

What's Up

A Roxbury Tenants of Harvard Association publication. Find out about virtual and in-person opportunities happening in your community. This edition covers offering through January

Chinese, Russian, and Spanish editions of What's Up are available at the RTH Community Center and Resident Service.

請到 RTH 社區中心领取 What's Up 的中文版本

Копию What's Up на руском языке можете взять в Community Building на 2ом этаже.

What's Up esta disponible en Español en el RTH Edificio de la Comunidad, en el segundo piso.

#### ROXBURY TENANTS OF HARVARD ASSOCIATION, INC. (RTH) MISSION STATEMENT

Roxbury Tenants of Harvard (RTH) seeks to develop and maintain safe and affordable housing for low and moderate-income people of diverse backgrounds in the RTH / Mission Hill Neighborhood, and to improve the quality of life for its residents. We achieve this through property management, construction and rehabilitation of properties, provision of social and education services, workforce development and community activism. As one of the oldest grassroots tenant organizations, we dedicate ourselves to defending the right to quality, affordable housing for people of all races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.

Day	Start Session	End Date
Monday	January 10 <sup>th</sup>	March 28 <sup>th</sup>
Tuesday	January 11 <sup>th</sup>	March 15 <sup>th</sup>
Wednesday	January 12 <sup>th</sup>	March 16 <sup>th</sup>
Thursday	January 13 <sup>th</sup>	March 17 <sup>th</sup>
Friday	January 14 <sup>th</sup>	March 18 <sup>th</sup>
Saturday	January 15 <sup>th</sup>	March 19 <sup>th</sup>
Sunday	January 16 <sup>th</sup>	March 20 <sup>th</sup>

## **RTH Winter Session (10 Week Session)**

## **RTH Holiday Schedule**

Please note the following schedule changes for upcoming holidays

New Year's Day	January 1 <sup>st</sup>	Friday	Closed
Martin Luther King, Jr. Day	January 17 <sup>th</sup>	Monday	Closed
President's Day*	February 21 <sup>st</sup>	Monday	Closed

\* Designated Floating Holiday

4 | Page

# Announcements/Community11Community Education & Job Training13Education & Resource Center (ERC) at the Betty PowersLibrary & Computer Center16Youth Education & Workforce Development18RTHCC Welcome Center19Health & Wellness20Resident Services23Senior Services25Family Programs27Teen Center28Sports & Enrichment Programs29Employment Opportunity32RTH Directory38

#### **RTH EXECUTIVE OFFICES**

11 New Whitney Street
617-232-4306 ext. 103
Hours of Operation: By Appointment Only
Mon-Fri 9:00am - 5:00pm

#### **RTH COMMUNITY CENTER**

 20A Vining Street

 617-232-4306 ext. 200

 Hours of Operation:

 Saturday
 10:00am - 6:00pm

 Sunday
 10:00am - 3:00pm

 Mon thru Fri
 7:00am - 7:00pm

#### **MISSION PARK / TRINITY MANAGEMENT**

835 Huntington Avenue617-566-0707Hours of Operation:Mon-Fri 9:00am - 5:00pm

#### **RTH PROPERTIES/TRINITY MANAGEMENT**

747 Huntington Avenue617-232-5910Hours of Operation:Mon-Fri 9:00am - 5:00pm

#### **RESIDENT SERVICES**

Parks Community Building 2 New Whitney Street 2nd Floor 617-232-4306 ext. 305 Hours of Operation: **By Appointment Only** Mon, Wed, Fri 9:00am - 5:00pm Tue, Thu 10:00am - 6:00pm

#### SENIOR SERVICES

805 Huntington Avenue617-232-4306 ext. 700Hours of Operation: By Appointment OnlyMon thru Fri 9:00am - 5:00pm

#### **RTH RESOURCE CENTER LIBRARY / COMPUTER CENTER**

25 Mission Park Drive 617-232-4306 ext. 601Hours of Operation: By Appointment OnlyMon-Fri9:00am - 6:00pmSat9:00am - 5:00pm

#### SECURITY OFFICE

835 Huntington Avenue617-731-6972Hours of Operation: Daily/24 Hours

**ANONYMOUS CALL TIP LINE** Telephone: 617-232-0436

Please call if you have any concerns about health, safety, or security

\*\*\* If you see something, say something! \*\*\*

Dear RTH Residents,

#### Happy New Year!

As we prepare to begin 2022 Programs and Events, we find many things are not what we expected! High levels of vaccination in our area had led us to hope we could return to 'normal' in-person programming - only to have those hopes dashed by delta Omicron and other rising Covid-variants. We are, however, committed to using technology and creativity to continue our programming as safely as possible.

Where possible, virtual and hybrid programming will be offered. For in-person activities, social distancing, masking, and increased ventilation will allow us to continue more safely. While the CDC has determined there is little-to-no transmission from touch surfaces, we will continue to do extra cleaning and sanitizing.

Pre-registration will continue to be required for most programs and events. This allows us to adjust spaces and programming to ensure social distancing for in-person programming, and help us maintain quality for virtual and hybrid offerings. Please see the registration page for details.

Most of our departments are open by appointment only, or have limited walk-in hours. Please don't be discouraged from reaching out to us! This is only another way we are trying to offer the best service we can, in the safest possible way.

We encourage and applaud your continuing efforts to protect yourself, your family, and your community, by following guidelines from the Center for Disease Control:

#### **COVID-19 Helpful Tip - Domestic Travel**

- Delay travel until you are fully vaccinated.
- Check your destination's COVID-19 situation before traveling
- Wearing a mask over your nose and mouth is required in indoor areas of public transportation
- Do not travel if you have been exposed to COVID-19, you are sick, or if you have tested positive.
- If you are not fully vaccinated and must travel, get tested both before and after your trip.

Thank you for your understanding and patience as we continue to offer programs and events in a format that helps keep you and your family, the staff, and our community healthy and safe.

Sincerely,

#### Karen

Karen T. Gately Executive Director

# **ENJOY HOLIDAY TRADITIONS AND PROTECT YOUR** LOVED ONES | COVID-19 |

Accessible version: https://www.cdc.gov/coronavirus/2019-ncov/downloads/this-holiday-season.pdf

The best way to keep your family and friends safe is to get vaccinated.



Avoid crowded, poorly ventilated spaces.



Delay travel until you are fully vaccinated.

Wear a mask in public indoor settings if you are not fully vaccinated, have a weakened immune system, are in an area of high transmission.



If you are sick or have symptoms, don't host or attend gatherings.







www.cdc.gov/coronavirus

#### Safety & Sanitation Measures - For Your Protection

As we prepare & head into 2022, we want to share with you some of the steps we are taking to offer phased in Programs and Services following safety protocols and guidelines outlined by the CDC, the Commonwealth of Massachusetts & local health authorities:

**Facemasks** - All RTH, Trinity Management, Securitas staff, as well as vendors, will be required to wear mask or cloth face covering while on the campus and in the various common areas. Residents will be required to wear mask or face coverings to participate in RTH programming.

**Cleaning and Sanitation** - Mission Park Facilities will continue with the cleaning and disinfecting of the common spaces; additionally, staff will be assigned to cleaning program spaces between use. Restrooms will also be receiving cleanings throughout the day. RTH Program Staff will clean and disinfect program materials in-between uses, as well as their own personal workspaces, and are being asked to clean common office and breakroom equipment after each use. In addition, RTH offices and designated program spaces are being sprayed disinfected weekly. Mission Park Facilities has also installed extra efficient filters to air handling systems, which will be changed more frequently, which will allow the air conditioning system to bring in fresh air throughout the day.

**Social Distancing** - During this time, all indoor spaces and program spaces will be used at limited capacity, allowing ample social distancing between staff and program participants. Class size capacity is determined using State and local guidelines, as well as CDC recommendations and as such may change as the situation evolves. Programs will be held outdoors whenever possible, and those hosted indoors will have the benefit of small group size and using spaces where fresh air can be introduced. Class sizes are limited to maintain 6-8 feet of distance between participants.

Hand Sanitizer - will be made available at all program locations

Vaccinations & Boosters - The CDC continues to encourage everyone to get vaccinated in order to protect your families, loved ones and our communities.

#### **RTH Program Safety Guidelines**

#### At Home Self-Check Required Daily Health Screening Before Attending RTH Programming

An important aspect of keeping program participants and program space safe is required daily health screenings of program participants and staff. These policies are discussed below. <u>Notwithstanding these new procedures, the privacy</u> <u>and confidential health information of all program participants is critically important</u>. Participants should feel comfortable that private health information will not be shared with other employees and will be utilized solely for the purposes of mitigating the spread of COVID-19 in the workplace.

- a. Program Participants who are sick <u>may not attend programming</u>. Program participants must review for the following symptoms, <u>before attending a program</u>.
  - Cough;
  - Shortness of breath or difficulty breathing;
  - Fever;
  - Chills;
  - Sore throat;
  - Muscle pain; and/or
  - Loss of taste or smell.
- b. If the participant has been in close contact in the past 72 hours either with someone with a confirmed case of COVID-19, or with someone that is awaiting test results for COVID-19 we will also ask that the participant remain away from the programs for 14 days.

# Three Ways to Register for a Programs & Events at RTH

(First Come First Serve)

## **Option 1: Register Online**

- Email (welcomedeskstaff@roxburytenants.org)
- Provide your name and phone number (mandatory)
  - You will receive a email confirmation
- We will call you 24 hours in advance if you register for a class that is already full

## **Option 2: Register In-Person**

(NO same day registration for classes, must be done 24 hours in advance)

Please come to the RTHCC Welcome Desk to register

- Monday thru Friday 7:30am 6:45pm
  - Sunday 11:00am 2:00pm

## **Option 3: Register By Phone**

Please call the hotline at 617.232.4306 ext. 200

- Sunday 11:00am 2:00pm
- Monday thru Friday 8:00am 6:00pm



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



# PRESCHOOL LEARNING EXPERIENCES Boston Universal Pre-Kindergarten And Open Preschool Spaces

The RTH Early Education Center is providing comprehensive school readiness and high quality services for families in Boston. Our program is designed to address children's cognitive, socialemotional, physical, and nutritional needs in addition to supporting the needs of your family. Our Preschool classroom is a warm and nurturing environment where children learn through discovery and routines. The UPK Classroom will use the BPS Focus on K1 Curriculum. Both classrooms use Pyramid Model for Social Emotional Development. The Universal Pre-Kindergarten Program runs from 8:30 -3 with no cost to the families with Boston Residency with an option of fee based extended day. Our preschool classroom is open our regular hours: 7:30 am to 5:30 PM

Spaces are limited: Apply today!

# HOW YOU QUALIFY FOR UPK SPECIFIC CLASSROOM

- Children must be 4 years old prior to September 1<sup>st</sup>
- Live in the city of Boston

#### WHAT YOU'LL NEED TO APPLY:

- Documentation of your child's age
- Proof of Boston Residency
- All Vouchers Accepted for both classrooms.

#### **RTH Early Education Center**

82 Fenwood Rd. Boston MA. 02115

Contact: Program Director – Brenda Powers <u>bpowers@ymcaboston.org</u> 617 851 8226



# Announcements/Community

#### **Booster Shots**

The CDC has recommended booster shots for previously vaccinated adults 16-years and older. As new variants circulate, and cold weather drives us indoors, we strongly encourage our Residents, Staff and Vendors to get their booster shot. Vaccines continue to be our best protection against Covid-19.

Boosters – and initial vaccine doses – are available locally and at no cost to you. In addition to CVS, Walgreens, and Brigham & Women's Hospital have appointments available through their Patient Gateway.

If you need assistance scheduling an appointment online, Call Us!

Leave a message at: 617.232.4306, x300 (*English*), x307 (*Chinese*), x308 (*Russian*) or x309 (*Spanish*) and someone will return your call to help you schedule an appointment.

Don't wait! The Health of the RTH Community depends on as many of us as possible getting vaccinated and boosted.

# Walk & Talk with RTH Executive Director Karen T. Gately

Where: Meet at RTHCC Lobby Age: All ages

Join Karen on a walk around the neighborhood - Learn something new about your community and upcoming opportunities being offered at RTH! *RAIN OR SHINE -Dress for the Weather!* 

#### **Francis Street Garden**

Hours: Daily 7:00am to Sunset

The Francis Street Garden, located at 42 Francis Street, is open for the community's quiet enjoyment. The garden has a keypad to access the Garden. If you are visiting the Garden for the first time, please call your Management Office for the code.

# The garden will remain locked when snow/ice create a slippery hazard.

To ensure a safe and enjoyable experience for all of our guests, please respect our neighbors by following these guidelines:

- All ages are welcome
- Please show common courtesy to fellow guests by not using profanity or engaging in unsafe, illegal, disruptive, or offensive behavior
- This a smoke free zone. Enjoy the clean air
- Alcoholic drinks and illegal substances are not allowed
- For your safety, please don't bring glass containers into the garden
- Pets, except service animals, are prohibited
- Please leave the garden as you found it and take all your trash with you

Thank you for your cooperation & enjoy the garden!

#### **RTH Committees and Volunteer Opportunities**

Looking for an opportunity to become involved in your community? What skills or interest would you like to share? We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work. Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

#### **Fresh Truck Mobile Truck**

Date: Wednesday Time: 3:00pm - 6:00pm Where: Outside the Parks Community Building

Fresh Truck is on a mission to strengthen communities by getting fresh food to the households that need it most. Please stop by our truck to purchase fresh fruits and vegetables for you and your family to enjoy. If you would like to participate in the <u>Fresh Truck Lottery</u> please stop by Levinson Tower by 1:25pm on Wednesdays.

#### Fresh Truck Online ordering

You order fruits and vegetables online and pick up on Wednesdays between 3pm and 6pm. Please call Laura Adams at (617) 232-4306 ext. 700 if you are interested in ordering online from Fresh Truck.

#### Trinity Management Quick Recertification Tips



#### **Old Neighborhood And Mosaic**

cvalencia@trinitymanagementcompany.com Office Phone: 617-232-5910

#### **Mission** Park

contactus@missionpark.com Office Phone: 617-566-0707

- All Annual Recertification interviews will be conducted by phone. A staff member will call you to make an appointment.
- All adult members aged 18+ must be present at the time of the phone interview.
- Please do not write on verifications, SS or SSI letters, paystubs, bank statements or any other document that you are providing to the office to complete your recertification.
- Photos of documents are not accepted.
- Appointments in the office are only made for signing the new rents (leases).
- All adult members must provide a photo ID at the time of their appointment in the office.
- If you have any questions about your rent, balance owe, missing documents, status of your certification, Rent Café, please call or email the office.
- Residents are responsible to provide the necessary documentation to complete their certification.
- Communication with the office can be by walk in, phone, email, or fax.

# **Community Education & Job Training**

#### Learn bike mechanics and cycling safety! Onsite at RTH - basic bike repair workshops taught by experienced bike mechanics

For youth and adults who are interested in acquiring basic bike mechanics skills while learning about bike safety, proper helmet fitting, and gaining urban cycling skills and experience while exploring the bike paths of Boston

What: bike rides on the Emerald Necklace bath paths and beyond

When: Saturdays 11:00am - 1:00pm March 19<sup>th</sup> - Jun 18<sup>th</sup> **Youth Bike Club** and community riders

#### Meet at the halfcourt in Mission Parnext to the pool

- Mandatory bike safety checks before rides ABCair, brakes, chains. All riders must wear helmets.
- All youth must have a signed permission slip from parent or guardian
- All adult riders must have signed waiver

What: Bike repair workshops

When: Saturdays 2:00pm - 3:00pm

- March 19<sup>th</sup> learn to fix a flat
- April 16<sup>th</sup> learn to adjust and lube a bike chain
- May 21<sup>st</sup> learn to adjust bike brakes
- June 18<sup>th</sup> learn to true a wheel

This program is free, space is limited. Don't have a bike? We have a limited number of bikes to loan out, register early to reserve a bike. We also have a limited selection of new youth helmets available for FREE.

#### Mandarin Classes for Youth - online ZOOM

When: September 26<sup>th</sup> 2021 - June 19<sup>th</sup> 2022 Time: Sundays 2:30 pm to 4:00 pm

#### Enrollment is still open. Enroll today!

Two levels - beginners and intermediate/advanced (by permission of instructors)

Grades 1-7

\$150 tuition plus \$20 class materials fee - RTH residents\$175 tuition plus \$20 class materials fee - non-residents

All fees paid by check or money order only. Contact <u>xzhou@roxburytenants.org</u> to register or pick up application at the RTH Resource Center.

#### Sewing with Julia

#### Learn to Sew! Sewing for Adults & Mature Teens

Date: All classes run 10 weeks8 weeks of lessons, 2 of group project workshop

Time: 6:30pm - 8:30pm all classes

Where: Flynn Kitchen

Cost: \$25 RTH residents; \$50 Mission Hill residents; \$150 non-residents

Mondays:Intermediate Sewing Techniques<br/>Next class startsJanuary 10thTuesdays:Beginners – next class starts January 11thFridays:Ongoing Advanced Sewing Workshop -<br/>by permission of instructor- next cycle<br/>starts January 14th

- Learn the basics of how to use a sewing machine, how to read a pattern, and how to create simple garments in our beginner's class.
- Practice and learn how to add a zipper, measure for curtains, make pillows, etc. in part 2-techniques class
- Continuing and advanced sewers complete individual projects with the help of a professional designer/seamstress in our Sewing Workshop
- Use our machines or bring your own.
- Classes are limited to 6 due to COVID social distancing recommendations
- Fee paid by check or money order at registration; register at the RTHCC Welcome Desk

#### **RTH/BWH Believe and Achieve Scholarship**

RTH residents are eligible for up to \$10,000 to attend accredited post-secondary job or career training programs or college (up to and including bachelor level).

Applications are available at the RTH Resource Center (former Library & Computer Center, Duggan Building), the RTHCC Welcome Desk, or by contacting Roxanne at <u>rhaecker@roxburytenants.org</u> if you would like an application emailed to you.

#### Learn and Earn Adult Internship

Ages: Adults 18 +

This 12-week program provides a quality work experience that will help you prepare for entry level jobs or gain seats in programs such as Training, Inc, BEST Hospitality, and Jewish Vocational Services.

Interns earn a \$200 stipend per month working 10 hours per week in an RTH program department. Opportunities include package delivery, program and event set up, office help and desk coverage, and more. Program placements are limited during COVID, but there are still some exciting opportunities! Email Roxanne <u>rhaecker@roxburytenants.org</u> for an application or more information.

#### Now is a great time to begin or continue your studies. Don't let COVID slow your pursuit of learning and practicing new skills!

#### **ESOL - English for Daily Living**

Date: January 11<sup>th</sup>- June 14<sup>th</sup> Tuesday and Thursday evenings Time: 7:30pm -9:00pm Where: RTH ASP Green Room Ages: Adults 18 +

Cost: FREE, registration required (Class limited to 8) Register at the RTHCC Welcome Desk

Learn and practice practical English that will help you navigate doctor's office visits, grocery shopping, calling for appointments, making inquiries or placing work orders, etc. Email <u>rhaecker@roxburytenants.org</u> or call RTH Resource Center 617-232-4306 ext. 601 to enroll

#### ServSafe Food Handlers Certification Classes

Date: Online class. To be arranged individually. Class & test typically take 2-3 hours to complete. Time: Online modules completed at student's convenience

Age: 16 +

Cost: Residents: \$10 refundable fee (upon receiving certificate), Available in English, Spanish, and Chinese

Do you want to work in a restaurant or for a catering service? The ServSafe certification is for you! The ServSafe Food Handler program covers five key areas:

- Basic food Safety
- Personal Hygiene
- Cross-contamination & Allergens
- Time & Temperature
- Cleaning & Sanitation

RTH requires all staff and volunteers who serve or prepare food for or at community events to have this training. The class and certification is free if you are a volunteer or Community Events Committee member. Note that ServSafe courses are offered online only. If you need computer or internet access, we are happy to arrange computer access time for you at the Resource Center. Email <u>rhaecker@roxburytenants.org</u> or call the Resource Center 617-232-4306 ext. 601 to enroll.

#### Homework Help

When: Monday - Friday throughout school year except
BPL school vacations
Time: 4:00pm - 6:00pm
Where: ONLINE and in person (limited number of slots available. Please register quickly to reserve a place.
Grades: 1- 8
Cost: Free for RTH residents

ZOOM classroom Link is provided upon registration. Registration, which includes basic information about student's academic needs, is required. Register at RTHCC Desk. Tutors from local colleges help students complete homework online in a virtual ZOOM classroom. *We are providing limited in-person homework help this coming semester (January through June.) All students must wear masks and follow our COVID classroom guidelines.* Please contact Carmen Torres at

ctorres@roxburytenants.org or (617) 232-4306 ext. 206

# Education & Resource Center (ERC) at the Betty Powers Library & Computer Center

#### The RTH Resource Center

When: Monday - Friday, 9:00am - 6:00pm Saturdays, 9:00am - 12:00pm Saturdays, 1:00pm - 5:00pm

Offering faxing, coping & printing services, computer & internet access, technology classes & workshops, and a small book lending library for RTH residents - all ages.

Resident Services staff are available to translate letters and help fill out forms Saturdays 9:00am - 12:00pm. Computer and internet access 2-hour blocks of time may be reserved by appointment. Patrons must wear a mask and practice social distancing while in the center. Walkins will be turned away if the center is at capacity - avoid disappointment! Call 617-232-4306 ext. 601 to make an appointment

#### Saturday is Smartphone Day!

When: Saturdays, Jan 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, Feb 5<sup>th</sup>, 12<sup>th</sup> Time: 1:30pm Age: 18+

**Smartphone Basics.** Learn to set up and maintain your phone, use the most common functions & features

Learn to Use QR Codes. What are QR codes? Quick Response codes are the bar code looking blocks you see everywhere - including RTH flyers. Learn to use your smartphone to register for RTH classes, activities, and events quickly and conveniently

#### Learn to ZOOM! Everyone is doing it!

Who: Small classes (6 maximum); Masks required
Age: 18+
Morning session - Tuesdays, starting January 11<sup>th</sup>
10:00am - 11:00am
Afternoon session - Thursdays, starting January
13<sup>th</sup> 1:00pm - 2:00pm

Shop online for groceries (and just about everything else!), visit your doctor via telehealth & telemedicine services, fill prescriptions, visit family & friends, attend classes, committees, and community meetings...and more! Register by calling 617-232-4306 ext. 601 or at Resource Center Desk

#### Tech Goes Home Community Basics Distance Learning Online Courses (Zoom)

English - Mondays, 6:00pm to 9:00pm, February 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, Mar 7<sup>th</sup>

Each participant must completed 15 hours to earn a new Chromebook. Must be 18+ to qualify.

Online tools to help you live, learn, earn, and play! The curriculum is focused on fundamental digital skills and designed to help you access powerful online resources shopping online, using Boston Public Library online resources, staying in touch with your child's school and teachers, family and friends, accessing resources, telehealth appointments, and more.

Please register at the Resource Center desk or <u>xzhou@roxburytenants.org</u> You may also call 617-232-4306 x 601 for more information on Tech Goes Home.

#### Bridging the Digital Divide - Silver Techies (Zoom)

When: Jan 13<sup>th</sup> - Mar 17<sup>th</sup>

Thursday, 6:30pm - 8:30pm

Technology has become an increasingly vital tool to stay connected to each other and to access goods and services, medical care and doctor's visits. Silver Techies is a computing skills class designed especially for seniors, offering a weekly 2-hour ZOOM class for 10 weeks and an optional Silver Techies Computer Club weekly online club meeting. Register at the Resource Center desk or <u>bmoss@roxburytenants.org</u>

#### **Technology Clubhouse - STEM Programs**

Who:8-12 year oldsCost:Free

MINECRAFT EDU is a game-based learning platform that promotes creativity, collaboration and problemsolving in an immersive digital environment. Kids learn basic coding concepts while building and exploring digital worlds. Used by educators world-wide and taught by award winning EMPOW Studios don't miss out! 10 seats in each 10 week class-**register now.** 

Minecraft Exploration – Minecraft isn't just for video gamers! Create your own Minecraft world with fun features like animated characters and collaborate with friends to build together. Kids keep their digital files so they can keep building after class

#### Minecraft Class (10 Weeks)

When: Jan 14<sup>th-</sup>Mar 18<sup>th</sup> Fridays, 4:00pm – 5:00pm Jan 15<sup>th</sup> - Mar 19<sup>th</sup> Saturdays, 11:00am - 12:00pm

Practice Sessions: Tech Clubhouse open access for to practice Minecraft skills When: Jan 15<sup>th–</sup>Ongoing Saturdays, 12:00pm – 1:00pm

Limited Seating available, Please register at the Resource Center desk if interested in participating. Pick up an application at the Resource Center front desk or contact <u>rhaecker@roxburytenants.org</u> for more information.

# Don't let COVID slow your pursuit of learning and practicing new skills!

Take free courses online at the Boston Public Library including ESOL, Citizenship, computer classes, test prep courses, Tech Goes Home tutorials, get research and homework help, listen to concerts, or talks by famous authors and scholars.

You can download eBooks and audio books with Overdrive and Kindle, stream movies, TV shows, eBooks and comics or use Hoopla to download to your mobile device, many other free platforms and resources for children, teens, and adults available free at Bpl.org/onlineresources

#### Set up an account at BPL.org with your library card number. Don't have a library card? If you are a MA resident, you can register for an e-card online

Please contact the Resource Center with suggestions, questions, or to arrange individual sessions. We are here to help you access resources!

# Youth Education & Workforce Development

#### Learning in Training (LiT) Clubs

When: January 19<sup>th</sup> – June 1<sup>st</sup> Time: Wednesdays, 4:30pm - 6:00pm Who: 10-17 year olds

Clubs meet once a week and youth earn a monthly stipend for their work, learning skills and taking on leadership in the clubs.

- Baking Club
- Babysitting Club
- Bike/Repair Club
- Computer/Tech Club
- Garden Club
- Sewing Club

Applications accepted on a rolling basis, clubs accept 6 youth in each session. Details will be shared in the interview! (schedule may change) Apply by January 14th for the Winter session and by March 4th for the Spring session at: <u>https://bit.ly/rthyouthwork2021</u>

#### **Career Exploration**

Date: January 27<sup>th</sup> When: 4:00 – 5:00pm, (Zoom) Who: 14-18 year olds

Learn about Facilities and Maintenance work, and some of the trades RTH contracts with to maintain our housing! Email jlewis@roxburytenants.org to sign up by today.

#### **Youth Jobs Rally**

When: February 24<sup>th</sup>Time: ThursdayWho: Youth of all ages

March to State House and advocate for funding to support youth with your state legislators! Email for more information and to register: jlewis@roxburytenants.org

#### **Youth Jobs Fair**

When:February 23rdWhen:WednesdayWho:14-18 year olds

Find out about opportunities to work and try out different types of jobs with our partners. Update your resume, get interviewing practice and tips, meet and network with potential employers and apply for summer jobs! Email for more information and to register: jlewis@roxburytenants.org

Also check partner websites directly for application access:

- <u>youth.boston.gov</u>
- <u>abcdyouth.net</u> or for summer: <u>summerworks.net</u>

**Individual Youth Workforce Coaching sessions** Who: 14-24 year olds

Individual meeting to connect youth with job trainings, opportunities to work in local businesses or with partner programs, refresh resumes with latest work experience, and practice interviewing. Email Jen at jlewis@roxburytenants.org for an appointment.

# **RTHCC** Welcome Center

## Reminders

#### Check-In:

Due to the need for security and safety, children 10 and under will need to be accompanied by an adult age 18 and above unless they are signed up for programs or classes. Everyone must check-in at the welcome desk. All members and guests must check-in; program participants must also sign in.

#### **FOB Scanning:**

All members aged 13 years and older will need to swipe their FOB at the welcome center desk upon arrival. FOBs are not transferable. Loaning an FOB to another person may result in the loss of membership privileges. Program participants and visitors must sign-in on the attendance roster. Children ages 10-12 years old will get an access keycard.

#### Access Keycard 10-12 years old:

All members aged 10-12 years old will get an access key card instead of an FOB key. All members ages 10-12 years old will need to scan their keycards at the welcome center desk upon arrival. Keycards are not transferable. A loan of a keycard to another person may result in the forfeiture of membership privileges.

#### Visitors and Guests:

RTHCC currently does not allow visitors and guests.

#### Locker Rooms (day use only):

Adult locker rooms on Level 1 in the Wellness Center are for individuals ages 19 years and up. Youth and family locker room on the G level is for youth 18 years and under and their parent or guardian. Children in grades one and up must use the gender-appropriate locker room. RTH Community Center members and program participants are responsible for securing their lockers with their own padlocks. Locks left on overnight are subject to removal!

#### **Dress Code:**

Appropriate clothing and footwear is required. Street clothing, street shoes, open-toe shoes/sandals, and barefeet are not permitted in the Fitness Center or Group-Exercise classes (barefoot classes excepted).

#### **Inclement Weather:**

During inclement weather, RTH reserves the right to close the Community Center or cancel classes at any time if we determine the safety of our members, participants, and/or staff is at risk. If a class is canceled due to inclement weather, we will make every effort to run a make-up class.

#### Food/Drinks:

Allowed in designated areas only.

# Health & Wellness

#### **Fitness Orientation**

Date: By Appointment scheduled at the Welcome Desk or call (617)232-4306 ext. 200

Ages: 13+

This is a new required safety standard for all those using the Fitness Center. We want to ensure the safe use of equipment as well as identify needs of the participants in order to help us better meet the needs as well as design programs to improve your overall fitness level in the most effective way possible.

The Fitness orientation will include a series of assessments of the five components of physical fitness: Cardiovascular, Endurance, Muscular Strength, Flexibility and Body Composition. This information will be used by staff to design and help you implement an exercise program to best meet your needs. Assessment data will be collected to help you track your fitness journey.

#### **Healthy Moves**

Date: Monday, Wednesday, Friday Time: 10:00am - 11:00am Where: RTHCC Main Studio Age: 55+

This exercise program was developed for seniors to enable them to stay healthy and fit. We will work on improving strength, endurance and flexibility. Included is a pre and post assessment to help track your progress. There is a key socialization component as well, which helps enable seniors to remain interactive with their peers. At the end of each session, we will have a celebration luncheon. Each participant will receive a certificate and a special prize.

#### Yoga

Date: Tuesday Time: 11:00am - 12:00pm Where: RTHCC Main Sutdio Age: 16+

Yoga is a group of physical, mental, and spiritual practices or disciplines that originated in ancient India, aimed at controlling and stilling the mind, and recongnizing the detached 'withness-consciousness' as untouched by the activities of the mind and mundane.

#### Zumba Gold

Date: Wednesday Time: 5:30pm - 6:10pm Where: RTHCC Studio Age: 55+

Zumba Gold is a lower-intensity version of the typical Zumba class and was designed to meet the anatomical, physiological and psychological needs of seniors. Perhaps Zumba Gold will provide a suitable option for older adults seeking alternative means of reaching their exercise goals.

#### Zumba

Date: Wednesday Time: 6:15pm - 7:00pm Where: RTHCC Studio Age: 16+

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training - alternating fast and slow rhythms - to help improve cardiovascular fitness.

#### **Muscle Work**

Date: Thursday Time: 6:00pm - 7:00pm Where: RTHCC Studio Age: 16+

Consists of high volume (reps) and low resistance (weight) exercises to target major muscle groups of the body. The class utilizes handheld dumbbells and bands to promote muscle function, strength, and endurance.

#### Tabata

Date: Tuesday Time: 6:00pm - 7:00pm Where: RTHCC Studio Age: 16+

This class is a moderate-high intensity interval training with alternating fun, high energy cardio exercises and short duration of rest in between.

#### **Fall Prevention**

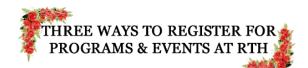
Length: Jan 11<sup>th</sup>-Mar 15<sup>th</sup> Date: Tuesday, Thursday Time: 12:15pm - 1:00pm Where: RTHCC Wellness Floor Age: 55+ (Capacity: 10)

This is an 10-week, twice a week progressive functional training program. Every class will build on the ones before. The goal of this class is to increase performance in activities of daily life. The program focuses on developing stable movement patters, muscular strength, and increased cardiorespiratory fitness. This program encourages seniors to do more than merely workout to live, this program encourages seniors to work out to thrive.

#### Tai Chi

Date:Monday, Tuesday, Thursday, FridayTime:9:00am - 9:45amWhere:RTHCC Wellness FloorAge:16+ (Capacity: 12)

This is an Chinese martial art practice for defense training, meditation, and health benefits. It is sometimes call shadowboxing. Sophia Deng will be conducting this class, she has over a decade of experience in practicing and teaching the art form.



#### Salsa

Date: TBA Time: TBA Where: RTHCC Studio Age: 16+ (Capacity: 12)

Salsa is a Latin dance associated with the music genre of the same name. Salsa is a combination of Mambo, Pachanga, and Rumba. Learning Salsa has a huge cardio, and coordination benefit associated to it. It is also fun to learn. Maria Batine will be the instructor for this class. She has over 7 years of dance experience as well as experience teaching group exercise classes for adults, and older adults.

#### Step

Length: Jan 3<sup>rd</sup> -Mar 15<sup>th</sup> Date: Monday, Tuesday Time: 4:00 pm – 6:00 pm Where: RTHCC Studio Age: 6-17 yrs (Capacity: 30)

Stepping is a form of percussive dance in which the participant's entire body is used as an instrument to produce complex rhythms and sounds through a mixture of footsteps, spoken words and hand claps. Jekema Waltower, who is a certified youth advocate and professionally trained dancer will be conducting this class. This class will have a self-development component. The participants will get the opportunity to work on selfesteem, mindset, and growth. This class be spit into two groups, ages 6-12 and ages 13-17.

#### **Traditional Chinese Umbrella Dancing**

Date: Wednesday Time: 9:00am - 9:45am Where: RTHCC Studio Age: 16+ (Capacity: 15)

This is a very popular folk dance and was very popular during the Han Dynasty in China. The dance originated from a district in China well known for making umbrellas.

#### **Child Watch**

Dates: Tuesday and Thursday Time: 5:30pm - 7:45pm Ages: 6 weeks - 12 years Where: RTHCC

RTH offers care for your child while adults participate in various RTH programs, events, and activities. *Must sign up 24 hours in advance*.

# **Resident Services**

We can assist with a wide range of services and facilitate connection to agencies like Social Security, SSI, SSDI, Food Stamps, Meals on Wheels, and Health, Medicare, prescription drug programs, move making, home health and budgeting and much more. Please call to see how we can assist you.

#### **Translation & Interpretation Services**

*Flynn Kitchen* When: Tuesdays, 10:00am - 12:00pm *Resource Center* When: Saturdays: 9:00am - 12:00pm Age: All Cost: Free

Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

#### Fall 2021 Cleaning Workshops

Where: Parks Community Building

- Cost: Free
- Time: 6:00pm 7:30pm
- Dates: Monday, April 4<sup>th</sup> : DIY method to clean the oven, refrigerator, and bathtub Tuesday, April 5<sup>th</sup> : Preparing for unit inspections

Come and shared with other residents about the stress and success you experience with cleaning your units! The series will focus on the task of cleaning the oven, refrigerator, and bathtub. Share tips, ideas, and best kept secrets, while learning to make your own cleaning products. Residents attending two workshops will receive a basket of cleaning supplies! Contact: Marta Franklin, Resident Services Coordinator at 617-232-4306 ext. 304

#### **Bed Bug Workshop**

Date:	March 15th (Chinese)	
Time:	1:30pm - 2:30pm	
Place:	Flynn Kitchen	

Date: May 10<sup>th</sup> (*English*) Time: 1:30pm - 2:30pm Place: Flynn Kitchen

Learn how to identify these pesky hichhikers and what to do if you have get them. You will learn how to prep for a treatment and best practices when delaing with your personal items. Space is limited to the first 15 residents to sign up. For more information, contact: Jingming Feng at jfeng@roxburytenants.org or (617) 232-4306 ext. 305

#### **Resident Services Coffee Hour**

Age:	All	
Cost:	Free	
	Dates: Thursday, Janu	ary 20 <sup>th</sup>
	Levinson Building	3:00pm - 4:00pm
	Thursday, February 10	th
	Neville Building	3:00pm - 4:00pm
	Thursday, March 10 <sup>th h</sup>	
	Duggan Building	3:00pm - 4:00pm
	Thursday, April 14 <sup>th</sup>	
	Mosic Building	3:00pm - 4:00pm
	Thursday, May 12 <sup>th</sup>	
	Flynn Building	3:00pm - 4:00pm

Please come and join us at our coffee hours at our different buildings and meet our Resident Services Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

#### **RTH Teen Groups**

Boys

January 19<sup>th</sup> - May 19<sup>th</sup> Thursday: 5:00pm - 6:00pm Where: Parks Community Room Age: 13-17 yrs old Cost: Free

A fun and supportive teen group for teens to focus on social and emotional development. Teens will begin to learn and practice age-appropriate life skills including but not limited to:

- Job Readiness
- Leadership
- Advocacy and Community Agency
- Self-Care / Sexual Health
- Problem-Solving and Much More!

Setup for group will comply with all state mandated COVID standards issued by the Commonwealth. For more information, contact: Korrey Lacey-Buggs, Life Skills Specialist at <u>klacey@roxburytenants.org</u> or (617) 232-4306 ext. 310

#### Join Us at Parent Café

Dates: Tuesday, January 4<sup>th</sup> - March 8<sup>th</sup> Time: 5:30pm - 6:30pm Place: Flynn Conference Room Age: Adults Cost: Free

An evening with parents and caregivers to talk about the challenges and victories of raising a family. Small meal & childcare provided. For more information, contact: Korrey Lacey-Buggs, Life Skills Specialist at klacey@roxburytenants.org or (617) 232-4306 ext. 310

# Senior Services

#### Seniors

We want to hear from you! What ideas do you have for daytrips?Do you have an idea for a new senior program? Any questions about services or programs, please call Laura Adams, Director of Senior Services (617) 232-4306 ext. 700 or drop by the Senior Drop-in Center, Flynn 7<sup>th</sup> floor.

#### Senior's Mystery Trips

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress - you open yourself up to learn something new or explore a new destination. It's a great opportunity to meet new people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

#### Date: Wednesday, February 16<sup>th</sup>

 Time:
 11:00am

 Hint:
 Fun

 Cost:
 \$15.00

Date: Wednesday, March 23<sup>rd</sup> Time: 11:00am Hint: Adventure awaits Cost: \$15.00

For more information, contact: Laura Adams, Director of Senior Services (617) 232-4306 ext. 700

#### **Senior Chat Programs**

Seniors gather to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances. You must register to attend. Please call the RTHCC at (617) 232-4306 ext. 200 to register for Joy Luck Club chat. The deadline to sign up is 2 days in advance of the chat.

#### Various Locations:

Joy Luck Club, Chinese language focus Date: 1<sup>st</sup> and 2<sup>nd</sup> Friday of the month Time: 1:00pm & 3:00pm Where: Flynn kitchen, 1<sup>st</sup> floor

Russian Tea Room, Russian language focus Date: 2<sup>nd</sup> Thursday of the month Time: 5:00pm Where: Parks Community building

Chit Chat Meeting, English language focus Date: 2<sup>nd</sup> Tuesday of the month Time: 1:00pm Where: Senior Drop-In Center

Spanish Chat Meeting, Spanish language focus Date: 3<sup>rd</sup> Friday of the month Time: 12:00pm Where: Flynn Kitchen, 1<sup>st</sup> floor

#### **Taxi Coupons**

Date:1st Tuesday of the MonthTime:12:00pmWhere:Flynn Kitchen, 1st floorAge:Seniors, 60 +Cost:\$5.00 for \$10.00 worth of coupons. 2 book limit

Discounted taxi coupons are available for Boston residents aged 60 and over. Coupons can be used in taxis licensed by the City of Boston. Seniors are allowed to purchase a maximum of two books of taxi coupons per month. It is a great idea to have a few books handy in case of an emergency.

#### **Senior Monthly Shopping Trips**

Market Basket When: 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month Time: 9:30am Where: Meet in Levinson Tower lobby at 9:20am Cost: Free

Chinatown Shopping When: 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month Time: 10:00am Where: Meet in Levinson Tower lobby Cost: Free

Kam Man Supermarket Quincy, Ma When: 3<sup>rd</sup> Thursday of the month Time: 10:30am Where: Meet in Levinson Tower lobby Cost: Free

#### **Monthly Shopping Trip to Mall**

When: 2<sup>nd</sup> Tuesday of the month
Time: 9:30am
Where: Meet in Levinson Tower lobby at 9:20am
Cost: Free

#### Bingo

Monday2:00pmSenior Drop-In CenterThursday2:00pmSenior Drop-In Center

Come early buy your Bingo cards grab a good seat and hang out with your friends. *No admittance into Bingo after* 2:15 pm

#### **Arts and Crafts**

Everyone is an artist. Our arts and crafts class welcomes all seniors, no experience necessary. Arts and Crafts classes consist of painting, jewelry, card design, ceramics, holiday crafts, floral designs, art history, drawing, and more. These classes are effective ways to reduce stress and maintain a healthy brain

Date: Wednesdays Time: 11:30am - 1:30pm Where: Flynn Kitchen, 1<sup>st</sup> floor

#### St. Patrick's Day Celebration

When: Thursday, March 17<sup>th</sup> Time: 2:00pm Where: Zoom

Our annual St. Patrick's Day celebration will be celebrated virtually on St. Patrick's Day, Thursday at 2:00pm. Join us for "Everything Green", look for flyers closer to the date! Please call the RTHCC Welcome Desk at (617) 232-4306 ext. 200 to sign up for this event.



# Family Programs

#### Family Fun Afternoon \*\*

Date: Saturdays Time: 4:00pm - 5:30pm Where: RTHCC Ages: Families with children

A family-centered program is offered that encourages and supports family interactions with their children, dinner is offered.

#### Family Art Night \*\*

Date: Wednesdays Time: 5:30pm - 7:00pm Where: RTHCC Ages: Families with children

Families are allowed to take part in arts under the guidance of professional artists, the individuals can discover talents and develop skills that will provide them with lifelong enjoyment

#### **Family Resource Fair**

Date: February 5<sup>th</sup> Time: 11:00am - 1:00pm Where: RTHCC Ages: Families with children

Families come and enjoy a fun-filled evening of activities while learning about resources that are available for children and families at RTH and the greater Boston area.



#### Family Movie Nights \*\*

Date: January 22<sup>nd</sup> - February 19<sup>th</sup> Time: 3:00pm - 5:00pm Where: RTHCC Ages: Families with children

Winter calls for taking your activities inside, forget the athome movie nights and cramped-couch sitting this winter. Families can switch up their film-viewing experience by taking them indoors to RTHCC basketball court. It's a chance to sprawl out on sleeping bags, and hopefully get some giggles in with friends.

#### Child Watch

Dates: Tuesday and Thursday Time: 5:30pm - 7:45pm Ages: 6 weeks - 12 years Where: RTHCC

RTH offers care for your child while adults participate in various RTH programs, events, and activities. *Must sign up 24 hours in advance.* 

#### RTH Kids Night Out \*\*

Date: Saturdays, January 29<sup>th</sup> - February 26<sup>th</sup> Time: 4:00pm - 5:30pm Where: RTHCC Ages: Families with children 6-12

Sign-up your kids to be dropped off for an evening of fun while parents get a little peace and quiet! Kids get active with group games, and plenty of fun and dinner.

\*\* Pre-Registration required 72 hours prior to program start time.

# **Teen** Center

#### **Teen Center Drop-in Hours**

#### Monday-Friday 3:30pm - 7:00pm

The Teen Center offers drop-in recreation to RTH teens during our daily operational hours. Drop-in activities include the use of our game room, (open gym times vary as well as our computer lab which has high-speed internet and is open and staffed during designated hours. We encourage ALL teens to stop by and enjoy our outstanding facility. **See details below** 

#### **Academic Homework Support**

Monday-Thursday 4:00pm - 6:00pm

#### **Teen Center Computer Lab Hours**

Monday-Thursday 3:30pm - 6:00pm

#### **Game Room Hours**

Monday-Thursday 4:00pm - 6:00pm

#### **Middle School Program**

Parent and Youth Info and Registration meeting: Tuesday, February 8<sup>th</sup> at 5:30pm Where: RTH Teen Center Ages: Youth in 6<sup>th</sup>, 7<sup>th</sup>, or 8<sup>th</sup> grades Cost: Free

Open to middle school youth, this program provides homework support, workshops, relationship-building, and vacation week activities during the school year, 3:00pm -6:00pm, Monday-Friday.

#### **Teen Half Court**

Date: Mondays and Wednesdays 6:00pm - 6:45pm Date: Tuesday and Thursday 5:30pm - 6:45pm Where: RTHCC Gymnasium Age: 13-17 yrs. old

Attention teenagers, are you looking for something to do? Get together with your friends for pick-up games of basketball.

#### **RTH Teen ONLY Night Out**

Date:Fridays-SaturdaysTime:5:30pm - 9:45pmWhere:RTHCC GymnasiumAge:13-17 yrs. oldCost:Free

Come hear about resources, shoot around on the basketball court, play games, listen to music, and hang out with friends, and eat tasty, yummy healthy food!

# Sports & Enrichment Programs

#### **Creative Builders**

Date: February 19<sup>th</sup> - March 19<sup>th</sup> Time: 11:00am - 12:30pm Where: RTHCC Age: 3-5 yrs. old

Calling all inventors, builders, and designers, come and build some awesome creations with us! We will create our own designs and make structures using building blocks, recyclable materials, and many other interesting items. Healthy Snack provided.

#### Taekwondo

Date:	Ongoing, Sundays
Where:	RTHCC Gym
Age:	4-6 yrs. old - 11:30am - 12:15pm
	7+ yrs. old - 12:30pm - 1:15pm
Cost:	RTH Resident - Free/Non-Resident - \$25.00 *

Whether your kid is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

#### Learn to Swim Program

Date: February 28<sup>th</sup> - April 17<sup>th</sup> Where: YMCA (Huntington Ave.) Age: All ages Cost: RTH Residents - \$20.00

Safety first! Learn to swim lessons for all at one of the partnering pools. Contact the Welcome Desk to register.

#### **Ping Pong for Adults**

Date: Monday - Friday Time: 7:30am - 9:00am Where: RTHCC FOYER Age: 18+

Play pick-up Ping-Pong anytime.

#### **Ping Pong for Families**

Date: Monday - Friday Time: 7:30am - 9:00am Where: RTHCC FOYER Age: 18+

Play pick-up Ping-Pong anytime with your families.

#### **Operation Snowsports/Ski lessons**

Date:Saturdays, February 22<sup>nd</sup> - March 13<sup>th</sup>Time:11:00am - 6:00pmWhere:RTHCCAge:6-12 yrs. oldCost:RTH Resident - \$10.00

In partnership with YES, RTH youth(s) get the opportunity to experience downhill skiing and snowboarding. The program includes equipment rental, a lift ticket, and a bus ride to one of New England's best skiing locations, and a ski/snowboard lesson.

#### Soccer Little Stars

Date:	Saturdays
Time:	10:30am - 11:15am
Where:	RTHCC Basketball Court
Age:	3-5 yrs. old
Cost:	RTH Resident - \$0.00/Non-Resident - \$20.00
	*Registration opens January17 <sup>th</sup> for residents and
	January 24 <sup>th</sup> for non-residents.

This 12-week season will have practice/scrimmages mixed in throughout the season to allow greater development and continuous teaching! Games will be played on Saturday's at RTHCC.

#### Youth Skills & Drills Basketball

Date:Mondays and WednesdaysTime:5:00pm - 5:45pmWhere:RTHCC Basketball CourtAge:6-12 yrs. oldCost:RTH Resident - Free/Non-Resident - \$10.00 \*

Dribbling, passing, shooting, rebounding, and defensive skills will be taught will have fun along with an actual game.

#### Traditional Chinese Dance (TCD) for Children

Date:Ongoing SundaysTime:10:30am - 12:00pmWhere:RTHCC StudioAge:6-12 yrs. oldCost:RTH Resident - \$5.00/Non-Resident - \$20.00 \*

A cultural art that expresses harmony, elegance, and fluidity through movement. It is for everyone that wants to work on flexibility and learn traditional Chinese dance techniques. Youth will learn to work together to create performances that show the beauty of this cultural dance.

#### Youth Basketball League

Date:Mondays and WednesdaysTime:6:00pm - 6:45pmWhere:RTHCC Basketball CourtAge:6-12 yrs. oldCost:RTH Resident - Free/Non-Resident - \$20.00 \*

Registration opens January17th for residents and January 24th for non-residents. This 12-week season will have

practice/scrimmages mixed in throughout the season to allow greater development and continuous teaching! Games will be played on Saturday's at RTHCC.

#### \*Vaccination required for non-residents

#### After Scool Program, K2 – 5<sup>th</sup> grades

#### Accepting Enrollments for Children ages 5-12

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children 5-12 years. Our Program provides a safe, fun, friendly place for children with a wide variety of age-appropriate activities that promote learning and fun in an atmosphere where respect, teamwork, and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school-age children from our diverse community. Our Program challenges the imagination, creativity, self-directed initiative in all children through activities that allow them to express their talents through exciting enrichment activities in science, computer, literacy, and math. Arts and crafts, cooking, sports and games, special guests, and field trips are all part of the fun. In addition, a healthy snack, dinner, and homework assistance is offered daily. A full-day program for school vacation is available for students. Children must be enrolled in K2-5th grades and ages of 5-12-year-old to participate.

RTH Resident Fees	\$33.00 weekly fee**
Sibling rate for Residents only/half price for a second child	\$12.00 weekly fee **

Vacation Fee: RTH Residents Fee: \$55.00/half price for sibling \$30.00\*\*

#### Middle After School Program

The Middle School Program allows students to meet and engage with like peers and participate in enrichment programs that develop social and emotional learning. The program's primary goal is to continue inspiring a love of learning for students during the school year. Students receive homework assistance, tutoring as needed, and exciting hands-on workshops. The program also operates full-time during the summer months providing field trips and other enrichment opportunities.

Afterschool - 3:00pm-6:00pm Location; RTHCC Teen Center Grades: 6<sup>th</sup>-8<sup>th</sup> Cost: Free

#### Vacation Weeks:

**February:** Closed: Monday, **Feb 21<sup>st</sup> (President's Day)** Program Date: February 22<sup>nd</sup> - 25<sup>th</sup> *Application available on Monday, January 31<sup>st</sup>, 2022* 

**April:** Closed: Monday, **April 18<sup>th</sup>** (**Patriots Day**) Program Date: April 19<sup>th</sup> - April 22<sup>nd</sup> *Application available on Monday, March 14<sup>th</sup>, 2022* 

For more information or to sign up, contact: Afterschool Program Site Coordinator, Ms. Xue at xwu@roxburytenants.org or (617)232-4306 ext. 402

\*\* New rates effective 2022

# **Employment** Opportunity



## Accountant

**Position Summary:** Assist the Controller of RTH with the day-to-day finance & accounting responsibilities. Essential Duties & Responsibilities: include a host of day-to-day accounting related tasks including tracking of deposits and certain costs, reconciliation of Balance Sheet and Income statement accounts, managing the simple purchase order system, assisting with accounts payable, etc.

**Qualifications:** To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

**Education/Experience:** An associate degree in Accounting or an Accounting Certificate earned from an accredited college is required, a bachelor's degree in accounting preferred; and one to two years of accounting experience is required.

**Language Ability:** Ability to read, analyze, and interpret general financial business questions. Ability to write reports, business correspondence. Ability to effectively present information and respond to questions from groups of managers, clients, customers, and the general public.

Math Ability: Ability to apply the appropriate level of math to allow the candidate to analyze financial data produced for accuracy.

**Reasoning Ability:** Ability to define problems, collect data, establish facts, and draw valid conclusions. Computer Skills: To perform this job successfully, and individual should have experience with Microsoft Word, Microsoft Excel, accounting software (SAGE preferred & Microsoft Outlook.

**Other Skills:** The candidate must be resourceful, efficient, a self-starter with a sense of urgency. They must work independently, seeking answers to questions before asking for assistance. The candidate must be team player, willing to work with others to get the job done.

#### **Employment Application:**

If interested in learning more about this position, submit resume to: Patricia Haran, RTH Controller <u>pharan@roxburytenants.org</u>.

# **Basketball Court Monitors**



**Position Summary:** Oversee athletic facilities, including participants and equipment, as well as assisting with sports classes, ensuring the emphasis in RTH program is always on participation, inclusion, fun and fair play.

**Essential Duties & Responsibilities:** Weekends and afternoons Oversee athletic facilities, including participants and equipment.

**Qualifications:** High School Diploma or GED. Experience playing or coaching basketball games. Comfortable working with all age groups and the ability to sit, stand, walk, reach, climb and lift up to 50 pounds.

Education/Experience: High School Diploma or GED.

Language Ability: Bilingual a plus

**Computer Skills:** Proficient in basic computer skills by having knowledge and ability which allow you to use computers and related technology.

Math Ability: Proficient Basic math skills are those that involve making calculations of amounts, sizes or other measurements.

#### **Employment Application:**

If interested in learning more about this position, submit resume to: May Vaughn, Director of Youth & Family Services <u>mvaughn@roxburytenants.org</u> or 617-232-4306 ext. 201

# **Afterschool Group Leaders**



**Position Summary:** The After School Group Leader was established for the purpose(s) of helping students develop and strengthen academic, physical, and social skills by aiding and tutoring to students in the afterschool program. Incumbents will be responsible for providing academic tutoring and enrichment programming (i.e., poetry, art, drama, music, dance etc.) for designated groups of up to twenty students: and organizing and providing recreation activities. Incumbents will work under the direction of the site designee.

**Essential Duties & Responsibilities:** Develop and lead varied, multi-subject activities for youth that are enriching and age appropriate (e.g., arts education, STEM, community engagement, physical education, etc.).

- Provide supervisory care for a group of 5-12 youth during remote learning and activities. Groups are currently staffed with 2 Group Leaders per 13 children due to increased individualized attention.
- Attend professional development training and meetings that occur during non-program hours, as required.
- Ensure safety of all participants during structured and unstructured time.
- Assist with preparation of snacks and other program functions (e.g. clean-up, meal time, transitions, etc.).
- Provide positive role-modeling, reinforcement and behavior modification when necessary.

#### **Education/Experience:**

- Must be at least 18 years old and meet one of the following:
- Have a Bachelor's or Associate's degree and have three months of experience working with school age children.
- Have a high school diploma or equivalent and six months of experience working with school age children including three months of supervised experience at a school age child care program.
- Have nine months of experience with school age children including three months of supervised experience at a school age child care program.

#### Language Ability: Bilingual a plus

**Math Ability:** Proficient in basic math skills that involve making calculations of amounts, sizes, or other measurements. Competent in Core concepts like addition, subtraction, multiplication, and division.

Computer Skills: Knowledge and ability to use computers and related technology.

#### **Employment Application:**

If interested in learning more about this position, submit resume to: May Vaughn, Director of Youth & Family Services <u>mvaughn@roxburytenants.org</u> or 617-232-4306 ext. 201

# **Resident Services Manager**



**Position Summary:** The Resident Service Manager's (RSM) mission is to enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary. The RSM is committed to working with people in a way that is nonjudgmental, non-intrusive, confidential and that promotes resident empowerment autonomy and dignity.

**Essential Duties & Responsibilities:** Following established professional standards of practice and code of ethics, the RSM works to:

- Increase the ability of residents to uphold lease obligations.
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents. Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

Qualifications: MSW required, LCSW preferred.

- Preferred candidate will be bilingual (Spanish, Russian or Cantonese/Mandarin and English)
- Excellent oral and written communication, organization, and time management skills.
- Experience working in an urban, community setting; preferably in housing Experience working with families of diverse ages, races, and abilities. Strong leadership and community building skills
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Possess organizational, time management and problem-solving skills Knowledge of relevant state, federal and local resources, and agencies

#### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services samaral@roxburytenants.org or 617-232-4306 ext. 306

# **Resident Services - Administrative Assistant**



**Position Summary:** Administrative Assistant duties and responsibilities include providing administrative support to ensure efficient operation of the office. Providing support to the director, manager, and coordinators through a variety of tasks related to organization and communication. Ability to effectively communicate ensuring that all administrative assistant duties are completed accurately and delivered with high quality and in a timely manner.

**Qualifications:** Excellent time management skills and ability to multi-task and prioritize work. Attention to detail and problem-solving skills. Excellent written and verbal communication skills.

- Strong organizational and planning skills and working knowledge of MS Office.
- High school diploma or equivalent. Ability to work in a fast-paced environment.
- Possess organizational, time management and problem-solving skills.
- Current CPR, AED, and First Aid certifications required.

**Responsibilities:** Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.

- Welcome new residents and explains the RSC program as well as appropriate and available community resources, programs, and services.
- Provide general support to residents and visitors.
- Carry out administrative duties such as filing, typing, copying, binding, scanning and maintain and departmental filing systems
- Maintain supplies inventory by checking stock to determine inventory level; placing and expediting orders for supplies; verifying receipt of supplies
- Attend and participate in staff, programs, events and inter department meetings as directed.

#### Bilingual applicants preferred. Please forward cover letter and resumes to the contact listed below.

#### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services <u>samaral@roxburytenants.org</u> or 617-232-4306 ext. 306

# **Bi-lingual English/Cantonese Resident Service Coordinator**



**Position Summary:** The Resident Service Coordinator's (RSC) will help enable residents to live as independently and self-sufficiently as possible while maintaining their dignity and autonomy by informing them of available resources, assisting them in obtaining the services they choose to use and advocating for the resident when necessary.

**Essential Duties & Responsibilities:** Following established professional standards of practice and code of ethics, the RSC works to:

- Increase the ability of residents to uphold lease obligations (timely rent payments, proper unit maintenance and quiet and peaceful enjoyment of the property for residents and neighbors).
- Support efforts that enhance a resident's quality of life, empower them, and promote the resident's independence and self-sufficiency.
- Build healthy communities through the active participation and cooperation of the management team, community agencies and residents.
- Facilitate the provision of program support and/or intervention to stabilize families in need through coordination with community resources.

#### **Qualifications:**

- Minimum 2 years Human Services or related experience, MSW preferred
- Excellent oral and written communication, organization, and time management skills
- Experience working in an urban, community setting; preferably in housing
- Experience working with families of diverse ages, races, and abilities Strong leadership and community building skills.
- Understanding of resources in the Boston area and experience navigate through regional non-profit and government agencies
- Knowledgeable about services available to assist people with a disability, housing, drug or alcohol abuse, domestic violence, or mental health issues. Some supervisory experience

#### Must be a bilingual Chinese Cantonese speaker

#### **Employment Application:**

If interested in learning more about this position, submit resume to: Scott Amaral, Director of Resident Services <u>samaral@roxburytenants.org</u> or 617-232-4306 ext. 306

# **RTH Directory**

#### **Executive Office - Neville House**

11 New Whitney Street, 1st Floor

Karen T. Gately, *Executive Director* kgately@roxburytenants.org 617-232-4306 ext. 104

Latoya Cromartie, Payroll Specialist lcromartie@roxburytenants.org 617-232-4306 ext. 101

Lori Taylor, Senior Administration <u>ltaylor@roxburytenants.org</u> 617-232-4306 ext. 107

Patricia Haran, Controller pharan@roxburytenants.org 617-232-4306 ext. 106

**Tara O'Ree**, *Executive Coordinator* toree@roxburytenants.org 617-232-4306 ext. 100

Juan Castillo-Then, *Technology Specialist* jcastillo-then@roxburytenants.org 617-232-4306 ext. 103

Jun J. Xu, Technology Assistant junx@roxburytenants.org 617-232-4306 ext. 105

**Resource Center** 25 Mission Park Drive

Front Desk: (617) 232-4306 ext. 601

**Roxanne Haecker,** *Director of Community Education & Workforce Development* <u>rhaecker@roxburytenants.org</u> (617) 232-4306 ext. 603

Beverly Moss, bmoss@roxburytenants.org (617) 232-4306 ext. 601

Jennifer Lewis, Youth Educational Services & Workforce Development Specialist jlewis@roxburytenants.org (617) 232-4306 ext. 600

#### **RTH After School Program Recreation Exploration Center**

835 Huntington Avenue

**Denise Watson,** *Director of Youth and Family Engagement Programs* <u>dwatson@roxburytenants.org</u> (617) 232-4306 ext. 401 **Carmen Torres**, *Literacy Coordinator* <u>ctorres@roxburytenants.org</u> 617-232-4306 ext. 401

**RTH Community Center** 20A Vining Street

Welcome Desk: (617) 232-4306 ext. 200

May Vaughn, Director of Youth & Family Services mvaughn@roxburytenants.org\_617-232-4306 ext. 201

Chris Mitchell, Health & Wellness Director cmitchell@roxburytenants.org\_617-232-4306 ext. 203

Curtis William, Welcome Desk Administrator cwilliams@roxburytenants.org 617-232-4306 ext. 202

Kendall William, Program Specialist kwilliams@roxburytenants.org 617-232-4306 ext. 200

Nichelle Jenkins, Welcome Desk Coordinator njenkins@roxburytenants.org 617-232-4306 ext. 200

**Resident Services Parks Community Building** 2 New Whitney Street 2nd Floor

**Scott Amaral**, *Director of Resident Services* <u>samaral@roxburytenants.org</u> / 617-232-4306 ext. 306

Yelena Piliavsky, Resident Services Coordinator ypiliavsky@roxburytenants.org / 617-232-4306 ext. 303

Marta Franklin, *Resident Service Coordinator* <u>mfranklin@roxburytenants.org</u> / 617-232-4306 ext. 304

David Chen, *Resident Services Coordinator* dchen@roxburytenants.org / 617-232-4306 ext. 302

Korrey Lacey-Buggs, Resident Service Coordinator & Life Skills Specialist klacey@roxburytenants.org / 617-232-4306 ext. 310

Senior Services, Flynn House 805 Huntington Avenue, 1st Floor

Laura Adams, Director of Senior Services ladams@roxburytenants.org / 617-232-4306 ext. 700