

LATE SUMMER EDITION

2025

What's Up



A Roxbury Tenants of Harvard Association
publication of Community Events, Services,
Family trips, and Upcoming Happenings
taking place in your Community!



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RESIDENT SERVICES

Parks Community Building
2 New Whitney Street 2nd Floor
617-232-4306 ext. 305

Hours of Operation: **By Appointment**
Mon - Fri 8:30am - 7:00pm

RTH COMMUNITY CENTER

20A Vining Street
617-232-4306 ext. 200

Hours of Operation:
Sun 10:00am - 3:00pm
Mon - Thu 7:00am - 8:00pm
Fri 7:00am - 9:00pm
Sat 10:00am - 9:00pm

SENIOR SERVICES

805 Huntington Avenue
617-232-4306 ext. 700

Hours of Operation: **By Appointment**
Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive
617-232-4306 ext. 601
Hours of Operation:
Mon - Fri 9:00am - 6:00pm
Sat 9:00am - 12:00pm
 1:00pm - 6:00pm

SECURITY OFFICE

835 Huntington Avenue
617-731-6972
Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

617-232-0436
Please don't hesitate to call if you have any concerns about health, safety, and security.

RTHCC RENOVATION

RTH Community Center Entry repairs are ongoing through June 2025, requiring the closure of the main entrance on New Whitney Street. Please use the Vining Street entrance to enter the building; elevator access is available. Thank you for your patience while we complete this necessary work.

Dear Residents –

Summer is finally here! The flowers are blooming, and the sun is shining. We hope you'll take the opportunity to participate in outdoor events like Music on the Plaza, Ice Cream Social, and National Night Out along with a host of other events you can enjoy with your friends, family and neighbors.

There are exciting opportunities for everyone. A limited selection of affordable camp opportunities offers kids and families a chance to make new friends and create lasting memories.

The Mary T. Clifford pool is open for the season and offers swimming lessons, aquatic fitness classes, free swim and more. Take a dip, bask in the sun, or just relax. See the full aquatics schedule in this edition or contact the pool desk at x300.

Don't miss a chance to learn a new skill before the summer ends. Bikes Not Bombs will be hosting a bike repair clinic on August 5th. Check out the Community Education & Job Training section for details.

If you find a class or program or trip you are interested in, sign up without delay – some offerings are subject to cancelation if enrollment is low.

Summer is short in New England! Take advantage of the weather and creative ways to have fun with your friends and neighbors.

Be safe and stay well!

Karen

Karen T. Gately
Executive Director



Late Summer Session Dates (5 Week Session)

Day	Start Session	End Date
Sunday	7-27-2025	8-24-2025
Monday	7-28-2025	8-25-2025
Tuesday	7-29-2025	8-26-2025
Wednesday	7-30-2025	8-27-2025
Thursday	7-31-2025	8-28-2025
Friday	8-1-2025	8-29-2025
Saturday	8-2-2025	8-30-2025

Late Summer Holidays

Labor Day	9-1-2025	Monday	RTH Closed (Federal Holiday)
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Events and Meetings Schedule

Music on the Plaza	July 30th 6pm - 10pm	Wednesday	Levinson Plaza
National Night Out	August 5th 6pm - 9pm	Tuesday	RTHCC Gym
Music on the Plaza	August 13th 6pm - 9pm	Wednesday	Levinson Plaza
Block Party	August 16th 12pm - 4pm	Saturday	Mission Park Campus
Health & Safety Meeting	August 20th 6pm - 8pm	Wednesday	RTHCC Room 117
Teen Pool Party	August 23 rd 5pm – 8pm	Saturday	RTH Community Pool
Music on the Plaza	August 27th 6pm - 9pm	Wednesday	Levinson Plaza
Family Pool Party	Sept. 6 th 1pm – 4pm	Saturday	RTH Community Pool
Adult Pool Party (21+)	Sept. 6 th 6pm – 10pm	Saturday	RTH Community Pool

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Join the Fun!

New RTH Website – www.Roxburytenants.org

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Go to www.RoxburyTenants.org and look for programs that interests you
 - Email (welcomedeskstaff@roxburytenants.org)
 - Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
 - Friday 7:00am – 9:00pm
 - Saturday 10:00am – 9:00pm
 - Sunday 10:00am - 3:00pm

Option 3: Register By Phone

Please call the Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 8:00pm
 - Sunday 11:00am - 2:00pm

RTHCC Welcome Center

Programs are designed for RTH Residents of all ages and abilities.

Please note the following:

- **Preschool** programs designed for children ages 0 – 5 not yet in 1st grade.
- **Youth** programs are designed for children in grades 1 – 5.
- **Middle school** programs are designed for youth in grades 6 – 8.
- **High school** programs are designed for teens in grades 9 – 12.
- **Family** programs are designed for children of all ages when accompanied by their parent or guardian.
- **Adult** programs are designed for adults 19 (and out of high school) to 55.
- **Senior** programs are designed for adults 55+.

If you have any questions regarding registration, please contact RTHCC Welcome Desk. (617)232-4306 x200.

Anti-Harassment:

We strive to provide an environment for our members, program participants and employees free from all forms of harassment.

Your membership and participation reflect our commitment to our mission and values.

Anti-Violence Policy:

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Comment Cards:

We welcome comments and suggestions about our programs and facilities.

Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Food/Drinks:

Allowed in designated areas only.

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Information Changes:

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Membership:

All RTH residents are welcome to join RTHCC. Please stop by the Welcome Desk for information and application.

RTHCC Class Pass:

\$25 per pass with 10 classes. Have a non-resident who wants to participate in group-ex or other drop-in class? Access to all group exercise or drop-in classes with this pass.

Valuables:

We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

How is RTH making an impact?

What has RTH done to make an impact in the community? Do you have an amazing story, highlight or picture to share? Submit your story for a chance to be highlighted in our next edition of the Telstar newsletter. You can email your story to Roxanne at Rhaecker@roxburytenants.org.



Announcements/Community

Trinity Management Quick Recertification Tips

Old Neighborhood and Mosaic
avelez@trinitymanagementcompany.com
Office Phone: 617-232-5910



Mission Park
missionpark.com/contactus
Office Phone: 617-566-0707



- All Annual Recertification interviews are conducted by appointment only. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible for providing the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open to the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

Please note the garden will remain locked if weather conditions create a safety hazard.

Fresh Truck Mobile Market

Day of the week: Wednesday
Time: 2:30pm – 5:000pm
Location: Outside the Parks Community Building

Fresh Truck's mission is to strengthen communities by getting fresh food for the households that need it most.

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy.

Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:00pm. Lottery tickets will be available at 2:10 p.m. You must be physically present. (You cannot get a ticket for another person) To receive a lottery ticket; you must be in the Parks Community room by 2:00pm. If you arrive after 2:10pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents arrive. The drawing will take place at 2:10 p.m.

Do you know?

The Healthy Incentive Program (HIP) puts money up to \$40.00 a month back on your EBT card when you use SNAP dollars to buy fruits and vegetables from HIP farm vendors, like at your local farmers market and Fresh Truck.

Annual Mission Hill Road Race
a 5k road race and walk to benefit

The Kevin W. Fitzgerald Park

Take the Challenge – It will be a hill of a run!

Saturday, September 27th

***Walkers start at 9:00 a.m.**

Runners start at 9:30a.m.

Followed by Music, Kids Fun Run, and Awards Ceremony



Please call Laura Adams at (617) 232-4306 ext., 700 to register for the race/walk.

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interests would you like to share?

We hope you will become engaged and learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, and experiences that will help the committees with their work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information, call RTH Executive office at (617)232-4306 x100 or email executiveoffice@roxburytenants.org. Please leave your name, contact information and the committee, program, event, or area you would like to volunteer for.

Walk and Talk with Executive Director

Date: Aug 22nd

Day of the week: Monday

Time: Aug 22nd: 11:00am – 12:00pm

Location: RTHCC

Age: Family (All Ages)

Join Executive Director Karen Gately for a walk around the neighborhood! Learn more about RTH history, ask about upcoming projects, or simply take the opportunity to up your step-count. Event is rain or shine – please dress for the weather and meet us in the RTH Community Center Lobby.

Resident Room Rental

The Flynn Kitchen will be available for RTH residents to use for private events on Saturdays from 4:00pm – 10:00pm. There is an equipment rental fee of \$100 and a \$100 refundable cleaning/damage deposit.

For reservations and information, please contact the RTHCC Welcome Desk at (617)232-4306 ext.200.

Music on the Plaza

Date: Jul 30th , Aug 13th and 27th (Motown Night)

Day of the week: Wednesday

Time: 6:00pm – 9:00pm

Location: Levinson Plaza

Age: Family (All Ages)

Come join the fun! Enjoy many genres of music, games. Dance contest, and more! Visit our information tables to keep you updated on what's happening at RTH.



SAVE THE DATE! Annual RTH Block Party	
Date: August 16 th	Day of the week: Saturday
Ages: Family (All Ages)	Location: Mission Park Campus
Time: 12:00pm – 4:00pm	
Family, friends, and neighbors, come have a good time with us! Enjoy the food, games, flea market, talent shows, and more! There's something for everyone to enjoy! Look for upcoming flyers for more details.	

National Night Out	
Date: August 5 th	Day of the week: Tuesday
Ages: Family (All Ages)	Location: Levinson Plaza
Time: 6:00pm – 9:00pm	
National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie.	

Music on the Plaza	
Date: July 30 th , August 13 th , August 27 th (<i>Motown Night</i>)	Day of the week: Wednesdays
Ages: Family (All Ages)	Location: Levinson Plaza
Time: 6:00pm – 9:00pm	
Come join the fun! Enjoy many genres of music, games, dance contests, and more! Visit our information tables to keep you updated on what's happening at RTH.	

Teen Pool Party	
Date: August 23 rd	Day of the week: Saturday
Ages: 13 – 19 years old	Location: RTH Community pool
Time: 5:00pm – 8:00pm	
Jump into the pool with your friends. Food, music, fun and prizes.	

Family Pool Party	
Date: September 6 th	Day of the week: Saturday
Ages: Family (All Ages)	Location: RTH Community pool
Time: 1:00pm – 4:00pm	
Spend the last day of the RTH pool season splashing with your family. Food, music, fun, games, and prizes.	

Adult Pool Party	
Date: September 6 th	Day of the week: Saturday
Ages: Adults (21+)	Location: RTH Community pool
Time: 6:00pm – 10:00pm	
Toast the end of the RTH pool season with your community neighbors. Food, music, fun, and prizes.	



RTH is Hiring!

**Join our experienced, professional,
and committed team!**

AVAILABLE POSITIONS:

- Elder Program Manager
- Social Worker
- Residential Service Coordinator, Bilingual Spanish
- Director of Teen Programs
- Gym Monitor
- Lifeguards – Seasonal
- Staff Accountant

RTH is an EEO employer. For more information and job opportunities, please visit:

<https://roxburytenants.isolvedhire.com/jobs/>



MARY T. CLIFFORD COMMUNITY POOL SUMMER 2025

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 1p-8p	Family Swim 11a-1p	Family Swim 11a-1p	Family Swim w/ Lap Swim 11a-1p	Family Swim 11a-1p	Family Swim 11a-1p	Family Swim 11a-1p
	SEP Blue Free Swim 11a-11:45a	SEP Orange Free Swim 11a-11:45a	Open Swim w/Lap Swim 1p-4p	SEP Green Free Swim 11a-11:45a	SEP Orange Free Swim 11a-11:45a	Beginner/Youth Lessons 11a-12p
	Open Swim w/Lap Swim 12p-1p	SEP Green Free Swim 11a-11:45a	Youth Swim 4p-6p	Adult/Senior Swim w/Lap Swim 12p-1p	Child/Parent Lessons w/Lap Swim 12p-1p	Pre-School Lessons 12p-1p
	SEP Green Lessons 1:15p-2p	Adult/Senior Swim w/Lap Swim 12p-1p	Family Swim 6p-8p	Differently Abled Swim w/Lap Swim 12p-1p	SEP Green Lessons 1:15p-2p	Open Swim w/Lap Swim 1p-3p
	Child/Parent Lessons 2p-3p	Child/Parent Lessons w/Lap Swim 12p-1p	Youth Lessons 6p-7p	Child/Parent Lessons w/Lap Swim 1p-3p	Water Stretch & Fitness 2p-3p	Youth Swim 3p-4p
	SEP Orange Lessons 3:15p-3:00p	Open Swim w/Lap Swim 1p-2p	Teen/Adult Lessons 7p-8p	SEP Blue Lessons 1:15p-2p	Open Swim w/Lap Swim 3p-4p	Aqua Basketball 4p-5p
	SEP Blue Lessons 4:15p-5:00p	SEP Blue Free Swim 2:15p-3p		SEP Orange Lessons 2:15p-3:00p	SEP Blue Lessons 4:15p-5p	Open Swim w/Lap Swim 5p-6p
	Youth Swim 5p-6p	SEP Green Lessons 3:15p-4p		Youth Swim 3p-4p	Differently Abled Swim Lessons (by appt) 5p-7p	Family Swim w/ Lap Swim 6p-8p
	Open Swim w/Lap Swim 6p-8p	SEP Orange Lessons 3:15p-4p		Open Swim 4p-6p	Child/Parent Lessons 5p-6p	
		Open Swim 4p-6p		Family Swim 4p-6p	Open Swim 6p-8p	
		Differently Abled Swim 5p-6p		Beginner/Youth Lessons 6p-7p	Swim Clinic 6p-8p	
		Family Swim 6p-8p		Teen/Adult Lessons 7p-8p		
		Beginner/Youth Lessons 6p-7p				
		Teen/Adult Lessons 7p-8p				

Programs subject to change as determined by the weather and lifeguards on duty. |



MARY T. CLIFFORD COMMUNITY POOL SUMMER 2025

July 2025

Lessons - All Lessons - Price: Residents = Free, Non-resident = \$2 a class - Class Limit: 20 people

- **Beginner/Youth** - The Learn to swim program comprises all levels from beginner to advanced. Swimmers will learn and perform basic swimming strokes, skills, and safety habits. At this age, children should already have cognitive and motor skills to learn proper swimming skills such as treading on water, floating, and swimming towards an endpoint. Patrons are given assessment tests to determine level and must master all skills in the level to advance to the next skill level. Safety lessons and instructor demonstrations included. Ages: 5-12 years old.
- **Child/Parent** - With assistance from an instructor, caregiver and child will swim together to ensure a positive connection with swimming. Lessons will be given as a group. Parent and child swim lessons offer numerous benefits, including enhanced physical development, improved water safety skills, and strengthened parent-child bonds. These lessons provide a fun and engaging way for toddlers to stay active while building crucial motor skills and confidence in the water. Furthermore, the shared experience fosters a stronger connection between parent and child, creating positive memories and promoting a healthy lifestyle. Ages: 6 months- 3 years old.
- **Differently Abled** - Adaptive swimming lessons with assistance from instructors focusing on independence in the water while using basic safety and skills. All Ages.
- **Pre-School** - The Learn to swim program comprises all levels from beginner to advanced. The right age to start swimming lessons varies for each child, but many experts agree that starting as early as 3 years old can be beneficial. Lessons vary for each child, but the child at this age will become comfortable in the water and begin developing basic water safety skills. Patrons are given assessment tests to determine level and must master all skills in the level to advance to the next skill level. Safety lessons and instructor demonstrations included. Ages: 3 -5 years old.
- **Swim Clinic** - Designed for swimmers of all levels who are working on building endurance and skills. This drop-in class focuses on refining strokes, enhancing swimming efficiency, and building overall confidence in the water. Led by experienced instructors, participants will receive personalized feedback. All ages.
- **Teen and Adult** - The Learn to swim program comprises all levels from beginner to advanced. Teen swimming lessons offer a range of physical, mental, and social benefits. They enhance physical health through improved cardiovascular fitness, muscular strength, and endurance, while also promoting stress reduction, increased confidence, and improved sleep. Moreover, swimming lessons instill valuable life-saving skills and foster a sense of accomplishment and social connection. Patrons are given assessment tests to determine level and must master all skills in the level to advance to the next skill level. Safety lessons and instructor demonstrations included. Ages: 13 years old and up.
- **Water Fitness** - Jump in and use the resistance of the water to strength your body! Patrons will be given an assessment test to determine skill. Safety lessons and demonstrations are also included. All Ages.

Open Hours

- **Aqua Basketball** - A leisurely activity for teens. This structured recreational activity offers a fun and active way to enjoy the sport of basketball while benefiting from the unique properties of water. This activity promotes positive youth development skills in social interaction, among other abilities. Ages: 13-17.
- **Family Swim** - Experience a peaceful activity for families with small children, toddlers, and infants. Toys and games will be provided for those desiring to participate. Ages: All Ages. Children under 12 years old must be accompanied by an adult.
- **Open Swim** - For all members of the community to engage in social and recreational activities. Swim, exercise, relax, have fun with your neighbors! Ages: All Ages. Children under 12 years old must be accompanied by an adult.
- **Youth Swim** - An activity for youth. This recreational activity promotes positive youth development skills in social interaction, discipline, emotional maturity, physical activity competence, among other abilities. Children under 12 years old must be accompanied by an adult. Ages: 10-13.

Programs subject to change as determined by the weather and lifeguards on duty. |

Community Education & Job Training

The Community Education & Workforce Development Department helps RTH residents access education, job training, and employment to achieve economic self-sufficiency. We collaborate with Resident Services and institutional partners to overcome barriers and provide career opportunities.

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are accepted year-round; interviews are conducted quarterly.

Applications are available at the RTH Education and Resource Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

SERV Safe Food Handlers Certification Classes

Date: Jul 28th – Aug 30th

Day of the week: By Appointment

Time: 9:00am – 6:00pm

Location: Online

Age: High School (14-17), Adults (18-55), Seniors (55+)

Language: English, Spanish, Chinese

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member. SERV Safe courses are offered online only.

Stress & Aromatherapy Workshop by Sirena's Secret

Date: Aug 12th

Day of the Week: Tuesday

Time: 6:00pm – 8:00pm

Location: Flynn Kitchen

Age: Adults (18-55)

Language: English, Spanish

Capacity: 20

Under the guidance of aromatherapist Rena DeLaCruz, you'll craft a custom essential oil blend tailored to your specific needs and the therapeutic properties of the oils. You'll also receive an 8 oz vial of your unique blend to take home.



Wentworth Scholarship Opportunity for Mission Hill and Fenway Residents

RTH residents have the opportunity to attend Wentworth Institute of Technology tuition-free. For more information contact Johanna Sena at SenaJ@wit.edu or 617-930-3664.



Sewing with Julia Sewing Workshop

Date: Aug 1st – Aug 29th
Day of the week: Friday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55), Seniors (55+)
Cost: \$50 Mission Hill, \$150 Non-Residents
Language: English, Russian
Capacity: 8

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Saturday Translation

Date: Aug 2nd – Aug 30th
Day of the Week: Saturday
Time: 11:00am – 12:00pm
Location: Parks Community Building
Age: Adults (18-55), Seniors (55+)
Language: Chinese, English

Bring your letters and documents to get translated!

Marble Runs are Amazing!

STEM for Young Engineers
Date: Jul 26th – Aug 2nd
Day of the Week: Saturday
Time: 2:00pm – 4:00pm
Location: ASP
Age: Youth (6-10)

Marble runs allow children to construct, manipulate, engineer, explore, and experiment while introducing a beginning understanding of physical principles. Come build a marble run, have fun, and enhance your creativity and problem-solving skills!

Gardening Club

Date: Jul 27th – Aug 31st
Day of the week: Sunday
Time: 11:00am – 12:00pm
Location: Kempton Park
Age: Family (All Ages)
Language: English
Capacity: 8

Gardening boosts mental and physical health reduces stress and anxiety and builds social connections. Join the gardening group to connect with others, grow your skills, and help cultivate a garden filled with beautiful flowers and vegetables.

Education & Resource Center (ERC) at the Betty Powers Library

Offering faxing, copying & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 6:00 pm

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Minecraft EDU

Date: Jul 12th – Aug 30th

Day of the week: Saturday

Time: 3:30pm – 4:30pm

Location: ERC

Age: Youth (6-10), Middle School (11-13)

Language: English

Capacity: 10

Minecraft Educators Edition is a game-based learning platform that promotes creativity, collaboration, and problem-solving. This semester we are working through multiple levels of the Minecraft EDU Foundations of AI curriculum!

IXL for Summer Learning & Skills Practice

Date: Jul 7th - Aug 30th

Day of the Week: By Appointment

Time: By Appointment

Location: Online

Age: Youth (6-10), Middle School (11-13)

Language: English

Support your child's learning this summer with IXL! Trusted by teachers, IXL offers personalized practice in math, language arts, science, and social studies for grades K–8. Fun, interactive, and effective—start your child's journey today!

Did you know?

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Play BPL Reading Bingo!

Date: Jul 9th – Aug 27th

Day of the Week: Wednesday

Time: 2:00pm – 3:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Play BPL Summer Reading BINGO and win a free Kindle! BINGO cards are available in English, Spanish, and Chinese.

English Conversation Group

Date: Jul 9th – Aug 27th

Day of the week: Wednesday

Time: 1:00pm – 2:00pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Capacity: 10

Join this informal and friendly group where new English learners can practice their speaking skills. Drop-ins welcome.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PRESCHOOL LEARNING EXPERIENCES

Boston Universal Pre-Kindergarten

And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!

We currently have preschool and infant space available as well!!

HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1st
- Live in the city of Boston

WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- All Vouchers Accepted for both classrooms.



RTH Early Education Center

82 Fenwood Rd. Boston MA. 02115

Contact:

Program Director – Brenda Powers bpowers@ymcaboston.org
617 851 8226

Youth Education & Community Education

The RTH Youth Educational Services and Workforce Development department helps RTH youth build critical skills, explore careers, and ensure they are on a path to education or employment with marketable skills for a more secure future. The department partners with educational institutions and community organizations to create opportunities for RTH youth.

Career Workshops for Middle and High School

Students

Date: Jul 10th – Aug 14th

Day of the week: Thursday

Time: 4:00pm – 5:00pm

Location: RTHCC Room 117

Age: Middle School (11-13),
High School (14-17)

Join SuccessLink teens for fun, hands-on workshops to get ready for the working world! Learn time management, career exploration, resume writing, interview tips & more. Open to all middle and high school students. Don't miss out—get prepared!

Health & Wellness

RTH is committed to fostering optimum physical and behavioral health to all the members of our community. To this end, we maintain educational and recreational facilities, qualified professional staff and a broad scope of programs in our Community Center, swimming pool, library and technology center. Below is an overview of these departments and links to the dedicated sections on our website for more detail and schedules. You should never be bored living at RTH!

SIGN UP FOR THESE FREE RESIDENT FITNESS SERVICES!

Fitness Assessment:

Ages: 14+

Strongly Recommended for all members.

The Fitness Orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

Did you miss your chance to have a fitness orientation when you first joined us?

Don't worry! Fitness assessments aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Equipment Orientation:

Ages: 14+

During this session our trained Fitness Floor Staff will guide you through the proper use, safety protocols, and adjustments of various machines, ensuring they are tailored to your individual needs and goals. This orientation aims to boost your confidence and effectiveness during workouts by helping you understand equipment setup, targeted muscle groups, and correct usage techniques.

Kung Fu Sword

Ages 14+

Date: Jul 28th – Aug 29th

Day of the week: Monday - Friday

Time: 9:00am – 10:00am

Location: RTHCC Main Studio

Language: English

Kung Fu Sword is a unique martial art exercise class that blends the movements of Taiji boxing and other martial arts and dances. The movements are strong and flexible, aggressive and defensive, full of elegance and beauty and the impressive power of martial arts.

Cardio Equipment 101

Date: Jul 27th – Aug 30th

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Language: English

New to the gym or unsure how to use the cardio machines? This resident offering, led by our trained fitness staff, will work with you one-on-one to teach you in-depth basics of treadmills, ellipticals, stationary bikes, and more!

The InBody Scale

When you step on a scale all you see is a number with no context. Go beyond the scale with the InBody Test, a non-invasive, quick, and accurate body composition analysis. The InBody will help you understand how your weight is broken down into muscle, fat, bone, and body water. Evaluate your results with Health and Wellness Director Zach and develop a plan to reach your health and fitness goals. Come in for an appointment today!

Healthy Moves

Date: Jul 28th – Aug 29th
Day of the week: Monday, Wednesday, Friday
Time: 10:00am – 11:00am
Location: RTHCC Foyer
Age: Seniors (55+)

This exercise program is great for our aging population, enabling this community to stay healthy and fit. The class works on improving strength, endurance, and flexibility. Included is a pre- and post-assessment.

Spin with Elaine

Date: Jul 29th – Aug 29th
Day of the week: Tuesday, Thursday, Friday
Time: Tue/Thu: 9:00am – 10:00am
Friday: 6:00pm – 7:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride with energizing music. It's an opportunity to get your heart pumping.

Muscle Works

Date: Jul 28th – Aug 28th
Day of the week: Monday, Thursday
Time: 8:00am – 9:00am (Mon)
6:00pm – 7:00pm (Mon, Thu)
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

Full Body Workout with Elaine

Date: Jul 29th – Aug 28th
Day of the week: Tuesday, Thursday
Time: 8:00am – 9:00am
Location: RTHCC Studio
Age: Adults (18-55)

This is a workout that aims to hit all the major muscle groups in one single class. Incorporating cardio movements, core strengthening and balancing exercises.

Yoga with Noreen

Date: Jul 29th – Aug 26th
Day of the week: Tuesday
Time: 11:00am – 12:00pm
Location: RTHCC Studio
Age: Adults (18-55)

Our yoga class welcomes all levels and will feature a variety of poses with modifications giving participants options to make each position more challenging or simpler. This class will focus on opening the body through controlled movements.

Tai Chi

Date: Jul 30th – Aug 27th
Day of the week: Wednesday
Time: 11:30am – 12:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Tai Chi is an art embracing the mind, body and spirit. Originating in China, tai chi is one of the most effective exercises. Although an art with great depth of knowledge, it can be easy to learn and soon delivers its health benefits.

Family Zumba

Date: Aug 2nd – Aug 30th
Day of the week: Saturday
Time: 12:00pm - 4:00pm
Location: Parks Community Building
Age: Youth (6-10), Middle School (11-13)

Family Zumba gives you and your family a chance to be active together. It's a full body, kid-friendly, workout. We will break down the steps, add games, activities and cultural exploration elements into this class structure.

Family Zumba with Param

Date: Jul 30th – Aug 27th
Day of the week: Wednesday
Time: 5:30pm - 6:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Family Zumba gives you a chance to be active together. It's a full-body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a dose of awesome each time you leave class.

Zumba Gold with Param

Date: Jul 30th – Aug 27th
Day of the week: Wednesday
Time: 6:30pm – 7:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Zumba Gold is a lower-intensity version of the Zumba class and was designed to meet the anatomical, physiological, and psychological needs of aging populations.

Tabata with Sandy

Date: Jul 29th – Aug 26th
Day of the week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

Zumba with Neri

Date: Jul 37th – Aug 28th
Day of the week: Thursday
Time: 7:00pm – 8:00pm
Location: RTHCC Studio
Age: Adults (18-55)

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

Foam Rolling with Sandy

Date: Jul 29th – Aug 26th
Day of the week: Tuesday
Time: 7:00pm – 8:00pm
Location: RTHCC Studio
Age: Adults (18-55)

This class incorporates a self-myofascial release technique using a foam roller that aids in alleviating muscle tension and soreness.

Walking Group

Date: Jul 29th – Aug 28th
Day of the week: Tuesday (Eng.), Thursday (Chi.)
Time: 3:00pm – 4:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English, Chinese

Everyone is welcome! Led in 2 languages. Attend one or both. Lace up your shoes and get ready to walk your way to better health, meet new friends, and have fun!

Program your Workout with a Personal Trainer

Date: Jul 27th – Aug 30th
Day of the week: Everyday
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Meet with one of our qualified personal trainers for a one-on-one consultation to help develop your workout program. Discuss your fitness goals and exercise history to gain a better footing on how to progress with your workout routine.

FIT CHECK 2025

Date: Jul 27th – Aug 30th
Day of the week: By Appointment
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Kick off 2025 with a powerful Fit Check! The start of the new year is the perfect moment to reflect on your health after 2024 and set a clear path forward. With summer just around the corner, now's the time to harness your New Year's resolution.

Teen Workout

Date: Jul 28th – Aug 25th
Day of the week: Monday
Time: 4:30pm – 6:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13),
High School (14-17)

Join us for an energizing and fun full body workout designed specifically for teens! This class combines strength training, cardio, and flexibility exercises to help build muscle, improve endurance and increase overall fitness.

Strength and Sculpt with Ali

Date: Jul 28th – Aug 29th
Day of the week: Monday, Wednesday, Friday
Time: 10:00am – 11:00am (Mon, Wed)
5:00pm – 6:00 pm (Fri)
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Build strength and tone your entire body in this structured 60-minute Push-Pull-Leg work out! Held on fitness floor, this class utilizes a variety of equipment.

Martial Arts for Everyone

Date: Jul 29th – Aug 26th
Day of the week: Tuesday
Time: 6:30pm – 7:30pm
Location: RTHCC Room 117
Age: Adults (18-55)

Self Defense is for Everyone! Come and join us to get in the best physical and mental shape of your life, all while learning the important life skills of self-defense. Learn basic techniques and foundational skills like stances, strikes, and kicks.

Stretch and Roll with Zach

Date: Aug 1st – Aug 29th
Day of the week: Friday
Time: 8:00am – 9:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)

In Stretch and Roll participants will work on myofascial release using foam rolling and dynamic stretch poses to gain flexibility and ease tensions in various muscle groups and joints across the body.

Chair Massage

Date: Jul 27th – Aug 30th
Day of the week: By Appointment
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Register at the Welcome Center Desk for the RTH-Fitness Departments monthly 10-minute chair massages! Appointment required.

Resident Services

We can assist with a wide range of services and facilitate connections to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

Mental Health Matters - Anxiety

Date: Jul 31st
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55), Seniors (55+)

In this first part of the series, we will learn about anxiety. What is anxiety? And how to cope with it. Signs, symptoms, treatments, referrals, and medications.

Mental Health Matters - Depression

Date: Aug 14th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55), Seniors (55+)

In this second part of the series, we will learn about depression. What is depression? And how to cope with it. Signs, symptoms, treatments, and medications.

Translation & Interpretation Services

Date: Jul 29th – Aug 26th
Day of the week: Tuesday
Time: 10:00am – 12:00pm
Location: Flynn Conference Room
Age: Family (All Ages)
Language: English

Translation services are available for all residents, Chinese, Russian, Spanish-speaking residents and all other languages as requested.

- You may have mail translated.
- Management and facilities notices interpreted.
- Other issues you may need to discuss with a member of the Resident Services Staff.

Catholic Charities Food Pantry

Date: Jul 30th – Aug 27th
Day of the week: Wednesday
Time: 10:00am
Location: Parks Community Building
Age: Family (All Ages)

Catholic Charities' Food Pantry in Dorchester is a source of free healthy and nutritious food for the community. Prepared bags with balanced food items will aid in meal preparation. To participate you must sign up one day prior with the Resident Services Department. Please bring your Identification. **A minimum of 5 residents must participate per day!**

Resident Service Coffee Hours

Date: Jul 24th – Levinson
Aug 14th – Flynn
Time: 3:00pm – 4:00pm
Age: Adults (18-55)

Please come and join us at our coffee hours at our different buildings. Meet our Resident Service Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

Senior Services

Seniors, we want to hear from you! What ideas do you have for day trips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Mystery Trip

Date: Aug 27th
Day of the week: Wednesday
Time: 9:30am – 3:00pm
Location: Outing
Age: Seniors (55+)
Cost: \$25

Don't miss out on this month's Mystery trip, an adventure is to be had. Enjoy the afternoon with friends.

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

Arts and Crafts Seniors

Date: Jul 30th – Aug 27th
Day of the week: Wednesday
Time: 11:30am – 1:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

Senior Taxi Coupons

Date: Aug 5th
Day of the week: First Tuesday of the month
Time: 12:00pm
Age: Seniors (60+)
Location: Flynn Kitchen, 1st floor
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

1st Tuesday of the month. Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of four books per month.

Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus

Date: Aug 1st
Day of the week: 1st Friday of the month
Time: 1:00pm – 3:00pm
Location: RTHCC Room 117

Russian Tea Room, Russian language focus

Date: Aug 20th
Day of the week: 2nd Wednesday of the month
Time: 5:00pm – 7:00pm
Location: Flynn Kitchen, 1st floor

Chit Chat Meeting, English language focus

Date: Aug 8th
Day of the week: 1st Friday of the month
Time: 11:00am – 1:00pm
Location: Flynn Kitchen, 1st floor

Spanish Chat Meeting, Spanish language focus

Date: Aug 15th
Day of the week: 3rd Friday of the month
Time: 12:00pm – 2:00pm
Where: Flynn Kitchen, 1st floor

Senior Center Drop-in

Date: Aug 1st – Aug 29th
Day of the week: Friday
Time: 11:00am – 2:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Drop by the Senior Center for a cup of coffee, conversation, play a game or make a card. Fridays from 11 - 2pm. See the Senior calendar for scheduled activities.

Senior Monthly Shopping Trips

Please call RTHCC at (617) 232-4306 ext. 200 to register for shopping trips.

Market Basket

Date: Aug 19th

Day of the week: 1st and 3rd Tuesday of the month

Time: 9:30am – 1:30pm

Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Date: Aug 28th

Day of the week: 2nd and 4th Thursday of the month

Time: 10:00am – 1:30pm

Meet at Levinson Lobby at 9:45am

Kam Man Supermarket Quincy, Ma

Date: Aug 21st

Day of the week: 1st and 3rd Thursday of the month

Time: 10:00am – 3:00pm

Meet at Levinson Lobby at 9:50am

Monthly Shopping trip to Mall

Date: Aug 26th

Day of the week: 2nd and 4th Tuesday of the month

Time: 9:30am – 1:30pm

Meet in Levinson Tower lobby at 9:20am

Monthly Shopping Trip Super 88 & 99

Date: Aug 8th

Day of the week: Friday

Time: 10:00am – 1:00pm

Meet in Levinson Tower lobby at 9:20am

Game Night

Date: Aug 28th

Day of the Week: Thursday

Time: 4:00pm – 5:30pm

Location: Flynn Kitchen

Age: Seniors (55+)

Join us for game night on Thursday at 4:00pm. Lots of fun and laughter. Snacks provided.

Senior Cooking Class

Date: Jul 27th – Aug 25th

Day of the Week: Monday

Time: 11:30am – 1:00pm

Location: Flynn Kitchen

Age: Seniors (55+)

New cooking class; Simple Dishes: Salads. Learn how to make easy salads

Bingo

Date: Jul 27th – Aug 28th

Day of the week: Monday, Thursday, Sunday

Time: 2:00pm – 5:00pm

Location: Flynn 7th Floor

Age: Seniors (55+)

Language: English, Spanish

Come early, buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.

Seniors Movie Night

Date: Aug 4th

Day of the week: Wednesday

Time: 4:00pm – 6:00pm

Location: Flynn Kitchen

Age: Seniors (55+)

Join us for movie night on the 1st and 3rd Wednesday of the month. Snacks provided. Movie suggestions are requested.

Christmas in July

Date: Jul 25th

Day of the week: Friday

Time: 12:00pm

Location: Levinson Plaza

Age: Seniors (55+)

Come celebrate Christmas in July with us! Be Merry and Joyful!

Find your happy group

Date: Jul 28th – Aug 26th

Day of the week: Tuesday

Time: 2:00pm – 2:45pm

Location: Flynn Kitchen

Age: Seniors (55+)

Book-club, weekly check-in, affirmations. Must know English.

Armchair Traveler

Date: Jul 28th – Aug 11th

Day of the week: Tuesday

Time: 3:00pm – 4:00pm

Location: Flynn Kitchen

Age: Seniors (55+)

Travel the world without leaving your seat. No passport required.

Family Programs

Families that play together..... Recreation plays an important role in the lives of many families. Research has demonstrated that family recreation and leisure are associated with several positive outcomes in families – increased satisfaction, stability, improved communication and overall family functioning. RTH's family programs are designed to bring your family together!

Healthy Kids Saturday

Date: Jul 12th, Jul 26th, Aug 30th
Day of the week: Saturday
Time: 3:00pm – 5:00pm
Location: RTHCC Teen Center
Ages: Family (All Ages)

RTH wants to improve the health and well-being of kids and families. Students will make fun healthy snacks and learn about healthy eating choices and take walks around the RTH community.

Movie Night

Date: Jul 11th – Aug 29th
Day of the week: Friday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Ages: Family (All Ages)

Come relax and enjoy some popcorn, and a thrilling movie adventure. Sall are encouraged to bring with them a soft pillow, stuff animals and more! This is a great way to come out and spend time with friends.

Child Watch

Date: Jul 6th – Aug 30th
Day of the week: Tuesday, Wednesday, Thursday
Time: 5:45pm – 8:00pm
Location: RTHCC Teen Center
Ages: Family (All Ages)

Need someone to look after your children while you work out? Look no further. RTHCC is here to welcome your children to our child watch program while you work out.

For The Love of Nature

Date: Jul 12th – Aug 30th
Day of the week: Saturday
Time: 11:00am – 12:00pm
Location: RTHCC Teen Center
Ages: Family (All Ages)

Centered on outdoor recreation challenges for the children to find and explore with some clues around the park grounds.

Paint Craft

Date: Jul 12th – Aug 30th
Day of the week: Saturday
Time: 4:00pm – 5:30pm
Location: Parks Community Building
Ages: Youth (6-10), Middle School (11-13)

Come and paint and create on a canvas. This is a great and fun family activity for adults and children.

Museum of Science

Date: Aug 2nd
Day of the week: Saturday
Time: 11:00am – 2:30pm
Location: Outing
Ages: Youth (6-10), Middle School (11-13), High School (14-17)

One of the world's largest science centers and New England's most attended cultural institution the Museum of Science, Boston introduces 1.5 million visitors a year to science, technology, engineering, and math via dynamic programs.

Altitude Trampoline

Date Jul 26th

Day of the Week: Saturday

Time: 11:00am – 2:00pm

Location: Outing

Age: Youth (6-10), Middle School (11-13)

Altitude Park is an indoor trampoline park with locations in Massachusetts and other states. This park offers a variety of activities, dodgeball, foam pits and climbing.

Ladies First

Date: Jul 8th – Aug 26th

Day of the Week: Tuesday

Time: 6:00pm – 8:00pm

Location: RTHCC Room 117

Age: Adults (18-55), Seniors (55+)

Ladies First is a bi-weekly program designed for women of the RTH community with one monthly weekend trip as well! We will create powerful and enriching experiences, provide bonding opportunities, and promote unity.

Urban Air

Date: Aug 9th

Day of the week: Saturday

Time: 11:00am – 2:00pm

Location: Outing

Age: Youth (6-10), Middle School (11-13),
High School (14-17)

Urban Air trampoline and adventure parks generally receive positive reviews for being a fun and engaging place for families, especially children, to spend time and release energy.



FREE Kids Summer Camp



Camp Wonderland @ Sharon

Teen Camp **7/21 – 7/26** (ages 13-16)

Community Camp #3 **7/31 – 8/5** (ages 6-12)

Community Camp #4 **8/7 – 8/12** (ages 6-12)

All documents are completed online on the camp's website. www.campwonderland.org
Parents/guardians must create a profile for each child and upload all documents into the account no later than 1 week before the start of the session.

for more info or help applying
rhaecker@roxburytenants.org





Lake Winnipesaukee, New Hampshire

North Woods Family Camp

AUGUST 18TH-24TH

Available for just one special week each summer, Family Camp is your chance to unplug, unwind, and connect—with loved ones, new friends, and nature. Our rustic, electricity-free cabins are tucked under tall pines along the peaceful shoreline of Lake Winnipesaukee. Families of all backgrounds are welcomed into a safe, supportive, and fun environment where you can relax, play, and grow together. This one-of-a-kind program encourages:

- Family involvement
- Respect for individual differences
- Skill-building through hands-on activities
- An appreciation for the natural world

RATES

- Reduced Resident Rate: **\$100/Adult, \$50/Child**
- Reduced Friend of RTH (Non-Resident): \$300/person
- Non-Reduced Rate: \$1,000/person

DON'T MISS OUT ON

- ROPE COURSE
- ARCHERY
- COOKOUTS
- ARTS AND CRAFTS
- WATERSKIING
- HORSEBACK RIDING
- CANOEING
- KIDS CLUBS



TRANSPORTATION

- A bus will be provided to and from RTH.
- Families may also choose to provide their own transportation.

**DEADLINE TO
REGISTER:
JULY 1, 2025**

TO REGISTER EMAIL:

Curtis Williams (cwilliams@roxburytenants.org) or
Roxanne Haecker (rhaecker@roxburytenants.org)

North Woods
YMCA Overnight Camps
P.O. Box 10
Mirror Lake, NH 03853
603.569.2725
campingservices@ymcaboston.org
<https://ymcaboston.org/camps/>



YMCA Summer Camp Scholarships 2025

Lake Winnipesaukee, New Hampshire

RTH has a select number of camp scholarships available for the YMCA **North Wood Camp for boys** or the **Pleasant Valley Camp for girls**. Kids spend two weeks at beautiful Lake Winnipesaukee in New Hampshire. Both camps are accredited by the American Camp Association.

WHO: RTH youth 8 to 15 years old
WHAT: YMCA North Woods Camp for boys
YMCA Pleasant Valley Camp for girls
WHEN: Session I June 22 - July 5, 2025
Session II July 6 - July 19, 2025
Session IV August 3-16, 2025
WHERE: Lake Winnipesaukee in Tuftonboro, NH
COST: \$100 per child. (scholarship value \$2,300!)

LIT & CIT Leadership Development slots for 15 & 16 yr olds available!
Summer camp scholarship applications are available at RTHCC Welcome Desk or by contacting Curtis cwilliams@roxburytenants.org or Roxanne rhaecker@roxburytenants.org



HAVE FUN!

The YMCA Summer Camps teach self-reliance, leadership skills and a love for nature and outdoors.

Camps offer a range of activities for campers aged 8 - 15 including:

- Swimming
- Archery
- Rope Courses
- Arts and Crafts
- Horseback Riding
- Field Trips
- Games
- Photography
- Hiking
- Tennis
- Soccer
- Basketball
- Baseball
- Volleyball
- Field Hockey
- Ceramics
- Drama

Teen Center

The Teen Center is a vibrant space where RTH teens can connect, engage in a variety of programs, and enhance their knowledge, talents, and skills. In addition to enriching activities, the center offers exciting trips that give teens the opportunity to explore the city, have fun, and create lasting memories!

Teen Center Drop-in Hours

Monday	4:00pm - 8:00pm
Thursday	4:00pm - 8:00pm
Friday	5:00pm - 9:00pm
Saturday	4:00pm - 9:00pm

Middle School Student grade 6 – 8

Highschool Student grade 9-12

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you!

Middle School will be welcomed in the teen center. Check the board for new activities and schedule.

Teen Workout

Date: Jul 7th – Aug 25th

Day of the Week: Monday

Time: 4:30pm - 6:00pm

Location: RTHCC Teen Center, Fitness Center

Age: Middle School (11-13), High School (14-17)

Join us for an energizing and fun full body workout designed specifically for teens! This class combines strength training, cardio, and flexibility exercises to help build muscle, improve endurance and increase overall fitness.

Game Night

Date: Jul 10th – Aug 28th

Day of the Week: Thursday

Time: 5:00pm - 7:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Chess, Uno, and others socialize with your peers playing the age-old card game UNO. Working as a team or individual, compete each week for prizes!

Karaoke Night

Date: Jul 11th – Aug 29th

Day of the Week: Friday

Time: 6:00pm – 7:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Grab the mic and show off your vocal skills at our fun-filled Teen Karaoke Night! Whether you're a pop star in the making or just here to sing your heart out with friends, it's your time to shine.

Movie Night

Date: Jul 12th – Aug 30th

Day of the Week: Saturday

Time: 6:00pm – 8:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Join us for fun-filled nights of cinema, snacks, and socializing with your friends. Whether you're a film enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a great movie in a lively atmosphere.

Sports & Enrichment Programs

The department focus is to teach, develop, organize, manage, and offer RTH residents the opportunity to learn fundamentals sports skills, while instilling life lessons and values of teamwork, disciplines, respect, sportsmanship, child development. We believe in the power of inclusivity, ensuring that every child has the opportunity to play. No matter what their skill level, we'll provide a supportive environment that encourages growth and celebrates each child's unique talent.

Youth & Middle School Basketball - Skills and Drills

Date: July 21st - Aug 27th
Day of the week: Monday, Wednesday
Time: 6:30pm – 8:00pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

Youth & Middle School Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Players of all levels are invited to come and develop the fundamentals of basketball.

Girls Only Youth and Middle School Basketball - Skills and Drills

Date: July 21st - Aug 27th
Day of the week: Monday, Wednesday
Time: 5:15pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

Girls only Youth & Middle School Basketball program will provide an opportunity to learn more and fall further in love with sport. We welcome girls aged 7-13 to experience a fun learning experience.

Soccer Skills and Drills

Date: July 22nd - Aug 28th
Day of the week: Tuesdays, Thursday
Time: 5:00pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

This introductory class meets two times a week. We will establish the fundamental rules and skills of soccer. In this group we will include both drill work and pickup games to better learn and gain understanding of the sport.

Adult Basketball

Date: July 22nd – Aug 28th
Day of the week: Tuesday, Thursday
Time: 6:30pm-8:00pm
Location: RTHCC Gymnasium
Age: Adults (18-55)

Come enjoy our open and safe program for adults of all skill levels. An opportunity to connect with fellow basketball enthusiasts. Whether you're polishing skills or starting fresh, experience the perfect mix of competition and camaraderie.

Open Gym

Date: July 21st - Aug. 30th
Day of the week: Monday - Sunday
Time: Check RTHCC Schedule
Location: RTHCC Gymnasium
Age: Family (All Ages)

Come enjoy an open safe space to run, play and enjoy free play of your choice with neighbors or yourself. Courts may be divided to allow a variety of shared activities. Jump rope, throw balls, walk, jog, run, play a game of pickup basketball.

Trained RTH gym staff will be present to lead Gym Games for Kids & Teens. These various activities are designed to promote physical fitness, teamwork, and fun! This program welcomes children and teens of all skill levels to participate in a variety of engaging in age-appropriate gym activities. The gym will be divided to provide a space for each age group.

Table Tennis

Date: July 20th - Aug. 30th
Day of the week: Monday - Sunday
Time: Check RTHCC operation hours
Location: RTHCC Gymnasium
Age: Family (All Ages)

Table Tennis, otherwise known as Ping-Pong, is a multiskilled sport in which players must beat their opponents using various tactics. This sport involves fast thinking, gives way to increase eye-hand coordination, agility and response time.

RTH Youth & Middle School Basketball League - practice

Date: July 25th - Aug 29th
Day of the week: Friday
Time: 5:15pm – 7:00pm
Location: RTHCC Gymnasium
Ages: Youth (6-10), Middle School (11-13)

Practice for the RTH Youth and Middle School Basketball teams. We will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship with an eye toward league play this fall.

High School Pick-Up Basketball

Date: July 25th - Aug 30th
Day of the week: Friday, Saturday
Time: 7:00pm – 9:00pm
Location: RTHCC Gymnasium
Ages: Middle School (11-13), High School (14-17)

High School Pick-Up Basketball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends, enhance their skills on the court.

Bike Rodeo

Date: Aug 9th
Day of the week: Saturday
Time: 1:00pm – 3:00pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)

Youth (ages 4-10) will learn the ABC's of safe cycling, traffic signs & hand signals, and practice riding skills on our course. Prizes include helmets, bike locks, bike accessories, and bikes!

Adult & Pediatric First Aid/CPR/AED Certification

Date: Aug 10th
Day of the week: Sunday
Time: 11:00am – 3:00pm
Location: RTHCC Room 117
Age: Middle School (11-13),
High School (14-17), Adults (18-55)
Cost: RTH Residents: \$17.00/ Non-Residents: \$33.00

The Adult & Pediatric First Aid/CPR/AED certification equips individuals with the knowledge and skills to recognize and respond to various emergencies involving adults, children, and infants. This includes: burns, cuts, scrapes, sudden illnesses, head/neck/back injuries, heat & cold emergencies, and how to respond to breathing and cardiac emergencies. This certification covers both first aid and cardiopulmonary resuscitation (CPR) techniques, as well as the use of automated external defibrillators (AEDs). The certification is valid for two years.

RTH is Hiring!

Join our experienced, professional, and committed team!

Available Positions include:

Elder Program Manager – Social Worker – Residential Service Coordinator – Bilingual Spanish – Director of Teen Programs – Gym Monitor – Lifeguards – Seasonal – Staff Accountant

RTH is an EEO employer. For more information and a full list of job opportunities, please visit:

<https://roxburytenants.isolvedhire.com/jobs/>

RTH Directory

Executive Office - Neville House
11 New Whitney Street, 1st Floor

Karen T. Gately, Executive Director
KGately@roxburytenants.org 617-232-4306 ext. 104

Donna Desmond, Chief Financial Officer
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Jenni Shaw, Human Resources Director
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Irving Burday, Chief Information Officer
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Latoya Cromartie, HR Administrator
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Lori Taylor, Executive Assistant/Project Manager
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Patricia Haran, Controller
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Jun Jie Xu, Senior IT Specialist
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Tanya Garnett, Office Coordinator
TGarnett@roxburytenants.org 617-232-4306 ext. 100

RTH Community Center
20A Vining Street (Welcome Desk ext. 200)

Stephen Fulton, Senior Program Director
SFulton@roxburytenants.org 617-232-4306 ext. 201

Curtis Williams, Welcome Desk Administrator
CWilliams@roxburytenants.org 617-232-4306 ext. 202

Zachary McCulloch, Health & Wellness Director
ZMcCulloch@roxburytenants.org 617-232-4306 ext. 203

Education & Resource Center at the Betty Powers Library
25 Mission Park Drive (ERC) (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development
RHaecker@roxburytenants.org (617) 232-4306 ext. 603

Xing Zhou, Program Coordinator
XZhou@roxburytenants.org (617) 232-4306 ext. 601

Jennifer Lewis, Youth Educational Services & Workforce Development Specialist
JLewis@roxburytenants.org (617) 232-4306 ext. 600

Senior Services, Flynn House
805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services
LAdams@roxburytenants.org / 617-232-4306 ext. 700

Resident Services Parks Community Building
2 New Whitney Street 2nd Floor

Scott Amaral, Director of Resident Services
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Liz Verasamy, Office Coordinator
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RTH After School Program Recreation Exploration Center
835 Huntington Avenue

Yolking Hallie, Youth & Family Director
YHallie@roxburytenants.org (617) 232-4306 ext. 401