

# WHAT'S UP



EDITION

2026 SPRING



**A Roxbury Tenants of Harvard Association  
publication of Community Events, Services,  
Family trips, and Upcoming Happenings  
taking place in your Community!**

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**RTH EXECUTIVE OFFICES**

11 New Whitney Street  
617-232-4306 ext. 100  
Hours of Operation: **By Appointment**  
Mon - Fri 9:00am - 5:00pm

**MISSION PARK / TRINITY MANAGEMENT**

835 Huntington Avenue  
617-566-0707  
Hours of Operation (Closed on Wed.):  
Mon, Tue, Thu, Fri 8:30am - 5:00pm

**RTH PROPERTIES / TRINITY MANAGEMENT**

747 Huntington Avenue  
617-232-5910  
Hours of Operation(Closed on Wed.):  
Mon, Tue, Thu, Fri 8:30am - 5:00pm

**RESIDENT SERVICES**

Parks Community Building  
2 New Whitney Street 2nd Floor  
617-232-4306 ext. 305  
Hours of Operation: **By Appointment**  
Mon - Fri 8:30am - 7:00pm

**RTH COMMUNITY CENTER**

20A Vining Street  
617-232-4306 ext. 200  
Hours of Operation:  
Sun 10:00am - 3:00pm  
Mon - Thu 7:00am - 8:00pm  
Fri 7:00am - 9:00pm  
Sat 10:00am - 9:00pm

**SENIOR SERVICES**

805 Huntington Avenue  
617-232-4306 ext. 700  
Hours of Operation: **By Appointment**  
Mon thru Fri 9:00am - 5:00pm

**EDUCATION & RESOURCE CENTER (ERC)**

25 Mission Park Drive  
617-232-4306 ext. 601  
Hours of Operation:  
Mon - Fri 9:00am - 6:00pm  
Sat 9:00am - 12:00pm  
1:00pm - 6:00pm

**SECURITY OFFICE**

835 Huntington Avenue  
617-731-6972  
Hours of Operation: Daily/24 Hours

**ANONYMOUS CALL TIP LINE**

617-232-0436  
Please don't hesitate to call if you have any concerns about health, safety, and security.

**ROXBURY TENANTS OF HARVARD MISSION STATEMENT**

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Spring 2026

Dear RTH Residents –

Spring is the time of renewal and rebirth, and we see emerging all around us signs of new life and new opportunities. I encourage you to consider what new hobby, skill or workout you would like to explore – or a current one you want to master – and look to these pages for ways in which we can help support your goals.

Schedule a Fitness Orientation if you are looking to begin working out. If you want to step things up, schedule an appointment with fitness coaches for tips to support your wellness goals. Try an InBody assessment – it’s a great tool to show you where you are and help track your progress. And if you are looking for active opportunities to socialize, we have group exercise classes for all ages and abilities. Our Zumba classes are a high-energy way to shake off the Winter doldrums, but if something quieter is more your style, try Yoga with Noreen, a slow-flow all-levels class that encourages beginners.

Warmer weather and wider variety of produce tempt us to create lighter and fresher meals, consider a cooking class to step up your kitchen game. Community favorite ‘Anatomy of a Chicken’ is back – it’s a great way to stretch your food budget and learn new kitchen skills. Seafood Nutrition class will be cooking mis-glazed fish this cycle, a healthy, quick and delicious way to bring more seafood into your diet.

If food isn’t your thing, we have crafting and gardening and tech classes - all geared to helping you make the most of your time while having fun with your neighbors.

Lastly, I would be remiss if I did not mention the upcoming Annual Meeting, Sunday June 14<sup>th</sup>. Mark your calendars for this important chance to learn about what is going on in your community, and to VOTE for your Board of Directors. Doors open at 1:00pm and the meeting starts at 2:00pm.

Let’s take a leap into Spring together!

Sincerely,

*Karen*

Karen T. Gately  
Executive Director



## Spring Session Dates (8 Week Session)

Day	Start Session	End Date
Sunday	04-26-2026	06-14-2026
Monday	04-27-2026	06-15-2026
Tuesday	04-28-2026	06-16-2026
Wednesday	04-29-2026	06-17-2026
Thursday	04-30-2026	06-18-2026
Friday	05-01-2026	06-19-2026
Saturday	05-02-2026	06-20-2026

## Spring Session Holidays

Holiday	Date	Holiday Closure
Memorial Day	Monday, May 25 <sup>th</sup>	Closed
Juneteenth	Friday, June 19 <sup>th</sup>	Closed

## Events and Meeting Schedule for Winter Session 1

Day	Date	Weekday	Location
Mother's Day Celebration	May 9 <sup>th</sup> 4pm – 7pm	Saturday	RTHCC Gym
Health and Safety	May 20 <sup>th</sup> 6pm - 8pm	Wednesday	RTHCC Room 117
Peace & Reconciliation	May 27 <sup>th</sup> 6pm – 8pm	Wednesday	RTHCC Gymnasium
Music on the Plaza	June 10 <sup>th</sup> 6pm – 10pm	Wednesday	Levinson Plaza
Annual Meeting	June 14 <sup>th</sup> 1pm – 5pm	Sunday	RTHCC Gymnasium
Father's Day Celebration	June 20 <sup>th</sup> 1pm – 5pm	Saturday	RTHCC Room 117

## **Join the Fun!**

**RTH Website – [www.Roxburytenants.org](http://www.Roxburytenants.org)**

### **Three Ways to Register for Programs & Events at RTH**

*(First Come First Served)*

#### **Option 1: Register Online**

- Go to [www.RoxburyTenants.org](http://www.RoxburyTenants.org) and look for programs that interests you
  - Email ([welcomedeskstaff@roxburytenants.org](mailto:welcomedeskstaff@roxburytenants.org) )
  - Provide your name and phone number (required)
    - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

#### **Option 2: Register In-Person**

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
  - Friday 7:00am – 9:00pm
  - Saturday 10:00am – 9:00pm
  - Sunday 10:00am - 3:00pm

#### **Option 3: Register By Phone**

Please call the Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
  - Friday 7:00am – 8:00pm
  - Sunday 11:00am - 2:00pm

# *RTHCC Welcome Center*

**Programs are designed for RTH Residents of all ages and abilities.**

**Please note the following:**

- **Preschool** programs designed for children ages 0 – 5 - not yet in 1st grade.
- **Youth** programs are designed for children in grades 1 – 5.
- **Middle school** programs are designed for youth in grades 6 – 8.
- **High school** programs are designed for teens in grades 9 – 12.
- **Family** programs are designed for children of all ages when accompanied by their parent or guardian.
- **Adult** programs are designed for adults 19 (and out of high school) to 55.
- **Senior** programs are designed for adults 55+.

If you have any questions regarding registration, please contact RTHCC Welcome Desk. (617)232-4306 x200.

## **Anti-Harassment:**

We strive to provide an environment for our members, program participants and employees free from all forms of harassment. Your membership and participation reflect our commitment to our mission and values.

## **Anti-Violence Policy:**

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

## **Access Keycard:**

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

## **Check-In:**

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

## **Comment Cards:**

We welcome comments and suggestions about our programs and facilities. Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

## **Dress Code:**

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

**Food/Drinks:**

Allowed in designated areas only.

**Inclement Weather:**

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

**Information Changes:**

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

**Locker Rooms (day use only):**

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left overnight are subject to removal!

**Membership:**

All RTH residents are welcome to join RTHCC. Please stop by the Welcome Desk for information and application.

**RTHCC Class Pass:**

\$25 per pass with 10 classes. Have a non-resident who wants to participate in group-ex or other drop-in class? Access to all group exercise or drop-in classes with this pass.

**Valuables:**

We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

**How is RTH making an impact?**

**What has RTH done to make an impact in the community? Do you have an amazing story, highlight or picture to share? Submit your story for a chance to be highlighted in our next edition of the Telstar newsletter. You can email your story to Roxanne at [Rhaecker@roxburytenants.org](mailto:Rhaecker@roxburytenants.org).**



# Announcements/Community

## Trinity Management Quick Recertification Tips

### Old Neighborhood and Mosaic

JSoto@trinitymanagementcompany.com

Office Phone: 617-232-5910



### Mission Park

missionpark.com/contact us

Office Phone: 617-566-0707



- All Annual Recertification interviews are conducted by appointment only. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible for providing the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

## Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open to the community's quiet enjoyment.

*Please note the garden will remain locked if weather conditions create a safety hazard.*

## Fresh Truck Mobile Market

Day of the week: Wednesday

Time: 3:00pm – 6:00pm

Location: Outside the Parks Community Building

## Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy.

## Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:40pm. To receive a lottery ticket, you must be in the Parks Community room by 2:40pm. You must be physically present. (You cannot get a ticket for another person) If you arrive after 2:30pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents to arrive. The drawing will take place at 2:40 p.m.

## Do you know?

The Healthy Incentive Program (HIP) puts money back on your EBT card when you use SNAP dollars to buy fruits and vegetables from HIP farm vendors, like at your local farmers' market and Fresh Truck. The monthly amounts are \$40 for households of 1-2 people, \$60 for households of 3-5 people, and \$80 for households of 6+ people.

## Resident Room Rental

The Parks Community Room will be available for RTH residents to use for private events on Saturdays from 4:00pm – 10:00pm. There is an equipment rental fee of \$100 and a \$100 refundable cleaning/damage deposit.

For reservations and information, please contact the RTHCC Welcome Desk at (617)232-4306 ext.200.

## RTH is Hiring!

Join our experienced, professional, and committed team! Visit our website for current information about our open positions!

<https://roxburytenants.isolvedhire.com/jobs/>

## RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interests would you like to share?

We hope you will become engaged and learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, and experiences that will help the committees with their work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information, call RTH Executive office at (617)232-4306 x100 or email [executiveoffice@roxburytenants.org](mailto:executiveoffice@roxburytenants.org). Please leave your name, contact information and the committee, program, event, or area you would like to volunteer for.

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### Walk and Talk with Executive Director

Day of the week: Monday

Time: May 4<sup>th</sup>: 11:00am - 12:00pm

Jun 1<sup>st</sup>: 4:00pm - 5:00pm

Location: RTHCC

Age: Family (All Ages)

Join Executive Director Karen Gately for a walk around the neighborhood! Learn more about RTH history, ask about upcoming projects, or simply take the opportunity to up your step-count. Event is rain or shine – please dress for the weather and meet us in the RTH Community Center Lobby.

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### Trinity Management Company

#### Resident Training – Waiting List

Date: May 19<sup>th</sup>

Day of the Week: Tuesday

Time: 5:30pm - 7:00pm

Location: RTHCC Room 117

Join Trinity Management Company to learn more about the Waiting List, including:

How to apply,

- Income limits
- HUD requirements
- Bedroom sizes
- Special requests
- who goes first
- how is the list organized and maintained?

Sign up at RTHCC Welcome Desk.

## Mother's Day Celebration

Date: May 9<sup>th</sup>

Day of the Week: Saturday

Time: 4:00pm

Location: RTHCC Gymnasium

Age: Family (All Ages)

Please join us for our annual Mother's Day celebration. There will be dinner, dessert, dancing and a raffle of gift baskets. Please get your tickets at the RTHCC Welcome Desk.



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### Peace & Reconciliation

Date: May 27<sup>th</sup>

Day of the Week: Wednesday

Time: 6:00pm

Location: RTHCC Gymnasium

Age: Family (All Ages)

In light of so many difficult things going on in the world this year, including the War in Ukraine and Russia. We invite everyone to come together for self-care and healing. Refreshments will be served. Please get your tickets at RTHCC Welcome Desk.



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### Father's Day Celebration

Date: Jun 20<sup>th</sup>

Day of the week: Saturday

Time: 1:00pm

Location: RTHCC - RM117

Age: Family (All Ages)

Celebrate Father's Day with us for a fun-filled event honoring all the amazing dads out there. Enjoy great food, games, and special moments with family as we show appreciation for everything fathers.





**SAVE THE DATE**

# **RTH ANNUAL MEETING**

## **SUNDAY, JUNE 14<sup>TH</sup>**

**REGISTRATION TABLES OPENS AT 1:00PM  
EVENT STARTS 2:00PM**

Please join us to vote for the 2026-2027 Board of Directors and get updates about what is happening in the RTH Community. Nominations will once again be accepted in advance this year, watch for Nomination Packet mailing!

If you have any questions reach out to Lori Taylor at [ltaylor@roxburytenants.org](mailto:ltaylor@roxburytenants.org) or 617-232-4306 x107

We look forward to seeing you on June 14th!





Homebuying 101 is required to apply for any of Boston's homebuyer financial assistance programs. The Boston Home Center takes you through the entire home buying process from beginning to end.

27 Affordable condominiums will be available for sale  
120% AMI- Two 2-bedroom units; One 1-bedroom unit  
100% AMI- Two 3-bedroom units; Five 2-bedroom units;  
Five 1-bedroom units  
80 % AMI- Three 3-bedroom units; Four 2-bedroom units;  
Five 1-bedroom units

Topics covered include:

- Information on preparing for the mortgage process
- First time homebuyer mortgages
- How to find a home
- The legal aspects of buying a home
- How to work with professionals during the homebuying process.

Homebuying 101 is hosted by the following agencies:

[Massachusetts Affordable Housing Alliance](#)

[Financial Education Associates](#)

[Allston Brighton Community Development](#)

[Urban Edge](#)

Contact [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) for more information



# TREAT YOURSELF TO GREAT INTERNET



RTH Residents!! 'Tis the season to get fast, reliable internet you can count on.

IT'S EASY TO SWITCH TO STARRY!  
VISIT [STARRY.COM/RTHHELP](http://STARRY.COM/RTHHELP) FOR MORE INFORMATION



- ✔ Over 99.9% reliable
- ✔ RTH 200mbps/100mpbs plan FREE
- ✔ Speeds are fantastic for streaming, gaming and working from home!
- ✔ Fast, free installation
- ✔ No contracts, cancel anytime



VIZIO 40 INCH SMART TV GIVEAWAY!  
VISIT [STARRY.COM/VIZIO](http://STARRY.COM/VIZIO) TO ENTER FOR A CHANCE TO WIN



Contact us to learn about this exclusive RTH benefit!

Starry Representative  
508.216.0962  
[HelloBoston@starry.com](mailto:HelloBoston@starry.com)

# Community Education & Job Training

The Community Education & Workforce Development Department helps RTH residents access education, job training, and employment to achieve economic self-sufficiency. We collaborate with Resident Services and institutional partners to overcome barriers and provide career opportunities.

## RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level). Applications are accepted year-round; interviews are conducted quarterly.

Applications are available at the RTH Education and Resource Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at [rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org) if you would like an application emailed to you.



## Wentworth Scholarship Opportunity for Mission Hill and Fenway Residents

RTH residents have the opportunity to attend Wentworth Institute of Technology tuition-free. For more information contact Johanna Sena at [SenaJ@wit.edu](mailto:SenaJ@wit.edu) or 617-930-3664.



## Homemade Pasta Basics

Date: Jun 17<sup>th</sup>  
Day of the Week: Wednesday  
Time: 6:30pm - 8:00pm  
Location: Flynn Kitchen  
Age: Adults (18-55), Seniors (55+)  
Language: English

We'll use the traditional well-method to create fresh egg pasta dough, roll and cut it into fettucine, and finish with a quick and delicious fresh herb browned butter sauce. You'll learn to use a pasta machine and also how to roll and cut pasta by hand.

## SERV Safe Food Handlers Certification Classes

Date: Apr 26<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: By Appointment  
Location: Online  
Age: High School (14-17), Adults (18-55), Seniors (55+)  
Language: English, Spanish, Chinese

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member.

## Anatomy of Chicken w Chef Danny G

Date: Jun 1<sup>st</sup>  
Day of the Week: Monday  
Time: 6:30pm - 8:00pm  
Location: Flynn Kitchen  
Age: Adults (18-55), Seniors (55+)  
Language: English, Spanish

Chef Danny Garcia demonstrates how to cut up a whole chicken to make three budget-friendly, healthful, and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their own dishes.

## Pastelillos de carne, de pollo, o de vegetales y queso

Date: May 4<sup>th</sup>  
Day of the Week: Monday  
Time: 6:30pm - 8:00pm  
Location: Flynn Kitchen  
Age: Adults (18-55), Seniors (55+)  
Language: English, Spanish

Every culture has its own version of a meat pie! Join Chef Danny G. to explore Caribbean favorites—Pastelillos inspired by Puerto Rican and Dominican flavors. Make a big batch with meat, chicken, or veggies & cheese—perfect for freezing and easy, healthy meals!

### **Seafood Nutrition with Chef Kelly B**

Date: May 20<sup>th</sup>  
Day of the week: Wednesday  
Time: 6:30pm - 8:00pm  
Location: Flynn Kitchen  
Age: High School (14-17), Adults (18-55),  
Seniors (55+)  
Language: English, Chinese

Heart healthy, quick, and delicious! A little sweet & sour- we'll make a miso-glazed dish featuring barramundi, a mild, flaky white fish and serve with jasmine rice.

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### **Sewing with Julia Sewing Workshop**

Date: May 22<sup>nd</sup> – Jul 10<sup>th</sup>  
Day of the Week: Friday  
Time: 6:00pm - 8:00pm  
Location: Flynn Kitchen  
Age: High School (14-17), Adults (18-55),  
Seniors (55+)  
Cost: \$50 Mission Hill, \$150 Non-Residents  
Language: English, Russian

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

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### **Sewing with Julia Continuing Sewing**

Date: May 19<sup>th</sup> – Jul 10<sup>th</sup>  
Day of the Week: Tuesday  
Time: 6:00pm - 8:00pm  
Location: Flynn Kitchen  
Age: High School (14-17), Adults (18-55),  
Seniors (55+)  
Cost: \$50 Mission Hill, \$150 Non-Residents  
Language: English

Sewing with Julia you will continue with your unfinished projects and start new ones.

### **Sewing with Julia Pillow Workshop**

Date: May 9<sup>th</sup>  
Day of the Week: Saturday  
Time: 12:00pm - 3:00pm  
Location: Flynn Kitchen  
Age: High School (14-17), Adults (18-55),  
Seniors (55+)  
Cost: \$50 Mission Hill, \$150 Non-Residents  
Language: English

Create your own stylish cushion covers in this hands-on home décor class! Learn simple sewing techniques to design custom covers. Free pillow inserts and fabric provided or bring your own materials to match your space. Perfect for beginners and DIY lovers!

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### **Crochet Café**

Date: May 1<sup>st</sup> - Jun 17<sup>th</sup>  
Day of the Week: Thursday  
Time: 4:00pm - 5:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: English

Join Joseph Melanson and Li Fang Zhang as we work on our fall and winter projects. Materials are limited so you are encouraged to bring your own materials. Registration is required.

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### **Skin Care Workshop by Sirena's Secret (FREE STUFF)**

Date: May 20<sup>th</sup>  
Day of the Week: Wednesday  
Time: 6:30pm - 8:00pm  
Location: Flynn Kitchen  
Age: High School (14-17), Adults (18-55)  
Language: English, Spanish  
Capacity: 25

Join Reyna de la Cruz of Serena's Secret for a skincare session on daily cleansing that keeps your skin hydrated—not dry. Learn how to replenish, restore, and rejuvenate with an ultra-hydrating, glow-boosting elixir for radiant summer skin.

# *Education & Resource Center (ERC) at the Betty Powers Library*

*Offering faxing, copying & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.*

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 6:00 pm

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

## **Minecraft EDU Fridays**

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>

Day of the week: Friday

Time: 4:15pm - 5:15pm

Location: ERC

Age: Youth (6-10), Middle School (11-13)

Language: English

Capacity: 12

CyberSafe AI: Dig Deeper! This adventure challenges students to go beyond the surface & explore AI ethics, critical thinking, & data literacy. Don't just accept AI at face value. Dig deeper and discover the power of mindful technology use!

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## **Minecraft EDU Saturdays Session I**

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>

Day of the Week: Saturday

Time: 3:30pm - 4:30pm

Location: ERC

Age: Youth (6-10), Middle School (11-13)

Language: English, Chinese

An epic Journey to the great Shiai! Recruit Judo Champions representing Courage, Respect, Modesty, Friendship, Honor, Sincerity, Self-control, & Politeness. Collect powerful cards & master your Judo deck, solve quests, & embody the spirit of Judo!

## **Did you know?**

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at [Bpl.org/online-resources](http://Bpl.org/online-resources)

***Set up an account at [BPL.org](http://BPL.org) with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online***

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

## Smart Phone Saturdays for Beginners

### Session I English

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 10:00am - 11:00am  
Location: ERC  
Age: Seniors (55+)  
Language: English

Perfect for seniors and anyone new to Apple or Android devices. Learn essential smartphone concepts, core features, and everyday apps. Each session includes one-on-one troubleshooting and a Q&A to help you build confidence with your device.

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## Smart Phone Saturdays for Beginners

### Session I Chinese

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 2:00pm - 3:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: Chinese

Perfect for seniors and anyone new to Apple or Android devices. Learn essential smartphone concepts, core features, and everyday apps. Each session includes one-on-one troubleshooting and a Q&A to help you build confidence with your device.

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## Smart Phone Saturdays for Beginners

### Session II

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 2:00pm - 3:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: English

Perfect for seniors and anyone new to Apple or Android devices. Learn essential smartphone concepts, core features, and everyday apps. Each session includes one-on-one troubleshooting and a Q&A to help you build confidence with your device.

## Internet Safety for Seniors

Date: May 20<sup>th</sup>  
Day of the Week: Wednesday  
Time: 11:30am - 12:30pm  
Location: ERC  
Age: Seniors (55+)  
Language: English, Chinese

Learn to stay safe online: manage passwords, spot scams, bank and shop securely, and protect your personal info. Get tips to help keep grandchildren safe with privacy settings, parental controls, and smart online habits. Perfect for seniors.

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## Computer Basics English

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 11:00am - 12:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: English

Computer Basics teaches first-time users' essential skills—using a mouse and keyboard, navigating software, managing files, browsing the web, emailing, and staying safe online—building confidence for everyday tasks.

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## Computer Basics Chinese

Date: Apr 28<sup>th</sup> - Jun 16<sup>th</sup>  
Day of the Week: Tuesday  
Time: 4:00pm - 5:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: Chinese

Computer Basics teaches first-time users' essential skills—using a mouse and keyboard, navigating software, managing files, browsing the web, emailing, and staying safe online—building confidence for everyday tasks.

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## English Conversation Group

Date: Apr 29<sup>th</sup> - Jun 24<sup>th</sup>  
Day of the week: Wednesday  
Time: 1:00pm - 2:00pm  
Location: ERC  
Age: Adults (18-55), Seniors (55+)  
Language: English

Join this informal and friendly group where new English learners can practice their speaking skills. Drop-ins welcome

### **IXL for Extra Learning & Skills Practice**

Date: Apr 26<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: By Appointment  
Time: 4:00pm - 5:00pm  
Location: Levinson Multi-Purpose Room  
Age: Youth (6-10), Middle School (11-13)  
Language: English

IXL is a fun, immersive program that improves students' understanding and confidence in math, language arts, science, & social studies. Learners are also provided with an opportunity to practice critical skills and knowledge sets.

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### **Sphero Indi Cars & Bolts!**

#### **Coding Robotics for Young Scientists**

Date: Apr 26<sup>th</sup> - Jun 14<sup>th</sup>  
Day of the week: Sunday  
Time: 2:00pm - 3:30pm  
Location: Levinson Multi-Purpose Room  
Age: Youth (6-10)  
Language: English

Kids learn to program Indi robot car to navigate mazes and solve puzzles by placing color tiles that correspond to specific commands, or they can use the optional Sphero Edu Jr app for block coding on a tablet.

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### **Marble Runs are Amazing!**

#### **STEM for Young Engineers**

Date: May 23<sup>rd</sup>  
Day of the week: Saturday  
Time: 3:30pm - 5:00pm  
Location: Levinson Multi-Purpose Room  
Age: Youth (6-10)  
Language: English

Marble runs allow children to construct, manipulate, engineer, explore, and experiment while introducing a beginning understanding of physical principles. Come build a marble run, have fun, and enhance your creativity and problem-solving skills!

### **Gardening Club**

Date: Apr 26<sup>th</sup> - Jun 14<sup>th</sup>  
Day of the week: Sunday  
Time: 11:00am - 1:00pm  
Location: Kempton Park  
Age: Family (All Ages)  
Language: English

Gardening boosts mental and physical health, reduces stress and anxiety, and builds social connections. Join the gardening group to connect with others, grow your skills, and help cultivate a garden filled with beautiful flowers and vegetables.

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### **Open Access Computer Time**

Date: Apr 27<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Monday - Friday  
Time: 9:00am - 5:30pm  
Location: ERC  
Age: Family (All Ages)  
Language: English, Chinese

Our computer lab offers 12 computers with free internet. Friendly staff are here to help! We also provide fax and copy services to make your visit easy and convenient. Stop by and get connected! Computers may not be available during scheduled classes

# RTH IS HIRING!

JOIN OUR TEAM



Go to [www.RoxburyTenants.org](http://www.RoxburyTenants.org) for open positions and more details. You can also apply directly on the website!

Some open positions we have include CDL Driver, School Age Group Leader, Life Guards for the summer, and many more!

RTH is not just a great place to live, it's a great place to work!





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



## PRESCHOOL LEARNING EXPERIENCES Boston Universal Pre-Kindergarten And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!  
We currently have preschool and infant space available as well!

### HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1<sup>st</sup>
- Live in the city of Boston

### WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- **All Vouchers Accepted for both classrooms.**

**RTH Early Education Center**  
82 Fenwood Rd. Boston MA. 02115

**Contact:**

Program Director – Brenda Powers [bpowers@ymcaboston.org](mailto:bpowers@ymcaboston.org)  
617 851 8226



# Youth Education & Community Education

*The RTH Youth Educational Services and Workforce Development department helps RTH youth build critical skills, explore careers, and ensure they are on a path to education or employment with marketable skills for a more secure future. The department partners with educational institutions and community organizations to create opportunities for RTH youth.*

## Youth Workforce Office Hours

Date: Apr 28<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Tuesday, Friday  
Time: Tue: 6:00pm - 7:00pm  
Fri: 3:00pm - 4:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13),  
High School (14-17)

Individual support is offered to youth on applying for jobs, interviewing, collecting documents for the process, work permits, and onboarding for summer jobs. Email or call for appointment.

## Health & Wellness Peers

Date: Apr 27<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Monday, Wednesday, Thursday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13),  
High School (14-17)

Apply to join the Health and Wellness Peers, learn and practice public speaking, research and advocacy skills all around issues that impact teens' health and well-being. Contact Jen or watch for application link on flyer to apply.

## First Steps to Work

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the week: Friday  
Time: 4:30pm - 5:30pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13)

This program offers youth in 6-8th grade or who have never worked before a chance to learn work skills while assisting with community programs or projects. Please contact Jen or see flyer for application link.

## RTH Youth Council

Date: Apr 28<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Tuesday, Friday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13),  
High School (14-17)

Meet with fellow teens to discuss and advocate for what teens want and advise on teen programming at RTH! Earn community service hours! Look for application link on the flyer.

## Level Up for Work - Teen Edition

Date: Apr 30<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Thursday  
Time: 5:30pm - 6:30pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13),  
High School (14-17)

Brush up your skills and tools needed to get the job you want! Get feedback on your resume and learn how to make it stand out, practice interviewing, learn about LinkedIn, networking and how to navigate online onboarding.

# Health & Wellness

RTH is committed to fostering optimum physical and behavioral health to all the members of our community. To this end, we maintain educational and recreational facilities, qualified professional staff and a broad scope of programs in our Community Center, swimming pool, library and technology center. Below is an overview of these departments and links to the dedicated sections on our website for more detail and schedules. You should never be bored living at RTH!

## **SIGN UP FOR THESE FREE RESIDENT FITNESS SERVICES!**

### **Fitness Orientation:**

Ages: 14+

Strongly Recommended for all members.

The Fitness Orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

### **Did you miss your chance to have a fitness orientation when you first joined us?**

Don't worry! Fitness assessments aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

### **The InBody Scale**

When you step on a scale all you see is a number with no context. Go beyond the scale with the InBody Test, a non-invasive, quick, and accurate body composition analysis. The InBody will help you understand how your weight is broken down into muscle, fat, bone, and body water. Evaluate your results with Health and Wellness Director Zach and develop a plan to reach your health and fitness goals. Come in for an appointment today!

### **Blood Pressure Screenings**

Stop by the fitness center and take a moment for your health! We're offering free blood pressure checks to help you stay informed and feeling your best. It only takes a few minutes, and our team is here to support you. No appointment needed!

### **Chair Massage**

Date: Apr 26<sup>th</sup> - Jun 20<sup>th</sup>

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Register at the Welcome Center Desk for the RTH-Fitness Departments monthly 10-minute chair massages! Appointment required. Dates are 5/4, 5/15, June TBD.

### **Program your Workout with a Personal Trainer with Zach**

Date: Apr 27<sup>th</sup> - Jun 19<sup>th</sup>

Day of the week: Monday - Friday

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Meet with one of our qualified Fitness Director for a one-on-one consultation to help develop your workout program. Discuss your fitness goals and exercise history to gain a better footing on how to progress safely and effectively with your workout routine.

### **Strength Equipment 101**

Date: Apr 26<sup>th</sup> - Jun 20<sup>th</sup>

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

New to the gym or unsure how to use the strength machines? This resident offering, led by our trained fitness staff, will teach you the basics of leg press, chest press, leg curl, leg extension, a crunch machine and more!

### **Fit Check 2026**

Date: Apr 26<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: By Appointment  
Time: By Appointment  
Location: RTHCC Wellness Floor  
Age: High School (14-17), Adults (18-55)  
Language: English

Meet with our expert Fitness Staff today to create personalized goals and a tailored program that will help you unlock your best self.

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### **Fitness Rewards Hub**

Date: Apr 27<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: By Appointment  
Time: By Appointment  
Location: RTHCC Wellness Floor  
Age: Adults (18-55)

RTH Fitness has a reward hub where residents gain and receive points to their account based on utilization, scheduling assessments/orientations and numerous other offerings that will get residents access to our fitness fridge and other prizes!

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### **Spin w/Elaine**

Date: Apr 28<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Tuesday, Thursday, Friday  
Time: Tue/Thu: 9:00am - 10:00am  
Friday: 6:00pm - 7:00pm  
Location: RTHCC Studio  
Age: Adults (18-55)

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride with energizing music. It's an opportunity to get your heart pumping.

### **Healthy Moves w/Elaine**

Date: Apr 27<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Monday, Wednesday, Friday  
Time: 10:00am - 11:00am  
Location: RTHCC Foyer  
Age: Adults (18-55)

This exercise program is great for our aging population, enabling this community to stay healthy and fit. The class works on improving strength, endurance, and flexibility. Included is a pre- and post-assessment.

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### **Muscle Works w/Elaine**

Date: Apr 27<sup>th</sup> - Jun 15<sup>th</sup>  
Day of the week: Monday  
Time: 8:00am - 9:00am  
Location: RTHCC Studio  
Age: Adults (18-55)

Start the week off right with a set of high volume (reps) and low resistance (weight) exercises aimed at targeting major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

---

### **Muscle Works w/Sandy**

Date: Apr 30<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Thursday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Studio  
Age: Adults (18-55)

End the workday and start the weekend with a session of high volume (reps) and low resistance (weight) exercises targeting major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

### **Yoga w/Noreen**

Date: Apr 28<sup>th</sup> - Jun 16<sup>th</sup>  
Day of the week: Tuesday  
Time: 11:00am - 12:00pm  
Location: RTHCC Studio  
Age: Adults (18-55)

Our yoga class welcomes all levels and will feature a variety of poses with modifications giving participants options to make each position more challenging or simpler. This class will focus on opening the body through controlled movements.

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### **Full Body Workout w/Elaine**

Date: Apr 28<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Tuesday, Thursday  
Time: 8:00am - 9:00am  
Location: RTHCC Studio  
Age: Adults (18-55)

This is a workout that aims to hit all the major muscle groups in one single class. Incorporating cardio movements, strengthening core, and balancing exercises.

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### **Tabata w/Sandy**

Date: Apr 28<sup>th</sup> - Jun 16<sup>th</sup>  
Day of the week: Tuesday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Studio  
Age: Adults (18-55)

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises, and short durations of rest in between.

---

### **Zumba w/Neri**

Date: Apr 30<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: Thursday  
Time: 7:00pm - 8:00pm  
Location: RTHCC Studio  
Age: Adults (18-55)

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

---

### **Family Zumba w/Param**

Date: Apr 29<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the week: Wednesday  
Time: 6:00pm - 6:45pm  
Location: RTHCC Studio  
Age: Adults (18-55)

Family Zumba gives you a chance to be active together. It's a full-body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a dose of awesome each time you leave class.

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### **Zumba Gold w/Param**

Date: Apr 29<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the week: Wednesday  
Time: 6:45pm - 7:30pm  
Location: RTHCC Studio  
Age: Adults (18-55)

Zumba Gold is a lower-intensity version of the Zumba class and was designed to meet the needs of aging populations. Zumba Gold provides an option for aging populations seeking alternative means of reaching their exercise goals.

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### **Journal Yoga Tea w/ Elise**

Date: Apr 29<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Wednesday, Friday  
Time: 3:00pm – 4:00pm  
Location: RTHCC Main Studio  
Age: Adults (18-55)

This unique yoga experience blends movement, intention, and community. Designed for all levels—from beginners to advanced practitioners—where participants are invited to share reflections, intentions, and build community in a supportive environment.

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### **Kung Fu Sword**

Date: Apr 27<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Monday - Friday  
Time: 9:00am - 10:00am  
Location: RTHCC Main Studio  
Age: Adults (18-55)

Kung Fu Sword is a unique exercise class that blends the movements of Taiji boxing, various martial arts, and dance. The movements are strong and flexible, aggressive and defensive, full of elegance and beauty displaying the impressive power of martial arts.

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### **Foam Rolling w/Sandy**

Date: Apr 28<sup>th</sup> - Jun 16<sup>th</sup>  
Day of the week: Tuesday  
Time: 7:00pm - 8:00pm  
Location: RTHCC Main Studio  
Age: Adults (18-55)

This class incorporates a self-myofascial release or self-massage technique using a foam roller that aids in alleviating muscle tension and soreness.

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### **Total Body Boot Camp with Ali**

Date: May 1<sup>st</sup> - Jun 20<sup>th</sup>  
Day of the week: Friday, Saturday  
Time: Fri: 3:00pm - 4:00pm  
Sat: 5:00pm - 6:00pm  
Location: RTHCC Wellness Floor  
Age: Adults (18-55)

This class will cover the ultimate workout going round for round bootcamp style. You will perform a variety of compound movements testing your anaerobic and aerobic fitness levels through a variety of cardio and strength exercises.

### **Walking Group and Exercise Club**

Date: Apr 28<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Tuesday (Eng), Thursday (Chi, Spa),  
Friday (Rus)  
Time: 3:00pm - 4:00pm  
Thu (Spanish): 6:00pm – 7:00pm  
Location: RTHCC Room 117  
Age: Adults (18-55)  
Language: English, Chinese, Spanish, Russian

All ARE WELCOME! Led in 4 languages. Attend one or all. Lace up your shoes and get ready to walk your way to better health, meet new friends, and have fun! Bad weather? No problem! We can walk indoors too.

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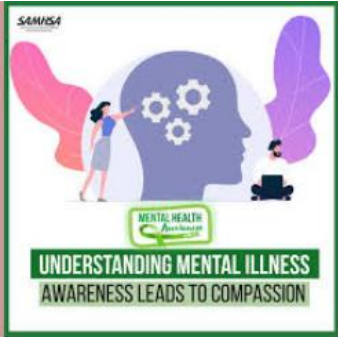
### **Chair Yoga w/Elise**

Date: Apr 29<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Wednesday, Friday  
Time: 11:00am - 12:00pm  
Location: RTHCC Main Studio  
Age: Adults (18-55)

A modified form of yoga that uses a chair for support to perform poses and breathing exercises while seated. This gentle workout on the joints is accessible for people with limited mobility or those who find it difficult to stand for long periods.



May 2026



# Mental Health Awareness Month

*You don't have to carry it all alone.*

**RTH-COMMUNITY CENTER**

 **UPCOMING** 

**MEMBER APPRECIATION CELEBRATIONS!**

Stop by the RTH-CC Welcome Center this year and learn more about these National Appreciations!

June 2026



# LGBTQ+ Pride Month

*To be yourself is truly a revolutionary act.*






# MAY FITNESS CHALLENGE



**BE HERE  
THE MOST.  
SEE THE  
BIGGEST RESULTS.**

 **CONSISTENCY  
BUILDS MOMENTUM.**

 **MORE VISITS.  
STRONGER YOU.**

 **BE THE TOP  
VISITOR.  
LEAD THE WAY.**



**TOP VISITORS  
THIS MONTH**

- 1 JORDAN K. 24
- 2 TAYLOR M. 21
- 3 ALEX R. 19
- 4 CASEY L. 18
- 5 JAMIE S. 17

**BE CONSISTENT.  
BE #1.**

**DEPOSIT TODAY.  
TRANSFORM  
TOMORROW.**

Set a goal. Make a deposit.  
**Complete** the challenge.  
Watch it **grow**.



**YOUR  
DEPOSIT**



**COMPLETE  
THE CHALLENGE**



**YOUR DEPOSIT  
COMPOUNDS!**

 **CHOOSE  
YOUR GOAL**

 **MAKE A  
DEPOSIT**

 **COMPLETE.  
IT GROWS.**

**ACCOUNTABILITY. MOTIVATION. RESULTS.  
LET'S GROW STRONGER TOGETHER.**



**CHALLENGE YOURSELF.  
CHANGE YOUR LIFE.  
JOIN TODAY!**



# JUNE FITNESS CHALLENGE



**Most Miles  
covered on  
Treadmill**

Be the resident with traveling the furthest and top the leaderboards for the month and win a prize!



**Most Group  
Exercise Classes  
Attended**

Be the resident attending the most group exercise classes and top the leaderboards to win a prize at the end of the month!



# Resident Services

*We can assist with a wide range of services and facilitate connections to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.*

## Translations and Interpretation Services

Date: Apr 21<sup>st</sup> - Jun 9<sup>th</sup>  
Day of the week: Tuesday, Thursday  
Time: 10:00am - 12:00pm  
Location: Tue: Flynn Conference Room  
Thu: ERC  
Age: Family (All Ages)  
Language: English, Chinese, Russian, Spanish

Translation services are available for Chinese, Russian & and Spanish-speaking residents. You may have your email translated; management and facilities notices interpreted and discuss what is important to you with members of the Resident Services Staff.

## Coffee Hours

Date: Apr 23<sup>rd</sup> - Levinson  
May 13<sup>th</sup> - Flynn  
Jun 11<sup>th</sup> - Mosaic  
Time: 3:00pm – 4:00pm  
Age: Family (All Ages)

Please come and join us at our coffee hours at our different buildings. Meet our Resident Service Staff and learn about new programs, benefits, and how we can assist you. We will have information about services and programs at our table.

## Resident Services In-House Food Pantry

Date: By Appointment  
Location: Parks Community Building  
Age: Family (All Ages)

If you are experiencing food insecurities and in need of a few items to get you through a tough time, please visit us and we will be happy to help. This food pantry stocks only dry foods (non-perishable).

## Catholic Charities Food Pantry

Date: Apr 22<sup>nd</sup> - Jun 10<sup>th</sup>  
Day of the week: Wednesday  
Time: 10:00am - 11:30am  
Location: Parks Community Building  
Age: Family (All Ages)

Catholic Charities' food pantry in Dorchester is a source of free food for the community. Prepared bags with balanced food items will aid in preparation. You must sign up one day prior. A minimum of five residents must participate. Please bring your ID.

## Fresh Food Monthly Distribution

Date: Apr 16<sup>th</sup>, May 21<sup>st</sup>, Jun 18<sup>th</sup>  
Day of the week: Thursday  
Time: 1:00pm  
Location: Parks Community Building  
Age: Family (All Ages)

60 Bags of fresh groceries will be distributed to seniors and individuals who are handicapped and homebound, single moms with small children and any individuals who are experiencing food insecurities. No need to sign up, the food pantry team will contact you.

## Mother's Day Celebration

Date: May 9<sup>th</sup>  
Day of the week: Saturday  
Time: 4:00pm - 7:00pm  
Location: RTHCC Gymnasium  
Age: Adults (18-55), Seniors (55+)

Please join us for our annual Mother's Day celebration. There will be a raffle of gift baskets. Please get your tickets at the RTHCC Welcome Desk.

### **The Aging Process**

Date: May 28<sup>th</sup>  
Day of the week: Thursday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Room 117  
Age: Adults (18-55), Seniors (55+)

What to know to support older adults in housing. Participants will learn about various physical and cognitive changes that occur as individual age.

---

### **Cleaning Workshop**

Date: Jun 25<sup>th</sup>  
Day of the week: Thursday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Room 117  
Age: Family (All Ages)

This workshop discusses how to keep your unit clean and free of clutter, also how to properly use cleaning supplies to get the best results. Learn about the product to use if you suffer from allergies or other concerns.

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### **Peace and Reconciliation**

Date: May 27<sup>th</sup>  
Day of the week: Wednesday  
Time: 5:00pm - 7:00pm  
Location: RTHCC Gymnasium  
Age: Adults (18-55), Seniors (55+)  
Language: English

Considering so many difficult things going on in the world this year, including the War in Ukraine and Russia. We invite everyone to come together for self-care and healing. Refreshments will be served. Please get your tickets from RTHCC Welcome Desk.

### **Trinity Management and RS Resident Trainings**

Date: May 19<sup>th</sup>  
Day of the Week: Tuesday  
Time: 5:30pm - 7:00pm  
Location: RTHCC Room 117

Trinity Management and Resident Services are hosting a 1-hour training on “How is my Rent calculated and what information is used”.



# Senior Services

Seniors, we want to hear from you! What ideas do you have for day trips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

## Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

## Various Locations:

### *Joy Luck Club, Chinese language focus*

Date: May 15<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: 1<sup>st</sup> Friday of the month  
Time: 1:00pm - 3:00pm  
Location: RTHCC Room 117

### *Russian Tea Room, Russian language focus*

Date: May 13<sup>th</sup> - Jun 10<sup>th</sup>  
Day of the week: 2<sup>nd</sup> Wednesday of the month  
Time: 5:00pm - 7:00pm  
Location: Flynn Kitchen, 1st floor

### *Chit Chat Meeting, English language focus*

Date: May 8<sup>th</sup> - Jun 12<sup>th</sup>  
Day of the week: 2<sup>nd</sup> Friday of the month  
Time: 12:00pm - 2:00pm  
Location: Flynn Kitchen, 1st floor

### *Spanish Chat Meeting, Spanish language focus*

Date: May 15<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: 3<sup>rd</sup> Friday of the month  
Time: 12:00pm - 2:00pm  
Where: Flynn Kitchen, 1<sup>st</sup> floor

## Senior Center Drop-in

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the week: Friday  
Time: 11:00am - 2:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Drop by the Senior Center for a cup of coffee, conversation, play a game or make a card. Fridays from 11 - 2pm. See the Senior calendar for scheduled activities.

## Mystery Trip

Date: May 13<sup>th</sup>  
Day of the week: Wednesday  
Time: 11:00am – 2:00pm  
Location: Outing  
Age: Seniors (55+)  
Cost: \$20  
Capacity: 12

Mystery Trip Hint: Lunch

## Senior Spring Event

Date: May 18<sup>th</sup>  
Day of the week: Monday  
Time: 2:00pm – 3:00pm  
Location: Parks Community Building  
Age: Seniors (55+)  
Cost: \$15

Join us for an enjoyable afternoon, Light refreshments and Karaoke, free for all attendees. Limited space. Sign up at the RTHCC Front desk.

## Senior Taxi Coupons

Date: May 5<sup>th</sup> – Jun 2<sup>nd</sup>  
Day of the week: First Tuesday of the month  
Time: 12:00pm  
Age: Seniors (60+)  
Location: Flynn Kitchen, 1<sup>st</sup> floor  
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

1st Tuesday of the month. Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of four books per month.

### **Senior Monthly Shopping Trips**

*Please call RTHCC at (617) 232-4306 ext. 200 to register for shopping trips.*

#### ***Market Basket***

Date: Apr 28<sup>th</sup> - Jun 2<sup>nd</sup>  
Day of the week: 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month  
Time: 9:30am - 1:30pm  
Meet in Levinson Tower lobby at 9:20am

#### ***Chinatown Shopping***

Date: May 14<sup>th</sup> - Jun 11<sup>th</sup>  
Day of the week: 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month  
Time: 10:00am - 1:30pm  
Meet at Levinson Lobby at 9:45am

#### ***Kam Man Supermarket Quincy, Ma***

Date: May 7<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the week: 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month  
Time: 10:00am - 3:00pm  
Meet at Levinson Lobby at 9:50am

#### ***Monthly Shopping trip to Mall***

Date: May 12<sup>th</sup> - Jun 9<sup>th</sup>  
Day of the week: 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month  
Time: 9:30am - 1:30pm  
Meet in Levinson Tower lobby at 9:20am

#### ***Monthly Shopping Trip Super 88 & 99***

Date: May 8<sup>th</sup> - Jun 12<sup>th</sup>  
Day of the week: Friday  
Time: 10:00am - 1:00pm  
Meet in Levinson Tower lobby at 9:20am

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#### **Senior Game Night**

Date: May 11<sup>th</sup> - Jun 8<sup>th</sup>  
Day of the Week: Monday  
Time: 4:00pm - 5:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Join us for game night on 2nd and 4th Monday of the month. Lots of fun and laughter. Snacks provided.

#### **Arts and Crafts Seniors**

Date: Apr 29<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the Week: Wednesday  
Time: 11:30am - 1:30pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

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#### **Senior Bingo**

Date: Apr 27<sup>th</sup> - Jun 11<sup>th</sup>  
Day of the week: Monday, Thursday, Sunday  
Time: 2:00pm - 5:00pm  
Location: Senior Drop-in Center  
Age: Seniors (55+)  
Language: English, Spanish

Sunday Bingo starts at 1pm. Come early to buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.

---

#### **Seniors Movie Night**

Date: May 27<sup>th</sup>  
Day of the week: Wednesday  
Time: 5:30pm - 7:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Join us for movie night on the 4th Wednesday of the month. Snacks provided. Movie suggestions are requested.

---

#### **Castle Island**

Date: Jun 3<sup>rd</sup>  
Day of the week: Wednesday  
Time: 11:00am - 12:30pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Enjoy the nice weather, enjoy the scenery, and take a walk.

**Armchair Traveler**

Date: Apr 27<sup>th</sup> – Jun 15<sup>th</sup>  
Day of the week: Monday  
Time: 1:00pm - 2:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Travel the world without leaving your seat. No passport required. Last Monday of the month.

---

**Tea and Talk**

Date: May 21<sup>st</sup>  
Day of the week: Thursday  
Time: 2:00pm - 3:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Come have tea with the Senior Department. We want to hear from you.

---

**Age Well Discussion Group**

Date: Apr 27<sup>th</sup> - Jun 15<sup>th</sup>  
Day of the week: Monday  
Time: 12:00pm - 1:00pm  
Location: Flynn Conference Room  
Age: Seniors (55+)

Join us for meaningful conversation, connection, and support as we explore ways to live well, and age with confidence.

---

**Desserts by Netta**

Date: May 12<sup>th</sup>  
Day of the week: Tuesday  
Time: 3:00pm - 4:30pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Come create your dessert with Netta. Limited to 12.

**Bowling**

Date: Apr 27<sup>th</sup> – Jun 15<sup>th</sup>  
Day of the week: Monday  
Time: 10:00am - 1:00pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Do you enjoy bowling? Join us on Monday mornings. It's free. Space is limited. You must register to attend.

---

**Kentucky Derby**

Date: May 2<sup>nd</sup>  
Day of the week: Saturday  
Time: 5:00pm - 7:30pm  
Location: Flynn Kitchen  
Age: Seniors (55+)

Join us for an enjoyable evening - light refreshments, mocktails, and more.

# Family Programs

*Families that play together..... Recreation plays an important role in the lives of many families. Research has demonstrated that family recreation and leisure are associated with several positive outcomes in families – increased satisfaction, stability, improved communication and overall family functioning. RTH's family programs are designed to bring your family together!*

## Nerf Fun

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 1:00pm - 2:00pm  
Location: Outing  
Age: Family (All Ages)

Action Packed Saturday afternoon event where kids team up with Nerf blasters bring your own foam ball and answer gaming questions like a Pictionary game.

## Movie Night

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the week: Friday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Room 117  
Ages: Youth (6-10), Middle School (11-13)

Come relax and enjoy some popcorn, and a thrilling movie adventure. Plus, students and families are welcome to bring with them soft pillows, stuffed animals and more! This is a great way to come out and spend time with friends.

## ASP/SEP Currently

Date: Apr 27<sup>th</sup> - May 29<sup>th</sup>  
Day of the week: Monday - Friday  
Time: 12:00am  
Location: Levinson Multi-Purpose Room  
Ages: Youth (6-10), Middle School (11-13)

We would like to let our residents know we are currently accepting applications for the Summer Enrichment program Please stop by and fill out an application. We are open Monday-Friday from 11:00-8:00 p.m.

## Youth Lego Club

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the week: Saturday  
Time: 3:00pm - 4:00pm  
Location: Levinson Multi-Purpose Room  
Ages: Youth (6-10), Middle School (11-13)

Creative building sessions to develop problem-solving and teamwork; and collaborate with others within the community.

## Ladies First

Date: Apr 28<sup>th</sup> - Jun 16<sup>th</sup>  
Day of the week: Tuesday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Room 117  
Ages: Adults (18-55)

Ladies First is a bi-weekly program designed for women of the RTH community. We will create powerful and enriching experiences, provide bonding opportunities, and promote unity. **Dates are 4/28, 5/12, 5/26, 6/9, and 6/16.**

## Child Watch

Date: Apr 28<sup>th</sup> – Jun 18<sup>th</sup>  
Day of the week: Tuesday, Wednesday, Thursday  
Time: 6:00pm - 8:00pm  
Location: RTHCC Room 117  
Ages: Child (0-5), Youth (6-10)

Passes can be purchased at RTHCC. Everyone will receive a small bag, and a voucher for your favorite activities at RTHCC and staff watch the students.

### **MassArt Art Museum (M.A.A.M.)**

Date: Jun 27<sup>th</sup>  
Day of the Week: Saturday  
Time: 11:00am - 2:00pm  
Location: Outing  
Age: Family (All Ages)

MAAM offers a wonderful opportunity for families to enjoy and learn about the arts. Join us as we explore New England together by walking along Huntington Ave, where you can discover and appreciate the vibrant art scenes.

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### **Boston Children**

Date: Jun 13<sup>th</sup>, Jul 25<sup>th</sup>  
Day of the week: Saturday  
Time: 11:00am - 2:00pm  
Location: Outing  
Age: Family (All Ages)

This exhibit is for children age 3 and older. It is designed to spark exploration and creativity for young children to learn, explore and be active. The experience is exploring, learning and finally having fun.

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### **Red Sox at Fenway Park**

Date: May 2<sup>nd</sup>  
Day of the week: Saturday  
Time: 4:10pm - 7:00pm  
Location: Outing  
Ages: Family (All Ages)

"Red Sox families, come out and support your Boston team at Fenway Park! This is a fantastic opportunity to enjoy a fun outdoor game with your family while rooting for your local team. Let's go Red Sox! Limited tickets!"

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### **Paint with Me**

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the week: Saturday  
Time: 3:00pm - 4:00pm  
Location: Levinson Multi-Purpose Room  
Age: Family (All Ages)

Join us for a delightful family painting night this will be Saturday afternoon! Families and students will have the chance to create together by drawing, stenciling, designing food art and more. Enjoy guided instructions, soft music, and tasty snacks.

### **Game Time**

Date: May 2<sup>nd</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 4:00pm - 6:00pm  
Location: Levinson Multi-Purpose Room  
Age: Family (All Ages)

Engage in healthy competitions of the minds while learning strategies that can be applied to everyday life. The games that will be played will be Chess, card games, Candyland, Uno, Sorry and Mancala.

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### **Summer Enrichment Program**

Date: Jun 29<sup>th</sup> – Aug 21<sup>st</sup>  
Day of the Week: Monday - Friday  
Time: 8:00am - 6:00pm  
Location: Levinson Multi-Purpose Room  
Age: Family (All Ages)

The summer programming features innovative learning and engaging activities for children ages 5 to 14, emphasizing hands-on experiences and fun field trips. Swimming sessions are scheduled three times a week.

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### **Martial Arts**

Date: Apr 25<sup>th</sup> – Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 2:00pm - 3:00pm  
Location: RTHCC Wellness Floor  
Age: Youth (6-10), Middle School (11-13)

Martial arts incorporate elements of taekwondo, karate, yoga, and body control. Students learn technique, strategy, and patience. Classes are offered on Saturdays from 2:00–3:00.

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### **BCYF Camp Joy – Summer 2026**

A fun, supportive summer camp for children and young adults with special needs.

**Who can join?** Boston residents ages 3–15 (siblings ages 3–7 welcome)

**Program highlights:** 4-week, full-day summer camp, Safe and inclusive environment, Fun and enriching activities that build friendships and confidence, Nutritious breakfast & lunch provided, Door-to-door transportation available, Licensed nurse on site, Caring, trained, CPR-certified staff

**Spots are limited!** First come, first served (completed applications only).

**Contact:** Roberta Smalls, Program Manager  
[Roberta.Smalls@boston.gov](mailto:Roberta.Smalls@boston.gov), 617-961-6952

Apply now and make this summer one to remember! RTH will pay camp fee!

## ***Free and low-cost family-friendly activities in Boston in May***

### **Festivals & Outdoor Events**

- **48 th Annual Wake Up the Earth Festival** A large, festive parade and celebration in Jamaica Plain. SATURDAY MAY 2ND, 2026  
  
"The Heart is Made to Move"¡El Corazón está Hecho para Moverse!"  
  
**12-6PM SOUTHWEST CORRIDOR PARK @ STONYBROOK T**  
  
**10:30AM @ CURTIS HALL - CENTER ST PARADE**  
  
**11:00AM @ ROBERT LAWSON PARK - EGGLESTON SQUARE PARADE**
- **Franklin Park Kite & Bike Festival (May 16):** Features kite making, flying, and bike activities at the **Franklin Park Playstead** located on Pierpont Road adjacent to the Franklin Park Zoo and White Stadium in the Roxbury/Dorchester area. The area is officially accessed via Pierpont Road, off Blue Hill Avenue or the Arborway.
- **Swan Boat Rides:** Located in the Public Garden, these are an iconic, low-cost activity (under \$5).

### **Free Museums & Cultural Activities**

- **Boston Family Days (Sunday):** Free admission to the Boston Children's Museum and Franklin Park Zoo on designated Sunday mornings (pre-registration often required).
- **ICA Free Thursdays:** The Institute of Contemporary Art offers free admission on Thursday evenings.
- **USS Constitution & Museum:** Free tours of the historic ship and admission to the museum in Charlestown.

- **MFA Gallery Activities:** Check for free discovery carts and family activities at the Museum of Fine Arts.

### **Parks, History & Sightseeing**

- **Arnold Arboretum:** Open daily, perfect for exploring spring blooms and nature with kids.
- **Freedom Trail & Bunker Hill:** A self-guided walk through history. The monument at Bunker Hill is free to climb.
- **Boston Public Library:** Free tours and children's activities at the Central Branch in Copley Square.

Use your library card to get free or deeply discounted passes to museums like the Science Museum or New England Aquarium.

- **Rose Fitzgerald Kennedy Greenway:** Open public space featuring fountains and gardens. Enjoy a day outdoors at the Rose Fitzgerald Kennedy Greenway, a vibrant public space with fountains, gardens, and family-friendly activities

**Don't miss the Greenway Carousel,** located at The Tiffany & Co. Foundation Grove in downtown Boston. **11 am- 7 pm**

This one-of-a-kind carousel features hand-carved animals inspired by Boston Harbor and local children's imaginations—from a Peregrine Falcon to a Sea Serpent and Green Sea Turtle. It's also one of the most ADA-accessible carousels in the region, with inclusive features for riders with physical, sensory, and cognitive disabilities, including a welcoming, sensory-friendly environment.

Rides are \$4 (or \$3 for groups of 10+), with tickets available onsite. Families can receive up to 6 free rides with an EBT or Wonderfund Access Card



Lake Winnepesaukee, New Hampshire

# North Woods Family Camp

## AUGUST 24TH-28TH 2026

Available for a special family getaway, Family Camp is your chance to unplug, unwind, and connect, with loved ones, new friends, and nature. Our rustic, electricity-free cabins are tucked under tall pines along the peaceful shoreline of Lake Winnepesaukee. Families of all backgrounds are welcomed into a safe, supportive, and fun environment where you can relax, play, and grow together.

**This one-of-a-kind program encourages:**

- Family involvement
- Respect for individual differences
- Skill-building through hands-on activities
- An appreciation for the natural world



### 2026 RATES

- Reduced Resident Rate: \$50/person
- Reduced Friend of RTH (Non-Resident): \$300/person  
Limited number of slots available.

### TRANSPORTATION

- A bus will be provided to and from RTH.
- Families may also choose to provide their own transportation.

#### DON'T MISS OUT ON

- ROPES COURSE
- ARCHERY
- COOKOUTS
- ARTS AND CRAFTS
- WATERSKIING
- HORSEBACK RIDING
- CANOEING
- KIDS CLUBS



## DEADLINE TO REGISTER: JULY 1, 2026

**TO REGISTER EMAIL:**  
Curtis Williams ([cwilliams@roxburytenants.org](mailto:cwilliams@roxburytenants.org)) or  
Roxanne Haecker ([rhaecker@roxburytenants.org](mailto:rhaecker@roxburytenants.org))

North Woods  
YMCA Overnight Camps  
P.O. Box 10  
Mirror Lake, NH 03853  
603.569.2725  
[campingservices@ymcaboston.org](mailto:campingservices@ymcaboston.org)  
<https://ymcaboston.org/camps/>



# Teen Center

*The Teen Center is a vibrant space where RTH teens can connect, engage in a variety of programs, and enhance their knowledge, talents, and skills. In addition to enriching activities, the center offers exciting trips that give teens the opportunity to explore the city, have fun, and create lasting memories!*

## Teen Center Drop-in Hours

Monday - Thursday 5:00pm - 8:00pm  
Friday, Saturday 5:00pm - 9:00pm  
Sunday Closed

Middle School Student grade 6 – 8

High School Student grade 9-12

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you!

Middle School will be welcomed in the teen center. Check the board for new activities and schedule.

## WIIFM (What's In It For Me?)

### Youth Empowerment Workshops for RTH Teens

Date: Mar 28<sup>th</sup> - May 13<sup>rd</sup>  
Day of the Week: Saturday  
Time: 5:00pm - 6:30pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)

The Teen Empowerment Workshop Series is designed to inspire confidence, leadership, and personal growth in today's youth. Through hands-on activities, teens develop the skills they need to navigate challenges and discover their own strengths.

## Curious Chefs Cooking and Baking Club

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the Week: Friday  
Time: 5:30pm - 7:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)

The Curious Chefs Cooking and Baking Club is a fun, interactive space where young people can explore the world of cooking and baking, build practical kitchen skills, and gain confidence in creating delicious meals and delectable desserts.

## Teen Movie Night

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 6:00pm - 8:30pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)

Join us for fun-filled nights of cinema, snacks, and socializing with your friends. Whether you're a film enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a great movie in a lively atmosphere.

## Teen Paint Night

Date: Apr 30<sup>th</sup> - Jun 18<sup>th</sup>  
Day of the Week: Thursday  
Time: 6:30pm - 7:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)

Join us for a fun-filled night of painting, snacks, and socializing with your friends. Whether you're a painting enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a form of self-expression in a lively atmosphere.

## Teen Spin w/ Ali - Saturdays

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Wellness Floor  
Age: Middle School (11-13), High School (14-17)

Spin for Teens is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride to energizing music. It's an opportunity to get your heart pumping.

### **Parent Advisory Group**

Date: Apr 29<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the Week: Wednesday  
Time: 6:30pm - 7:30pm  
Location: RTHCC Teen Center  
Age: Adults (18-55)

Meeting the 2nd Wednesday of every month, the Parent Advisory Group for RTH Teen Programming is a collaborative committee of parents who provide insight, feedback, and support to help shape programs and services designed for our teens.

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### **Creator's Lab/Multi-Media Room**

Date: May 4<sup>th</sup> – Jun 17<sup>th</sup>  
Day of the Week: Monday, Wednesday  
Time: 4:30pm - 6:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)  
Cost: \$10 for Non-Residents

Welcome to the RTH Multi-Media Production Room at the RTH Teen Center! The purpose of this project is to provide a safe space for creative and career exploration in live media, digital recording, and media production.

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### **RTH Youth Council**

Date: Apr 28<sup>th</sup> - Jun 19<sup>th</sup>  
Day of the week: Tuesday, Friday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Teen Center  
Age: Middle School (11-13), High School (14-17)

Meet with fellow teens to discuss and advocate for what teens want and advise on teen programming at RTH! Earn community service hours! Look for application link on the flyer.





# RTH YOUTH & RESIDENT COMMUNITY

## CENTER SURVEY

社區中心調查

ENCUESTA DEL CENTRO

COMUNITARIO

ОПРОС ОБЩЕСТВЕННОГО ЦЕНТРА



**Your Feedback Matters!**

**您的回饋很重要!**

**¡Su opinión es importante!**

**Ваше мнение важно!**





# RTH Curious Chefs/Bakers Club

Allergy friendly  
environment



**Fridays 5:30-7 pm**

RTHCC Teen Center Kitchen

Ages 12-17 Welcomed

Register at RTHCC Welcome Desk

617-232-4306 Ext. 200



# RTH TEEN CENTER

LAUNCH YOUR MEDIA CAREER!

Do you want to...

- ✓ Be a DJ?
- ✓ Run a Radio Station?
- ✓ Professionally upload to YouTube and TikTok?
- ✓ Have your own Podcast?
- ✓ Interview members of the RTH community?
- ✓ Report on current events?

Starting Soon @ The Teen Center

## FREE TRAINING COURSE

- Podcasting • DJing • Blogging
- YouTube • TikTok • Videography • Voiceover
- PLUS:
- Technical media skills
- On-air presence
- Broadcast ethics
- Career development

## REGISTER NOW

- Sign up at the RTH Welcome Desk
- Space is limited — sign up today!

QUESTIONS? 617-232-4306 EXT. 200



# Sports & Enrichment Programs

*The department focus is to teach, develop, organize, manage, and offer RTH residents the opportunity to learn fundamentals sports skills, while instilling life lessons and values of teamwork, disciplines, respect, sportsmanship, child development. We believe in the power of inclusivity, ensuring that every child has the opportunity to play. No matter what their skill level, we'll provide a supportive environment that encourages growth and celebrates each child's unique talent.*

## Table Tennis

Date: Apr 27<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: Monday - Sunday  
Time: Mon – Fri : 8:00am – 8 :00pm  
Sat: 10:00am – 8:00pm  
Sun: 10:00am – 2 :00pm  
Location: RTHCC Foyer  
Age: Family (All Ages)

Table Tennis, otherwise known as Ping-Pong, is a multiskilled sport in which players must beat their opponents using various tactics. This sport involves fast thinking, gives way to increase eye-hand coordination, agility and response time.

## ATM Program

Date: May 2<sup>nd</sup> - Jun 13<sup>th</sup>  
Day of the week: Saturday  
Time: 10:00am - 11:30am  
Location: RTHCC Wellness Floor  
Age: High School (14-17)

The ATM Program is an Athletic Tutoring and Mentoring **Program** that helps athletes get physically and mentally ready for high school and college sports. We will focus on fitness and mental health training to give athletes an insight into what is expected at the next level.

## Youth Instructional Basketball League

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the week: Saturday  
Time: 12:00pm - 2:00pm  
Location: RTHCC Gymnasium  
Age: Youth (6-10)

Instructional League will consist of skills and drills workshop at the start of the session. Halfway through we will create teams and break up into games. Our goal is to prepare for league games. All participants will receive an RTH Basketball shirt!

## Middle School Basketball - Co-Ed Skills and Drill

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the week: Saturday  
Time: 12:00pm - 2:00pm  
Location: RTHCC Gymnasium  
Age: Middle School (11-13)

Co-Ed Middle School Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Middle School players of all levels are invited to come and develop the fundamentals of basketball.

## Middle School Basketball – Practice

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the week: Friday  
Time: 12:00pm - 2:00pm  
Location: RTHCC Gymnasium  
Age: Middle School (11-13)

Middle School Basketball - Practice is a structured, fast-paced session focused on building both individual skills and team play. Our goal is to prepare RTH middle-schoolers for league games. This is an opportunity to represent RTH in competition against neighbors, friends, and other communities.

## Dodge Ball Tournament

Date: Apr 30<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: Thursday, Saturday  
Time: Thu (Middle School): 5:30pm - 7:00pm  
Sat (High School): 2:00pm – 4:00pm  
Location: RTHCC Gymnasium  
Age: Middle School (11-13), High School (14-17)

Dodgeball Tournament Style, Teams or Teams can be made. We will play tournament style play throughout the spring and have a power rankings tournament at the end to determine the winner of the league.

## **Volleyball**

Date: Apr 26<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the week: Wednesday, Saturday, Sunday  
Time: Wed: 5:30pm - 7:00pm  
Sat: 3:00pm - 4:15pm  
Sun: 12:30pm - 3:00pm  
Location: RTHCC Gymnasium  
Age: Family (All Ages)

Volleyball is popular because it's a versatile, accessible sport that promotes teamwork, physical fitness, and a strong social community. With a broad appeal that has reached the Olympics, its blend of intensity and ability to be enjoyed by all ages.

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## **Badminton**

Date: Apr 26<sup>th</sup> - Jun 17<sup>th</sup>  
Day of the week: Wednesday, Saturday, Sunday  
Time: Wed: 7:00pm - 8:00pm  
Sat: 10:00am - 2:00pm  
4:00pm - 6:00pm  
Sun: 10:00am - 3:00pm  
Location: RTHCC Gymnasium  
Age: Family (All Ages)

Badminton is a racket sport where two or four players hit a shuttlecock over a net using stringed rackets. Though the sport demands fitness, agility, and racket skills, it is a fun activity for players of all ages and skill levels.

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## **High School Basketball – Practice**

Date: May 1<sup>st</sup> - Jun 19<sup>th</sup>  
Day of the week: Saturday  
Time: 12:00pm - 2:00pm  
Location: RTHCC Gymnasium  
Age: High School (14-17)

High School Basketball - Practice is a structured, fast-paced session focused on building both individual skills and team play. Our goal is to prepare RTH teens for league games. This is an opportunity to represent RTH in competition against neighbors, friends, and other communities.

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## **Soccer Skills and Drills**

Date: May 3<sup>rd</sup> - Jun 14<sup>th</sup>  
Day of the week: Sunday  
Time: 10:00am - 12:00pm  
Location: RTHCC Gymnasium  
Age: Youth (6-10), Middle School (11-13), High School (14-17)

In this introductory class you will learn the fundamental rules and skills of soccer as you gain appreciation of the sport. You will learn and master core soccer skills - ball control, dribbling, passing, shooting, and defending.

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## **Teens/HS/MS Pick-Up Basketball**

Date: Apr 27<sup>th</sup> - Jun 20<sup>th</sup>  
Day of the week: Monday, Friday  
Time: Mon: 7:00pm - 8:00pm  
Fri: 7:00pm - 9:00pm  
Location: RTHCC Gymnasium  
Ages: Middle School (11-13), High School (14-17)

Pick-Up B-Ball for will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends, enhance their skills on the court.

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## **Adult Basketball**

Date: Apr 28<sup>th</sup> - Jun 25<sup>th</sup>  
Day of the week: Tuesday, Thursday  
Time: 7:00pm - 8:00pm  
Location: RTHCC Gymnasium  
Ages: Adults (18-55)  
Cost: Non-Residents \$25.00 guest pass required

Come enjoy our open and safe program for adults of all skill levels. An opportunity to connect with fellow basketball enthusiasts. Whether you're polishing skills or starting fresh, experience the perfect mix of competition and camaraderie.

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## **Teen Spin w/ Ali - Saturdays**

Date: May 2<sup>nd</sup> - Jun 20<sup>th</sup>  
Day of the Week: Saturday  
Time: 6:00pm - 7:00pm  
Location: RTHCC Wellness Floor  
Age: Middle School (11-13), High School (14-17)

Spin for Teens is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride to energizing music. It's an opportunity to get your heart pumping.

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## **RTH/Mission Hill Baseball Youth Clinic**

Date: Apr 30<sup>th</sup>  
Day of the Week: Thursday  
Time: 5:30pm - 6:45pm  
Location: RTHCC Gymnasium  
Age: Youth (6-10), Middle School (11-13)

In this introductory clinic you will learn the fundamentals of baseball as you gain appreciation of the sport. You will learn and master core – throwing, fielding, hitting, and base-running. Snacks will be provided.

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# Mission Hill Little League

Sign up for the 2026 Season!  
**Opening Day is April 25**

## Ages and Divisions

### T-ball

Ages 4-6

### Minors

Ages 7-9

Coach pitch,  
No stealing

### Majors

Ages 10-12

Kid pitch,  
Stealing allowed

## Who can play?

Open to all genders and abilities within the age range, living or attending school in Mission Hill, Jamaica Plain, the Fenway, Roxbury, parts of Dorchester and parts of the South End.

## Cost

Joining is free! Donations of funds or equipment are gratefully accepted.

## Coaches and volunteers needed!

## For more information

Contact Dan Weldon at 617-939-1766 or [missionhill.littleleague@gmail.com](mailto:missionhill.littleleague@gmail.com).



Register online at  
[www.missionhill-littleleague.org](http://www.missionhill-littleleague.org)



# MISSEON HILL YOUTH BASEBALL CLINIC

**30 th**  
A P R I L

**6-13**  
Y E A R S O L D

**FUNDEMENTALS**

**SNACKS**

**5:30-6:45 PM**

**RTHCC**

Register  
here

[dcortezriccio@roxburytenants.org](mailto:dcortezriccio@roxburytenants.org)

20A Vinning St. Boston , MA

More Informartion Call us : 617-232-4306 x205

## *RTH Directory*

### Executive Office - Neville House

11 New Whitney Street, 1st Floor

**Karen T. Gately**, *Executive Director*  
617-232-4306 ext. 104

**Donna Desmond**, *Chief Financial Officer*  
DDesmond@roxburytenants.org 617-232-4306 ext. 110

**Jenni Shaw**, *Human Resources Director*  
JShaw@roxburytenants.org 617-232-4306 ext. 108

**Irving Burday**, *Chief Information Officer*  
IBurday@roxburytenants.org 617-232-4306 ext. 102

**Latoya Cromartie**, *HR Administrator*  
LCromartie@roxburytenants.org 617-232-4306 ext. 101

**Lori Taylor**, *Executive Assistant/Project Manager*  
LTaylor@roxburytenants.org 617-232-4306 ext. 107

**Patricia Haran**, *Controller*  
PHaran@roxburytenants.org 617-232-4306 ext. 106

**Jun Jie Xu**, *Senior IT Specialist*  
Junx@roxburytenants.org 617-232-4306 ext. 105

**Tanya Garnett**, *Office Coordinator*  
TGarnett@roxburytenants.org 617-232-4306 ext. 100

**Anindita Majumdar**, *Staff Accountant*  
amajumdar@roxburytenants.org 617-232-4306 ext. 111

### RTH Community Center

20A Vining Street (Welcome Desk ext. 200)

**Stephen Fulton**, *Senior Program Director*  
SFulton@roxburytenants.org 617-232-4306 ext. 201

**Curtis Williams**, *Welcome Desk Administrator*  
CWilliams@roxburytenants.org 617-232-4306 ext. 202

**Zachary McCulloch**, *Health & Wellness Director*  
ZMcCulloch@roxburytenants.org 617-232-4306 ext. 203

**Darius Cortez-Ricco**, *P.E. & Aquatic Director*  
DCortezRicco@roxburytenants.org 617-232-4306 ext. 205

**Craig McClay**, *Director of Teen Programs*  
CMcClay@roxburytenants.org 617-232-4306 ext. 206

### Education & Resource Center at the Betty Powers Library

25 Mission Park Drive (ERC) (Front Desk ext. 601)

**Roxanne Haecker**, *Director of Community Education & Workforce Development*

RHaecker@roxburytenants.org (617) 232-4306 ext. 603  
**Xing Zhou**, *Program Coordinator*  
[XZhou@roxburytenants.org](mailto:XZhou@roxburytenants.org) (617) 232-4306 ext. 601

**Jennifer Lewis**, *Youth Educational Services & Workforce Development Specialist*  
[JLewis@roxburytenants.org](mailto:JLewis@roxburytenants.org) (617) 232-4306 ext. 600

### Senior Services, Flynn House

805 Huntington Avenue, 1st Floor

**Laura Adams**, *Director of Senior Services*  
LAdams@roxburytenants.org / 617-232-4306 ext. 700

**Mary O'Connor**, *Aging Well Manager*  
Moconnor@roxburytenants.org / 617-232-4306 ext. 702

### Resident Services Parks Community Building

2 New Whitney Street 2nd Floor

**Scott Amaral**, *Director of Resident Services*  
SAmaral@roxburytenants.org / 617-232-4306 ext. 306

**Anne Moriarty**, *Interim Director of Resident Services*  
AMoriarty@roxburytenants.org / 617-232-4306 ext. 306

**Terry Parson**, *Social Worker*  
TParson@roxburytenants.org / 617-232-4306 ext. 302

**Jia Yao Chen**, *Resident Service Coordinator*  
JChen@roxburytenants.org / 617-232-4306 ext.303

**Jingming Feng**, *Resident Service Coordinator*  
JFeng@roxburytenants.org / 617-232-4306 ext.309

**Nadiia Novikova**, *Resident Service Coordinator*  
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**Tania Rivera**, *Resident Service Coordinator*  
TRivera@roxburytenants.org / 617-232-4306 ext.304

**Liz Verasamy**, *Office Coordinator*  
EVerasamy@roxburytenants.org / 617-232-4306 ext.305

### RTH After School Program Recreation Exploration Center

835 Huntington Avenue

**Yolking Hallie**, *Youth & Family Director*  
[YHallie@roxburytenants.org](mailto:YHallie@roxburytenants.org) (617) 232-4306 ext. 401