

SPRING EDITION

2025

What's Up



A Roxbury Tenants of Harvard Association
publication of Community Events, Services,
Family trips, and Upcoming Happenings
taking place in your Community!



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RTH EXECUTIVE OFFICES

11 New Whitney Street
617-232-4306 ext. 100
Hours of Operation: **By Appointment**
Mon - Fri 9:00am - 5:00pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue
617-566-0707
Hours of Operation:
Mon - Fri 9:00am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue
617-232-5910
Hours of Operation:
Mon - Fri 9:00am - 5:00pm

RESIDENT SERVICES

Parks Community Building
2 New Whitney Street 2nd Floor
617-232-4306 ext. 305
Hours of Operation: **By Appointment**
Mon - Fri 8:30am - 7:00pm

RTH COMMUNITY CENTER

20A Vining Street
617-232-4306 ext. 200
Hours of Operation:
Sun 10:00am - 3:00pm
Mon - Thu 7:00am - 8:00pm
Fri 7:00am - 9:00pm
Sat 10:00am - 9:00pm

SENIOR SERVICES

805 Huntington Avenue
617-232-4306 ext. 700
Hours of Operation: **By Appointment**
Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive
617-232-4306 ext. 601
Hours of Operation:
Mon - Fri 9:00am - 6:00pm
Sat 9:00am - 12:00pm
1:00pm – 6:00pm

SECURITY OFFICE

835 Huntington Avenue
617-731-6972
Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

617-232-0436
Please don't hesitate to call if you have any concerns about health, safety, and security.

RTHCC RENOVATION

RTH Community Center Entry repairs are ongoing through June 2025, requiring the closure of the main entrance on New Whitney Street. Please use the Vining Street entrance to enter the building; elevator access is available. Thank you for your patience while we complete this necessary work.

Dear Residents –

Spring is finally here! Time to cast off our winter coats and our winter doldrums, turn our faces to the sun and find activities and opportunities for our own renewal.

If your New Year's resolutions were no match for a bitter winter, it's not too late. The RTH Fitness Center has new PRECORE cardio equipment. Stop by and check it out and be sure to sign up for 'Cardio Equipment 101' for by-appointment personal orientation to the new equipment. Be sure to check out the new group exercise classes, including some small-group trainings on the fitness floor. Family Zumba is a fun way for the whole family to enjoy an upbeat, full-body, kid-friendly workout.

Spring events include a Mother's Day Celebration to honor the mothers in our community, and the Peace and Reconciliation event calls us to gather for an opportunity for self-care and healing.

Please save the date on June 8th for the 2025 Annual Meeting and Board Election. This year we will again be accepting nominations in advance and hope interested candidates will take the opportunity. Watch the mail for your nomination packet.

Spring renewal also sometimes means construction! Please bear with us while the RTH Community Center entry plaza is repaired and waterproofed. We are making every effort to minimize disruption during this necessary work, and some programs may be relocated.

Don't forget that Summer is right around the corner! The Mary T. Clifford Pool will be open before you know it, register for 'Learn to be a Certified Lifeguard' if you are interested, and Swim Lessons at the Huntington YMCA are registering now.

Stop by the Spring Open House on April 24th from 5:00-7:00pm at RTHCC Room 117 to ask questions and register for classes. While the seasons may change, our mission stays the same, to give all of our residents the opportunity to live their best RTH Life!

Karen

Karen T. Gately
Executive Director



Spring Session Dates (6 Week Session)

Day	Start Session	End Date
Sunday	4-20-2025	6-8-2025
Monday	4-21-2025	6-9-2025
Tuesday	4-22-2025	6-10-2025
Wednesday	4-23-2025	6-11-2025
Thursday	4-24-2025	6-12-2025
Friday	4-25-2025	6-13-2025
Saturday	4-26-2025	6-14-2025

Spring Session Holiday Schedule

Easter Sunday	April 20 th	Sunday	RTH offices and programs closed
Patriot's Day	April 21 st	Monday	Floating Holiday - RTHCC open 11am-7pm
Memorial Day	May 26 th	Monday	RTH offices and programs closed
Juneteenth	June 19 th	Thursday	RTH offices and programs closed

Events and Meetings Schedule

RTHCC Open House	April 24 th 5pm – 7pm	Thursday	RTHCC Room 117
Mother's Day Celebration	May 10 th 6pm – 8pm	Saturday	RTHCC Gymnasium
Health & Safety	May 21 st 6pm – 8pm	Wednesday	Parks Community Building
Peace & Reconciliation	May 21 st 6pm – 8pm	Wednesday	RTHCC Gymnasium
Annual Meeting	June 8 th 1pm – 5pm	Sunday	RTHCC Gymnasium
Music on the Plaza	June 11 th 6pm – 10pm	Wednesday	Levinson Plaza
Father's Day Celebration	June 14 th 1pm – 5pm	Sunday	RTHCC Gymnasium
Health & Safety	June 18 th 6pm – 8pm	Wednesday	Parks Community Building

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Join the Fun!

New RTH Website – www.Roxburytenants.org

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Go to www.RoxburyTenants.org and look for programs that interests you
 - Email (welcomedeskstaff@roxburytenants.org)
 - Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
 - Friday 7:00am – 9:00pm
 - Saturday 10:00am – 9:00pm
 - Sunday 10:00am - 3:00pm

Option 3: Register By Phone

Please call the Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 8:00pm
 - Sunday 11:00am - 2:00pm

RTHCC Welcome Center

Programs are designed for RTH Residents of all ages and abilities.

Please note the following:

- **Preschool** programs designed for children ages 0 – 5 not yet in 1st grade.
- **Youth** programs are designed for children in grades 1 – 5.
- **Middle school** programs are designed for youth in grades 6 – 8.
- **High school** programs are designed for teens in grades 9 – 12.
- **Family** programs are designed for children of all ages when accompanied by their parent or guardian.
- **Adult** programs are designed for adults 19 (and out of high school) to 55.
- **Senior** programs are designed for adults 55+.

If you have any questions regarding registration, please contact RTHCC Welcome Desk. (617)232-4306 x200.

Anti-Harassment:

We strive to provide an environment for our members, program participants and employees free from all forms of harassment.

Your membership and participation reflect our commitment to our mission and values.

Anti-Violence Policy:

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Comment Cards:

We welcome comments and suggestions about our programs and facilities.

Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Food/Drinks:

Allowed in designated areas only.

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Information Changes:

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Membership:

All RTH residents are welcome to join the RTHCC. Please stop by the Welcome Desk for information and application.

RTHCC Class Pass:

\$25 per pass with 10 classes. Have a non-resident who wants to participate in group-ex or other drop-in class? Access to all group exercise or drop-in classes with this pass.

Valuables:

We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

How is RTH making an impact?

What has RTH done to make an impact in the community? Do you have an amazing story, highlight or picture to share? Submit your story for a chance to be highlighted in our next edition of the Telstar newsletter. You can email your story to Roxanne at Rhaecker@roxburytenants.org.



Announcements/Community

Trinity Management Quick Recertification Tips

Old Neighborhood and Mosaic

avelez@trinitymanagementcompany.com

Office Phone: 617-232-5910



Mission Park

missionpark.com/contactus

Office Phone: 617-566-0707



- All Annual Recertification interviews are conducted by appointment only. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible for providing the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

Please note the garden will remain locked if weather conditions create a safety hazard.

Fresh Truck Mobile Market

Day of the week: Wednesday

Time: 2:30pm – 5:00pm

Location: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most.

Fresh truck is now a hybrid market; with online ordering and in person shopping available.

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy.

Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:00pm. Lottery tickets will be available at 2:10 p.m. You must be physically present. (You cannot get a ticket for another person) To receive a lottery ticket, you must be in the Parks Community room by 2:00pm. If you arrive after 2:10pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents arrive. The drawing will take place at 2:10 p.m.

Do you know?

With the Healthy Incentives Program (HIP) you can spend your SNAP\$\$ on the Fresh Truck

And get the amount of your purchase instantly added back to your EBT card.

HIP matches SNAP benefits dollar-for-dollar at participating venues.

By using HIP, SNAP recipients can earn back up to: \$20 monthly

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interests would you like to share?

We hope you will become engaged and learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, and experiences that will help the committees with their work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information, call RTH Executive office at (617)232-4306 x100 or email executiveoffice@roxburytenants.org. Please leave your name, contact information and the committee, program, event, or area you would like to volunteer for.

Walk and Talk with Executive Director

Date: April 28th, May 19th
Day of the week: Monday
Time: April 28th: 4:00pm – 5:00pm
May 19th: 11:00am – 12:00pm
Location: RTHCC
Age: Family (All Ages)

Join Executive Director Karen Gately for a walk around the neighborhood! Learn more about RTH history, ask about upcoming projects, or simply take the opportunity to up your step-count. Event is rain or shine – please dress for the weather and meet us in the RTH Community Center Lobby.

Resident Room Rental

The Flynn Kitchen will be available for RTH residents to use for private events on Saturdays from 4:00pm – 10:00pm. There is an equipment rental fee of \$100 and a \$100 refundable cleaning/damage deposit. For reservations and information, please contact the RTHCC Welcome Desk at (617)232-4306 ext.200.

Mother's Day Celebration

Date: May 10th
Day of the week: Saturday
Time: 4:00pm – 7:00pm
Location: RTHCC Gymnasium
Age: Adults (18-55), Seniors (55+)

Please join us for our annual Mother's Day celebration. There will be a raffle of gift baskets. Please get your ticket from resident services or contact Liz Verasamy (617-232-4306 extension 305)



Peace & Reconciliation

Date: May 21st
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: RTHCC Gymnasium
Age: Adults (18-55), Seniors (55+)

In light of so many difficult things going on in the world this year, including the War in Ukraine and Russia. We invite everyone to come together for self-care and healing. Refreshments will be served. Please get your tickets from Resident Services.





SAVE THE DATE

RTH ANNUAL MEETING

SUNDAY, JUNE 8TH

**2:00PM – REGISTRATION TABLES
OPEN AT 1:00PM**

Please join us to vote for the 2025-2026 Board of Directors and get updates about what is happening in the RTH Community. Nominations will once again be accepted in advance this year, watch for Nomination Packet mailing!

If you have any questions reach out to Lori Taylor at ltaylor@roxburytenants.org or 617-232-4306 x107.

We look forward to seeing you on June 8th!



Community Education & Job Training

The Community Education & Workforce Development Department helps RTH residents access education, job training, and employment to achieve economic self-sufficiency. We collaborate with Resident Services and institutional partners to overcome barriers and provide career opportunities.

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level). Applications are accepted year-round; interviews are conducted quarterly.

Applications are available at the RTH Education and Resource Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.



Wentworth Scholarship Opportunity for Mission Hill and Fenway Residents

RTH residents have the opportunity to attend Wentworth Institute of Technology tuition-free. For more information contact Johanna Sena at SenaJ@wit.edu or 617-930-3664.



SERV Safe Food Handlers Certification Classes

Date: Apr 20th – Jun 14th
Day of the week: By Appointment
Time: By Appointment
Location: Online
Age: High School (14-17), Adults (18-55), Seniors (55+)
Language: English, Spanish, Chinese

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member. SERV Safe courses are offered online only.

Sewing with Julia Sewing Workshop

Date: Apr 25th – Jun 13th
Day of the week: Friday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55), Seniors (55+)
Cost: \$50 Mission Hill, \$150 Non-Residents
Capacity: 10

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Anatomy of a Chicken

Date: May 28th
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Capacity: 20

A professional chef demonstrates how to cut up a whole chicken to make budget-friendly and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their own dish.

Air Fryer Meals You Want to Eat!

Date: Jun 4th
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Capacity: 15

You can make tasty & nutritious dishes like "fried" chicken nuggets and fish & chips in an air fryer! Join us to learn how and have a chance to win an air fryer!

NEW! Gardening Club

Date: Apr 20th – Jun 8th
Day of the week: Sunday
Time: 1:00pm – 2:00pm
Location: Kempton Park
Age: Adults (18-55), Seniors (55+)

Learn to amend your soil, sprout seeds, re-pot your plants, and more with fellow gardeners Sundays at the Kempton Street Park

Afro Textured Hair Care with Sirena's Secret

Date: Apr 30th
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Capacity: 20

Learn to care for Afro-textured hair by focusing on moisturizing, strengthening, and managing its unique traits with hydrating products, avoiding heat damage, and treating gently. Plus, you'll take home a bottle of Sirena's Secret hair oil to try.

Stress & Aromatherapy Workshop by Sirena's Secret

Date: Apr 22nd
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55)

Under the guidance of aromatherapist Rena DeLaCruz, you'll craft a custom essential oil blend tailored to your specific needs and the therapeutic properties of the oils. You'll also receive an 8oz vial of your unique blend to take home.

Credit Scores Matter

Date: Jun 3rd
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: ERC
Age: High School (14-17), Adults (18-55), Seniors (55+)

A good credit score unlocks better financial opportunities, including lower interest rates, higher credit limits, and better terms for renting or purchasing a home. Additionally, some employers may check credit scores as part of the hiring process.

Bicycle Basics

Date: Apr 25th – Jun 6th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)
Cost: \$15 for Non-Residents

Youth (ages 4-10) will learn to Ride a two-wheeled bike. This class will focus on promoting bike safety and learning how to ride a bike. A MassBike trained instructor will help you learn to ride a bike. Bring your bike or use one of ours. Helmets required.

Marine Mammal Safari

Date: Apr 26th
Day of the week: Saturday
Time: 10:00am – 1:00pm
Location: Outing
Age: Family (All Ages)

Hop aboard a Mass Bay Lines ferry with Save the Harbor guides as they share songs and stories of Boston Harbor and the sea. Enjoy a scenic tour while keeping an eye out for seals and porpoises in the harbor.

Crochet Cafe

Date: Apr 24th – Jun 12th
Day of the week: Thursday
Time: 3:00pm – 4:00pm
Location: ERC
Age: High School (14-17), Adults (18-55), Seniors (55+)
Language: Chinese, English

Join facilitators Li Fang Zhang and Joe Melanson for a relaxing afternoon as we teach each other crochet. Free supplies are provided but are limited so you must be registered.

English Conversation Group

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 1:00pm – 2:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)

Join this welcoming group for tea, conversation, and a great opportunity to practice and improve your English-speaking skills.

Bike Rodeo

Date: Jun 13th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)

Youth (ages 4-10) will learn the ABC's of safe cycling, traffic signs & hand signals, and practice riding skills on our course. Prizes include helmets, bike locks, bike accessories, and bikes!

Bike Repair with Bikes Not Bombs

Date: May 16th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)
Cost: \$15 for Non-Residents

Bikes Not Bombs team of trained mechanics, Chain Reaction, teach you to fix a flat, reattach or tighten your chain, and make other basic bike repairs.



Education & Resource Center (ERC) at the Betty Powers Library

Offering faxing, copying & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 6:00 pm

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Saturday is Smartphone Day!

Date: Apr 26th – Jun 14th

Day of the week: Saturday

Time: 1:30pm – 2:30pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: Chinese, English

Capacity: 10

This program is designed for seniors or people who are new to Apple/Android smartphones. Students will be introduced to concepts and technologies behind smartphones and learn to use the basic functions and apps. At the end of each class.

NEW Marble Runs are Amazing ! STEM for Young Engineers

Date: Jun 7th

Day of the week: Saturday

Time: 2:00pm – 4:00pm

Location: Levinson Multi-Purpose Room

Age: Youth (6-10)

Language: English

Capacity: 12

Marble runs allow children to construct, manipulate, engineer, explore, and experiment while introducing a beginning understanding of physical principles. Come build a marble run, have fun, and enhance your creativity and problem-solving skills!

Did you know?

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Intro to Computers in Chinese

Date: Apr 23rd – Jun 11th
Day of the Week: Wednesday
Time: 11:30am – 12:30pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: Chinese
Capacity: 10

Learn how to use and become familiar with using the mouse and keyboard with hands-on practice.

Computer Basics in Chinese

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 4:00pm – 5:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: Chinese
Capacity: 10

Become familiar with the different parts of the computer and how they work together, how to set up an email account, send and receive email.

Saturday Translation

Date: Apr 26th – Jun 14th
Day of the Week: Saturday
Time: 11:00am – 12:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: Chinese, English

Bring your letters and documents to get translated!

Minecraft EDU

Date: Apr 26th – Jun 14th
Day of the week: Friday, Saturday
Time: 4:30pm – 5:30pm (Friday)
3:30pm – 4:30pm (Saturday)
Location: ERC
Age: Child (0-5), Youth (6-10),
Middle School (11-13)
Language: English
Capacity: 12

Minecraft Educators Edition is a game-based learning platform that promotes creativity, collaboration, and problem-solving. This semester we are working through multiple levels of the Minecraft EDU Foundations of AI curriculum!



Free Resources

Enjoy These Free Fun Activities in Boston! Boston is full of adventure, grab your friends, and explore Boston without spending a dime. Check out our list and get ready to make some lasting memories.

USS Constitution Museum Charlestown Navy Yard Boston, MA 02129

Price: FREE, Admission by Donation

Recurrence:

Recurring weekly on Sunday, Wednesday, Thursday,
Friday, Saturday

Old Ironsides is one of the most famous ships in the history of the United States. Learn about the legacy of the USS Constitution ship, the world's oldest commissioned warship, at the USS Constitution Museum.

The museum of this historic vessel is open to the public for free throughout the week. While they don't require admission, they do request donations and any amount is greatly appreciated.

USS Constitution (the ship) is owned by the United States Navy and operated separately from the Museum.

Hours: 10 am - 4 pm

Heads Up young engineers and others interested in “The Way Things Work”!

Waterworks Museum, 2450 Beacon Street Chestnut Hill,
MA 02467

Price: Free Recurrence: Recurring daily

The Waterworks Museum interprets unique stories of the country's first metropolitan water system through exhibitions and educational programs on engineering, architecture, social history, and public health. Located along the Chestnut Hill reservoir, the Waterworks Museum showcases three massive Steam engines and their pumps preserved in their original glory - one of the best publicly-accessible collections of this machinery in existence.

The museum is open Wednesday from 11am-9pm, and Thursday - Sunday, 11am-4pm (closed Monday and Tuesday). Donations encouraged.

*Free tours are available 5 times per day

Coit Observatory

685 Commonwealth Ave Boston, MA 02215

Price: Free Time: 7:30 PM

Recurrence: Recurring weekly on Wednesday

This astronomical observatory owned and operated by Boston University. It's located on the roof of the College of Arts & Sciences and offers free public hours on Wednesday nights.

- Although it won't cost you a dime, you do need to obtain tickets ahead of time because there is limited space available.

- Tickets sell out well ahead of time, so it is recommended that you sign up for admission as soon as they become available on Thursday morning at 11 am.

Availability: Wednesday night

Hours: 7:30 pm (Winter) | 8:30 pm (Summer)

Nadia Washington Quartet Arlington Street Church, 351 Boylston Street Boston, MA 02116 (617) 482-6661

Price: Free Time: 3:00 PM to 5:00 PM

Powerhouse vocalist, songwriter, and guitarist Nadia Washington makes her Celebrity Series debut as a headliner with her Quartet after performing in Jazz Along The Charles and Code Listen in the past. Share an afternoon of heartfelt original music that effortlessly traverses jazz, gospel, folk, world, and rock & roll. Nadia's captivating music and storytelling reconnect audiences to hope and healing for an unforgettable artistic experience. Co-sponsored by Ágora Cultural Architects.

Latino Family Festival at Fenway Park

4 Jersey Street Boston, MA 02215

Price: free Time: 11:00 AM

¡El día familiar más grande de Nueva Inglaterra se llevará a cabo en el histórico Fenway Park!

Más de 65 expositores, juegos interactivos para niños, exámenes de salud gratuitos, premios y mucho más. ¡No te lo pierdas!



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PRESCHOOL LEARNING EXPERIENCES

Boston Universal Pre-Kindergarten And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, social-emotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!

We currently have preschool and infant space available as well!

HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1st
- Live in the city of Boston

WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- **All Vouchers Accepted for both classrooms.**



RTH Early Education Center

82 Fenwood Rd. Boston MA. 02115

Contact:

Program Director – Brenda Powers bpowers@ymcaboston.org
617 851 8226

Youth Education & Community Education

The RTH Youth Educational Services and Workforce Development department helps RTH youth build critical skills, explore careers, and ensure they are on a path to education or employment with marketable skills for a more secure future. The department partners with educational institutions and community organizations to create opportunities for RTH youth.

Health & Wellness Peers

Date: Apr 22nd - May 29th
Day of the week: Tuesday, Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13),
High School (14-17)

Join the Health and Wellness Peers to earn community service hours this spring! Learn and practice research and advocacy skills. Contact Jen to apply.

Apply for Summer Jobs

Date: Apr 20th – Jun 2nd
Day of the week: By Appointment
Time: By Appointment
Location: Online
Age: Middle School (11-13),
High School (14-17)

Apply for teen summer jobs through the FutureBOS! Jobs are available in many different careers and organizations, including positions at RTH! Applications are open now and will stay open until positions are filled. Look for flyer with QR code link!

First Steps to Work

Date: Apr 25th – May 30th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13),
High School (14-17)

This program offers youth in 6-8th grades or who have never worked before a chance to learn work skills while assisting with community programs or projects. Please contact Jen or see flyer for application link.

NEW Seed Starting with the Garden Crew

Date: Apr 23rd
Day of the week: Wednesday
Time: 1:00pm – 3:00pm
Location: Francis St. Garden
Age: Family (All Ages)

Join our apprentices for a seed starting session as spring gets underway! Bring any seeds you want to share, other materials are provided.

Muddy River Clean-Up

Date: Apr 26th
Day of the week: Saturday
Time: 11:00am – 2:00pm
Location: Outing
Age: Family (All Ages)

Come earn community service hours taking care of our natural neighbor! Join with others to support our partner, Emerald Necklace Conservancy! Contact Jen Lewis for more info.

Youth Workforce Office Hours

Date: Apr 21st – Jun 2nd
Day of the week: Monday
Time: 4:00pm – 6:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13),
High School (14-17)

Individual support is offered to youth on applying for jobs, interviewing, collecting documents for the process, work permits, and onboarding for summer jobs. Email or call for appointment.

Health & Wellness

RTH is committed to fostering optimum physical and behavioral health to all the members of our community. To this end, we maintain educational and recreational facilities, qualified professional staff and a broad scope of programs in our Community Center, swimming pool, library and technology center. Below is an overview of these departments and links to the dedicated sections on our website for more detail and schedules. You should never be bored living at RTH!

SIGN UP FOR THESE FREE RESIDENT FITNESS SERVICES!

Fitness Assessment:

Ages: 14+

Strongly Recommended for all members.

The Fitness Orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

Did you miss your chance to have a fitness orientation when you first joined us?

Don't worry! Fitness assessments aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Equipment Orientation:

Ages: 14+

During this session our trained Fitness Floor Staff will guide you through the proper use, safety protocols, and adjustments of various machines, ensuring they are tailored to your individual needs and goals. This orientation aims to boost your confidence and effectiveness during workouts by helping you understand equipment setup, targeted muscle groups, and correct usage techniques.

Blood Pressure Screenings

Ages 14+

Date: Apr 20th -Jun 14th

Day of the week: By Appointment

Time: By Appointment

Location: RTHCC Wellness Floor

Language: English

Participants will work with trained RTH-CC Fitness Staff and get fast and accurate blood pressure readings which can be tracked over the course of your visits.

Cardio Equipment 101

Date: Apr 20th – Jun 14th

Day of the week: Monday - Sunday

Time: By Appointment

Location: RTHCC Wellness Floor

Age: Adults (18-55)

Language: English

New to the gym or unsure how to use the cardio machines? This resident offering, led by our trained fitness staff, will work with you one-on-one to teach you in-depth basics of treadmills, ellipticals, stationary bikes, and more!

The InBody Scale

When you step on a scale all you see is a number with no context. Go beyond the scale with the InBody Test, a non-invasive, quick, and accurate body composition analysis. The InBody will help you understand how your weight is broken down into muscle, fat, bone, and body water. Evaluate your results with Health and Wellness Director Zach and develop a plan to reach your health and fitness goals. Come in for an appointment today!

Healthy Moves

Date: Apr 23rd – Jun 13th
Day of the week: Monday, Wednesday, Friday
Time: 10:00am – 11:00am
Location: RTHCC Foyer
Age: Seniors (55+)

This exercise program is great for our aging population, enabling this community to stay healthy and fit. The class works on improving strength, endurance, and flexibility. Included is a pre- and post-assessment.

Spin with Elaine

Date: Apr 22nd – Jun 13th
Day of the week: Tuesday, Thursday, Friday
Time: Tue/Thu: 9:00am – 10:00am
Friday: 6:00pm – 7:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride with energizing music. It's an opportunity to get your heart pumping.

Muscle Works

Date: Apr 24th – Jun 12th
Day of the week: Monday, Thursday
Time: 8:00am – 9:00am (Mon)
6:00pm – 7:00pm (Mon, Thu)
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

Full Body Workout with Elaine

Date: Apr 22nd – Jun 12th
Day of the week: Tuesday, Thursday
Time: 8:00am – 9:00am
Location: RTHCC Studio
Age: Adults (18-55)

This is a workout that aims to hit all the major muscle groups in one single class. Incorporating cardio movements, core strengthening and balancing exercises.

Yoga with Noreen

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 11:00am – 12:00pm
Location: RTHCC Studio
Age: Adults (18-55)

Our yoga class welcomes all levels and will feature a variety of poses with modifications giving participants options to make each position more challenging or simpler. This class will focus on opening the body through controlled movements.

Tai Chi with Joseph

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 11:30am – 12:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Tai chi is an art embracing the mind, body, and spirit. Originating in ancient China, tai chi is one of the most effective exercises for the health of the mind and body.

Family Zumba with Dioan

Date: Jun 14th
Day of the week: Saturday
Time: 12:00pm - 1:00pm
Location: Parks Community Building
Age: Youth (6-10), Middle School (11-13)

Family Zumba gives you and your family a chance to be active together. It's a full body, kid-friendly, workout. We will break down the steps, add games, activities and cultural exploration elements into this class structure.

Family Zumba with Param

Date: Apr 30th – Jun 25th
Day of the week: Wednesday
Time: 5:30pm - 6:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Family Zumba gives you a chance to be active together. It's a full-body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a dose of awesome each time you leave class.

Zumba with Neri

Date: Apr 24th – Jun 12th
Day of the week: Thursday
Time: Thursday: 7:00pm – 8:00pm
Location: RTHCC Studio
Age: Adults (18-55)

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

Zumba Gold with Param

Date: Apr 30th – Jun 25th
Day of the week: Wednesday
Time: 6:30pm – 7:30pm
Location: RTHCC Studio
Age: Adults (18-55)

Zumba Gold is a lower-intensity version of the Zumba class and was designed to meet the anatomical, physiological, and psychological needs of aging populations.

Foam Rolling with Sandy

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 7:00pm – 8:00pm
Location: RTHCC Studio
Age: Adults (18-55)

This class incorporates a self-myofascial release technique using a foam roller that aids in alleviating muscle tension and soreness.

Walking Group

Date: Apr 22nd – Jun 12th
Day of the week: Tuesday (Eng.), Thursday (Chi.)
Time: 3:00pm – 4:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English, Chinese

Everyone is welcome! Led in 2 languages. Attend one or both. Lace up your shoes and get ready to walk your way to better health, meet new friends, and have fun! Bad weather? No problem! We can walk indoors too.

Walking Group Stretch

Date: Apr 22nd – Jun 12th
Day of the week: Tuesday, Thursday
Time: 2:30pm – 3:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)

In this class participants perform dynamic stretches and exercises to gain mobility and ease tensions in various muscle groups and joints across the body to be ready for the Walking Group after class!

Tabata with Sandy

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Main Studio
Age: Adults (18-55)

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

NEW! Leg Day with Liz

Date: Apr 21st – Jun 9th
Day of the week: Monday
Time: 5:30pm – 6:30pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)

In this course, people of all ages can do strength training with free weights, resistance bands, and barbells if available focusing on the quadriceps, hamstrings, glutes, and calves for stability

Kung Fu Sword

Date: Apr 21st – Jun 13th
Day of the week: Monday - Friday
Time: 9:00am – 10:00am
Location: RTHCC Main Studio
Age: Adults (18-55)

Kung Fu Sword is a unique martial arts exercise class that blends the movements of Taiji boxing and other martial arts and dances. The movements are strong and flexible, aggressive and defensive, full of elegance and beauty.

Program your Workout with a Wellness Coach

Date: Apr 20th – Jun 13th
Day of the week: Everyday
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Meet with one of our qualified personal trainers for a one-on-one consultation to help develop your workout program. Discuss your fitness goals and exercise history to gain a better footing on how to progress with your workout routine.

Milestones for Motivation Fitness Challenge

Date: Apr 20th – Jun 14th
Day of the week: Monday - Sunday
Time: By Appointment
Location: RTHCC Wellness Floor
Age: High School (14-17), Adults (18-55), Seniors (55+)

Get rewarded for crushing your cardio goals with our brand-new equipment! Use the new cardio machines (treadmill, bike, elliptical, or rower) to accumulate miles over 30 days to win awesome gym gear!

NEW! - Strength and Sculpt with Ali

Date: Apr 21st – Jun 13th
Day of the week: Monday, Wednesday, Friday
Time: 10:00am – 11:00am (Mon, Wed)
5:00pm – 6:00 pm (Fri)
Location: RTHCC Wellness Floor
Age: Adults (18-55)

Build strength and tone your entire body in this structured 60-minute Push-Pull-Leg work out! Held on fitness floor, this class utilizes a variety of equipment.

NEW! - Strength for Seniors with Liz

Date: Apr 26th – Jun 14th
Day of the week: Saturday
Time: 11:00am – 12:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55)

In this course, seniors can do low impact strength training that is suitable for their age groups while building mobility, agility, and strength

Martial Arts for Everyone with Malu

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 6:30pm – 7:30pm
Location: RTHCC Room 117
Age: Adults (18-55)

Self Defense is for Everyone! Come and join us to get in the best physical and mental shape of your life, all while learning the important life skills of self-defense.

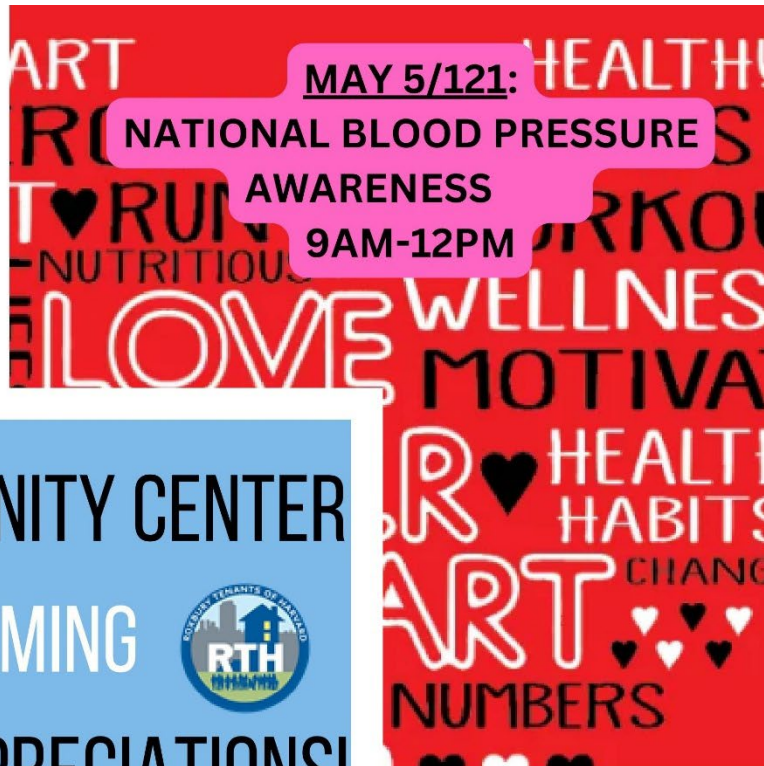
Teen Workout with Josh

Date: Apr 21st – Jun 9th
Day of the week: Monday
Time: 4:30pm – 6:00pm
Location: RTHCC Wellness Floor
Age: Middle School (11-13),
High School (14-17)

Join us for an energizing and fun full body workout designed specifically for teens! This class combines strength training, cardio, and flexibility exercises to help build muscle, improve endurance and increase overall fitness.



APRIL 4/16:
NATIONAL GARDEN MONTH
9AM-12PM



MAY 5/121:
NATIONAL BLOOD PRESSURE
AWARENESS
9AM-12PM

RTH-COMMUNITY CENTER

 **UPCOMING** 

MEMBER APPRECIATIONS!

Stop by the RTH-CC Welcome Center this year and learn more about these National Appreciations!



JUNE 6/18:
NATIONAL CPR/AED AWARENESS
9AM-12PM



JULY 7/16:
NATIONAL ANTI-BOREDOM MONTH
9AM-12PM



RTH-CC FITNESS

HEALTH & WELLNESS



MILES FOR MOTIVATION CARDIO CHALLENGE!!!

How it works

- **Sign Up & Register** with Fitness Department to track your progress.
- **Log Your Miles** – Use the new cardio machines (treadmill, bike, elliptical, or rower) to accumulate miles over 30 days.
- **Earn Rewards** – Reach milestones to win awesome gym gear!

RTH FITNESS PRIZES:

10 MILES – WATER BOTTLE

15 MILES – GYM TOWEL

20 MILES – GYM BAG

**THE MORE YOU MOVE, THE MORE YOU WIN !!!
LET'S GET IT!**

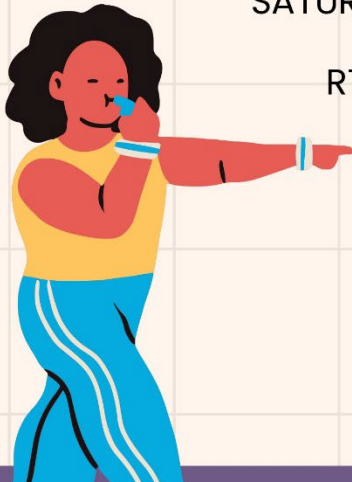
**CHALLENGE DURATION
4/1/25-6/1/25**

FOR MORE INFO
ZMCCULLOCH@ROXBURYTENANTS.ORG



STRENGTH FOR SENIORS

SATURDAYS 11:30AM-12:30PM
WITH LIZ
RTH-CC FITNESS STUDIO



RTH-CC CHAIR MASSAGE

RTHCC 椅按摩
MASAJE EN SILLA RTHCC
МАССАЖНОЕ КРЕСЛО RTHCC

10-MINUTE CHAIR MASSAGE
APPOINTMENTS AVAILABLE
FREE TO RESIDENTS!



APRIL 16TH

4:30pm-7:30pm

APRIL 30TH

3pm-6pm

MAY 14TH

4:30pm-7:30pm

MAY 27THS

JUNE 9TH

4:30pm-7:30pm

JUNE 25TH

APPOINTMENT REQUIRED

RESERVATIONS REQUIRED
CONTACT OR VISIT RTH-CC WELCOME CENTER

需要预订, 请联系或访问 RTHCC 欢迎中心
SE REQUIERE RESERVA, COMUNIQUESE O VISITE EL CENTRO DE BIENVENIDA DE RTHCC
ТРЕБУЕТСЯ ПРЕДВАРИТЕЛЬНОЕ БРОНИРОВАНИЕ, СВЯЖИТЕСЬ ИЛИ ПОСЕТИТЕ ЦЕНТР ПРИЕМА RTHCC

POSTED 3/20

RTH-CC Health & Wellness Director

Zachary McCulloch

ZMcCullocher@roxburytenants.org

Resident Services

We can assist with a wide range of services and facilitate connections to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

Coffee Hours

Date: Apr 23rd – Mosaic
May 21st – Duggan
Jun 11th - Flynn
Time: 3:00pm – 4:00pm
Location: Mosaic
Age: Adults (18-55), Seniors (55+)

Please come and join us at our coffee hours at our different buildings. Meet our Resident Service Staff and learn about new programs, benefits, and how we can assist you. We will have information about services and programs at our table.

Translation and Interpretation Services

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday, Saturday
Time: 11:00am – 12:00pm
Location: Flynn Conference Room (Tue)
Education Resource Center (Sat)
Age: Family (All Ages)
Language: English, Spanish, Russian, Chinese

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

Trinity Management & RS Resident Trainings

Date: Apr 22nd
Day of the week: Tuesday
Time: 5:30pm – 7:00pm
Location: Parks Community Building
Age: Family (All Ages)
Language: English

Trinity Management and Resident Services are hosting a 1-hour training on “How is my Rent calculated and what information is used”.

Food Pantry Emergency Food Assistance

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 10:00am – 11:00am
Location: Parks Community Building
Age: Adults (18-55), Seniors (55+)
Language: English

If you need emergency food call Resident Services to sign up to receive 1 bag of food per family or senior from Catholic Charities. Please bring a photo ID and Proof of Residency and name and DOB for each household member.



Senior Services

Seniors, we want to hear from you! What ideas do you have for day trips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Mystery Trip

Date: Apr 29th, May 29th
Day of the week: Tuesday, Thursday
Time: 10:00am – 2:00pm
Location: Outing
Age: Seniors (55+)
Cost: \$20

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It's a great opportunity to meet new people.

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

Arts and Crafts Seniors

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 11:30am – 1:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

Senior Taxi Coupons

Date: May 6th, Jun 3rd
Day of the week: First Tuesday of the month
Time: 1:00pm – 3:00pm
Age: Seniors (60+)
Location: Flynn Kitchen, 1st floor
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

1st Tuesday of the month. Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of four books per month.

Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus

Date: May 2nd and Jun 6th
Day of the week: 1st Friday of the month
Time: 1:00pm
Location: Parks Community Building

Russian Tea Room, Russian language focus

Date: May 14th and Jun 11th
Day of the week: 2nd Wednesday of the month
Time: 5:00pm
Location: Flynn Kitchen, 1st floor

Chit Chat Meeting, English language focus

Date: May 2nd and Jun 20th
Day of the week: 1st Friday of the month
Time: 11:00am
Location: Flynn Kitchen, 1st floor

Spanish Chat Meeting, Spanish language focus

Date: May 16th and Jun 20th
Day of the week: 3rd Friday of the month
Time: 12:00pm
Where: Flynn Kitchen, 1st floor

Senior Center Drop-in

Date: Apr 25th – Jun 13th
Day of the week: Friday
Time: 11:00am – 2:00pm
Location: Senior Drop in Center
Age: Seniors (55+)

Drop by the Senior Center for a cup of coffee, conversation, play a game or make a card. Fridays from 11 - 2pm. See the Senior calendar for scheduled activities.

Senior Monthly Shopping Trips

Please call the RTHCC at (617) 232-4306 ext. 200 to register for shopping trips.

Market Basket

Date: May 6th and Jun 3rd
Day of the week: 1st and 3rd Tuesday of the month
Time: 9:30am – 1:30pm
Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Date: Apr 24th and Jun 12th
Day of the week: 2nd and 4th Thursday of the month
Time: 10:00am – 1:30pm
Meet at Levinson Lobby 9:50am

Kam Man Supermarket Quincy, Ma

Date: May 1st and Jun 5th
Day of the week: 1st and 3rd Thursday of the month
Time: 10:00am – 3:00pm
Meet at Levinson Lobby 9:50am

Monthly Shopping trip to Mall

Date: Apr 29th and Jun 10th
Day of the week: 2nd and 4th Tuesday of the month
Time: 9:30am – 1:30pm
Meet in Levinson Tower lobby at 9:20am

Monthly Shopping Trip Super 88 & 99

Date: May 9th and Jun 13th
Day of the week: Friday
Time: 10:00am – 1:00pm
Meet in Levinson Tower lobby at 9:20am

Game Night

Date: Apr 24th – Jun 5th
Day of the Week: Thursday
Time: 4:30pm – 6:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Join us for game night on Thursday at 4:30pm. Lots of fun and laughter. Snacks provided.

Senior Cooking Class

Date: Apr 28th – Jun 9th
Day of the Week: Monday
Time: 11:30am – 1:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

New cooking class; Simple Dishes. Learn how to make easy, healthy meals.

Bingo

Date: Apr 24th – Jun 13th
Day of the week: Monday, Thursday, Sunday
Time: Monday 2:00pm – 5pm
Thursday 2:00pm – 5:00pm
Sunday 1:00pm – 4:00pm
Location: Flynn 7th Floor
Age: Seniors (55+)
Language: English, Spanish

Come early, buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.

Movie Night

Date: May 7th – Jun 4th
Day of the week: Wednesday
Time: 4:00pm – 6:00pm
Location: Flynn Kitchen
Age: Seniors (55+)

Join us for movie night on the 1st and 3rd Wednesday of the month. Snacks provided. Movie suggestions are requested.

Bingocize

Date: Apr 28th – Jun 6th
Day of the week: Monday, Wednesday
Time: 3:00pm – 4:00pm
Location: Flynn Conference Room
Age: Seniors (55+)

Bingocize is a fun way to play bingo and improve your health and quality of life. It is held 2 times a week. You must be committed to the program.

Golden Club - Back By Popular Demand!

Date: Apr 22nd – Jun 10th
Day of the week: Tuesday
Time: 4:30pm – 6:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Join us for Golden Club. The club is a place where friendships are formed, and new things are tried. You must be committed for the program. Limited to 16.

Adults

Our Adult programs are organized activities designed to promote physical, social, and emotional well-being among individuals in the RTH community through educational and leisure activities. Learn something new, make a friend, relax!

Anatomy of a Chicken

Date: May 28th
Day of the week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Capacity: 20

A professional chef demonstrates how to cut up a whole chicken to make budget-friendly and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their own dish.

Air Fryer Meals You Want to Eat!

Date: May 13th
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Adults (18-55), Seniors (55+)
Capacity: 15

You can make tasty & nutritious dishes like "fried" chicken nuggets and fish & chips in an air fryer! Join us to learn how and have a chance to win an air fryer!

SERV Safe Food Handlers Certification Classes

Date: Apr 20th – Jun 14th
Day of the week: By Appointment
Time: By Appointment
Location: Online
Age: High School (14-17), Adults (18-55), Seniors (55+)
Language: English, Spanish, Chinese

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member. SERV Safe courses are offered online only.

Crochet Cafe

Date: Apr 24th – Jun 12th
Day of the week: Thursday
Time: 3:00pm – 4:00pm
Location: ERC
Age: High School (14-17), Adults (18-55), Seniors (55+)
Language: Chinese, English

Join facilitators Li Fang Zhang and Joe Melanson for a relaxing afternoon as we teach each other crochet. Free supplies are provided but are limited so you must be registered.

Ladies First

Date: Apr 29th – Jun 14th
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (21-55)
Capacity: 20

Ladies First is a bi-weekly program designed for women of the RTH community. We will create powerful and enriching experiences, provide bonding opportunities, and promote unity. You will form meaningful relationships with other women. We will meet the following Tuesdays - 4/29, 5/13, 5/27, and 6/10 with a weekend trip TBD each month!

Family Programs

Families that play together..... Recreation plays an important role in the lives of many families. Research has demonstrated that family recreation and leisure are associated with several positive outcomes in families – increased satisfaction, stability, improved communication and overall family functioning. RTH's family programs are designed to bring your family together!

Fun Fit for Kids

Date: Apr 25th – Jun 13th
Day of the week: Friday
Time: 6:30pm – 7:30pm
Location: RTHCC Main Studio
Ages: Family (All Ages)

This great initiative is to inspire our youth to cultivate self-love, and foster friendships, engaging in their community, and prioritizing essential elements of well-being, with nutrition, movement, community and mindset.

Movie Night

Date: Apr 25th – Jun 13th
Day of the week: Friday
Time: 6:00pm – 8:00pm
Location: RTHCC Teen Center
Ages: Family (All Ages)

Come relax and enjoy some popcorn, and a thrilled movie adventure . All are encouraged to bring with them a soft pillow, stuffed animals and more! This is a great way to come out and spend time with friends.

ASP/SEP

Date: Apr 21st – Jun 13th
Day of the week: Monday - Friday
Time: 11:00am – 8:00pm
Location: ASP
Ages: Family (All Ages)

We would like to let our residents know we are currently accepting applications for the Summer Enrichment program. Please stop by and fill out an application. We are open Monday-Friday from 11:00-8:00 p.m.

Child Watch

Date: Apr 21st – Jun 13th
Day of the week: Monday - Friday
Time: 5:45pm – 8:00pm
Location: RTHCC
Ages: Family (All Ages)

Need someone to look after your children while you work out? Look no further. RTHCC is here to welcome your children to our child watch program while you work out.

Family Book Club

Date: Apr 26th – Jun 14th
Day of the week: Saturday
Time: 2:00pm – 3:00pm
Location: RTHCC Room 117
Ages: Family (All Ages)

Discovering a new world together reading is a wonderful way to engage the imagination and ignite a love for storytelling. This essential family activity encourages critical thinking, enhances vocabulary and fosters a lifelong love for reading.

Family Zumba with Dioan

Date: Jun 14th
Day of the week: Saturday
Time: 12:00pm – 4:00pm
Location: Parks Community Building
Ages: Family (All Ages)

Family Zumba gives you and your family a chance to be active together. It's a full body, kid-friendly, workout. We will break down the steps, add games, and cultural exploration elements into this class structure.

Altitude Trampoline

Date: May 31st
Day of the week: Saturday
Time: 11:00am – 3:00pm
Location: Outing
Ages: Family (All Ages)

Altitude Park is an indoor trampoline park with locations in Massachusetts and other states. This park offers a variety of activities, dodgeball, foam pits and climbing.

Kids Night Out

Date: May 3rd and May 17th
Day of the week: Saturday
Time: 11:00am – 1:00pm
Location: RTHCC Room 117
Ages: Youth (6-10)

Looking for a fun and safe way to give your kids a night of excitement while you enjoy some time for yourself? Join us for Kid's Night out! Who: children aged 6-12 years, when Saturdays afternoon where: RTHCC.

Children Museum

Date: Jun 7th
Day of the Week: Saturday
Time: 11:00am – 3:00pm
Location: Outing
Age: Family (All Ages)
Cost: \$5 for Resident, \$10 for Non-Resident

The Museum's exhibits and programs emphasize hands-on engagement, employing play as a tool to spark the inherent creativity, curiosity, and imagination of children.

Fun City

Date: May 24th
Day of the Week: Saturday
Time: 11:00am – 2:30pm
Location: Outing
Age: Family (All Ages)

At Fun City Trampoline Park, we have activities for all ages! Come on and jam at slam ball. Swim in the foam pt. Test your endurance on the climb wall. This a trampoline park filled with fun!

Outdoor Scavenger Hunt

Date: May 17th – Jun 14th
Day of the week: Saturday
Time: 1:00pm – 3:00pm
Location: Outing
Age: Family (All Ages)

A thrilling adventure for all ages, an outdoor scavenger hunt is a fantastic way to engage the whole RTH community in an exciting adventure while exploring nature. Create a list of items or clues to find and head to a nearby park/courtyard.





MINECRAFT

TEEN MINECRAFT CLASS

EVERY SATURDAY

April 26th - June 14th

5-6 PM

**EDUCATION & RESOURCE CENTER
AT BETTY POWERS LIBRARY**

**Register at Library/ERC
Front Desk
(617) 232-4306 ext. 601**

**LIMITED
SPACE
AVAILABLE!**

Ages 12-14

RTH TEENS



RTH TEENS

SPRING TRIP SCHEDULE 2025

FRI 4.25 LUCKY STRIKE
Included: 2 Hours of bowling, shoe rental, buffet, unlimited soft drinks & \$10 arcade card.
\$20 Residents \$30 Non Residents

BODA BORG SAT 5.10
90 minute Escape Room adventure! Closed toe shoes required. Food will be provided.
\$15 Residents \$22.50 Non Residents

SAT 5.24 MUSEUM OF ILLUSIONS
Challenging your perception of reality! Food will be provided.
\$15 Residents \$24.50 Non residents

HIGH SCHOOL SENIORS DINNER FRI 6.27
Congratulations to all high school senior graduates! Semi-formal wear required. **FREE**

REGISTER: RTHCC WELCOME DESK (617) 232-4306 EXT. 201



RTH TEENS

YOUTH COUNCIL

**FIRST MEETING :
APRIL 24TH**

Thursdays 5:00-6:00 PM
Come share your ideas and opinions on how to make RTH a better place !

**REGISTER NOW AT
RTHCC WELCOME DESK!**

**LET YOUR VOICE BE HEARD!
YOU HAVE A SAY !
BE A LEADER !**

AGES 12-17



RTH TEENS

Sneaker Designing Basics Workshop

FREE SHOES for Sneaker Bar Workshop for teens who attend ALL classes!

Field Trip to Sneaker Bar Hingham

TUESDAYS 6-7 PM
AGES 12-17 WELCOMED
APRIL 22ND - JUNE 10TH
RTHCC TEEN CENTER

REGISTER AT RTHCC WELCOME DESK (617) 232-4306 EXT. 201

Teen Center

The Teen Center is a vibrant space where RTH teens can connect, engage in a variety of programs, and enhance their knowledge, talents, and skills. In addition to enriching activities, the center offers exciting trips that give teens the opportunity to explore the city, have fun, and create lasting memories!

Teen Center Drop-in Hours

Monday, Tuesday	5:00pm - 8:00pm
Wednesday, Thursday	4:00pm - 8:00pm
Friday, Saturday	4:00pm - 9:00pm
Sunday	Closed

Middle School Student grade 6 – 8

Highschool Student grade 9-12

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you!

Middle School will be welcomed in the teen center. Check the board for new activities and schedule.

Sneaker Design

Date:	Apr 22 nd – Jun 10 th
Day of the week:	Tuesday
Time:	5:00pm – 6:00pm
Location:	RTHCC Teen Center
Age:	Middle School (11-13), High School (14-17)

Step into the world of sneaker design! This is perfect for anyone interested in learning the basics of designing stylish and functional sneakers!

Girl's Night

Date:	May 16 th
Day of the week:	Friday
Time:	6:00pm - 8:30pm
Location:	RTHCC Teen Center
Age:	Middle School (11-13), High School (14-17)

Get ready for a vibe-filled night with your crew! Chill, laugh, and turn up with music, games, and all the good energy. It's the ultimate girls' night- let's make it unforgettable!

High Tea Sip and Paint

Date:	Apr 23 rd
Day of the week:	Wednesday
Time:	4:30pm - 7:00pm
Location:	RTHCC Teen Center
Age:	Middle School (11-13), High School (14-17)

Sip, paint, and get creative! Enjoy a chic high tea with delicious treats, then unleash your inner artist at a fun paint night. It's the perfect blend of elegance and creativity!

Teen Birthday Parties

Date:	Apr 30 th – Jun 25 th
Day of the week:	Wednesday
Time:	5:30pm - 7:30pm
Location:	RTHCC Teen Center
Age:	Middle School (11-13), High School (14-17)

The last Wednesday of every month, we celebrate all the teen birthdays in that month at our Birthday Party! Planning meetings are held on 1st Wednesday of the month at 6:30pm in the Teen Center, and youth input is welcomed!

Curious Chef's Club

Date:	Apr 25 th – Jun 13 th
Day of the week:	Friday
Time:	5:00pm - 7:00pm
Location:	RTHCC Teen Center
Age:	Middle School (11-13), High School (14-17)

Each week, teens will discover the fascinating flavors and techniques behind diverse cultural cuisines. Curious Chefs Cooking Club is not just about following recipes; it's about bringing your own creativity and personal flair to each dish.

Movie Night

Date: Apr 26th – Jun 14th
Day of the week: Saturday
Time: 6:00pm – 8:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Join us for fun-filled nights of cinema, snacks, and socializing with your friends. Whether you're a film enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a great movie in a lively atmosphere.

Teen Workout

Date: Apr 21st – Jun 9th
Day of the week: Monday
Time: 4:30pm – 6:00pm
Location: RTHCC Wellness Floor
Age: Middle School (11-13), High School (14-17)

Join us for an energizing and fun full body workout designed specifically for teens! This class combines strength training, cardio, and flexibility exercises to help build muscle, improve endurance and increase overall fitness.

Youth Council

Date: Apr 24th – Jun 12th
Day of the week: Thursday
Time: 5:00pm – 6:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Designed to empower young people to become active leaders in their communities. This program will provide a platform for youth to voice their opinions and develop solutions to the challenges they face.

Boda Borg

Date: May 10th
Day of the week: Saturday
Time: 2:30pm – 7:30pm
Location: Outing
Age: Middle School (11-13), High School (14-17)
Cost: \$15 for Residents, \$22.5 for Non-Residents

Step into a world of mystery, mind-bending puzzles, and heart-racing challenges. You'll need to work together, think outside the box, and solve riddles, clues, and hidden secrets to escape before time runs out.

High School Graduates Dinner

Date: Jun 27th
Day of the week: Friday
Time: 5:00pm – 9:00pm
Location: Outing
Age: High School (14-17)

Let's celebrate the grads in style! Enjoy a night of delicious food, laughs, and unforgettable memories as we toast to all the hard work and big dreams ahead. Cheers to the next chapter!

Lucky Strike

Date: Apr 25th
Day of the week: Friday
Time: 3:00pm – 9:00pm
Location: Outing
Age: Middle School (11-13), High School (14-17)
Cost: \$20 for Residents, \$30 for Non-Residents

Join us for an exciting two-hour bowling experience, featuring a delicious buffet with two entrees, a side dish, and unlimited soft drinks. But the fun doesn't stop there! Cap off your evening with a 20-credit arcade card, giving you access to all the thrilling games Lucky Strike has to offer. Don't miss out on this fantastic night of entertainment!

Museum of Illusions

Date: May 24th
Day of the week: Saturday
Time: 3:00pm – 8:00pm
Location: Outing
Age: Middle School (11-13), High School (14-17)
Cost: \$15 for Residents, \$24.5 for Non-Residents

Step into a world where nothing is as it seems! Explore mind-bending illusions, optical tricks, and interactive exhibits that will leave you questioning reality. Get ready for a seriously cool and Insta-worthy experience!

Supercharged (Go Karts)

Date: Apr 12th
Day of the week: Saturday
Time: 3:30pm – 8:00pm
Location: Outing
Age: Middle School (11-13), High School (14-17)
Cost: \$25 for Residents, \$30 for Non-Residents

Get ready to race! Feel the thrill as you zoom around the track, challenge your friends, and see who's the fastest on four wheels. It's high-speed fun you won't want to miss!



OUT DOOR POOL

NOW HIRING

Lifeguards & Swim Instructors

AGE 18
AND UP

Earn \$22- \$30 hourly

Requirements:

- Age 18+
- Completion of Lifeguard, First Aid, and CPR/AED Certification
- Completion of 300-yard swim
- 2-minute tread (legs only)
- Retrieve a 10lb. weight from 7ft depth, surface and swim 20 yards

Scan QR Code for more info

including **HIRING BONUSES**



**JOIN OUR TEAM AT THE
MARY T. CLIFFORD POOL!**



**Lifeguard First Aid and
CPR/AED Certification
Required**

**Need Lifeguard
Recertification?**

Contact:

Brounds@RoxburyTenants.org

RTH Executive Offices
(617) 232-4306 ext. 100

11 New Whitney St Boston, MA
Mon-Fri 9:00am – 5:00pm

www.RoxburyTenants.org



Y[®] Swim Lessons

316 Huntington Ave, Boston, MA

**April 28, 2025
Through
June 14, 2025**

**Start time
varies per
YMCA schedule**



**ALL AGES
WELCOME**

**Preregister
with the
QR code
here →**



Registration Open Now!

Community Center Welcome Desk
(671) 232-4306 ext. 200

www.RoxburyTenants.org

Register Early Space Limited

📍 20 Webster Pl, Brookline, MA 02445



RTH Family Fun & Swim
5:30 p m - 7:00 p m

Goldfish Swim School Brookline

Family Free Swim-Field Trip
(fun, water-games, music and more)

Friday, April 25

**Register at the community
center welcome desk.**

Transport Available for first 21 Permission slips
turned in, Meet at front desk at 5:00pm for the bus.



RTH Community Center Welcome Desk
(671) 232-4306 ext. 200

Free For Residents
\$15 For Non-Residents

www.RoxburyTenants.org

Sports & Enrichment Programs

The department focus is to teach, develop, organize, manage, and offer RTH residents the opportunity to learn fundamentals sports skills, while instilling life lessons and values of teamwork, disciplines, respect, sportsmanship, child development. We believe in the power of inclusivity, ensuring that every child has the opportunity to play. No matter their skill level, we'll provide a supportive environment that encourages growth and celebrates each child's unique talent.

Huntington YMCA Swim Lessons

Date: Apr 28th – Jun 14th
Time: Check YMCA schedule
Location: Outing
Age: Family (All Ages)
Cost: Free for RTH Resident

Swim lessons for all ages are held at the Huntington YMCA according to their schedule. Stop by RTHCC Welcome Desk to review schedule and register for your swim lesson.

Youth & Middle School Basketball - Skills and Drills

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 6:30pm – 8:00pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

Youth & Middle School Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Players of all levels are invited to come and develop the fundamentals of basketball.

Girls Only Youth and Middle School Basketball Skills and Drills

Date: Apr 23rd – Jun 11th
Day of the week: Wednesday
Time: 5:15pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

Girls only Youth & Middle School Basketball program will provide an opportunity to learn more and fall further in love with sport. We welcome girls aged 7-13 to experience a fun learning experience.

Soccer Skills and Drills

Date: Apr 22nd – Jun 12th
Day of the week: Tuesdays and Thursdays
Time: 5:00pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

This introductory class meets two times a week. We will establish the fundamental rules and skills of soccer. In this group we will include both drill work and pickup games to better learn and gain understanding of the sport.

Gym Games

Date: Apr 26th – Jun 14th
Day of the week: Saturdays and Sundays
Time: Saturday 1:00pm-2:30pm
Sunday 12:00pm-1:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)

Gym Games for Kids & Teens is an exciting NEW program designed to promote physical fitness, teamwork, and fun! This program welcomes children and teens of all skill levels to participate in a variety of engaging in age-appropriate gym activities. The gym will be divided to provide a space for each age group.

Family Dodgeball

Date: Apr 26th – Jun 14th
Day of the week: Saturday, Sunday
Time: Saturday 2:30pm-4:00pm
Sunday 1:30pm-3:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Dodgeball for Kids & Teens is an action-packed program that combines strategy, agility, and teamwork in a fast-paced, fun environment! Open to players of all skill, this program focuses on improving skills such as dodging, throwing, and teamwork. The gym will be divided to provide a space for each age group.

Adult Basketball

Date: Apr 22nd – Jun 12th
Day of the week: Tuesday, Thursday
Time: 6:30pm – 8:00pm
Location: RTHCC Gymnasium
Age: Adults (18-55)

Come enjoy our open and safe program for adults of all skill levels. An opportunity to connect with fellow basketball enthusiasts. Whether you're polishing skills or starting fresh, experience the perfect mix of competition and camaraderie.

Open Gym

Date: Apr 21st – Jun 14th
Day of the week: Monday – Sunday
Time: Check RTHCC Schedule
Location: RTHCC Gymnasium
Age: Family (All Ages)

Come enjoy an open safe space to run, play and enjoy free play of your choice with neighbors or yourself. Courts may be divided to allow a variety of shared activities. Jump rope, throw balls, walk, jog, run, play a game of pickup basketball.

Table Tennis

Date: Apr 21st – Jun 14th
Day of the week: Monday - Sunday
Time: Check RTHCC operation hours
Location: RTHCC Gymnasium
Age: Family (All Ages)

Table Tennis, otherwise known as Ping-Pong, is a multiskilled sport in which players must beat their opponents using various tactics. This sport involves fast thinking, gives way to increase eye-hand coordination, agility and response time.

RTH Middle School Character Basketball League

Date: Apr 25th – Jun 13th
Day of the week: Friday
Time: 5:15pm – 7:00pm
Location: RTHCC Gymnasium
Age: 15 and under

Middle School Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Middle School players of all levels are invited to come and develop the fundamentals of basketball. Each player will receive a shirt and may travel for games.

Middle School Basketball –

Skills and Drills Co-Ed

Date: Apr 21st – Jun 25th
Day of the week: Monday
Time: 6:30pm – 8:00pm
Location: RTHCC Gymnasium
Age: Middle School (11-13)

Middle School Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Players of all levels and abilities are invited to come and develop the fundamentals of basketball.

RTH Developmental Character Basketball League

Date: Apr 26th – Jun 14th
Day of the week: Saturday
Time: 11:00am – 1:00pm
Location: RTHCC Gymnasium
Age: 13 and under

RTH Developmental Basketball is designed to help elementary school players of all levels and abilities learn the fundamentals of basketball while incorporating teamwork and improving their basketball skills. Each player will receive a shirt and may travel for games.

Youth Basketball – Skills and Drills Co-Ed

Date: Apr 21st – Jun 25th
Day of the week: Monday
Time: 5:15pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10)

Youth Basketball will focus on promoting healthy active play while placing value on participation, competition, and sportsmanship. Players of all levels and abilities are invited to come and develop the fundamentals of basketball.

High School Pick-Up Basketball

Date: Apr 25th – Jun 14th
Day of the week: Fridays and Saturdays
Time: Friday: 7:30pm – 9:00pm
Saturday: 7:00pm – 9:00pm
Location: RTHCC Gymnasium
Age: Middle School (11-13), High School (14-17)

High School Pick-Up Basketball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends, enhance their skills on the court.

Come Learn How to Become a Certified Lifeguard

Date: May 9th
Day of the week: Friday
Time: 4:00pm
Location: Parks Community Building
Age: Adults (18-55)

Come learn about the American Red Cross Lifeguarding program. Understand how you may gain the knowledge and skills needed to prevent, recognize and respond to aquatic emergencies. Also, learn how you may qualify for a scholarship to become certified and obtain a job!

RTH Family Swim GoldFish Swim School Brook Line

Date: Apr 25th
Day of the week: Friday
Time: 5:30pm – 7:00pm
Location: Outing
Age: Family (All Ages)

This is a special fun time for all RTH families to enjoy free swim at one of our next doors in house heated swim pool. Free for all with limited transportation available.

Spring Break Scavenger Hunt

Date: Apr 21st, Apr 26th
Day of the week: Monday - Friday
Time: TBD
Location: Outing
Age: Family (All Ages)

Join Our One-of-a-Kind week-long scavenger hunt!
Get ready for an exciting Scavenger Character Hunt that will challenge your mind, body, heart, and spirit!

Adult First Aid/CPR/AED Certification

Date: Jun 10th
Day of the week: Tuesday
Time: 1:00pm – 5:00pm
Location: RTHCC Room 117
Age: Middle School (11-13), High School (14-17), Adults (18-55)
Cost: Free

The Adult First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns cuts scrapes sudden illnesses head neck back injuries heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years.

Track & Cross Country Running

Date: Apr 26th, Jun 14th
Day of the week: Saturday
Time: 5:00pm – 6:15pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Join the RTH Track & Cross-Country Program. Ready to run, jump, and push your limits? Our track program combines indoor and outdoor training across the RTH gym and Mission Hill neighborhood.

Spring Break Soccer Clinic for Youth & Middle School

Date: Apr 25th
Day of the week: Friday
Time: 12:00pm – 2:30pm
Location: Outing
Age: Youth (6-10), Middle School (11-13)
Cost: \$5 for RTH Residents, \$25 for Non-Residents

Elite Soccer Clinic with former BC and current professional coach Abel Wasswa! Ready to elevate your game? Don't miss this exclusive clinic led by Coach Abel Wasswa - a standout coach with an impressive resume.

Bicycle Basics

Date: Apr 25th – Jun 6th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)
Cost: \$15 for Non-Residents

Cycling promotes physical and mental well-being, fosters independence, builds confidence, and is FUN! In this class, youth (ages 4-10) will learn to Ride a two-wheeled bike. This class will focus on promoting bike safety and learning how to ride a bike. A MassBike trained instructor will help you learn to ride a bike. Bring your bike or use one of ours. Helmets required.

Bike Rodeo

Date: Jun 13th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)

Youth (ages 4-10) will learn the ABC's of safe cycling, traffic signs & hand signals, and practice riding skills on our course. Prizes include helmets, bike locks, bike accessories, and bikes!

Bike Repair with Bikes Not Bombs

Date: May 16th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: Mission Park Half Court
Age: Child (0-5), Youth (6-10)
Cost: \$15 for Non-Residents

Bikes Not Bombs team of trained mechanics, Chain Reaction, teach you to fix a flat, reattach or tighten your chain, and make other basic bike repairs.

RTH is Hiring!

Join our experienced, professional, and committed team!

Available Positions include:

Elder Program Manager – Social Worker – Resident
Services Coordinator (bilingual) – Per Diem CDL Driver

RTH is an EEO employer. For more information and a full list of job opportunities, please visit:

<https://roxburytenants.isolvedhire.com/jobs/>



RTH Community Center



Spring Break Developmental **SOCCER CLINIC**

With Coach Abel Wasswa

A former professional soccer player and Boston College coach, now coaching with a professional soccer club, will lead the sessions—focusing on core fundamentals to help players build a strong, lasting foundation in the game.



Ready To Elevate Your Game?

For AGES 6 -14

FREE FOR ALL; MUST REGISTER



Don't miss this exclusive clinic led by Coach Abel Wasswa — a standout coach with an impressive resume:

- Pro-Level Drills & Technique
- Position-Specific Coaching
- Q&A Session
- Fun Mini-Games & Challenges

LUNCH PROVIDED

What To Bring

- Water Bottle
- Comfortable Clothes & Sneakers or Cleats
- Lots of Energy & Excitement!

Friday, April 25, 2025

12pm-2:30pm

Practice Field Location TBD

Back up practice location at
RTHCC Gymnasium
11 New Whitney St, Boston, MA
02115; 617-232-4306 ext 200



RTH Directory

Executive Office - Neville House
11 New Whitney Street, 1st Floor

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KGately@roxburytenants.org 617-232-4306 ext. 104

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DDesmond@roxburytenants.org 617-232-4306

Jenni Shaw, Human Resources Director
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Irving Burday, Chief Information Officer
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RTH Community Center
20A Vining Street (Welcome Desk ext. 200)

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Curtis Williams, Welcome Desk Administrator
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Zachary McCulloch, Health & Wellness Director
ZMcCulloch@roxburytenants.org 617-232-4306 ext. 203

Judith Destrade, Teen Programs Director
JDestrade@roxburytenants.org 617-232-4306 ext.206

Education & Resource Center at the Betty Powers Library
25 Mission Park Drive (ERC) (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development
RHaecker@roxburytenants.org (617) 232-4306 ext. 603

Xing Zhou, Program Coordinator
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Jennifer Lewis, Youth Educational Services & Workforce Development Specialist
JLewis@roxburytenants.org (617) 232-4306 ext. 600

Yolking Hallie, Youth & Family Director
YHallie@roxburytenants.org (617) 232-4306 ext. 401

Senior Services, Flynn House
805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services
LAdams@roxburytenants.org / 617-232-4306 ext. 700

Resident Services Parks Community Building
2 New Whitney Street 2nd Floor

Scott Amaral, Director of Resident Services
SAmaral@roxburytenants.org / 617-232-4306 ext. 306

Terry Parson, Social Worker
TParson@roxburytenants.org / 617-232-4306 ext. 302

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Liz Verasamy, Office Coordinator
LVerasamy@roxburytenants.org / 617-232-4306 ext.305

RTH After School Program Recreation Exploration Center
835 Huntington Avenue

Carmen Torres, Literacy Coordinator
CTorres@roxburytenants.org 617-232-4306 ext. 403