation, play a game or make a card. Fridays from 11 - 2pm. See the Senior calendar for scheduled activities.

Senior Mystery Trip

Date: Oct 3rd, Dec 8th
Day of the week: Tuesday
Time: 5:30pm – 8:00pm
Location: Outing
Age: Seniors (55+)
Cost: Oct: \$15, Dec: \$30
Capacity: 11

September mystery trip hint: Flower. December Mystery trip hint: Celebrate the holidays

Senior Trip - Franklin Park Zoo lights

Date: Sep 29th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: Outing
Age: Seniors (55+)

Be immersive in the themed lantern zones featuring wildlife, coastal scenes, and deep-sea creatures.

Senior Gentleman's Club

Date: Sep 12th, Oct 18th, Nov 15th, Dec 6th
Day of the week: Sunday
Time: 1:00pm – 5:00pm
Nov 15th: 9:00am
Age: Seniors (55+)
Location: Flynn Kitchen

Come have an enjoyable afternoon socializing, playing games and making friends.

Senior Movie night

Date: Sep 4th – Dec 18th
Day of the week: Tuesday
Time: 4:30pm – 7:00pm
Age: Seniors (55+)
Location: Senior Drop-in Center

Join us for movie night. Snacks provided. Movie suggestions are requested.

Senior Monthly Shopping Trips

Please call RTHCC at (617) 232-4306 ext. 200 to register for shopping trips.

Market Basket

Date: Sep 1st – Dec 15th
Day of the week: 1st and 3rd Tuesday of the month
Time: 9:30am - 1:30pm
Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Date: Sep 10th – Dec 10th
Day of the week: 2nd and 4th Thursday of the month
Time: 10:00am - 1:30pm
Meet at Levinson Lobby at 9:45am

Kam Man Supermarket Quincy, Ma

Date: Sep 3rd – Dec 17th
Day of the week: 1st and 3rd Thursday of the month
Time: 10:00am - 3:00pm
Meet at Levinson Lobby at 9:50am

Monthly Shopping trip to Mall

Date: Sep 8th – Dec 22nd
Day of the week: 2nd and 4th Tuesday of the month
Time: 9:30am - 1:30pm
Meet in Levinson Tower lobby at 9:20am

Monthly Shopping Trip Super 88 & 99

Date: Oct 13th – Dec 9th
Day of the week: 2nd Wednesday of the month
Time: 11:00am - 1:30pm
Meet in Levinson Tower lobby at 9:20am

Senior Taxi Coupons

Date: Sep 22nd – Dec 1st
Day of the week: First Tuesday of the month (except Sep)
Time: 12:00pm
Location: Flynn Kitchen
Age: Seniors (60+)
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

1st Tuesday of the month. Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of four books per month.

Arts and Crafts Seniors

Date: Sep 2nd – Dec 23rd
Day of the Week: Wednesday
Time: 11:30am - 1:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

Senior Bingo

Date: Aug 31st – Dec 21st
Day of the week: Monday, Thursday, Sunday
Time: 2:00pm - 5:00pm
Location: Senior Drop-in Center
Age: Seniors (55+)
Language: English, Spanish

Sunday Bingo starts at 1pm. Come early to buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.

Patriot's Game

Date: Sep 27th
Day of the week: Sunday
Time: 12:30pm - 3:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Join us Sunday, Sept. 27th at 12:30pm to watch the Patriots vs. Jacksonville game

Age Well Discussion Group

Date: Sep 3rd – Dec 17th
Day of the week: Thursday
Time: 11:00am - 1:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Join us for meaningful conversation, connection, and support as we explore ways to live well, and age with confidence. Must speak English.

Age Well Seniors Fitness: Zach

Date: Aug 31st – Dec 26th
Day of the week: Tuesday
Time: 12:00pm – 1:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Age Well Fitness is a full-body workout designed to help older adults improve strength and mobility for everyday living. This supportive class uses bodyweight, resistance bands to promote independence, reduce fall risk, and keep participants healthy.

Tea and Talk

Date: Sep 22nd
Day of the week: Tuesday
Time: 2:30pm
Location: Outing
Age: Seniors (55+)

Come have tea with the Senior Department. We want to hear from you

Armchair Traveler

Date: Sep 25th
Day of the week: Friday
Time: 1:00pm - 2:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Travel the world without leaving your seat. No passport required. Last Friday of the month.

Bingocize

Date: Sep 14th – Nov 18th
Day of the week: Monday, Wednesday
Time: 3:00pm - 4:00pm
Location: RTHCC Room 117
Age: Seniors (55+)

Mondays and Wednesdays

The Great Fall Get Together

Date: Sep 26th
Day of the week: Saturday
Time: 6:00pm - 8:00pm
Location: Parks Community Building
Age: Seniors (55+)

Celebrate the beauty of the season. Enjoy great tunes, delicious refreshments.

Soupalicious

Date: Sep 14th – Dec 21st
Day of the week: Monday
Time: 11:00am - 1:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Drop by the Flynn House for a warm cup of soup, and conversation with your neighbors.

Golden Club – Asian Focus

Date: Sep 3rd – Dec 17th
Day of the week: Thursday
Time: 5:00pm - 7:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

A welcoming gathering for Chinese speaking seniors to enjoy friendships and fun activities.

Golden Club – English Focus

Date: Sep 7th – Dec 21st
Day of the week: Monday
Time: 5:00pm – 7:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

A welcoming gathering for English speaking seniors to enjoy friendships and fun activities.

DA JIA LE @ Senior Drop-In Center

Date: Sep 1st – Dec 22nd
Day of the week: Wednesday, Friday
Time: Wed: 3:00pm – 7:00pm
Fri: 4:00pm – 8:00pm
Location: Senior Drop-in Center
Age: Seniors (55+)

Come socialize and play Mar-Jong and Chinese chess with fellow residents and friends. Feel free to bring your poker cards. Happy Together!

Senior Karaoke

Date: Oct 22nd
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: Parks Community Building
Age: Seniors (55+)

Join us for an enjoyable evening, Light refreshments and Karaoke. Limited space. Sign up at the RTHCC Front desk.

Family Programs

Families that play together..... Recreation plays an important role in the lives of many families. Research has demonstrated that family recreation and leisure are associated with several positive outcomes in families – increased satisfaction, stability, improved communication and overall family functioning. RTH's family programs are designed to bring your family together! For all Family Outings, children under 18 must be accompanied by an adult or guardian.

Franklin Lights

Date: Sep 26th
Day of the week: Saturday
Time: 3:00pm - 8:00pm
Location: Outing
Ages: Family (All Ages)
Cost: \$10.00 for non-residents

Students and families will relish the pleasant weather and enjoy the wonderful lights exhibit at the park as well and animals. Meet at RTHCC Room 117 at 3:00pm;
Anticipated return at 8:00pm.

Ladies First

Date: Sep 22nd, Oct 6th, Oct 20th, Nov 10th,
Nov 24th, Dec 15th, Dec 29th
Day of the week: Tuesday
Time: 6:00pm - 8:00pm
Location: RTHCC Room 117
Ages: Adults (18-55)

Ladies First is a weekly program designed for women of the RTH community. We will create powerful and enriching experiences, provide bonding opportunities, and promote unity.

Jiu Jitsu w/ Ruan

Date: Aug 31st – Dec 21st
Day of the week: Monday
Time: 5:00pm
Location: RTHCC Main Studio
Age: Family (All Ages)
Cost: \$25.00 for non-residents

This Jiu Jitsu class welcomes all ages and skill levels. Participants learn Brazilian Jiu-Jitsu fundamentals, self-defense, fitness, discipline, and confidence in a supportive environment that encourages growth, learning, and community.

Mindful Fun/Martial Arts

Date: Sep 5th – Oct 24th
Day of the week: Saturday
Time: 2:00pm - 3:00pm
Location: RTHCC Teen Center
Ages: Child (0-5), Youth (6-10)

RTH youth are invited to get into great shape while learning self-defense skills, learn techniques and skills like stance, strikes, blocks, and kicks.

Child Watch

Date: Sep 1st – Oct 22nd
Day of the week: Tuesday, Wednesday, Thursday
Time: 6:00pm - 8:00pm
Location: Levinson Multipurpose Room
Ages: Child (0-5), Youth (6-10)

Need someone to look after your children while you work out or join a class? Look no further. RTHCC is here to welcome your children to our child watch program while you take some time for yourself.

Friday Night Family Movie

Date: Sep 4th – Oct 23rd
Day of the Week: Friday
Time: 6:00pm - 8:00pm
Location: RTHCC Room 117
Age: Family (All Ages)
Cost: \$5.00 for non-residents

End the week and start the weekend with some popcorn, treats, and a family-oriented movie adventure. Bring a soft pillow, stuff animals, or blanket.

Pumpkin Patch

Date: Oct 10th
Day of the week: Saturday
Time: 1:00pm - 3:00pm
Location: Kempton Park
Age: Child (0-5), Youth (6-10), Middle School (11-13)

Open to the RTH community and families with children to come and pick a pumpkin and enjoy some treats and activities.

Honey Pot Hill Orchards

Date: Oct 3rd
Day of the week: Saturday
Time: 10:00am - 5:00pm
Location: Outing
Age: Family (All Ages)
Cost: \$16 for non-residents

Join us for an RTH family favorite farm offering to enjoy activities like hayrides & hedge mazes on a farm with animals & fruit picking. Meet Bus @ 10:00am. The anticipated return is 5:00pm.

Art and Craft with Julia

Date: Sep 5th – Oct 24th
Day of the week: Saturday
Time: 3:00pm – 4:00pm
Location: RTHCC Room 117
Ages: Youth (6-10)

Join us for an indoor Art session for kids aged 6-14 every Saturday afternoon! Come have fun and create and make bracelets, canvas, and more!

Girls on the Run

Brookline/Mission Hill Community Team hosted at RTH

Date: Sept 24th - Nov 19th
Day of the Week: Thursday
Time: 4:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

At Girls on the Run, trained volunteer coaches facilitate lessons that blend physical activity with life skill development. The Heart & Sole middle school program is designed to meet the unique needs of 6th-8th grade girls of all abilities.

Nutcracker

Date: Dec 19th
Day of the week: Saturday
Time: 7:00pm - 9:00pm
Location: Outing
Age: Child (0-5), Youth (6-10), Middle School (11-13)
Cost: \$12 for non-residents

A magical ballet that captivates audiences of all ages, making it a perfect holiday tradition for families. Please come out and join us at this wonderful event on Saturday evening. You would have to commute on your own and enjoy the show.

Fall Afterschool Applications

Date: Sep 15th – Dec 26th
Day of the Week: Monday - Friday
Time: 2:30pm - 6:00pm
Location: ASP
Age: Youth (6-10), Middle School (11-13)

Ready for the school year! Back to after school hours of operation Monday-Friday 2:30-6:00p.m. Free program for Roxbury Tenants Community.

Cake Design

Date: Nov 14th
Day of the Week: Saturday
Time: 2:00pm - 4:00pm
Location: RTHCC Room 117
Age: Youth (6-10), Middle School (11-13)

Join us for a fun-filled Saturday afternoon of cake decorating! This event is perfect for kids ages 5:00-14 years, where they'll unleash their creativity and learn some decorating techniques.

Saturday Kids Movie

Date: Sep 26th – Nov 28th
Day of the Week: Saturday
Time: 4:00pm - 6:00pm (Nov 14th: 6:00pm – 8:00pm)
Location: RTHCC Room 117
Age: Child (0-5), Youth (6-10), Middle School (11-13)

Saturday starts to have fun with some popcorn, treats, and a family-oriented movie adventure. Bring a soft pillow, stuff animals, or blanket. This is a great way to spend time with family and friends. Parents, we'll have staff on hand.

Classical Ballet and Jazz Dance

Date: Aug 30th – Dec 20th
Day of the week: Sunday
Time: 1:00pm - 2:00pm
Location: RTHCC Main Studio
Age: Youth (6-10), Middle School (11-13), High School (14-17)
Cost: \$25.00 for non-residents

This youth dance class introduces ballet, lyrical, and jazz fundamentals while building coordination, flexibility, rhythm, and confidence.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PRESCHOOL LEARNING EXPERIENCES

Boston Pre-Kindergarten

Early Education for Children 0-5

The RTH Early Education Center is providing comprehensive school readiness and high-quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our BPK classrooms use the Focus Curriculum, designed to match the curriculum in the public schools. Our classrooms also use Pyramid Model for Social Emotional Development to encourage the social development skills we all need to be successful. The Boston Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our center is open from 7:30 to 5:30 Monday-Friday. Spaces are limited: Apply today!

We provide care for Infants Toddlers and Preschool/PreK

Tours available upon request. Bpowers@ymcaboston.org to schedule

HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1st
- Live in the city of Boston

WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- **All Vouchers Accepted for both classrooms.**



CAKE DESIGN

November 14th | 2:00 - 4:00 PM | Room 117

Open to the RTH Community • Ages 5-14

Come All and Enjoy!

*Learn How To Make Cakes and Build Connections
and Relationships With All*

A fun, hands-on workshop for kids & families! • Perfect for ages 5-14



All skill levels welcome • Materials & aprons
Fun for Kids & Families!

Join us for an afternoon of creativity, frosting,
community, and sweet treats!

Contact: yhallie@roxburytenants.org

Please sign up at the welcome desk or call 617-232-4306



NOW ENROLLING!

RTH AFTERSCHOOL PROGRAM



2026-2027 SCHOOL YEAR
LEARN • CREATE • PLAY • GROW!



AFTERSCHOOL FUN INCLUDES:



Arts & Crafts



STEM & Hands-On Activities



Games & Group Activities



Homework & Learning Time



Special Activities & More!

WE ALSO OFFER:



MEALS PROVIDED



PICKING KIDS UP FROM THEIR BUS STOP



GYM & ACTIVE PLAY



MINECRAFT COMPUTER CLASS



COOKING CLASS

RTH RESIDENTS FREE



WHO CAN JOIN?
Ages 5-14
K2 through 8th Grade



PROGRAM HOURS
2:30 PM - 6:00 PM



LOCATION
835 Huntington Avenue
Boston, MA 02115

ENROLL TODAY!

Give your child a place to learn, make friends, and have fun after school!

CONTACT US:

yhallie@roxburytenants.org

617-232-4306 ext. 401

COME LEARN, CREATE & HAVE FUN WITH US!



Teen Center

The Teen Center is a vibrant space where RTH teens can connect, engage in a variety of programs, and enhance their knowledge, talents, and skills. In addition to enriching activities, the center offers exciting trips that give teens the opportunity to explore the city, have fun, and create lasting memories!

Teen Center Drop-in Hours

Monday - Thursday 4:30pm - 8:00pm
Friday, Saturday 3:00pm - 9:00pm
Sunday Closed

Middle School Student grade 6 – 8

High School Student grade 9-12

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you!

Middle School will be welcomed in the teen center. Check the board for new activities and schedule.

Teen Spin w/Alì

Date: Sep 5th – Dec 26th

Day of the week: Saturday

Time: 6:00pm - 7:00pm

Location: RTHCC Main Studio

Age: Middle School (11-13),
High School (14-17)

Cost: \$25.00 for non-residents

Spin for Teens is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride to energizing music. It's an opportunity to get your heart pumping.

Teens Movie Night

Date: Sep 5th – Dec 26th

Day of the Week: Saturday

Time: 7:00pm - 9:00pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Join us for fun-filled nights of cinema, snacks, and socializing with your friends. Whether you're a film enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a great movie in a lively atmosphere.

Media Lab

Date: Sep 2nd – Dec 17th

Day of the Week: Wednesday, Thursday

Time: 5:30pm - 7:00pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Learn the basics of podcasting, music production, video editing, and digital storytelling using professional equipment. No experience needed—just bring your creativity!

RTH Youth Community Service Council

Date: Sep 8th – Dec 22nd

Day of the week: Tuesday, Thursday

Time: 6:00pm - 8:00pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Capacity: 20

Meet with fellow teens to discuss and advocate for what teens want and advise on teen programming at RTH! Earn community service hours! Look for application link on the flyer.

Live Action Role Play

Date: Sep 5th – Dec 18th

Day of the Week: Friday

Time: 5:30pm - 7:00pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Step into an exciting world of adventure where you become the hero! Solve puzzles, complete quests, and work as a team in immersive stories that challenge your creativity and imagination.

EA Sports

Date: Sep 5th – Dec 18th
Day of the Week: Friday
Time: 7:00pm - 9:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Compete with friends in exciting EA Sports tournaments featuring your favorite games. Show off your skills, build teamwork, and battle for bragging rights in a fun, respectful environment.

Mural Project

Date: Sep 5th – Oct 24th
Day of the Week: Saturday
Time: 3:00pm - 5:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Help transform our community one brushstroke at a time! Work with local artists and fellow teens to design and paint a mural that reflects the creativity, culture, and pride of RTH.

Social Media Saturday

Date: Sep 5th – Dec 26th
Day of the Week: Saturday
Time: 5:00pm - 7:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Create, film, edit, and share positive content that showcases Teen Center events, achievements, and community stories. Learn the skills behind becoming a successful content creator.

Snack and Tutoring

Date: Sep 1st – Dec 23rd
Day of the Week: Tuesday - Friday
Time: 4:30pm - 5:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Grab a snack, finish your homework, and get the academic support you need in a relaxed, welcoming environment. Success is easier when we learn together.

Teen Strength 101 with Zach

Date: Aug 31st – Dec 21st
Day of the week: Monday
Time: 5:00pm - 6:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)
Cost: \$25.00 for non-residents

Teen Strength 101 is an introductory strength training workout class designed to help teens build confidence, learn proper lifting techniques, and develop a strong fitness foundation in a safe, supportive environment.

Classical Ballet and Jazz Dance

Date: Aug 30th – Dec 20th
Day of the week: Sunday
Time: 1:00pm - 2:00pm
Location: RTHCC Main Studio
Age: Youth (6-10), Middle School (11-13), High School (14-17)
Cost: \$25.00 for non-residents

This youth dance class introduces ballet, lyrical, and jazz fundamentals while building coordination, flexibility, rhythm, and confidence. Students develop technique, creativity, teamwork, and self-expression in a positive, supportive environment.

Girls on the Run

Brookline/Mission Hill Community Team hosted at RTH

Date: Sep 24th - Nov 19th
Day of the Week: Thursday
Time: 4:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

At Girls on the Run, trained volunteer coaches facilitate lessons that blend physical activity with life skill development. The Heart & Sole middle school program is designed to meet the unique needs of 6th-8th grade girls of all abilities.

RTH TEEN CENTER

 **LAUNCH YOUR MEDIA CAREER!** 

Do you want to...

- ✓ Be a DJ?
- ✓ Run a Radio Station?
- ✓ Professionally upload to YouTube and TikTok?
- ✓ Have your own Podcast?
- ✓ Interview members of the RTH community?
- ✓ Report on current events?

 **Starting Soon @ The Teen Center**

FREE TRAINING COURSE

- Podcasting • DJing • Blogging
- YouTube • TikTok • Videography • Voiceover
- PLUS:**
- Technical media skills
- On-air presence
- Broadcast ethics
- Career development

 **REGISTER NOW**

- Sign up at the RTH Welcome Desk
- Space is limited — sign up today!

QUESTIONS? 617-232-4306 EXT. 200



MOVE, GROOVE, & GROW!

CLASSICAL BALLET & JAZZ DANCE



Learn **ballet** and **jazz dance** while building **confidence**, **coordination**, **flexibility**, **rhythm**, **teamwork**, and **self-expression** in a fun and supportive environment.



DATES:

Starting August
30th, 2026



DAY OF THE WEEK:

Sunday



TIME:

1:00 PM – 2:00 PM



LOCATION:

RTHCC Main Studio



AGES:

- Youth (6–10)
- Middle School (11–13)
- High School (14–17)

REGISTER TODAY!



REGISTER AT
RTHCC WELCOME DESK



(617) 232-4306 EXT. 201

Sports & Enrichment Programs

The department focus is to teach, develop, organize, manage, and offer RTH residents the opportunity to learn fundamentals sports skills, while instilling life lessons and values of teamwork, disciplines, respect, sportsmanship, child development. We believe in the power of inclusivity, ensuring that every child has the opportunity to play. No matter what their skill level, we'll provide a supportive environment that encourages growth and celebrates each child's unique talent.

Table Tennis

Date: Aug 31st – Dec 26th
Day of the week: Monday - Saturday
Time: 6:00am – 9:00pm
Location: RTHCC Foyer
Age: Family (All Ages)

Table Tennis, otherwise known as Ping-Pong, is a sport in which players must beat their opponents using various tactics. This sport involves fast thinking, gives way to increased eye-hand coordination, and quicker actions to score points.

Open Gym

Date: Aug 31st – Dec 26th
Day of the Week: Monday - Sunday
Time: 6:00am - 9:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Come enjoy an open safe space to run, play, and enjoy free play of your choice with your child(ren), neighbors, or yourself. Courts may be divided to allow a variety of shared activities.

Volleyball

Date: Aug 30th – Dec 20th
Day of the week: Sunday
Time: 12:00pm - 1:30pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Why Play Volleyball? Invented in 1895 in Holyoke, MA, volleyball has become one of the most popular sports worldwide. Volleyball is the ideal sport for children and parents alike.

High School Pick-Up Basketball

Date: Sep 4th – Dec 18th
Day of the week: Friday
Time: 7:00pm - 9:00pm
Location: RTHCC Gymnasium
Age: High School (14-17)

High School Pick-Up B-Ball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship.

Middle School Basketball

Date: Sep 2nd – Dec 18th
Day of the week: Wednesday, Friday
Time: Wed: 6:45pm - 8:00pm
Fri: 5:00pm – 7:00pm
Location: RTHCC Gymnasium
Age: Middle School (11-13), High School (14-17)

Middle School Basketball will focus on promoting healthy play while placing value on sportsmanship. Players of all levels are invited to come and develop the fundamentals of basketball. Pick up registration forms at the RTHCC Welcome Desk.

Basketball Skills and Drills

Date: Sep 5th – Dec 26th
Day of the week: Saturday
Time: 1:00pm - 3:00pm
Location: RTHCC Gymnasium
Age: Youth (6-10)

Basketball Skills and Drills is designed to help elementary school players of all levels learn the fundamentals of basketball while incorporating teamwork, improving basketball skills, and preparing them for league play. Pick up registration forms at the RTHCC Welcome Desk.

Basketball Girls ONLY

Date: Sep 1st – Dec 22nd
Day of the week: Tuesday
Time: 5:15pm – 6:30pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Our Girls Only Basketball Program provides an empowering environment where girls of all ages and skill levels can learn, grow, and enjoy basketball. Participants will develop skills including dribbling, passing, shooting, defense, and teamwork.

Teens Pick-Up Basketball

Date: Sep 5th – Dec 26th
Day of the week: Saturday
Time: 6:00pm - 9:00pm
Location: RTHCC Gymnasium
Age: Middle School (11-13), High School (14-17)

Teen (middle and high school) Pick-Up B-Ball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends.

Adult Basketball

Date: Sep 1st – Dec 22nd
Day of the week: Tuesday, Thursday
Time: 6:30pm - 8:00pm
Location: RTHCC Gymnasium
Age: High School (14-17), Adults (18-55)

Come enjoy our open and safe program for adults of all skill levels. An opportunity to connect with fellow basketball enthusiasts. Whether you're polishing skills or starting fresh, experience the perfect mix of competition and camaraderie.

Girls on the Run

Brookline/Mission Hill Community Team hosted at RTH

Date: Sep 24th - Nov 19th
Day of the Week: Thursday
Time: 4:30pm - 6:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

At Girls on the Run, trained volunteer coaches facilitate lessons that blend physical activity with life skill development. The Heart & Sole middle school program is designed to meet the unique needs of 6th-8th grade girls of all abilities.

Sports Explorers

Date: Sep 5th - Dec 19th
Day of the Week: Saturday
Time: 11:00am - 1:00pm
Location: RTHCC Gymnasium
Age: Preschool (3– 5), Youth (6-10)

Sports Explorers will introduce young children to a variety of sports through fun, age-appropriate games and activities. Each week will feature a different sport. Focus will be on developing basic skills, coordination, teamwork, and confidence.

3 v 3 Pick Up

Date: Aug 31st – Dec 23rd
Day of the week: Monday, Wednesday
Time: 5:30pm - 6:30pm
Location: RTHCC Gymnasium
Ages: Youth (6-10), Middle School (11-13)
Cost: Non-Residents \$25.00 guest pass required

Our 3-on-3 Basketball Exhibition Games give young athletes the opportunity to showcase their skills in a fun and supportive environment. Players will compete in small-sided games. Open to Youth (ages 6–10) and Middle School (ages 11–13) divisions.

Soccer Skills and Drills

Date: Sep 1st – Dec 22nd
Day of the Week: Tuesday, Thursday
Time: 5:00pm - 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

This introductory class meets two times a week. We will establish the fundamental rules and skills of soccer. In this group setting we will include both drill work and pickup games to better learn and gain understanding of the sport.

Pickleball

Date: Sep 2nd - Dec 22nd
Day of the week: Wednesday, Thursday
Time: 4:00pm – 5:30pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Pickleball is a paddle sport for 2 to 4 players that combines elements of tennis, badminton, and ping-pong. Pickleball is popular because it is easy to learn and accessible to players of all ages, making it a low-impact and fun sport.

EA Sports

Date: Sep 5th – Dec 18th
Day of the Week: Friday
Time: 7:00pm - 9:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13)

Compete with friends in exciting EA Sports tournaments featuring your favorite games. Show off your skills, build teamwork, and battle for bragging rights in a fun, respectful environment.

GET IN TOUCH WITH DARIUS TO REGISTER
DCORTEZRICCIO@ROXBURYTENANTS.ORG



3ON3

Basketball Tournament is here!

RTH will be hosting a 3 v 3

Program this Fall!!

**ENTER YOUR TEAM NOW!!!
LIMITED SPOTS**

Date: 8/30-10/24 2026

**Venue: RTHCC
Basketball GYM**



Free things to do this Fall

Festivals and Outdoor Events:

Fall Nature in the City Festival: Held at Magazine Beach Park Nature Center in Cambridge on Sunday, September 27, 2026, at 2:00 PM; features free all-ages art, live music, food, and hands-on nature activities. 668 Memorial Drive, Cambridge

Lawn on D Fall Festival: Hosted at The Lawn on D in Boston on Sunday, October 4, 2026, starting at 12:00 PM; offers free admission with face painters, balloon artists, caricature artists, and an Animal Adventures Meet & Greet from 2:00 PM to 5:00 PM. 420 D Street in the Seaport District

Rockin' with Raptors: Celebrated at the Boston Nature Center in Mattapan on Saturday, September 26, 2026, at 12:00 PM; includes live raptors, music, trail exploration, and a community cookout. 500 Walk Hill Street, Mattapan

Fenway & Mission Hill Free Fall Events The Opening Our Doors festival is Boston's largest and longest-running free arts and cultural day, celebrating its 25th anniversary on Monday, October 12, 2026, from 10:00 AM to 4:00 PM. Hosted by The Fenway Alliance, the event features open access, performances, and family-friendly activities across the Fenway Cultural District.

Festival Highlights

Free Admission: Free entry to major neighborhood hubs including the Museum of Fine Arts, the Isabella Stewart Gardner Museum, and MassArt Art Museum (MAAM).

Kick-Off Ceremony: Held at the Christian Science Plaza (235 Huntington Ave), featuring guest speakers and musical groups like the Boston Children's Chorus and Boston Youth Symphony Orchestra.

Activities: Interactive art exhibits, dance performances, nature walks, and historical tours spanning over 20 cultural and academic institutions.

Opening Our Doors Festival Kick-off October 12 : Starts at 10:00 AM on the Christian Science Plaza on the Huntington Ave border; features a festive Kids Parade with the Hot Tamale Brass Band, live performances, and free cupcakes.

Free Museum Days: As part of the October 12 festival, major neighboring institutions like the Museum of Fine Arts,

Boston and the MassArt Art Museum (MAAM) open their galleries completely free of charge to the public. 621 Huntington Avenue, Boston

Hands-on Art Studio: Located inside the Barkan Family Big Ideas Studio at MAAM, offering free all-ages, drop-in autumn art-making workshops alongside their contemporary textile and sculpture exhibitions.

Fenway Community Center Autumn Market: Hosted at 1282 Boylston Street; features free community market days, seasonal family crafting corners, and neighborhood meet-and-greets

Instrument Playground at Symphony Hall: Hosted by the Boston Symphony Orchestra along Huntington Avenue; children of all ages can try out brass, percussion, string, and woodwind instruments under professional guidance

RTH Directory

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