

what's up 2024

fall + late fall

EDITION

A Roxbury Tenants of Harvard Association publication of Community Events, Services, Family trips, and Upcoming Happenings taking place in your Community!

ROXBURY TENANTS OF HARVARD MISSION STATEMENT

To develop, preserve and maintain safe and affordable housing for low- and moderate-income people of diverse backgrounds in the Mission Hill neighborhood. We achieve this through property management, construction and rehabilitation of new properties, provision of resident services, workforce development and community activism. As one of the oldest grassroots, community-based organizations we dedicate ourselves to defending the right to quality, affordable housing for people of diverse races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.



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RTH EXECUTIVE OFFICES

11 New Whitney Street
617-232-4306 ext. 100
Hours of Operation: **By Appointment Only**
Mon - Fri 9:00am - 5:00pm

MISSION PARK / TRINITY MANAGEMENT

835 Huntington Avenue
617-566-0707
Hours of Operation:
Mon - Fri 9:00am - 5:00pm

RTH PROPERTIES / TRINITY MANAGEMENT

747 Huntington Avenue
617-232-5910
Hours of Operation:
Mon - Fri 9:00am - 5:00pm

RESIDENT SERVICES

Parks Community Building
2 New Whitney Street 2nd Floor
617-232-4306 ext. 305
Hours of Operation: **By Appointment**
Mon - Fri 8:30am - 7:00pm

RTH COMMUNITY CENTER

20A Vining Street
617-232-4306 ext. 200
Hours of Operation:
Sunday 10:00am - 3:00pm
Monday - Thursday 7:00am - 8:00pm
Friday 7:00am - 9:00pm
Saturday 10:00am - 9:00pm

SENIOR SERVICES

805 Huntington Avenue
617-232-4306 ext. 700
Hours of Operation: **By Appointment**
Mon thru Fri 9:00am - 5:00pm

EDUCATION & RESOURCE CENTER (ERC)

25 Mission Park Drive
617-232-4306 ext. 601
Hours of Operation:
Mon - Fri 9:00am - 6:00pm
Sat 9:00am - 12:00pm
1:00pm - 6:00pm

SECURITY OFFICE

835 Huntington Avenue
617-731-6972
Hours of Operation: Daily/24 Hours

ANONYMOUS CALL TIP LINE

617-232-0436
Please don't hesitate to call if you have any concerns about health, safety, and security.

Dear RTH Residents,

It seems every year we say, ‘where did the summer go?’ But Fall brings us opportunities for learning and outdoor adventure, after a long hot summer.

The Mary T. Clifford Pool is closed for the season, but swim lessons for kids, youth and adults are available at the YMCA. If you’re looking to start a fitness regimen, you can start at the RTH Community Center, with Fitness Testing and small group training. The InBody system is available to help you gauge your progress with more meaningful metrics than your home scale. There are also a variety of group exercise classes throughout the day – register today if you want to try something new.

Looking to learn something new? The Education & Resource Center has opportunities for computer and smartphone classes in a variety of languages. And if something more hands-on is your thing, join us for Crochet Café on Thursday afternoons. If you’re like me, Fall is also a time to look forward to heartier meals. Whether you are a beginner or an accomplished cook, check out the Seafood Nutrition program, Anatomy of a Chicken or maybe learn how to make Air Fryer Meals You Want to Eat!

Fall also bring a busy season of fun and exciting cultural and holiday events. Diwali Celebration is November 3rd this year. Latin Night soon follows on the 16th, and both offer an opportunity to celebrate with friends and neighbors of all cultures. Our Annual Seniors Thanksgiving Lunch is on November 23rd, be sure to sign up early and join us for a great meal and warm fellowship. Before you know it, the holidays will be here, and we are looking forward to hosting the Adult Holiday Party on Saturday the 14th, and the Kids Holiday on Sunday the 15th!

I look forward to seeing you all around the campus and at our special events – there are many more fun opportunities in the edition. Please take some time to review the offerings, and remember, all the same information can be found at www.RoxburyTenants.org. Be safe and be well!

Warmest Regards,

Karen

Karen T. Gately
Executive Director



RTH Fall Session Dates (6 Week Session)

Day	Start Session	End Date
Sunday	9-22-24	10-27-24
Monday	9-23-24	10-28-24
Tuesday	9-24-24	10-29-24
Wednesday	9-25-24	10-30-24
Thursday	9-26-24	10-31-24
Friday	9-27-24	11-1-24
Saturday	9-28-24	11-2-24

Fall Session Holiday Schedule

Indigenous People's Day	October 14, 2024	Monday	Floating Holiday - RTHCC Open, classes will be held
Veterans Day	November 11, 2024	Monday	Floating Holiday - RTHCC Open, classes will be held

Fall Events and Meetings Schedule

Please note the following schedule changes for upcoming holidays

Health & Safety	September 18 th 6pm – 8pm	Wednesday	RTHCC RM117 - Indoor
Pumpkin Patch	October 19 th 1pm – 3pm	Saturday	Kempton Street - Outdoor
Health & Safety	October 16 th 6pm – 8pm	Wednesday	RTHCC RM117 - Indoor
Kids Halloween Party	October 26 th 6pm – 8pm	Saturday	Indoor



RTH Late Fall Session Dates (7 Week Session)

Day	Start Session	End Date
Sunday	11-3-24	12-15-24
Monday	11-4-24	12-16-24
Tuesday	11-5-24	12-17-24
Wednesday	11-6-24	12-18-24
Thursday	11-7-24	12-19-24
Friday	11-8-24	12-20-24
Saturday	11-9-24	12-21-24

Late Fall Session Holiday Schedule

Thanksgiving Day	November 28, 2024	Thursday	Holiday - RTH Closed
Day after Thanksgiving	November 29, 2024	Friday	Floating Holiday - RTHCC Open, classes will be held

Late Fall Events and Meetings Schedule

Please note the following schedule changes for upcoming holidays

Diwali	November 3 rd 6pm – 10pm	Sunday	RTHCC Gym - Indoor
Latin Night	November 16 th 6pm – 10pm	Saturday	RTHCC Gym - Indoor
Health & Safety	November 20 th 6pm – 8pm	Wednesday	RTHCC RM117 - Indoor
Seniors Thanksgiving Lunch	November 23 rd 12pm – 3pm	Saturday	RTHCC Gym - Indoor
Mayor's Trolley Tour	December 7 th TIME TBD	Saturday	Brigham Circle- Outdoor
Cookies with Santa	December 11 th 5pm – 8pm	Wednesday	RTHCC RM117 - Indoor
Staff Holiday Party	December 13 th 6pm – 10pm	Friday	RTHCC Gym -Indoor
Adult Holiday Party	December 14 th 6pm – 10pm	Saturday	RTHCC Gym -Indoor
Kids Holiday Party	December 15 th 1pm – 4pm	Sunday	Indoor
Health & Safety	December 18 th 6pm – 8pm	Wednesday	RTHCC RM117 - Indoor



Join the Fun!

New RTH Website – www.Roxburytenants.org

Three Ways to Register for a Programs & Events at RTH

(First Come First Served)

Option 1: Register Online

- Go to www.RoxburyTenants.org and look for programs that interests you
 - Email (welcomedeskstaff@roxburytenants.org)
 - Provide your name and phone number (required)
 - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

Option 2: Register In-Person

Please come to the RTHCC Welcome Desk to register

- Monday thru Thursday 7:00am - 8:00pm
 - Friday 7:00am – 9:00pm
 - Saturday 10:00am – 9:00pm
 - Sunday 10:00am - 3:00pm

Option 3: Register By Phone

Please call the Hotline at 617-232-4306 ext. 200

- Monday thru Thursday 7:00am – 7:00pm
 - Friday 7:00am – 8:00pm
 - Sunday 11:00am - 2:00pm

RTHCC Welcome Center

Programs are designed for RTH Residents of all ages and abilities.

Please note the following:

- **Preschool** programs designed for children ages 0 – 5 not yet in 1st grade.
- **Youth** programs are designed for children in grades 1 – 5.
- **Middle school** programs are designed for youth in grades 6 – 8.
- **High school** programs are designed for teen in grades 9 – 12.
- **Family** programs are designed for children of all ages when accompanied by their parent or guardian.
- **Adult** programs are designed for adults 19 (and out of high school) to 55.
- **Senior** programs are designed for adults 55+.

If you have any questions regarding registration, please contact RTHCC Welcome Desk.

Anti-Harassment:

We strive to provide an environment for our members, program participants and employees free from all forms of harassment.

Your membership and participation reflect our commitment to our mission and values.

Access Keycard:

All members aged 10+ years old will get an access key card. All members will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

Membership:

All RTH residents are welcome to join the RTHCC. Please stop by the Welcome Desk for information and application.

RTHCC Class Pass:

\$25 per pass with 10 classes. Have a non-resident who wants to participate in group-ex or other drop-in class? Access to all group exercise or drop-in classes with this pass.

Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

Comment Cards:

We welcome comments and suggestions about our programs and facilities.

Comment cards may be obtained and returned to the Welcome Center or at a drop box in the lobby.

Dress Code:

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and bare feet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

Food/Drinks:

Allowed in designated areas only.

Inclement Weather:

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

Information Changes:

Please let our Welcome Center staff know of a change in address, phone number, emergency contact or email address to ensure prompt receipt of program guides and other information.

Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

Valuables:

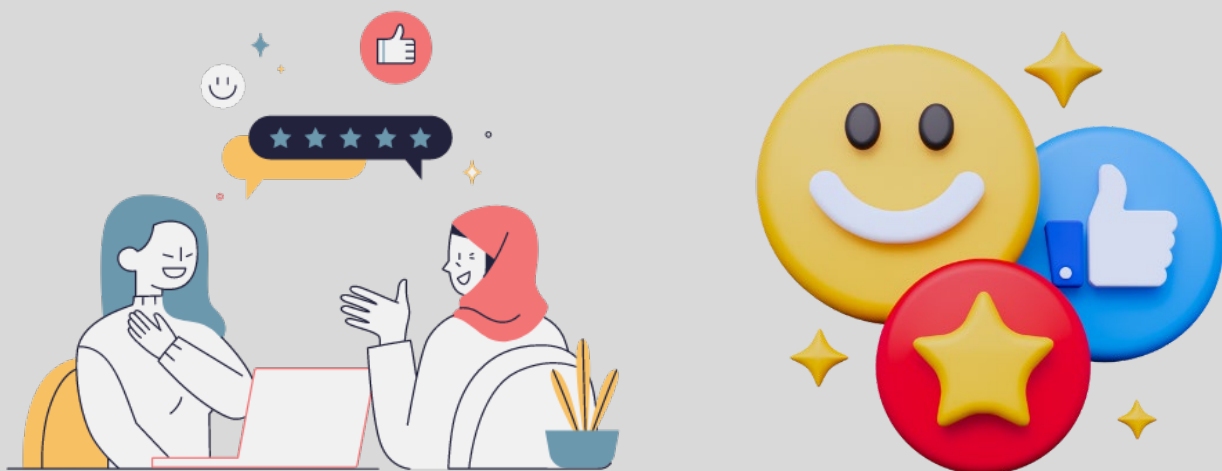
We encourage members to leave all valuables at home. Do not leave your personal articles unattended. We recommend using a locker and keeping it locked while you're using the facility. RTH is not responsible for lost or stolen items.

Anti-Violence Policy:

RTH strives to eliminate unsafe behavior by anticipating and closely supervising any potentially dangerous situation. We believe all persons and staff have the right to be safe from the threat of physical harm or injury, verbal assault, and intimidation. Any act of verbal or physical violence by a member, program participant or staff will result in disciplinary action, from suspension of membership to termination.

How is RTH making an impact?

What has RTH done to make an impact in the community? Do you have an amazing story, highlight or picture to share? Submit your story for a chance to be highlighted in our next edition of the Telstar newsletter. You can email your story to Roxanne at Rhaecker@roxburytenants.org.



Announcements/Community

Trinity Management Quick Recertification Tips

Old Neighborhood And Mosaic
avelez@trinitymanagementcompany.com
Office Phone: 617-232-5910



Mission Park
contactus@missionpark.com
Office Phone: 617-566-0707



- All Annual Recertification interviews are conducted by appointment only. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present together at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owed, missing documents, status of your certification, Rent Café, please feel free to call or email the office.
- Residents are responsible for providing the necessary documentation to complete their certification.
- Communication with the office is welcomed by walk in, phone, email, or fax.

Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

Please note the garden will remain locked if weather conditions create a safety hazard.

Fresh Truck Mobile Market

Day of the week: Wednesday

Time: 3:00pm – 6:00pm

Location: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Fresh truck is now a hybrid market; with online ordering and in person shopping available.

Fresh Truck Online ordering

You order fruits and vegetables online and pick-up on Wednesdays between 3pm and 6:00pm. Please call the Resource Center at (617) 232-4306 ext. 601 to make an appointment if you need assistance ordering online from Fresh Truck.

Fresh Truck In-person Shopping

Shop on the Fresh Truck to purchase fresh fruits and vegetables for you and your family to enjoy.

Fresh Truck Lottery

The lottery will take place in the Parks Building in the Community Room at 2:40pm. Lottery tickets will be available at 2:30 p.m. You must be physically present. (You cannot get a ticket for another person) To receive a lottery ticket, you must be in the Parks Community room by 2:40pm. If you arrive after 2:40pm, you must wait in the lobby. Once the lottery is completed, the numbers will be given out in the order residents arrive. The drawing will take place at 2:40 p.m.

Do you know?

With the Healthy incentives Program (HIP) you can spend your SNAP\$\$ on the Fresh Truck
And get the amount of your purchase instantly added back to your EBT card.

HIP matches SNAP benefits dollar-for-dollar at participating venues.

By using HIP, SNAP recipients can earn back up to:
\$40 monthly (for 1 – 2 people)
\$60 monthly (for 3 - 5 people)
\$80 monthly (for 6+ people)

RTH Committees and Volunteer Opportunities

Looking for an opportunity to become involved in your community? What skills or interests would you like to share?

We hope you will become engaged and learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, and experiences that will help the committees with their work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings. For more information, call RTH Executive office at (617)232-4306 x100 or email executiveoffice@roxburytenants.org. Please leave your name, contact information and the committee, program, event, or area you would like to volunteer.

Walk and Talk with Executive Director

Date: Oct 21st, Nov 18th
Day of the week: Monday
Time: 4:00pm (Oct 21st), 11:00am (Nov 18th)
Location: RTHCC
Age: Family (All Ages)

Join Executive Director Karen Gately for a walk around YOUR neighborhood! Learn more about RTH history, ask about upcoming projects, or simply take the opportunity to up your step-count. Event is rain or shine – please dress for the weather, and meet us in the RTH Community Center Lobby.

Resident Room Rental

Date: Starting Oct. 5th

Parks Community Building will be available for RTH Residents to use for private events. First come first served. For reservation, please contact the RTHCC Welcome Desk. (617)232-4306 ext.200

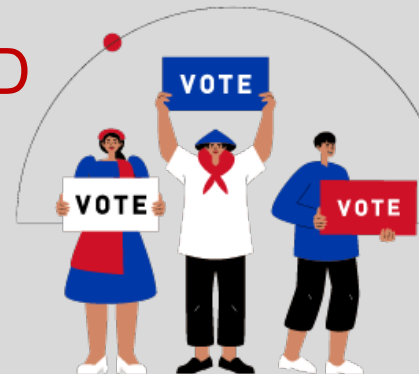


You can register to vote for the November 5th presidential elections until October 26th, 2024

Go to: [MASS.GOV/TOPICS/VOTING](https://www.mass.gov/topics/voting)

to register to vote, learn your polling location and more!

**MAKE YOUR VOICE HEARD
YOUR VOTE COUNTS!**



Diwali

Date: Nov 3rd
Day of the week: Sunday
Time: 6:00pm – 10:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Come celebrate the festival of light!



Latin Night

Date: Nov 16th
Day of the week: Saturday
Time: 6:00pm – 10:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Join us in an evening of dance and delicious Latin cuisine!



Senior Thanksgiving Lunch

Date: Nov 23rd
Day of the week: Saturday
Time: 12:00pm – 3:00pm
Location: RTHCC Gymnasium
Age: Seniors (55+)

Join us for a delicious Thanksgiving Luncheon.



Kids Holiday Party

Date: Dec 15th
Day of the week: Sunday
Time: 1:00pm – 4:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

It's that time of year to come out and celebrate with us. There will be fun activities and hot cocoa! Santa will be there with gifts for all!



Adult Holiday Party

Date: Dec 14th
Day of the week: Saturday
Time: 6:00pm – 10:00pm
Location: RTHCC Gymnasium
Age: Adults (18-55), Seniors (55+)

Join your RTH adult neighbors in celebrating the holiday season.



STARRY INTERNET

Are you tired of the old internet speeds and buffering?

RTH is offering FREE Starry internet available now!

For those who haven't signed up yet, please take the time to connect with a Starry representative about this great offer only for RTH residents!

Starry Contact Info:

(888) 231-9403

Helloboston@Starry.com

Starry.com/RTHhelp

Raffle sign-up:

<https://mailchi.mp/starry.com/rthraffle>

Residents who sign up for the new service will get a chance to win a brand-new Microsoft Surface Go laptop!



200

DOWNLOAD
SPEED

FREE



STARRY



MISSION PARK AFFORDABLE HOUSING OPPORTUNITY REOPENING WAITING LIST

Mission Park will be accepting applications for multiple bedroom sizes **1, 1HP, 2, 2HP, 3 - and 4-bedroom** family housing units under the Section 8 and Tax Credit Programs. Eligible applicants will be placed on an existing waiting list by random order via a lottery, after the lottery period (September 28th) the placed will be in order in which the completed application is received.

There are no units available at this time. Incomplete applications will be sent back and not be considered as received.

Applications will be accepted from:

Monday September 16th to Thursday September 19th 2024 from 9:00 am to 4:00 pm

Friday September 20th 2024 from 9:00 am to 6:00 pm

Monday September 23th to Saturday September 28th 2024 from 9:00 am to 4:00 pm

(the "lottery period".)

Applications after September 28, will not be included in the lottery- Please note that office hours for **Mission Park** office are: **Monday through Friday 8:30 am to 5:00 pm.**

Interested applicants may apply on one of the following methods:

- Print the application from Mission Park website www.missionpark.com (most recommended)
- In person at Mission Park located at 805 Huntington Ave. Boston MA 02115, (Flynn Conference Room)
- Pick up an application from Boston Public Library, 700 Boylston St., Boston, MA
(Hours: 9am-8pm Monday through Thursday. 9am-5pm Friday and Saturday, 11am-5pm Sunday)

If you apply in person or by mail, the application must be received or postmarked with a date of September 28, 2024. Applications should be submitted to Mission Park at 835 Huntington Ave. Boston MA 02115.

NOTE: Applications will not be sent or received by fax or e-mail.

Please call in advance at (617) 566-0707 if a reasonable accommodation request is needed or assistance with Limited English proficiency. For hearing assistance our TDD number is 1.800.545-1833 ext. 945.

YOUR PLACE ON THE WAITLIST WILL BE DECIDED BY A LOTTERY ON FRIDAY OCTOBER 11, 2024 AT 9:00 AM AT RTH COMMUNITY CENTER AT 20A VINING STREET, BOSTON MA 02115

HUD Income Limits for 2024 (subject to change)

Household Size	1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
60% Income	68,520	78,360	88,140	97,920	105,780	113,640	121,440	129,240



English - This is an important notice. Please have it translated.
Spanish – Esto es un aviso importante. Por favor téngalo traducido.
Russian - Это важное уведомление. Пожалуйста, переведите его.
Chinese - 英語 - 這是一個重要的通知。請將其翻譯。
French – C'est une notification importante. Veuillez l'avoir traduite.

Community Education & Job Training

RTH/BWH Believe and Achieve Scholarship

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level). Applications are accepted year-round, interviews are conducted quarterly.

Applications are available at the RTH Education and Resource Center, 25 Mission Park Drive, Duggan Building, the RTHCC Welcome Desk, RTH Teen Center, or contact Roxanne at rhaecker@roxburytenants.org if you would like an application emailed to you.

Wentworth Scholarship Opportunity for Mission Hill and Fenway Residents

RTH residents have the opportunity to attend Wentworth Institute of Technology tuition-free. For more information contact Johanna Sena at Senaj@wit.edu or 617-930-3664.



Francis Street Garden

Hours: Daily 7:00am to Sunset, Weather permitting

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The Garden has a keypad to access. If you are visiting the Garden for the first time, please call your Management Office for the code.

Please note the garden will remain locked if weather conditions create a safety hazard.

SERV Safe Food Handlers Certification Classes

Date: By Appointment
Day of the Week: By Appointment
Time: By Appointment
Location: Online
Age: High School (14-17), Adults (18-55), Seniors (55+)

RTH requires those who serve or prepare food for or at community events to have this training. The certification is free if you are a volunteer or Community Events Committee member. SERV Safe courses are offered online only.

Sewing with Julia Sewing Workshop

Date: Sep 27th – Dec 27th
Late Fall Date: Nov 8th - Dec 20th
Day of the Week: Friday
Time: 6:30pm – 8:30pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55), Seniors (55+)
Cost: Free for RTH Residents, \$50 Mission Hill Residents, \$150 Non-Residents
Capacity: 8

Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop. Use our machines or bring your own.

Anatomy of a Chicken

Date: Oct 23rd
Day of the Week: Wednesday,
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55)
Capacity: 15

A professional chef demonstrates how to cut up a whole chicken to make three budget-friendly and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their dishes for their families.

Air Fryer Meals You Want to Eat!

Date: Nov 20th
Day of the Week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Children (4-12), Middle School (11-13),
High School (14-17)
Capacity: 15

You can make tasty & nutritious dishes like "fried" chicken nuggets and fish & chips in an air fryer! Join us to learn how and have a chance to win an air fryer! Families with children 5 to 17 Please reserve Child Watch service for children under 5.

Seafood Nutrition - Healthy Families & Kids

Date: Dec 18th
Day of the Week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Family (All Ages)
Capacity: 15

Learn how seafood affects brain health and about the nutritional needs of children's brains; enjoy a seafood preparation demo and take home the ingredients to recreate a kid-friendly recipe at home. Grandparents welcome, too!

Bike Repair Workshop with Bikes Not Bombs

Date: Sep 27th
Day of the Week: Friday
Time: 4:30pm – 7:00pm
Location: Parks Community Building
Age: Middle School (11-13), High School (14-17),
Adults (18-55), Seniors (55+)
Cost: Free
Language: English
Capacity: 15

Trained mechanics teach you to fix a flat, reattach or tighten your chain, and make other basic bike repairs

Crochet Cafe

Date: Sep 26th – Oct 31st
Late Fall Date: Nov 7th – Dec 19th
Day of the Week: Thursday
Time: 3:00pm – 4:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English, Chinese
Capacity: 12

Join facilitators Li Fang Zhang and Joe Melanson for a relaxing afternoon as we teach each other crochet. Free supplies are provided but are limited so you must be registered.

English Conversation Group

Date: Sep 25th - Oct 30th
Late Fall Date: Nov 6th - Dec 18th
Day of the Week: Wednesday
Time: 1:00pm – 2:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 8

Short readings and discussions will enhance your English skills. Join this friendly group for tea and conversation.



Education & Resource Center (ERC) at the Betty Powers Library

The Betty Powers Library & Resource Center

25 Mission Park Drive, Duggan Building

Open Monday-Friday 9:00 am - 6:00 pm; Saturdays 9:00 am - 12:00 pm and 1:00 pm - 6:00 pm

Offering faxing, copying & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH children and youth.

Resident Services staff are in the center to translate letters and help fill out forms Saturdays

10 am – 11:00 a.m. and in the Flynn Conference Room Tuesdays 10 am – 12 pm.

Computer and internet access 2-hour blocks of time may be reserved by appointment. Walk-ins will be turned away if the center is at capacity. Avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

Saturday is Smartphone Day!

Fall Date: Sep 25th – Nov 2nd

Late Fall Date: Nov 9th – Dec 18th

Day of the week: Saturday

Time: 1:30pm – 2:30pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: Chinese, English

Capacity: 10

This program is designed for seniors or people who are new to Apple/Android smartphones. Students will be introduced to concepts and technologies behind smartphones and learn to use the basic functions and apps. At the end of each class.

Intro to Computers in Chinese

Fall Date: Sep 25th – Oct 30th

Late Fall Date: Nov 6th – Dec 18th

Day of the Week: Wednesday

Time: 11:30am – 12:30pm

Location: ERC

Age: Adults (18-55), Seniors (55+)

Language: Chinese

Capacity: 10

Learn how to use and become familiar with using the mouse and keyboard with hands-on practice.

Did you know?

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/online-resources

Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Betty Powers Library & Resource Center 617-232-4306 x 601 with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

Computer Basics in Chinese

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 4:00pm – 5:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: Chinese
Capacity: 10

Become familiar with the different parts of the computer and how they work together, how to set up an email account, send and receive email.

Computers for Beginners English

Fall Date: Sep 28th – Nov 2nd
Late Fall Date: Nov 9th – Dec 21st
Day of the week: Saturday
Time: 11:00am – 12:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English
Capacity: 8

Learn the basics of using a computer. Participants will learn to set up an email account and send & receive emails, create folders and input items, use a USB drive, navigate the web, have internet safety, and much more.

Spanish Computer Club

Fall Date: Sep 23rd – Oct 28th
Late Fall Date: Nov 4th – Dec 16th
Day of the week: Monday
Time: 6:00pm – 7:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: Spanish
Capacity: 10

Have fun with technology, practice your digital skills and learn new skills in a relaxed and supportive environment.

Minecraft EDU

Date: Sep 28th – Dec 28th
Day of the week: Saturday
Time: 3:30pm – 4:30pm
Location: ERC
Age: Youth (6-10), Middle School (11-13)
Language: English
Capacity: 12

Minecraft Educators Edition is a game-based learning platform that promotes creativity, collaboration, and problem-solving! This class offers the opportunity to learn & practice block-based and Python coding and Redstone projects.

Minecraft EDU Fridays

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 4:30pm – 5:30pm
Location: ERC
Age: Child (0-5), Youth (6-10), Middle School (11-13)
Capacity: 10

Minecraft Educators Edition is a game-based learning platform that promotes creativity, collaboration and problem-solving. Have fun Minecrafting with friends!



Free Resources

At the Isabella Stewart Gardner Museum, if your name is “Isabella” you’ll get free admission forever to this museum. Children under age 18 and military families also get in free, and there’s free admission to the museum if you show ID proving it’s your birthday. Advanced secured tickets recommended. (Adjustments are made if your birthday falls on a day the museum is closed.) 25 Evans Way, Boston; 617-566-1401; gardnermuseum.org.

Visting the **Arnold Arboretum** is always free, and it’s open sunrise to sunset every day of the year. Check out the Tree of the Month letterbox activity or borrow a free backpack that contains materials for touring the grounds. 125 Arborway, Boston; 617-524-1718; arboretum.harvard.edu.

See the Pru transform into a flower extravaganza. The Pru is going to look a little different from Sept. 18 through 22 as the Fleurs de Villes ARTISTE flower exhibition will stud the shopping center with 15 MFA-inspired artworks made completely out of fresh flowers.

September babies can have their cake ... and lobsters. That’s because Summer Shack locations in Boston and Cambridge are giving September babies a free one-pound lobster on the house on their birthday (not joking!) as long as you show proof of ID. Even better: No purchase is necessary to get the deal.

Welcome fall with free art and fun programs at The Greenway ARTbeat series! Enjoy over 50 free events — from live music and dance to food trucks — and check out installations like Jeffrey Gibson’s epic 70-foot mural by South Station, kicked off by an opening celebration on Sept. 19 from 6 to 8 p.m. It’s the perfect way to unwind and experience downtown, soaking up the nice weather while it lasts. Keep an eye out for additional programs and the public art on display as you wander through 1.5 vibrant miles of park now through the end of the year.

RoboBoston: 7th Annual Robot Block Party !by MassRobotics

RoboBoston is a celebration showcasing universities, startups, companies and student teams with cutting-edge robotics, AI and technology.

Saturday, September 28 · 10:45am - 4pm ED

88 Seaport Boulevard Boston, MA 02210

Learn more here: <https://www.massrobotics.org/roboboston/>

As Boston gains recognition as THE global innovation hub for Robotics, RoboBoston is a celebration showcasing universities, startups, companies and student teams with cutting-edge robotics, AI and technology.

This year’s 7th Annual Robot Block Party, free and open to the public, will include robot demonstrations and hands-on interactions with robots, games and more. All ages Welcome!

- 10:45AM | Robot Parade
- 11:00AM | Ribbon Cutting
- 11:00AM - 4:00PM | Robot Block Party

Youth Education & Community Education

Career Pathways Workshops

Date: Oct 16th, Nov 20th, Dec 18th

Day of the week: Wednesday

Time: 6:00pm – 7:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13)

Come learn about what it's like to work in various professions and what it takes to get here. Bring your questions and curiosity! Guest speakers and topics TBA, watch for flyer!

Apprenticeships for Middle and High School Students

Fall Date: Sep 24th – Oct 29th

Late Fall Date: Nov 5th – Dec 17th

Day of the week: Tuesday

Time: 4:30pm – 5:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

First Steps to Work offers middle school youth opportunities to learn while assisting with programs in the RTH community. Options include the Garden Crew, Bike Mechanics Crew, and Community Events Crew. Contact Jen for more information and the application link.

Fall Gardeners Gathering

Date: Oct 9th

Day of the week: Wednesday

Time: 4:30pm – 6:00pm

Location: RTHCC Room 117

Age: Family (All Ages)

Meet and talk with a certified Master Gardener, friends & neighbors to discuss your successes and challenges of gardening this year and your hopes for next season!

Getting connected on LinkedIn

Date: Nov 7th

Day of the week: Thursday

Time: 6:00pm – 7:30pm

Location: RTHCC Room 117

Age: Middle School (11-13), High School (14-17)

Learn about LinkedIn and set up your account to connect professionally online.

Halloween Party planning committee

Date: Sep 24th – Oct 29th

Day of the week: Tuesday

Time: 5:00pm – 6:00pm

Location: RTHCC Room 117

Age: Youth (6-10), Middle School (11-13),
High School (14-17), Adults (18-55)

Meet with fellow residents to plan and volunteer for the Kids Halloween Party that will be held on Saturday, October 26th. Bring your fun and spooky ideas!

RTH History Tour

Date: Sep 28th, Nov 23rd

Day of the week: Saturday

Time: 3:30pm – 5:00pm

Location: RTHCC

Age: Family (All Ages)

Come tour the neighborhood and learn about RTH's history! From the original neighborhood to the building of Mission Park, we will revisit the places and community organizing that led to us being here now! Rain date: Oct 10th 5:00pm.

Getting Ready to Apply Workshop

Date: Nov 21st

Day of the week: Thursday

Time: 6:00pm – 7:30pm

Location: RTHCC Teen Center

Age: Middle School (11-13), High School (14-17)

Create or refresh your resume and explore online applications.

Interviewing Best Practices

Date: Nov 21st
Day of the week: Thursday
Time: 6:00pm – 7:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Learn and practice the best strategies for successful interviewing.

School-year Jobs for Teens

Date: Sep 23rd – Oct 28st
Day of the week: Monday
Time: 4:00pm – 6:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Find out where to apply for school year jobs in Boston and any assistance needed in the process (application, interview prep, follow-up, onboarding). Emailing Jen at jlewis@roxburytenants.org or drop by the Teen Center for more information.

Teen Volunteer Program

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 6:30pm – 7:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Come hear about opportunities for volunteering in the neighborhood and find ways to get involved in your community. Led by teen volunteers!

Work Permits, ID's and Banking, oh my!

Date: Oct 2nd
Day of the week: Wednesday
Time: 6:00pm – 7:30pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Come to this info session if you are a teen or parent of one and want to know more about what the steps are to work as a teen and the documents required to get and keep the job!





SEPTEMBER:
NATIONAL BETTER BREAKFAST
9/25 9AM-12PM



OCTOBER:
NATIONAL EMOTIONAL WELLNESS
10/16 9AM-12PM

RTH-COMMUNITY CENTER



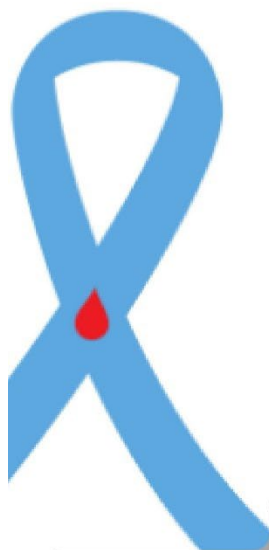
UPCOMING



NATIONAL APPRECIATION

CELEBRATIONS!

Stop by the RTH-CC Welcome Center this Fall and learn more about these National Appreciations!



November:
NATIONAL DIABETES AWARENESS
11/13 9AM-12PM



DECEMBER:
NATIONAL SAD AWARENESS 12/11
9AM-12PM

Health & Wellness

Fitness Orientation:

Ages: 13+

Strongly Recommended for all members.

The Fitness Orientation includes a series of tests which assess 5 components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information helps to design and implement an exercise program to best meet your needs.

DID YOU MISS YOUR CHANCE TO HAVE A FITNESS ORIENTATION WHEN YOU FIRST JOINED US?

Don't worry! Fitness orientations aren't only for new members. If you think you would benefit from an orientation, please don't hesitate to register for an appointment. By Appointment scheduled at the welcome desk or call (617)232-4306 x200

Fitness Testing:

Ages: 14+

All residents are encouraged to schedule Fitness Testing for strength cardio and flexibility. Testing will help you know where you are in comparison to your fitness goals. It will also give you a snapshot of how successful your current routine has been. You will know what type of adjustments you will need in our current program to help you keep improving. By appointment scheduled at the welcome desk or call (617)232-4306 x200

The InBody Scale

When you step on a scale all you see is a number with no context.

Go beyond the scale with the InBody Test, a non-invasive, quick, and accurate body composition analysis. The InBody will help you understand how your weight is broken down into muscle, fat, bone, and body water. Evaluate your results with Health and Wellness Director Zach and develop a plan to reach your health and fitness goals. Come in for an appointment today!

Healthy Moves

Fall Date: Sep 23rd – Nov 1st

Late Fall Date: Nov 4th – Dec 20th

Day of the week: Monday, Wednesday, Friday

Time: 10:00am – 11:00am

Location: RTHCC Foyer

Age: Seniors (55+)

This exercise program is great for our aging population, enabling this community to stay healthy and fit. The class works on improving strength, endurance, and flexibility. Included is a pre and post-assessment.

Spin

Fall Date: Sep 24th – Nov 1st

Late Fall Date: Nov 5th – Dec 20th

Day of the week: Tuesday, Thursday, Friday

Time: Tues/Thur: 9:00am – 10:00am

Friday: 6:00pm – 7:00pm

Location: RTHCC Studio

Age: Adults (18-55), Seniors (55+)

Spin is a highly effective way to build cardiovascular strength and endurance. Designed for all ages and fitness levels, Spin offers a challenging 60-minute ride with energizing music. It's an opportunity to get your heart pumping.

Muscle Works

Fall Date: Sep 23rd – Oct 31st

Late Fall Date: Nov 4th – Dec 19th

Day of the week: Monday, Thursday

Time: Monday: 8:00am – 9:00am

Monday: 6:00pm – 7:00pm

Thursday: 6:00pm – 7:00pm

Location: RTHCC Studio

Age: Adults (18-55), Seniors (55+)

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

Full Body Workout

Fall Date: Sep 24th – Oct 31st
Late Fall Date: Nov 5th – Dec 19th
Day of the week: Tuesday, Thursday
Time: 8:00am – 9:00am
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

This is a workout that aims to hit all the major muscle groups in one single class. Incorporating cardio movements, core strengthening and balancing exercises.

Yoga

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 11:00am – 12:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Our yoga class welcomes all levels and will feature a variety of poses with modifications giving participants options to make each position more challenging or simpler. This class will focus on opening the body through controlled movements.

Tai Chi

Fall Date: Sep 23rd – Oct 30th
Late Fall Date: Nov 4th – Dec 18th
Day of the week: Monday, Wednesday
Time: 11:30am – 12:30pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Tai chi is an art embracing the mind, body, and spirit. Originating in ancient China, tai chi is one of the most effective exercises for the health of the mind and body. Although an art with depth of knowledge and skill, it can be easy to learn.

Tabata

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

Family Zumba

Fall Date: Sep 25th – Oct 30th
Late Fall Date: Nov 6th – Dec 18th
Day of the week: Wednesday
Time: 5:30pm - 6:30pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Family Zumba gives you a chance to be active together. It's a full-body workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a dose of awesome each time you leave class.

Zumba

Fall Date: Sep 26th – Nov 2nd
Late Fall Date: Nov 7th – Dec 21st
Day of the week: Thursday, Saturday
Time: Thursday: 7:00pm – 8:00pm
Saturday: 11:00am – 12:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training — alternating fast and slow rhythms — to help improve cardiovascular fitness.

Zumba Gold

Fall Date: Sep 25th – Oct 30th
Late Fall Date: Nov 6th – Dec 18th
Day of the week: Wednesday
Time: 6:30pm – 7:30pm
Location: RTHCC Room 117
Age: Adults (18-55), Seniors (55+)

Zumba Gold is a lower-intensity version of the Zumba class and was designed to meet the anatomical, physiological, and psychological needs of aging populations. Zumba Gold provides an option for aging populations.

Foam Rolling

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Studio
Age: Adults (18-55), Seniors (55+)

This class incorporates a self-myofascial release technique using a foam roller that aids in alleviating muscle tension and soreness.

Leg and Core Day

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 1:00pm – 2:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

This class will cover the ultimate lower body workout. You will perform a variety of leg exercises to target the glutes, quads and hamstrings safely and effectively under the supervision of a Certified Personal Trainer.

Walking Group

Fall Date: Sept 24th – Oct 31st
Late Fall Date: Nov 5th – Dec 19th
Day of the week: Tuesday (Eng), Thursday (Chi)
Time: 2:00pm – 3:00pm (Tuesday)
3:00pm – 4:00pm (Thursday)
Location: RTHCC Room 117
Age: Adults (18-55), Seniors (55+)
Language: English, Chinese

Everyone is welcome! Led in 2 languages. Attend one or both. Lace up your shoes and get ready to walk your way to better health, meet new friends, and have fun! Bad weather? No problem! We can walk indoors too.

Total Body Boot Camp with Zach

Fall Date: Sep 23rd – Oct 28th
Late Fall Date: Nov 4th – Dec 16th
Day of the week: Monday
Time: 6:00pm – 7:00pm
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

This class will cover the ultimate workout going round for rounds bootcamp style. You will perform a variety of compound movements testing your anaerobic and aerobic fitness levels through a variety of exercises.

Kung Fu Sword

Date: Sep 22nd – Nov 2nd
Day of the week: Monday - Friday
Time: 9:00am – 10:00am
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

Kung Fu Sword is a unique martial arts exercise class that blends the movements of Taiji boxing and other martial arts and dances. The movements are strong and flexible, full of elegance and beauty, and the impressive power of martial arts.

Stretch and Roll

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 8:00am – 8:30am
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

In Stretch and Roll participants will work on myofascial release through the use of foam rolling and dynamic stretch poses to gain flexibility and ease tensions in various muscle groups and joints across the body.

Program your Workout with a Personal Trainer

Fall Date: Sep 23rd – Nov 1st
Late Fall Date: Nov 4th – Dec 20th
Day of the week: Monday - Friday
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

Meet with one of our qualified personal trainers for a one-on-one consultation to help develop your workout program. Discuss your fitness goals and exercise history to gain a better footing on how to progress safely and effectively with your routine.

2024 Mission Hill Road Race

Fall Date: Sep 20th
Day of the week: Saturday
Time: 9:00am for walkers
9:30am for runners
Location: Kevin W. Fitzgerald Park
Age: Family (All Ages)
Children under 13 must have parent's consent
Cost: Free for RTH Residents

Every year this community event comes together in support of the Kevin W. Fitzgerald Park. Please join us in festivities. Complementary T-shirt for the first 250 residents. RTH residents will meet at RTHCC Room 117 at 8am for pre-race review.

Blood Pressure Monitoring Program

Fall Date: Oct 7th – Nov 18th
Day of the week: Monday - Friday
Time: By Appointment
Location: RTHCC Wellness Floor
Age: Adults (18-55), Seniors (55+)

Why is blood pressure monitoring important?

Blood pressure monitoring is important in evaluating general health and most diseases and conditions. It helps to diagnose and evaluate treatment of conditions such as hypertension, coronary heart disease, diabetes, stroke, and kidney disease. Studies show that blood pressure monitoring even once per week was sufficient to aid people control future illness.



**ALWAYS HERE FOR
YOU**

**Free Member Fitness
Orientation**

**Have you recently joined the RTH Community Center?
Do you need help with how to best achieve your
fitness goals? Not just for new members. Let us help
you!**

**To Schedule an Orientation
Appointments can be made at the
Welcome Desk or call**

(617) 232-4306x200



BLOOD PRESSURE MONITORING PROGRAM

Participants will work with trained Healthy Heart Ambassador at RTH-CC for the duration of the program.

Record blood pressure readings using an easy-to-use tracking tool.

Healthy Heart Ambassadors are available each week for one-on-one 10-minute consultations to support you as you continue to better manage your blood pressure.



JOIN US THIS FALL

7 OCT. 2024

ENDING

18 NOV. 2024

To qualify for raffle:

- *18years or older*
- *Consistent weekly check-ins*
- *Complete BP Log Book*
- *Show lower BP Levels*

**CHANCE TO ENTER & WIN
RAFFLE PRIZE!!!**

**SIGN UP TODAY AT
RTH-CC WELCOME CENTER DESK**

FOR MORE INFORMATION :

ZMCCULLOCH@ROXBURYTENANTS.ORG

Resident Services

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

RTH Residents benefits

- Food stamps (SNAP)
- Elder Services
- THE RIDE
- 504 Reasonable Accommodation Requests
- Globe Santa
- RAFT
- Tenant Stabilization Fund (TSF)
- Other

We recognize that seniors are a historically under-served population. You may face many barriers that impact your quality of life. We want to help improve your quality of life. Contact Residents Service now for assistance!

Resident Service Coffee Hours

Date: Sep 24th – Duggan 3:00pm – 4:00pm
Oct 8th – Flynn 2:00pm – 3:00pm
Nov 12th – Neville 1:00pm – 2:00pm
Nov 19th – Levinson 3:00pm – 4:00pm
Dec 9th – Mosaic 4:00pm – 5:00pm
Age: Adults (18-55)

Please come and join us at our coffee hours at our different buildings. Meet our Resident Service Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

Mental Health Workshop Series – Depression

Date: Sep 24th
Day of the week: Tuesday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English

In this second part of the series, we will learn about Depression. What is Depression and how to cope with it. Signs, symptoms, treatments and medications.

Mental Health Workshop Series – Navigating the Mental Health System

Date: Oct 17th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English

In this second part of the series, we will learn how to Navigate through the health system. Some of the topics we will talk about are how to get a referral, choosing a therapist and or psychiatrist, working with the insurance systems, and paperwork.

Mental Health Workshop Series – Confidentiality

Date: Nov 14th
Day of the week: Thursday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Language: English

This training provides a comprehensive understanding of confidentiality's critical role in the mental health system. Participants will have a grasp of confidentiality in upholding the integrity and effectiveness of mental health services.

The Legal Process: What You Need to Know

Date: Oct 22nd
Day of the week: Tuesday
Time: 5:30pm – 7:00pm
Location: RTHCC Room 117
Age: Adults (18-55)

Trinity & RS are hosting a training about the Legal Process: What you need to know. We will talk about Notice to Quit, Notice to Terminate, No Trespassing, Legal Fees, Court Agreements, Default in Court, and the Eviction Process.

Cleaning Workshop English

Date: Nov 12th, Nov 26th

Day of the week: Tuesday

Time: 5:30pm – 7:00pm

Location: Parks Community Building

Age: Adults (18-55), Seniors (55+)

Language: English

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and how to make non-toxic cleaning materials. Residents who complete the workshops will receive free cleaning supplies.

Cleaning Workshop Russian

Date: Oct 15th, Oct 29th

Day of the week: Tuesday

Time: 5:30pm – 7:00pm

Location: Parks Community Building

Age: Adults (18-55), Seniors (55+)

Language: Russian

The workshops educate residents on cleaning and being ready for inspections. Residents will learn how to acquire products and how to make non-toxic cleaning materials. Residents who complete the workshops will receive free cleaning supplies.

Thanksgiving Family Turkey Giveaway

Registration Deadline: November 11th

Location: Resident Services

Age: Family with children under 18

With the holidays approaching, we are asking families in need of a Turkey this year to sign up with Resident Services for a chance to get a turkey and a bag of sides. There is a Limited supply and one per household

Translation and Interpretation Services

Date: Sep 15th – Dec 1st

Day of the week: Tuesday

Time: 10:00am – 12:00pm

Location: Flynn Conference Room

Age: Adults (18-55)

Translation services are available for Chinese, Russian & Spanish-speaking residents. You may have email translated, management and facilities notices interpreted, and discussed important to you with members of the Resident Services Staff.

How to apply for Food Stamps (SNAP)

Date: Dec 3rd

Day of the week: Tuesday

Time: 5:30pm – 6:30pm

Location: Parks Community Building

Age: Adults (18-55), Seniors (55+)

This workshop will cover:

Frequently Asked Questions like:

- Am I eligible for SNAP?
 - How to I apply for SNAP?
 - What happens when I apply for SNAP?
 - How do I receive SNAP benefits?
 - How long will I receive SNAP?
 - Who is in the SNAP household?
 - What resources can I have to get SNAP benefits?
 - Do vehicles count as resources?
 - What are the SNAP income limits?
 - What deductions are allowed in SNAP?
 - How much could I receive in SNAP benefits?
 - What are the SNAP work requirements?
 - Are students eligible for SNAP?
 - What if I disagree with a decision made on my SNAP case?
 - Where can I get additional information about SNAP?
-

Flu Vaccine and Current Covid Booster Clinic

Date: TBA October

Location: Parks Community Center

Registration: Resident Services

Age: Family (All Ages)

RTH is once again coordinating with the Brigham & Women's Hospital to hold our annual Flu and Covid Clinic. If you would like to sign up for one or both, please call Resident Services to schedule an appointment.

1. Leave your Name, Date of Birth, Address, and Phone number
2. Let us know if you want the flu vaccine, Covid Booster or Both
3. Bring your all your Health Insurance Cards

FOOD INSECURITY IS NOT A PERSONAL FAILURE.

RTH recognizes the importance of fresh, nutritious foods. We have several programs to assist you and your family.



Food Assistance for RTH Families

Food insecurity is an official term for when people don't have enough to eat, don't know where their next meal will come from, lack access to nutritious food, and can't access the food they need to live their fullest lives. Food insecurity is a systemic issue that can happen to anyone – in the US over 44 million people, including 13 million children, experience food insecurity annually. Food insecurity can have serious consequences on people's physical health, mental healthiness, and overall well-being.

Globe Santa

Here are the instructions to apply for the Globe Santa Program Holiday gift Verification. To Ask for a Globe Santa program gift for your children, **you must write a letter to the Globe Santa program that says why you need help.** The letter should not be a wish list. The child (ren) whose name (s) appear on the Holiday gift Verification Form is eligible for Globe Santa program gifts. You need to review and sign the Holiday Gift Verification form so that the Globe Santa program has the information needed to help you and get it touch with you.

Mail to:

Globe Santat
300 Constitution Drive
Taunton, MA 02780-7378
Holiday Gift Verification Form
Do NOT send your letter and completed form to the DTA office. If you have questions, go to the website (www.globesanta.org for instructions or call the Globe Santa program at 617-929-1525 (English) or 617-929-**8006 (Spanish).** **If you need a Holiday Gift Verification Form visit the web site or stop by Resident Services.**

Catholic Charities Food Pantry

Date: Sep 18th – Dec 18th
Day of the week: Wednesday
Time: 10:00am – 11:30pm
Location: Parks Community Building
Age: Adults (18-55)
Language: English

Catholic Charities food pantry in Dorchester is a source of free food for the community. Prepared bags with balanced food items will aid in preparation. Must sign up one day prior. A minimum of 5 residents must participate. Please bring your id.

Fresh Truck Mobile Market

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Fresh Truck is now a hybrid market; with online ordering and in person shopping available.
Day of the week: Wednesday
Time: 3:00pm - 5:30pm
Location: Outside the Parks Community Building
Sign up online or by lottery.

Order online - call the Resource Center at (617) 232-4306 ext. 601 to make an appointment if you need assistance ordering online from Fresh Truck.

Lottery - Parks Building in the Community Room at 2:40pm. Lottery tickets will be available at 2:30 p.m. You must be physically present.



Senior Services

Seniors, we want to hear from you! What ideas do you have for day trips? Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700.

Senior's Mystery Trips

Date: Oct 29th, Nov 20th, Dec 4th
Day of the week: Tuesday, Wednesday
Time: 11:00am – 3:00pm
Location: Outing
Age: Seniors (55+)
Cost: \$15/\$25/\$20

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It's a great opportunity to meet new people.

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

Arts and Crafts Seniors

Date: Sep 25th – Dec 18th
Day of the week: Wednesday
Time: 11:30am – 1:30pm
Location: Flynn Kitchen
Age: Seniors (55+)

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more.

Senior Taxi Coupons

Date: Oct 1st - Dec 3rd
Day of the week: First Tuesday of the month
Time: 12:00pm
Age: Seniors (55+)
Location: Flynn Kitchen, 1st floor
Cost: \$5.00 for \$10.00 worth of coupons. 2 books limit

1st Tuesday of the month. Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of four books per month.

Senior Chat Programs

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend

Various Locations:

Joy Luck Club, Chinese language focus

Date: Oct 4th - Dec 6th
Day of the week: 1st Friday of the month
Time: 1:00pm
Location: Parks Community Building

Russian Tea Room, Russian language focus

Date: Oct 9th – Dec 11th
Day of the week: 2nd Wednesday of the month
Time: 5:00pm
Location: Flynn Kitchen

Chit Chat Meeting, English language focus

Date: Oct 4th – Dec 6th
Day of the week: 1st Friday of the month
Time: 1:00pm
Location: Senior Drop-in Center

Spanish Chat Meeting, Spanish language focus

Date: Oct 18th – Dec 20th
Day of the week: 3rd Friday of the month
Time: 12:00pm
Where: Flynn Kitchen, 1st floor

Senior Center Drop-in

Date: Sep 23rd – Dec 20th
Day of the week: Monday, Friday
Time: 11:00am – 2:00pm
Location: Senior Drop in Center
Age: Seniors (55+)

Drop by the Senior Center for a cup of coffee, conversation, play a game or make a card. Fridays from 11 - 2pm. See the Senior calendar for scheduled activities.

Senior Monthly Shopping Trips

Please call the RTHCC at (617) 232-4306 ext. 200 to register for shopping trips.

Market Basket

Date: Oct 1st – Dec 17th
Day of the week: 1st and 3rd Tuesday of the month
Time: 9:30am – 1:30pm
Location: Outing
Meet in Levinson Tower lobby at 9:20am

Chinatown Shopping

Date: Sep 26th – Dec 12th
Day of the week: 2nd and 4th Thursday of the month
Time: 10:00am – 1:30pm
Location: Outing
Meet at Levinson Lobby 9:50am

Kam Man Supermarket Quincy, Ma

Date: Oct 3rd – Dec 19th
Day of the week: 1st and 3rd Thursday of the month
Time: 10:00am – 1:30pm
Where: Outing
Meet at Levinson Lobby 9:50am

Monthly Shopping trip to Mall

Date: Sep 24th – Dec 10th
Day of the week: 2nd and 4th Tuesday of the month
Time: 9:30am – 1:30pm
Where: Outing
Meet in Levinson Tower lobby at 9:20am

Crochet Cafe

Date: Sep 26th – Oct 31st
Late Fall Date: Nov 7th – Dec 19th
Day of the Week: Thursday
Time: 3:00pm – 4:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English, Chinese
Capacity: 12

Join facilitators Li Fang Zhang and Joe Melanson for a relaxing afternoon as we teach each other crochet. Free supplies are provided but are limited so you must be registered.

Bingo

Date: Sep 22nd – Dec 19th
Day of the week: Monday, Thursday, Sunday
Time: 2:00pm – 5:00pm
Location: Senior Drop-In Center
Age: Seniors (55+)
Language: English, Spanish

Come early, buy your Bingo cards, grab a good seat, and hang out with your friends. No admittance into Bingo after 15 minutes of the start time.

Bowling

Date: Sep 23rd – Dec 9th
Day of the week: Monday
Time: 10:00am – 1:30pm
Location: Outing
Age: Seniors (55+)

Do you enjoy bowling? Join us on Monday mornings. It's free. Space is limited. You must register to attend. Meet at Levinson Tower lobby at 9:45am.

Bingocize

Date: Sep 30th – Dec 11th
Day of the week: Monday, Wednesday
Time: 2:30pm – 3:30pm
Location: Flynn Conference Room
Age: Seniors (55+)

Bingocize is a fun way to play bingo and improve your health and quality of life. It is held 2 times a week. You must be committed to the program.



Adults

Anatomy of a Chicken

Date: Oct 23rd
Day of the Week: Wednesday,
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55)
Capacity: 15

A professional chef demonstrates how to cut up a whole chicken to make three budget-friendly and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their dishes for their families.

Crochet Cafe

Date: Sep 26th – Oct 31st
Late Fall Date: Nov 7th – Dec 19th
Day of the Week: Thursday
Time: 3:00pm – 4:00pm
Location: ERC
Age: Adults (18-55), Seniors (55+)
Language: English, Chinese
Capacity: 12

Join facilitators Li Fang Zhang and Joe Melanson for a relaxing afternoon as we teach each other crochet. Free supplies are provided but are limited so you must be registered.



Ladies First

Date: Sep 22nd – Nov 2nd
Late Fall Date: Nov 5th - Dec 17th
Day of the Week: Tuesday
Time: 6:00pm – 8:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Capacity: 25

Ladies First is a weekly program designed for women of the RTH community. We will create powerful and enriching experiences, provide bonding opportunities, and promote unity. You will form meaningful relationships with other women.

Self Defense for Everyone

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the Week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Room 117
Age: Adults (18-55)
Cost: \$5 for Non-Residents
Capacity: 25

RTH adults are invited to get into great physical and mental shape while learning the important life skills of self-defense. Learn techniques and skills like stances, strikes, blocks, and kicks. Sessions will include a mix of Karate & Kempo/Kenpo.

We're Hiring

Open Positions

Elder Program Manager

- Full time
- 50,000-65,000 per year

Gym Monitor

- Part Time
- \$19.00-\$21.00 per hour

Social Worker

- Full Time
- 54,000-75,000 per year

Sports Coordinator

- Part Time
- \$20-\$24.00 per hour

Welcome Desk Coordinator

- Full Time
- \$22.00-\$26.00 per hour

Welcome Desk Receptionist

- Part Time
- \$18.54-\$21.00 per hour

Teen Program Coordinator

- Part Time
- \$24.50-\$26.30 per hour



Let's Join Our Team

Roxbury Tenants offers rewarding careers for people looking to make a difference at a mission based organization. We welcome applicants with diverse backgrounds and cultures who are interested in working at RTH, including current residents. RTH is an equal opportunity action employer.

Contact the RTH Office for Job inquiries :

617-232-4306

<https://roxburytenants.org>



Wanted -Per Diem CDL Driver

RTH is looking for a qualified Per-Diem CDL Driver. Be a part of our community and shuttle our residents to various events, grocery stores, and locations throughout greater Boston.

Qualifications:

- C.D.L. A or B license holder must provide clean driving record.
- C.D.L. A or B license holder must pass DOT pre-employment physical and drug test.
- Rate of pay \$27.00-\$35.00/hr

<https://roxburytenants.isolvedhire.com/jobs/>



Family Programs

Mindful Fun/Martial Art

Fall Date: Sep 28th – Nov 2nd
Late Fall Date: Nov 9th – Dec 21st
Day of the week: Saturday
Time: 2:00pm – 3:00pm
Location: RTHCC Room 117
Ages: Youth (6-10), Middle School (11-13)
Cost: Free for Residents, \$5 for Non-Residents
Capacity: 25

RTH youth are invited to get into great shape while learning self-defense skills. learn techniques and skills like stances, strikes, blocks, and kicks. sessions will include a mix of karate & Kempo/Kenpo with meditation and conflict resolution.

Friday at the Movies!

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 6:30pm – 8:30pm
Location: RTHCC Room 117
Ages: Youth (6-10), Middle School (11-13)
Cost: \$5 for Non-Residents
Capacity: 25

Come relax and watch a movie with your RTHCC friends and family movie night. Bring a pillow, comfy blanket, or favorite stuffed animal. Popcorn will be provided!

Franklin Park Lights

Date: Oct 26th
Day of the week: Saturday
Time: 5:00pm – 8:00pm
Location: Outing
Cost: \$8 for Residents, \$15 for Non-Residents
Ages: Family (All Ages)

The event is a festive community gathering designed for families to kick off the Holiday season. This event usually revolves around the grand illumination of holiday lights in Franklin Park, transforming it into a fall scene.

Mickey on Ice

Date: Dec 22nd
Day of the week: Sunday
Time: 4:00pm – 7:00pm
Location: Outing
Ages: Family (All Ages)
Cost: \$22 for Residents, \$44 for Non-Residents
Capacity: 25

Disney on Ice is a magical and family-friendly ice skating show that features beloved Disney characters, including Mickey Mouse, Minnie, and many others, performing dazzling routines on ice.

Apple Picking

Date: Sep 28th
Day of the week: Saturday
Time: 11:00am – 3:00pm
Location: Outing
Ages: Family (All Ages)
Cost: \$5 residents; \$10 non-residents
Capacity: 53

Honey Pot Hill Orchards was founded in 1926 and now spans 186 acres of apples, peaches, blueberries, and other crops. Everyone attending will receive a small bag and a voucher for their favorite activity. Passes can be purchased at RTHCC.

Halloween Fun

Date: Oct 19th
Day of the week: Saturday
Time: 12:00pm – 2:30pm
Location: RTHCC Room 117
Ages: Family (All Ages)
Capacity: 25

Come dressed in Halloween outfits and enjoy trick-or-treating, face painting, pumpkin decorating, and cookie decoration and more.

Mayor's Trolley Tour

Date: Dec 7th
Day of the week: Saturday
Time: TBD
Location: Outing
Ages: Family (All Ages)

The mayor's Trolley Tour is a delightful way for residents to explore their city, learn about local history or developments, and celebrate the community spirit, especially around the holidays. It's a unique, interactive experience that brings people together in a festive and informative setting.

Air Fryer Meals You Want to Eat!

Date: Nov 20th
Day of the Week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Children (4-12), Middle School (11-13),
High School (14-17)
Capacity: 15

You can make tasty & nutritious dishes like "fried" chicken nuggets and fish & chips in an air fryer! Join us to learn how and have a chance to win an air fryer! Families with children 5 to 17 Please reserve Child Watch service for children under 5.

Family Arts and Crafts Drop-In Fun Day

Date: Sep 28th – Nov 2nd
Late Fall Date: Nov 9th – Dec 21st
Day of the week: Saturday
Time: 12:00pm – 2:00pm
Location: RTHCC Room 117
Ages: Family (All Ages)
Capacity: 25

Come create amazing painted arts and crafts. Perfect for all skill levels. We will create "masterpieces" using paint, clay, paper mache, crayons, and other mixed-media. This is a family program - parents must remain with their children.

Kids Holiday Party

Date: Dec 15th
Day of the week: Sunday
Time: 1:00pm – 4:00pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

It's that time of year to come out and celebrate with us. There will be fun activities and hot cocoa! Santa will be there with gifts for all!

Family Pumpkin Carving

Date: Oct 19th
Day of the week: Saturday
Time: 11:00am – 2:00pm
Location: RTHCC Room 117
Ages: Family (All Ages)
Capacity: 25

Families will receive one large pumpkin, a carving kit, and an online cooking demonstration for Caramel apples and pumpkin seeds. The best pumpkin will win a prize! Register and reserve a pumpkin at the Welcome Desk.

Cookies with Santa

Date: Dec 11th
Day of the week: Wednesday
Time: 5:00pm-8:00pm
Location: RTHCC Room 117
Ages: Family (All Ages)

A warm inviting place filled with Christmas decorations, and twinkling lights. There are tables set up with various stations for cookie decorating. Children can choose from multiple holiday-themed cookie shapes and residents can choose their toppings.

Uno Challenge

Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 6:00pm – 7:30pm
Location: RTHCC Teen Center
Ages: Family (All Ages)
Capacity: 25

A fun teambuilding game with residents working together. The game will emphasize following directions and gaining community connections. This is a family program - parents must remain with their children. Please register with the RTH Welcome Desk.

Anatomy of a Chicken

Date: Oct 23rd
Day of the Week: Wednesday,
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: High School (14-17), Adults (18-55)
Capacity: 15

A professional chef demonstrates how to cut up a whole chicken to make three budget-friendly and delicious family meals. Each participant takes home a whole chicken to practice what they've learned and create their dishes for their families.

Game Night

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the Week: Friday
Time: 6:00pm – 7:30pm
Location: RTHCC Room 117
Age: Family (All Ages)
Capacity: 25

RTH residents will learn how to play multiple games such as Uno, Dominos, board, and card games. Have fun competing with your RTH neighbors. This is a family program - parents must remain with their children. Register with the RTH Welcome Desk.

Child Watch

Fall Date: Sep 23rd – Nov 1st
Late Fall Date: Nov 4th – Dec 20th
Day of the Week: Monday - Friday
Time: 5:45pm – 8:00pm
Location: RTHCC Teen Center
Age: Family (All Ages)
Capacity: 15

Need someone to look after your children while you workout? Look no further. RTHCC is here to welcome your children in our child watch program while you work out.

Seafood Nutrition - Healthy Families & Kids

Date: Dec 18th
Day of the Week: Wednesday
Time: 6:00pm – 8:00pm
Location: Flynn Kitchen
Age: Family (All Ages)
Capacity: 15

Learn how seafood affects brain health and about the nutritional needs of children's brains; enjoy a seafood preparation demo, and take home the ingredients to recreate a kid-friendly recipe at home. Grandparents welcome, too!



Teen Center

Teen Center Drop-in Hours

Monday - Thursday 7:00pm - 8:00pm
Friday, Saturday 4:00pm - 9:00pm
Sunday Closed

Middle School Student grade 6 – 8

Highschool Student grade 9-12

Drop by and hang out and have fun with your friends. Note we will be offering some new programs and activities for you!

Middle School will be welcomed in the teen center. Check the board for new activities and schedule.

College and Career Exploration

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Tuesday
Time: 6:00pm – 7:00pm
Location: RTHCC Teen Center
Age: High School (14-17)

Learn how to compare schools, understand admissions processes, and navigate financial aid and scholarship opportunities. Learn about career fields and how to set goals aligned with your skills and interests.

Curious Chef's Club

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 5:00pm – 7:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Each week, teens will discover the fascinating flavors and techniques behind diverse cultural cuisines. Curious Chefs Cooking Club is not just about following recipes; it's about bringing your own creativity and personal flair to each dish.

Game Night

Fall Date: Sep 23rd – Oct 28th
Late Fall Date: Nov 4th – Dec 16th
Day of the week: Monday
Time: 6:00pm – 7:00pm
Location: RTH Teen Center
Age: Middle School (11-13), High School (14-17)

Uno, Monopoly and more! Socialize with your peers playing various games working as a team or individual. Compete each week for prizes!

Entrepreneurship

Date: Sep 26th – Oct 31st
Day of the week: Thursday
Time: 6:00pm - 7:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

RTH teens will gather to explore the exciting world of entrepreneurship and unleash innovative ideas! Teens will dive into various aspects of entrepreneurship, exploring topics like idea generation, market research, and business planning.

The Village of Hip Hop

Date: Sep 28th – Nov 2nd
Day of the week: Saturday
Time: 4:00pm - 5:00pm
Location: RTHCC Teen Center
Age: High School (14-17)

Empowering teens through the fundamentals of songwriting, rap, poetry, and creative expression. Teens will be taught how to create their music, by a local Boston hip-hop artist and get a chance to go into the studio and record their masterpiece!

Karaoke Night

Fall Date: Sep 25th – Oct 30th
Late Fall Date: Nov 6th – Dec 18th
Day of the week: Wednesday
Time: 6:00pm - 7:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

"Teens take turns choosing songs from a wide selection of tracks, which can range from old school hits to the latest chart-toppers. This is a great way to socialize and bond with one another, showing off your vocal skills, and sharing laughs with others."

Movie Night

Fall Date: Sep 28th – Nov 2nd
Late Fall Date: Nov 9th – Dec 21st
Day of the week: Saturday
Time: 7:00pm - 9:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Join us for a fun-filled night of cinema, snacks, and socializing with your friends. Whether you're a film enthusiast or just looking for a relaxing evening, this is perfect for teens who want to unwind and enjoy a great movie in a lively atmosphere.

Poet's Lounge

Date: Nov 7th – Dec 19th
Day of the week: Thursday
Time: 7:00pm - 8:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Poet's Lounge aims to be a supportive space where teens can express themselves. As a platform for artistic expression, it seeks to foster growth in writing, self-expression, and public speaking, helping participants build confidence.

Teen Birthday Parties

Fall Date: Sep 25th – Oct 30th
Late Fall Date: Nov 6th – Dec 18th
Day of the week: Wednesday
Time: 6:00pm - 8:00pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

The last Wednesday of every month, we celebrate all the teen birthdays in that month at our Birthday Party! Planning meetings are held on 1st Wednesdays of the month at 6:30pm in the Teen Center, and youth input is welcomed!

Homework Center

Fall Date: Sep 23rd – Oct 31st
Late Fall Date: Nov 4th – Dec 19th
Day of the week: Monday, Tuesday, Wednesday, Thursday
Time: 4:15pm - 5:45pm
Location: RTHCC Teen Center
Age: Middle School (11-13), High School (14-17)

Have a question about your math homework? Don't know how to start your essay? Need a quiet place to get your work done? The Teen Center has partnered up with Northeastern and is holding a Homework Center. Teens will receive one-on-one support.

RTH Youth Council

Fall Date: Sep 26th – Oct 31st
Late Fall Date: Nov 7th – Dec 19th
Day of the week: Thursday
Time: 5:00pm – 6:00pm
Location: RTHCC Teen Center
Age: Youth (6-10), Middle School (11-13), High School (14-17)

Come join the RTH Youth Council, a group of neighborhood teens who work together to plan and host community service projects to social events and workshops. Step up and shape the future of your community!





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Free

Learn how to swim with the Huntington YMCA lessons

For Youth (6-10), Adult (18-55), Differently Abled

Session Dates:
Early Fall: 9/9 - 10/27
Late Fall: 10/28 - 12/22

Free lessons for RTH residents.
Registration is Open!

**Register at RTH Community Center @
welcomedeskstaff@roxburytenants.org
or call: 617-232-4306 ext 200**



FUN Swimming Lessons

For Kids



Ages: 4 Months-12 Years

**Location : Goldfish Swim School
20 Webster Pl, Brookline**



REGISTER NOW

**Register at the RTHCC
Welcome Desk for sign up
and information.**

FREE!

Ages: 3-7 Years

**Location : Curtis Hall Community
Center
20 South St, Jamiaca Plain**

Sports & Enrichment Programs

The department focus is to teach, develop, organize, manage, and offer RTH residents the opportunity to learn fundamentals sports skills, while instilling life lessons and values of teamwork, disciplines, respect, sportsmanship, child development. We believe in the power of inclusivity, ensuring that every child has the opportunity to play. No matter their skill level, we'll provide a supportive environment that encourages growth and celebrates each child's unique talent.

Huntington YMCA Swim Lessons

Fall Date: Sept 9th – Oct 27th
Late Fall Date: Oct 28th – Nov 22nd
Day of the week: By Appointment
Time: Check YMCA schedule
Location: Outing
Age: Family (All Ages)
Cost: Free for RTH Resident
Capacity: 50

Swim lessons for all ages are held at the Huntington YMCA according to their schedule. Stop by RTHCC Welcome Desk to review schedule and register for your swim lesson.

Soccer Skills and Drills

Fall Date: Sep 24th – Oct 31st
Late Fall Date: Nov 5th – Dec 19th
Day of the week: Tuesday, Thursday
Time: 5:00pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)
Capacity: 20

This introductory class meets two times a week. We will establish the fundamental rules and skills of soccer. In this group setting we will include both drill work and pickup games to better learn and gain understanding of the sport.

Table Tennis

Fall Date: Sep 23rd – Nov 2nd
Late Fall Date: Nov 4th – Dec 21st
Day of the week: Monday - Saturday
Time: Various
Location: RTHCC Foyer
Age: Family (All Ages)

Table Tennis, otherwise known as Ping-Pong, is a sport in which players must beat their opponents using various tactics. This sport involves fast thinking, gives way to increased eye-hand coordination, and quicker actions to score points.

Middle School Basketball Skills and Drills

Fall Date: Sep 25th – Nov 1st
Late Fall Date: Nov 6th – Dec 20th
Day of the week: Wednesday, Friday
Time: 6:45pm – 8:00pm (Wednesday)
5:00pm – 7:00pm (Friday)
Location: RTHCC Room 117
Age: High School (14-17), Adults (18-55),
Cost: Non-Resident \$20
Capacity: 30

Middle School Basketball will focus on promoting healthy play while placing value on sportsmanship. Players of all levels are invited to come and develop the fundamentals of basketball. Pick up registration forms at the RTHCC Welcome Desk.

Teens Pick-Up Basketball

Fall Date: Sep 23rd – Nov 2nd
Late Fall Date: Nov 4th – Dec 21st
Day of the week: Monday, Saturday
Time: 6:30pm – 8:00pm (Monday)
6:00pm – 9:00pm (Saturday)
Location: RTHCC Gymnasium
Age: Middle School (11-13), High School (14-17)

Teen (middle and high school) Pick-Up B-Ball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends.

High School Pick-Up Basketball

Fall Date: Sep 27th – Nov 1st
Late Fall Date: Nov 8th – Dec 20th
Day of the week: Friday
Time: 7:00pm – 9:00pm
Location: RTHCC Gymnasium
Age: High School (14-17)

High School Pick-Up B-Ball will focus on promoting healthy active play placing value on participation, competition, and sportsmanship. This is a time for RTH teens to play against neighbors and friends.

Adult Basketball

Fall Date: Sep 24th – Oct 31st
Late Fall Date: Nov 5th – Dec 19th
Day of the week: Tuesday, Thursday
Time: 6:30pm – 8:00pm
Location: RTHCC Gymnasium
Age: High School (14-17), Adults (18-55)
Cost: Non-Residents \$25
Capacity: 40

Come enjoy our open and safe program for adults of all skill levels. An opportunity to connect with fellow basketball enthusiasts. Whether you're polishing skills or starting fresh, experience the perfect mix of competition and camaraderie.

Volleyball

Fall Date: Sep 22nd – Oct 27th
Late Fall Date: Nov 3rd – Dec 15th
Day of the week: Sunday
Time: 12:00pm – 1:30pm
Location: RTHCC Gymnasium
Age: Family (All Ages)

Why Play Volleyball? Invented in 1895 in Holyoke, MA, volleyball has become one of the most popular sports worldwide. Volleyball is the ideal sport for children and parents alike.

Open Gym

Fall Date: Sep 23rd – Nov 2nd
Late Fall Date: Nov 3rd – Dec 21st
Day of the week: Monday - Sunday
Time: Check RTHCC Schedule
Location: RTHCC Gymnasium
Age: Family (All Ages)

Come enjoy an open safe space to run, play, and enjoy free play of your choice with your child(ren), neighbors, or yourself. Courts may be divided to allow a variety of shared activities.

Basketball Skills and Drills – Girls

Fall Date: Sep 23rd – Oct 30th
Late Fall Date: Nov 4th – Dec 18th
Day of the week: Tuesday
Time: 5:15pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)
Capacity: 25

Designed to help female elementary and middle school players learn the fundamentals of basketball while incorporating teamwork and improving their skills. Female youth will also improve their conditioning. Register at the RTHCC Welcome Desk.

Basketball Skills and Drills – Coed

Fall Date: Sep 24th – Oct 29th
Late Fall Date: Nov 5th – Dec 17th
Day of the week: Monday, Wednesday
Time: 5:00pm – 6:30pm
Location: RTHCC Gymnasium
Age: Youth (6-10), Middle School (11-13)
Capacity: 25

Designed to help elementary school players learn the fundamentals of basketball skills. Elementary youth will also improve their conditioning with exercises. Pick up registration forms at the RTHCC Welcome Desk.

RTH Directory

Executive Office - Neville House
11 New Whitney Street, 1st Floor

Karen T. Gately, Executive Director
KGately@roxburytenants.org 617-232-4306 ext. 104

Donna Desmond, Chief Financial Officer
DDesmond@roxburytenants.org 617-232-4306

Jenni Shaw, Human Resources Director
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Irving Burday, Chief Information Officer
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Latoya Cromartie, Payroll Specialist
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Tanya Garnett, Office Coordinator
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RTH Community Center
20A Vining Street (Welcome Desk ext. 200)

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Judith Destrade, Teen Programs Director
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Brianna Gonzalez, Teen Coordinator
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Education & Resource Center at the Betty Powers Library
25 Mission Park Drive (Front Desk ext. 601)

Roxanne Haecker, Director of Community Education & Workforce Development
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Xing Zhou, Instructor
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Yolking Hallie, Program Manager – Afterschool & Family
YHallie@roxburytenants.org (617) 232-4306 ext. 401

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805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services
LAdams@roxburytenants.org / 617-232-4306 ext. 700

Resident Services Parks Community Building
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Scott Amaral, Director of Resident Services
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Liz Verasamy, Administrative Assistant
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RTH After School Program Recreation Exploration Center
835 Huntington Avenue

Carmen Torres, Literacy Coordinator
CTorres@roxburytenants.org 617-232-4306 ext. 403