A ROXBURY TENANTS OF HARVARD ASSOCIATION publication of community events, programs, services, family trips, and upcoming happenings all taking place in your community!



Chinese, Russian, and Spanish editions of What's Up are available at the RTH Community Center

请到RTH社区中心获取中文版What's Up

пожалуйста, зайдите в общественный центр RTH, чтобы получить русскую версию Por favor, vaya al centro comunitario de RTH para obtener la versión rusa.

# WHAT'S UP Table of Content

# **Weather Alert**

In case of inclement weather, cancellations and community center closure will be posted on the door and announced on the information hotline of each department phone number. All efforts will be made to reschedule classes cancelled due to inclement weather.

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### **RTH EXECUTIVE OFFICES**

11 New Whitney Street 617-232-4306 ext.103

Hours of Operation: Monday – Friday 9am – 5pm

#### RTH COMMUNITY CENTER HOURS

20A Vining Street 617-232-4306 ext.200 Hours of Operation:

 $\begin{array}{ll} \mbox{Monday} - \mbox{Thursday} & 6:00\mbox{am} - 8:00\mbox{pm} \\ \mbox{Friday} & 6:00\mbox{am} - 9:00\mbox{pm} \\ \mbox{Saturday} & 9:00\mbox{am} - 9:00\mbox{pm} \\ \mbox{Sunday} & 11:00\mbox{am} - 6:00\mbox{pm} \end{array}$ 

# **MISSION PARK/ Trinity Management**

835 Huntington Avenue 617-566-0707 Hours of Operation: Monday – Friday 9am – 5pm

# **RTH PROPERTIES OFFICES/ Trinity Management**

Hours of Operation: Monday – Friday 9am – 5pm 747 Huntington Avenue 617-232-5910

#### **RESIDENT SERVICES**

Parks Community Building 2 New Whitney St. 2<sup>nd</sup> floor 617-232-4306 ext.305

Monday, Wednesday, Friday 9am – 5pm Tuesday, and Thursday 9am – 8pm Evening hours by appointment

# LIBRARY/COMPUTER CENTER

25 Mission Park Drive 617-232-4306 ext.601 Hours of Operation:

Monday – Thursday 10:00am – 8:00pm Friday 10:00am – 6:00pm Saturday 12:00am – 6:00pm

# **SECURITY OFFICE**

617-731-2923 **24 Hours per day** 

# ROXBURY TENANTS OF HARVARD ASSOCIATION, INC. (RTH) MISSION STATEMENT

Roxbury Tenants of Harvard (RTH) seeks to develop and maintain safe and affordable housing for low and moderate-income people of diverse backgrounds in the RTH/Mission Hill Neighborhood, and to improve the quality of life for its residents. We achieve this through property management, construction and rehabilitation of properties, provision of social and education services, workforce development and community activism. As one of the oldest grassroots tenant organizations, we dedicate ourselves to defending the right to quality, affordable housing for people of all races and cultures as well as promoting tenant empowerment through active tenant participation in leadership and development.



# **RTH Committees and Volunteer Opportunities**

Looking for an opportunity to become involved in your community? What skills or interest would you like to share?

We hope you will become engaged, learn about RTH and what makes us so unique. Join us as we work together on projects and issues of interest. We need a range of skills, backgrounds, experiences that will help the committees with its work.

Consider joining a committee or volunteering. Interested? Watch for flyers announcing dates and times of meetings.

For more information call RTH Executive office at (617) 232-4306 or email <a href="mailto:ltaylor@roxburytenants.org">ltaylor@roxburytenants.org</a>

Please leave your name, contact information and the committee, program, event or area you would like to volunteer.

# RTH Community Center Holiday Schedule Please note the following schedule changes for upcoming holidays

Patriots Day	Monday	April 15 <sup>th</sup>	11:00am – 7:00pm
Memorial Day	Monday	May 27 <sup>th</sup>	Closed
Independence Day	Thursday	July 4 <sup>th</sup>	Closed
Labor Day	Monday	September 2 <sup>nd</sup>	Closed

<sup>\*</sup>RTH Offices are Closed, RTHCC opened limited hours





# **Upcoming Community Events**

Please mark your calendars and save the dates for upcoming community events:

# Saint Patrick's Day Celebration

Saturday, March 16<sup>th</sup> 6:00pm – 10:00pm RTHCC Gymnasium

Everyone's a little bit Irish on St. Patrick's Day!

Watch for flyers and contact Laura Adams for more info: 617-232-4306 x700

Victory Day SAVE THE DATE Sunday, May 5<sup>th</sup>

Join us to celebrate the end of World War II
Watch for flyers and contact Igor Gutsol for info: 617-232-4306 x106

# Walk & Talk with The Executive Director

Join Karen on a walk around the neighborhood – learn something new about your community!

Friday, April 26<sup>th</sup>, 10:00am Monday, May 20<sup>th</sup>, 1:00pm *Meet at RTHCC Lobby* Contact Lori Taylor at 617-233-4306 x107

with questions

# **Annual Family Easter Egg Hunt**

Saturday, April 6th 11:00am-1:00pm RTHCC - Gymnasium

Ages 3-10

**Residents Free Non-Residents: Free** 

# **Resident Wellness Day**

Thursday, April 25th 1:00pm - 4:00pm Parks Community Building FREE

Wellness Day experience for all residents!

FREE Haircuts, Reiki/Chair Massage, Nail Polishing and Blood Pressure Screenings!

GIFT bags full of wellness items! (to the first 50 people)!

Raffle of items at 3:30 PM
Helpful resources from Resident Services and
Health and Wellness.
Light refreshments will be served.

Contact: Scott Amaral, Director of Resident Services, 617-232-4306 x306 samaral@roxburytenants.org

# **RTHCC Spring Open House and Bazaar**

April 13<sup>th</sup>

11:00am - 2:00pm

All Ages

Free Event

Table Fee: Residents \$5.00, Non-Residents \$10.00

Come and discover the programs RTHCC has to offer for you and your family! We will be showcasing new programs for spring 2019 and forward.



# **RTH Security Meeting**

Second Wednesday of Every Month 6:30pm Parks Community Room

Join us to discuss security issues in the community Special topics every month include:

March	Tips on Keeping your Home and Surrounds Safe
April	Being Safe when being Active Outdoors
May	Summer Safety Tips
June	Driving Safety
July	Weather Safety Tips
August	Back to School Safety
September	CPR/AED Safety Awareness
October	Halloween Safety
November	Fire Prevention
December	Holiday and Travel Safety

# **Trinity Management Quick Recertification Tips**

- All Adult members aged 18+ must attend the interview with a valid ID
- Please allow sufficient time for a family of three person or more to be interviewed.
- Please do not write on verifications such as social security letter, paystubs, bank statements and medical statements.
- It is your responsibility to communicate with your employer or bank institution in returning the third verification verifications



# Summer Programs & Opportunities

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# **RTH Summer Enrichment Program 2019**

8:00am - 6:00pm Monday - Friday

# **Fun Filled Summer Activities**

Session	Week
1	June 24 - June 28, 2019
2	July 1—July 5, 2019 (July 4 Closed due to Holiday!)
3	July 8- July 12, 2019
4	July 15 - July 19, 2019
5	July 22 - July 26, 2019
6	July 29 - August 2, 2019
7	August 5 - August 9, 2019
8	August 12- August 16, 2019
9	August 19 - August 23, 2019

# **Activities includes:**

Morning open circle, Exercise, Outdoor Games, Classroom Activities, Computer class, Arts and Crafts, Swimming lessons, Field trips, And more...

Licensed by: Massachusetts Department of Early Education and Care

Mission Park Summer Enrichment Program 835 Huntington Ave. (Rear) Please pick up a registration application on April 1, 2019

# Thursday March 7<sup>th</sup> 5:00pm-8:00pm at RTHCC

# Get a jump start on Summer 2019!

Join us in this unique event to learn more about overnight and day camp, and travel programs for students in grades K-12. Parents and children will have the opportunity to meet and speak with representatives from the programs offering unique programs including travel, community service, arts, sports, academic enrichment, and traditional camp options. Attendees will leave with a directory of the participating program's description of each program, including schedule, fees, and age requirements.

# Overnight Camp, Family Camps, Day camp

Partnerships include: Girl Scouts, YMCA of Greater Boston, Agassiz Village, Camp Wonderland, and Camp Joy Light dinner will be provided.



Rolling admissions. Level assigned by placement test. Learn or improve your English to get a job or advance in your career, feel confident in your everyday interactions with English speakers!

All classes are free: there is a \$25 materials fee
Classes are held in the After-school classrooms (ASP)
835 Huntington Avenue, Rear
Register for all classes at the RTHCC Welcome
Desk, the Betty Powers Library Front Desk or
rhaecker@roxburytenants.org

# **ESOL I – Absolute Beginners Date(s)**

Wednesday evenings 7:30pm – 9:00pm ASP classroom (blue)

Cost: Class is free, there is a \$25 materials fee

For students with little previous English training and very limited vocabularies. Lessons will cover basic survival English- discussing personal information (my name is...) asking directions, transportation, money, American culture, and practicing spoken English.

Rolling admissions- open to residents and non-residents

# Mandarin classes for children ages 6 to 12

Sundays, September through June 2:30pm - 4:30pm ASP classrooms

**Cost:** \$75 for RTH residents; \$100 non-residents Fees have been Pro-rated for 2<sup>nd</sup> semester enrollment

Many students choose to learn Mandarin- quickly becoming one of the world's most frequently used languages- to enhance their career options in today's globalized economy.

Level I- Beginner Level II- Intermediate Level III- Advanced

# **English for Daily Living**

Tuesday and Thursday evenings ongoing 7:30pm – 9:00pm ASP classroom (Green) Free

English to help you navigate doctor's office visits. calling for appointments, grocery shopping, making inquiries or placing work orders, eating out in restaurants, etc.

# ESOL II - Beginners- Moving On

Friday evenings 7:30pm – 9:00pm ASP classroom (blue) Class is free, there is a \$25 materials fee

Continuing to learn the basics of English: listening and speaking, reading, writing (filling out applications and forms is practiced in class) Present tense, writing, regular practice in spoken English through dialogues and other exercises.

Rolling admission- by permission of instructor Open to residents and non-residents

# **English Conversation Group**

Tuesday morning drop in group, ongoing 11:00am to 12:00pm
Flynn Kitchen, 805 Huntington Avenue
Free. No registration is required. Open to all.

Idioms are phrases that can't be translated word-by-word but have meaning beyond their literal dictionary definitions and are one of the hardest challenges when you are learning English. If you want to communicate with native speakers, knowing at least the most common idiomatic expressions is important. Don't pull your hair out trying to understand what people are talking about! Come join our friendly group to study idiomatic expressions, chat informally, and practice your English with native speakers.

We also take free periodic field trips to the MFA, local restaurants, and concerts as part of our study of American culture.

# **Living Within Your Means**

April 18<sup>th</sup> 6:00pm - 7:30pm Flynn Kitchen, 805 Huntington Ave Free

Take that first, important step towards freedom from debtlearning to live within your means, i.e. spending less or at least equal to the money you bring in.

Credit cards, revolving credit accounts, loans- all can allow you to buy more than your income really allows. But that lifestyle isn't sustainable and sooner or later, your overspending catches up to you. Credit cards are maxed out, savings are gone, you are stressed out and worse than broke- you're in debt.

Learn to take control of your spending, set goals and make a realistic budget that works for you and your family.

Led by Percy Stallworth, a member of MAHA's education team.

#### It's Never too Late to Learn

### **Massachusetts Adult Literacy Hotline**

- Improve Your Reading, Writing, and Math Skills
- Learn to Speak English
- Earn a High School Equivalency Credential
- Volunteer in an Adult Education Program

# Call Today! Massachusetts Adult Literacy Hotline: 1-800-447-8844 7 days a week, 6 AM to midnight.

Free online classes available at the RTH Computer Center-English, U.S Citizenship, High School equivalency. We are here to assist and look forward to helping you find the resources you need.

# **Learn to Earn Training Positions at RTH**

Stymied in your search for a job by lack of recent experience or outdated skills? Learn to Earn is a 12-week supported work program that provides training and support to help you gain the workplace experience and develop job skills you need. Training includes Aid/CPR/AED certification, customer service and workplace demeanor, cultural sensitivity, and specialized training according to the needs of the RTH department you'l work in. for example, childhood development 101, EEC Cori's, and Open Circle training if working in the afterschool or middle school programs; Microsoft Office if placed in an administrative office; Servsafe food handler's certification if in a nutrition program, etc. Don't let barriers keep you from applying. We are here to help.

Resident Services 617-232-4306 x306

rhaecker@roxburytenants.org 617-232-4306 x 703

# **Credit Rehabilitation Workshop**

April 25<sup>th</sup> 6:00pm - 7:30pm Flynn Kitchen, 805 Huntington Ave Free

Is your poor credit score messing with your dreams of buying a home, a new car, or paying for college?

Don't be taken in by promises of a "quick fix". There isn't one

But you can rehabilitate your credit history, build your credit worthiness, and raise your score.

Percy Stallworth, a member of the Mass Affordable Housing Alliance's homeownership education team, will show you how to go about getting your reports, correcting mistakes, and building your credit back.

Make 2019 the year you get back on track to achieve your financial goals.

# **CPR/First Aid Training ONGOING**

First Aid/CPR/AED certification classes March 24<sup>th</sup>, April 24<sup>th</sup>, May 22<sup>nd</sup> 10:00am – 6:00pm FRFF

Upon successful completion of the course, you will earn a certificate card upon completion

Pre-registration is required. Please contact: Deb Zanellato 617-232-4306 x 203 dzanellato@roxburytenants.org

Community Hands-only CPR classes are also held at RTH on an ongoing basis. You will earn a certification through this training, and you will learn what to do in a cardiac emergency. Please check the RTHCC calendar regularly for upcoming classes

Register for all classes at the RTHCC Welcome Desk, the Betty Powers Library Front Desk or rhaecker@roxburytenants.org



# **CORI Workshop- Know Your CORI Rights!**

March 21<sup>st</sup> 6:30pm - 7:30pm Flynn Kitchen, 805 Huntington Ave Free to all

Criminal records can make it hard to find a job, get housing, and can even prevent you from getting educational grants.

Everyone should check their CORI's and credit reports before applying for jobs; mistakes are made that can negatively affect your chances of success.

Even if your criminal record is very old, if you have been found "not-guilty" or your case was dismissed, these still appear on your CORI and can create problems.

Learn how to get a copy of your CORI, how to seal records, correct mistakes, and expungement.

Workshops led by a Massachusetts Bar registered lawyer. A limited number of private appointments will be available for those who attend the workshops.

### **ServSafe Food Handlers Certification Classes**

Ongoing, rolling admissions Online

\$10 for residents; free to volunteers

Do you want to work in food services, in a restaurant, or catering service? The ServSafe certification is for you!

The ServSafe certification is the food services industry standard. It covers five key areas: basic food safety, personal hygiene, cross-contamination & allergens, time & temperature, and cleaning & sanitation.

RTH Staff & volunteers who serve or prepare food at community events are required to take this class

Class is available in English, Spanish, and Chinese. \$10.00 for residents; free to volunteers and staff.

# **Believe and Achieve Scholarship**

**Eligibility:** RTH residents enrolled in an accredited college or in a training/vocational program are eligible for scholarships up to \$4,000 Scholarship applications are available at the Betty Powers Library, the RTHCC Welcome Desk, RTHCC Youth Center

Interviews conducted quarterly

#### **Homework Center**

1<sup>st</sup> grade through high school Monday through Friday 4:00pm – 6:00pm Location: RTHCC 2<sup>nd</sup> floor Youth Center Free but must register

Does your child need help completing his or her homework? Homework and study help are available throughout the school year.

ctorres@roxburvtenants.org

# Food Service Jobs at Beth Israel Deaconess Medical Center/ <u>Hiring Now!</u>

We are working with BIDMC to help more RTH residents become part of the BIDMC team.

Wages start at \$15 hr. Benefits for employees who work 20 hr. plus per week include: health care, dental & retirement; tuition reimbursement & scholarship opportunities; discounted public transportation; paid time off program; free on-site pre-college reading, math, and English courses; free on-site college level science courses in partnership with Bunker Hill Community College; career and academic advising; more!

Positions as cashiers, servers, cook and grill servers, room service assistance, tray line & sanitation, leads & supervisors. **Apply now at jobs.bidmc.org**Let us know when you have applied, we work directly with BIDMC and can help get your application get noticed

# Learn to Sew! Sewing with Julia Yampolsky

For Adults and Mature Teens

8-week recurring cycles Mondays, Tuesdays, Fridays 6:30pm - 8:30pm Flynn Kitchen, 805 Huntington Ave

Cost: \$25 RTH & Mission Hill residents \$25 All others \$150 per 8-week course

Mondays- Beginners Sewing Tuesday-Friday Techniques (Intermediate) Sewing Workshop (for those with some experience, by permission of instructor)

You may bring your machine or use one of ours

\$25. Non-refundable Fee for 8 classes Classes are limited to 10

### **RTH Seafood Club**

3rd Wednesday of each month March 20<sup>th</sup>, April 17<sup>th</sup>, May 15<sup>th</sup>

Starts 12:00pm

Location: Flynn Kitchen

- Cost: \$5. Haddock, pollack, skate
- .50 cents per lb. fresh fish heads
- \$7.50 salmon fillets (farm raised in Maine) Occasionally, we have catch of the day specials, including Boston mackerel, seabass, redfish

Fresh fish at great prices

Our fish comes from Red's Best on the Boston Fish Pier- right off the boat! Only way its fresher is if it's swimming.

Place your orders one week in advance to assure you'll get fish that day! Bring a shopping bag.

For more information on orders 617-232-4306 x 401 rhaecker@roxburytenants.org

# Farm to Table Kids in the Kitchen Go to the Farm!

April 16th - 18th

10:30am - 12:00pm April 16th & 17th

10:00am - 12:00pm April 18th

Flynn Kitchen, 805 Huntington Ave

Cost: \$10 payable at registration; free for kids

enrolled in ASP vacation week

Kids in the Kitchen – where kids learn to make their favorites through a healthy lens- mac and cheese with broccoli and cauliflower, turkey tacos with guacamole salad, pizza from scratch with rainbow toppings.

We'll visit the Newton Community Farm to learn what grows on local farms and what doesn't, work in the learning garden, and enjoy a scavenger hunt.

Limited to 20

# Wednesday Night Cooking Classes in Flynn Kitchen

All classes 6:00pm - 8:00pm

Free for RTH residents; \$5 for non-residents.

#### March

1<sup>st</sup> Wednesday - using a pressure cooker

2<sup>nd</sup> Wednesday - learn to make yogurt

3<sup>rd</sup> Wednesday - Seafood Demonstrations

4<sup>th</sup> Wednesday - Vegetarian Dishes You'll Want to Eat

# **April**

**Every Wednesday** 

Seafood Nutrition Partnership with Chef Kelly Armetta and Elaine Adams

#### Mav

1<sup>st</sup> Wednesdays - spring rolls and pot stickers

2<sup>nd</sup> Wednesday - Island Hopping- Caribbean Favorites

3<sup>rd</sup> Wednesdays - Seafood Demonstration

4<sup>th</sup> Wednesdays - Vegetarian Dishes They'll Ask For

Class sizes are limited to 20. If you register for a class and don't show, you may forfeit your seat in a future class

# Intro to Computers – Spanish (4 weeks)

Starting February 25<sup>th</sup>, 10:00am Classes begin every month Library/Computer Center FREE for Residents

# Computer Basics – Spanish (4 weeks)

Starting February 25<sup>th</sup>, 11:30am Classes begin every month Library/Computer Center FREE for Residents

# Intro to Computers - English (4 weeks)

Starting February 26<sup>th</sup>, 10:00am Classes begin every month Library/Computer Center FREE for Residents

# Computer Basics - English (4 weeks)

Starting February 26<sup>th</sup>, 11:30am Classes begin every month Library/Computer Center FREE for Residents

# **Calling All Seniors**

Date TBD, April 2019
(Watch for the dates on the Senior Monthly Calendar)
Pre-registration required
Library/Computer Center
FREE for Residents

Learn how to design your own tote bag Need a tote bag for your groceries? This is the class for you!

### For more info, Contact:

Library/Computer Center 617-232-4306 ext.601 25 Mission Park Drive

# Intro to Computers – Chinese (4 weeks)

Starting February 28<sup>th</sup>, 10:00am Classes begin every month Library/Computer Center FREE for Residents

# Computer Basics – Chinese (4 weeks)

Starting February 28<sup>th</sup>, 11:30am Classes begin every month Library/Computer Center FREE for Residents

# **Resume/Cover Letter Workshop**

Thursday, March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> – 6:30pm Thursday, May 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> – 6:30pm Library/Computer Center FREE for Residents

#### **Tech Goes Home**

May 7<sup>th</sup> – June 18<sup>th</sup>
Tuesday 11:00am – 12:00pm and 6:30pm – 7:30pm
Thursday 12:00pm – 1:00pm
Library/Computer Center
FREE for Residents

Complete 15 hours of class time to become eligible to purchase e-book (laptop) computer for \$50. Space is limited, register early!

# **Netblazr Free Internet Info Sessions**

Tuesday, March 12<sup>th</sup> 11:00am Thursday, March 14<sup>th</sup> 6:30pm Tuesday, April 16<sup>th</sup> 11:00am Thursday, April 18<sup>th</sup> 6:30pm RTHCC Room 117 FREE for Residents

Simultaneous interpretation available if requested before February 28<sup>th</sup> for March 14<sup>th</sup> session/ Contact Resident Services at ext.306

# **Library Troupe (Ages 8-12)**

Friday, March 8<sup>th</sup> – April 12<sup>th</sup>, 5:00pm – 6:00pm Library/Computer Center FREE for Residents

At the first session you will select a book to read. Discussions, and refreshments.

# Financial Literacy Kids (Ages 8-12)

Thursday, March 7<sup>th</sup> – April 11<sup>th</sup>, 5:00pm Library/Computer Center FREE for Residents

Learn how banks work, kinds of services the bank provides, banking terms; learn how to save money and create a budget.

# **Financial Literacy Adults**

Thursdays, March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup>, 6:30pm Library/Computer Center FREE for Residents

Borrowing Basics/ Money Matters/ Pay Yourself First/ To Your Credit/ Must pre-register for this class, space is limited, register today!

## **Senior Program Interest Survey**

Beginning February 19<sup>th</sup> Library/Computer Center FREE for Residents

We need your help. Tell us what your interests are! Complete the <u>short</u> survey and be enter into a drawing for a \$25 gift card.

# Computer Science for Kids (Ages 8-12)

Saturday, May 18<sup>th</sup> – June 15<sup>th</sup>, 11:00am Library/Computer Center FREE for Residents

Learn how to code; Learn how to design an app using simple computer programming language.

#### **Adult Book Club**

Starting Thursday, May 16<sup>th</sup>, 6:30pm Library/Computer Center FREE for Residents

Looking for a fun way to enjoy books, have fun, learn new things, gain new perspectives, and meet new people? Let's start a book club!
Let's make it personal. At the first session you can choose the book, author, topic, length of the book, and convenient time and dates for the monthly group meeting! Refreshments provided!

# **Book Club for Seniors**

Starting Wednesday, March 5<sup>th</sup> – 11:00am Flynn Kitchen FREE for Residents, Books provided

"Father Augustus Tolton: The Slave Who Became the First African-American Priest" will be the first book.

choose the convenient time and dates for the monthly group meeting! Refreshments provided!

For more info, Contact:

Library/Computer Center 617-232-4306 ext.601 25 Mission Park Drive





#### **New Member Orientation**

Ages 13+ RTH Welcome Center For detail, check at RTHCC front desk

New member orientation is an important first step. Come have your questions answered and learn about all the opportunities available at RTH CC. Meetings are held monthly and provide a great opportunity to meet other residents and staff.

# **RTHCC Program Pass**

We have a program pass that lets Non-Residents take exercise classes.

Have a relative or a friend that doesn't live in RTH, but would like to participate with you in program or group ex classes? Get the program pass to have access to all group exercise or programs.

\$20.00 per pass with 10 group exercise classes. Check the Wellness Center section for a list of programs covered by pass.

# Membership Appreciation Health & Wellness Workshops

March 20<sup>th</sup> - Nutrition Month

April 17<sup>th</sup> - Stress Awareness Month

May 15<sup>th</sup> - Correct Posture Month

Health & Wellness meeting at 6:30pm - 7:30pm RTHCC Room #117

RTHCC staff would like to thank all our members and program participants for their dedication and commitment to Wellness. Stop by the Welcome Center on the above dates for a healthy snack and health information related to our monthly themes. Also be on the lookout for our monthly theme related workshops.

Contact: Welcome Desk 617-232-4306 ext.200 infoatrthcc@roxburytenants.org

#### RTHCC Reminders

#### Check in:

Due to the need for security and safety, children 10 and under will need to accompany by an adult age 18 and above unless they've signed up for programs or classes. Everyone must check in at the welcome desk. All members and guests must check in; program participants must also sign in on the log book.

# **Fob Scanning:**

All members ages 13 years and older will need to swipe their fob at the welcome center desk upon arrival. Fobs are not transferable. Loan of a fob to another person may result in forfeiture of membership privileges. Program participants and visitors must sign in on the attendance roster. Children ages 10-13 years old will get an access keycard.

#### Access Keycard 10-12:

All member ages 10-12 will get an access key card instead of fob key. All members ages 10-12 years old will need to scan their keycard at the welcome center desk upon arrival. Keycards are not transferable. Loan of a keycard to another person may result in forfeiture of membership privileges.

#### **Visitors and Guests:**

RTHCC currently doesn't not allow visitor and guest unless they have purchased a program pass; all visitors must sign in for a meeting or program.

#### Locker Rooms (Day use only):

Adult locker rooms on level 1 in the Wellness Center are for individuals ages 19 and up. Youth and family locker room on the G level are for youth 18 and under and their parent or guardians. Children in grades one and up must use the gender-appropriate locker room. RTH Community center members and program participants are responsible for securing their lockers with their own padlocks.

#### **Dress Code:**

Appropriate athletic clothing encouraged. Street clothing, street shoes and barefoot are not permitted in the wellness area.

## **Inclement Weather:**

During inclement weather, RTH reserves the right to close the RTHCC or cancel classes at any time if we determine the safety of our members, participants and staff are at risk. If a class is cancelled due to inclement weather, we will make every effort to run a make-up class.

Food/Drinks only allowed in designated area.





# RTH Spring Challenge "RTH Play Ball"

March 20<sup>th</sup> - May 20<sup>th</sup>

All Day Ages: 13+

RTHCC Wellness Center Residents FREE, Only

The RTH Health and Wellness Department is excited to introduce our Spring fitness challenge, "RTH Baseball competition". Learn more about it at RTHCC, sign-up in wellness center this March!

# **RTH Group Exercise Website**

# www.RTHGroupEx.com

The Health and Wellness Center is happy to introduce RTHGroupEx.com, an online resource for RTH group exercise classes, personal training, and fitness related announcements. The website is designed to motivate residents and visitors to adopt a healthy lifestyle and engage with friends and neighbors. Check us out at RTHGroupEx.com

### **Health Coaching**

Ongoing
By appointment only
Ages 13+
RTHCC Wellness Center
Residents FREE, Only

Sign up with our health & wellness coaches to work one on one or with a group to achieve your fitness goals.

# For more info, Contact:

Deborah Zanellato 617-232-4306 ext.203 Dzanellato@roxburytenants.org

# Sponsored by:



# **Step into Spring: Registration Required**

Starting April 1<sup>st</sup>, outside walking, Fitzgerald Park and Jamaica Pond; inside on treadmills during inclement weather.

Every Wednesday, 4:00pm – 4:45pm

Ages 18+

Meetup at RTHCC lobby

Residents Free

Come for an invigorating walk through Mission Hills, with various destinations and get some fresh air and exercise and get prepared for the Mission Hill Road Race in October! Then, upon returning to RTH, attend Meditation class to visit your inner soul and relax.

## **Healthy Moves**

February 4<sup>th</sup> - April 24<sup>th</sup>
Mondays and Wednesdays 10:00am - 11:00am
Seniors
Flynn Kitchen
Residents Free, Non-Residents \$20.00

This exercise program was developed for seniors to enable them to stay healthy and fit. It includes a key socialization component. This program supports seniors to remain interactive with their peers and stay healthy. Each session ends with a healthy luncheon.



## In Partnership with:



# **Brigham & Woman's Nutritional Classes**

March 6<sup>th</sup>, 20<sup>th</sup>

- Nutrition Study
- April 3<sup>rd</sup>, 17<sup>th</sup>
- Stress Awareness

May 1<sup>st</sup>, 15<sup>th</sup>, and 29<sup>th</sup>

- Correct Posture

6:30pm - 7:15pm

Ages 18+

RTHCC room #117

Resident FREE, Non-Residents FREE

Come join us for these informational workshops taught by Brigham and Woman's interns. Questions are always welcome.

# Reflexology: Registration required

Tuesdays

10:00am - 4:00pm

Ages 13+

**RTHCC** 

\$10-Seniors, \$15-55 yrs. and under, \$20-Staff

A therapeutic foot massage for Thirty Minute, to renew the soul. Conducted by Barefoot reflexology.

# **Full Massage for seniors**

Monday-Friday by appointment

Ages: Seniors

RTHCC Wellness Center \$5 Seniors ages above 55+

A therapeutic complete body massage for thirty minutes, to relax and promote healing.

# Trail Blaze!

Ongoing, All day event

Ages 13+

**RTHCC Wellness Center** 

Residents FREE, Non-Residents \$10.00

Come learn how to bring the trails, roads, and scenic roots to your indoor cardio workout while tracking achievements with our state-of-the-art interactive equipment.

# **Family Workout**

Ongoing in 2019

Saturdays & Sundays, 2:00pm - 3:00pm

Ages 10+

**RTHCC** 

Residents Free, Non-Residents \$10.00

Under the direction of wellness center staff:

Do cardio together, practice drills for sports and to play basketball together. Children must be at least 10 years old and they must always be accompanied by an adult.

## **CPR/AED First Aid Training**

 $\begin{array}{ll} \text{March 24}^{\text{th}} & \text{Sunday 10:00am} - 6:00\text{pm} \\ \text{April 24}^{\text{th}} & \text{Wednesday 10:00am} - 6:00\text{pm} \\ \text{May 22}^{\text{nd}} & \text{Wednesday 10:00am} - 6:00\text{pm} \end{array}$ 

Ages 15+

RTHCC room #117

Residents Free, Non-Residents \$20.00

A trained CPR professional will teach CPR/AED/FA to participants with a classroom lesson and hands on training. Participants will take an exam and required to pass the exam to receive their certificate.

### **Team Train with Sandy!**

Starting February 10th with Sandy Lin
Sign-up by appointment: groups must be 4 or more

Ages 13+

**RTHCC** 

Residents Free, Non-Residents \$10.00

Small groups will train together with a wellness coach. This program is designed to teach the basics of weight training utilizing free weights, as well as cardiovascular equipment. Participants will learn proper form and techniques, weight room safety and basic strength, and core lifts. Excellent for a novice lifter. Great motivator to train with your friends!

# For more info, Contact:

Deborah Zanellato 617-232-4306 ext.203 Dzanellato@roxburytenants.org





# **Kids Programming**

February 25<sup>th</sup> - June 2nd Monday (YOGA) & Thursday (OBSTACLE COURSE) 4:30pm – 5:30pm Ages 5 – 12yrs

Group Exercise Studio

Residents Free/ Non-Residents \$10.00

Instructor: Chavi and Jana

On Monday, kids will learn yoga basic moves and on Thursdays they will Practice drills and skills while having fun running, jumping, obstacles and smiles.

### **Child Watch**

Monday through Friday 5:30pm - 8:00pm

6 weeks old-12 years Free to residents, Non-Residents \$2.00

Resident must be working out, attending a group fitness or exercise class, community event or workshop and be accessible at all times.

You MUST sign up for Child Watch when you register for a workshop and/or the Community Event you will attend.

This is a non-licensed program

#### Intro to weights

April 21<sup>st</sup> – June 15<sup>th</sup>
Tuesday and Thursday
4:30pm - 5:30pm
13 – 17 years old
Residents Free, Non-Residents \$10.00

This is a starter workout designed for absolute beginners to muscle building.

## **Tread and Shred**

April 21<sup>st</sup> – June 15<sup>th</sup> Tuesday and Thursday 12:00pm – 1:00pm

High intensity training on the treadmill. After completion, the group will run a local 5k.

#### **Food Fit Fun**

February 28<sup>th</sup> – April 25<sup>th</sup> 6:00pm – 7:00pm Ages 8-12 RTHCC Residents Free/ Non-Residents \$10.00

This is an 8-week program that will incorporate valuable information about healthy eating and will have a fun exercise component as well. Instructed by certified personal trainers; participants will receive a certificate of completion upon the end of the session.

# **Fitness Testing**

Wednesday 5:00pm – 7:00pm Sunday 12:00pm - 1:00pm, 5:00pm - 6:00pm Ages 13+ RTHCC Residents Free

Let us help you reach your fitness goals by assessing your current flexibility, strength, and stamina with basic fitness testing. Sign up with a wellness department staff.

# GET STARTED Introduction to Health & Wellness at RTH

By appointment Ages 13+ RTHCC Wellness Center Residents Only

We require all new members and those new to exercise schedule 3 appointments to help get started.

Our trained health & wellness staff will provide an overview of the use of cardio and weight training machines and help you create your own workout.

# Contact person/phone:

Deborah Zanellato 617-232-4306 ext.203 Dzanellato@roxburytenants.org



# **Resident Services**

Parks Building
2 New Whitney St., 2<sup>nd</sup> floor
Monday through Friday, 9:00am-5:00pm;
Tuesday 9:00am-6:00pm
Other times by appointment

We can assist with a wide range of services and connection to agencies like Social Security, SSI, SSDI, Food Stamps, MassHealth, Medicare, Prescription Drug programs, homemaking, home health aide, budgeting and many more.

Please stop by the office or call to see how we can assist you.

# Are you trying to quit smoking? Do you have a family member who smokes?

If you are looking for tools to help you quit

– and stay quit – there is help out there,
including support groups.

For more information, contact:
Jason Zhan, Resident Services Manager
<a href="mailto:izhan@roxburytenants.org">izhan@roxburytenants.org</a> or
617-232-4306 x302

Resident Staff Contract Information: (617)-232-4306 ext.306

# Bed Bath & Beyond Donation Program

Monday through Fridays, 10:00pm to 4:00pm Ages 21+

Parks Community Building 2<sup>nd</sup> floor, Resident-Services

Free

This program helps us support residents with household items. Residents can come to receive an item according to the birth month of the head of household of your unit. For example, if the head of hold was born January 25<sup>th</sup>, they could come to the Resident Service office during the month of January to select an item. Please stop by the Resident Service office pm to pick out an item. Also, please discuss any emergency needs with a member

# DA JIA LE at the Senior Drop-In Center

Every Tuesday & Thursday 6:30pm – 8:30pm Ages 21+

Flynn House; 805 Huntington Ave., 7<sup>th</sup> Floor Free

A Social gathering for Mar-Jong, chess, etc. Happy Together!





# Translation & Interpretation Services

Every Tuesday 9:00AM-11:00AM 21+

Flynn Kitchen

Free



Translation services are available for Chinese, Russian, and Spanish speaking residents. You may have mail translated; management and facilities notices interpreted and discuss issues important to you with members of the RTH Resident Services Staff.

For more information, please call Scott Amaral, Director of Resident Services at (617) 232-4306 ext. 306; <a href="mailto:samaral@roxburytenants.org">samaral@roxburytenants.org</a>

# **Aging Well at RTH**

For Seniors Ages 55+

Senior Department or Resident Service

Aging Well at RTH is a free program for senior residents of RTH 55+, to make everyday life easier, safer, and more satisfying. We are living longer and healthier lives. RTH is focused on finding ways to help us thrive as we age. So how do we Age Well at RTH?

Take advantage of the activities that keep you

- ✓ Moving
- ✓ Learning
- ✓ Creating
- ✓ Connecting

Try new activities. All of them contribute to aging well.

And receive gifts and raffle chances along the way.

Become and Age Well at RTH cardholder!







We are looking to hire part-time Aging Well at Liaisons. Give back to seniors in your community, meet new people, and be involved in this service being offered at RTH! Stop by the Senior Department or Resident Services for an application.

Please call Yelena Piliavsky Aging Well Coordinator at 617-232-4306 Ext. 303 (Español #304, русский #303, 中文 #302) to schedule your appointment today!

ypiliavsky@roxburytenants.org









# RESIDENT SERVICES COFFEE HOUR

February 28th

Duggan Building 2:00pm to 4:00pm

March 14th

Mosaic Building 3:00pm to 4:00pm

April 11th

Levinson Building 2:00pm to 3:00pm

May 23<sup>rd</sup>

Neville Building 3:00pm to 4:00pm

June 13<sup>th</sup>

Flynn Building 2:00pm to 3:00pm

For all ages

Free

Please come and join us at our coffee hours at our different buildings and meet our Resident Services Staff and learn about new programs and benefits and how we can assist you. We will have information about services at our table.

**Contact:** Scott Amaral, Director of Resident Services for more information at (617) 232-4306 ext. 306 <a href="mailto:samaral@roxburytenants.org">samaral@roxburytenants.org</a>

# **Cleaning Workshop Series**





April 16<sup>th</sup> & April 23<sup>rd</sup> Starts at 6:00pm

Adults 21+

Parks Community Building, 2 New Whitney Street, 1<sup>st</sup> floor.

Free - Please call to reserve your space.

Please join us for our next Cleaning Workshop series! Come and speak with other residents about your cleaning and home organization experience!

Share tips, ideas and family best-kept secrets, while making your own cleaning products. Establish family chore-charts, prepare for unit inspections and much more.

Residents who attend all three workshops will receive a basket of free cleaning supplies!

Contact: Marta Franklin, Resident Services Coordinator, 617-232-4306 ext. 304 <u>mfranklin@roxburytenants.org</u>



# Family Nurturing Support Group



Wednesdays 6:00pm to 8:00pm Location Varies FREE

The Family Nurturing Support Group is offered to RTH families that completed the 15 weeks FNP. These groups are free and provide a confidential, safe place for parents to express frustrations and concerns about their children. This also allows families to get advice from other parents who can relate to similar issues they are dealing with. The main goals are to: learn how to express thoughts, feeling and needs in a healthy way; to learn to resolve problem and conflicts without hurting ourselves or others; learn healthy communication skills; learn that we are responsible for our own feelings thoughts and actions and that by making good choices, we have the power to change our live; to give support to each other in dealing with any problems we may have in any part of our lives.

# **Resident Wellness Day**



Thursday, April 25<sup>th</sup> 1:00pm - 4:00pm Parks Community Building FREE

- Wellness Day experience for all residents!
- FREE Haircuts, Reiki/Chair Massage, Nail Polishing and Blood Pressure Screenings!
- GIFT bags full of wellness items! (to the first 50 people)!
- Raffle of items at 3:30 PM
- Pick-up some helpful resources from Resident Services and Health and Wellness.
- Light refreshments will be served.

Contact: Scott Amaral, Director of Resident Services, 617-232-4306 x306 samaral@roxburytenants.org



# **SENIORS**

We want to hear from you!
What ideas do you have for daytrips?
Do you have an idea for a new senior program?
Please call us, Laura Adams, Director of Senior
Services (617) 232-4306 Ext. 700 or please drop by
the Senior Drop-in Center, Flynn 7th floor

# Fair Foods \$2.00 bag program

Fridays March 22<sup>nd</sup>, April 26<sup>th</sup>, and May 24<sup>th</sup>

3:00pm
Parks Community Building
\$1.00 to RTH residents;

Thanks to generous donation from New England Baptist Hospital

Fair Foods provides a large bag of mixed fresh produce for a suggested donation of two dollars. The items are always a surprise! Fortunately, every bag no matter the day is filled with fresh, delicious items. The program is available to all residents and non-residents. Bags are distributed on first come-first served basis. Come early!



# **Senior's Mystery Trips**

Mystery Trips are exciting and adventurous! We give you a clue and suggest how to dress – you open yourself up learn something new or explore a new destination.

It's a great opportunity to meet new people and have fun with the ones you already know. The destination might be a mystery, but we promise, it will be worth the trip.

Sunday, March 24th 10:30am Come hungry \$15.00

Tuesday, April 16th 11:30am Fun awaits \$10.00

May 7th 11:00 am Adventure \$15.00

# Taxi coupons

1st Tuesday of the month 10:30am Seniors Senior Drop-in Center, Flynn 7<sup>th</sup> floor \$5.00 for \$10.00 worth of coupons. 2 book limit.

Seniors can purchase 2 books of taxi coupons. All City of Boston licensed taxi cab drivers are required to accept Taxi Discount Coupons. It is a great idea to have a few books handy in case of an emergency.



# In partnership with:



# **Brigham and Women's Hospital Meal Program**

1st Sunday of each month 11:30am

Seniors

Brigham and Women's Hospital Cafeteria, 2<sup>nd</sup> floor A meal ticket cost \$1.00. The value of the meal ticket is \$7.00.

Seniors can purchase a ticket for a meal on the last Tuesday of each month during translation services, 9am to 11am in the Flynn Kitchen, 1st floor, or from 11am to 1pm in the Senior Drop in Center on the 7th floor of the Flynn Building. Seniors must pick up their own ticket and may not buy tickets for others. Please remember to bring a form of ID with your address and name on it.

### **Fresh Truck Mobile Truck**

Wednesday evening 4:30pm - 6:30pm 2 New Whitney Street

# Fresh fruits and vegetables for sale

Take a look inside the bus!



# **Arts and Crafts**

Wednesdays 11:30am - 1:30pm Flynn Drop in Center Residents Free

#### Movies

2<sup>nd</sup> and 3<sup>rd</sup> Wednesday of the month 3:30pm Flynn House; Senior Drop in Center, 7<sup>th</sup> floor Residents Free

# **Bowling**

Thursday mornings; starting March 21st 10:00am Meet in Flynn lobby Boston Bowl, Dorchester, MA Free for seniors

# **Bingo**

Mondays 2:00pm Senior Drop in Center
Thursdays 2:00pm Senior Drop in center
Sundays 1:00pm Flynn Kitchen, 1st floor

Come early to buy your cards and get a good seat.

No admittance into Bingo after 30 minutes.

Mission Nutrition: Chef Reva for JF&CS demonstrates how to make delicious healthy dishes

Wednesdays, 4:00pm March 20<sup>th</sup>, April 10<sup>th</sup>, May 15<sup>th</sup> FREE

A partnership between JF&CS and RTH.



# **Senior Chat Programs**

Seniors gather together to socialize, play games, plan events, watch movies in the language of their choice, and enjoy talks or performances.

# **Various Locations**

**Joy Luck Club**, Chinese language focus 1<sup>st</sup> Friday of the month, 1:00pm Parks Community Building

**Russian Tea Room**, Russian language focus 2<sup>nd</sup> Thursday of the month, 5:00pm Flynn Kitchen, 1<sup>st</sup> floor

**Chit Chat Meeting**, English language focus 2<sup>nd</sup> Tuesday of the month, 1:00pm Senior Drop in Center

**Spanish chat meeting**, Spanish language focus, 3rd Friday of the month, 12:00pm Flynn Kitchen

# Floral Craft Workshop

Wednesday, March 20th 11:30am Senior Drop in, Flynn 7th floor Free

Bring out your creative side and celebrate spring in this floral craft workshop.

# **Senior Monthly Shopping Trips**

Fridays March 15<sup>th</sup>, April 12<sup>th</sup>, May 10<sup>th</sup> 9:30am - 3:30pm Flynn lobby Free

# **Market Basket**

March 12<sup>th</sup>, April 9<sup>th</sup>, May 14<sup>th</sup> Tuesdays at 9:30am Meet in Levinson Tower lobby Free

# **Chinatown Shopping**

Tuesday at 1:30pm
Feb 26<sup>th</sup>, March 12<sup>th</sup>, March 26<sup>th</sup>, April 9<sup>th</sup>,
April 23<sup>rd</sup>, May 14<sup>th</sup>, May 28<sup>th</sup>
Meet in Levinson Tower lobby
Free

# **Easter Basket Egg Coloring Workshop**

Wednesday, March 20<sup>th</sup> 11:30pm Senior Drop in, Flynn 7th floor Free

In this fun workshop, your Easter eggs will turn out great; even the Easter bunny will be impressed.

# **Senior Celtic Program**

Friday, March 8th 12:00pm Tobin Community Center Free

Tickets are available starting Monday, February 25<sup>th</sup> at the RTHCC front desk

The Senior Celtic program, sponsored by New England Baptist Hospital, encourages seniors to maintain an active lifestyle through participation in fitness and health education classes.

For more info, contact Laura Adams 617-232-4306 ext.700



# Sports & Enrichment

# Basketball League 6 - 12 yrs.

February 23<sup>rd</sup> – April 27th
Saturdays from 4:00pm - 6:00pm
Ages 6 – 12 yrs.
RTHCC Gymnasium
Residents Free, Non-Residents \$10.00

6 - 12 basketball league is a great way for your kids to fine-tune their skills, practice good sportsmanship and have fun. RTHCC sports leagues learn about dribbling, shooting and guarding. Youth sports teams spend time on skill development during practice. Games are played once a week on Saturdays. Each player receives a jersey, and children must have sneakers.

### **Skills & Drills Basketball**

March 2<sup>nd</sup> – June 8<sup>th</sup>
Saturdays 1:00pm - 2:00pm
Ages 3-5
Residents Free, Non-Residents \$10
RTHCC Gymnasium

\*\* Parent must attend all times\*\*

for kids who want to learn the fundamentals of basketball, as well as those who want to refine their skills to reach the next level. Focus is on dribbling, passing, and shooting.

# **Skills & Drills Flag Football**

March 2<sup>nd</sup> – June 8<sup>th</sup> Sunday at 2:00pm - 3:00pm Ages 3-5 Residents Free, Non-Residents \$10 RTHCC Gymnasium

\*\* Parent must attend all times\*\*

#### **Brave Puzzles Pieces**

Thursday at 5:30pm-6:30pm RTHCC Gymnasium

A parent group for RTH families with special needs family residents. Differently abled kids play in the gym with sensory equipment designed to provide proprioceptive and vestibular sensory input. Parent must stay the whole time.

#### **Parent Child Time**

Ongoing Mon, Wed, and Fri from 3:00pm - 4:00pm RTHCC Gymnasium Residents Free, Only

Attention all parents! Come by and enjoy some interactive sports time with your children in the RTHCC Gymnasium!

# **Family Dodgeball**

February 2<sup>nd</sup> – June 12<sup>th</sup> Wednesdays at 6:00pm - 7:30pm Ages 6 – 12 yrs. Residents Free, Non-Residents \$10.00 RTHCC Gymnasium

A fun game for teens to play in teams, dodgeball helps teens learn how to work together while burning up lots of energy. This class will consist of various dodgeball games such as poison ball, doctor dodgeball, medic, and much more

# **Community Games**

March 2<sup>nd</sup> – June 8<sup>th</sup> Ages 6 - 12 Saturdays at 3:00pm - 3:45pm Residents ONLY RTHCC Gymnasium

A program that welcomes kids through the ages 12 and under years old and will provide educational and physical activities that will help children strengthen their team building skills. Children engage in basketball, volleyball, and kick ball. Community Games takes place on Saturdays.

### **Ping Pong**

RTHCC hours of operation RTHCC Foyer Residents ONLY Children under 13 must be accompanied by an adult

Anyone is welcome to enjoy a quick round of Ping-Pong



# WHAT'S UP Sports & Enrichment

### NEW! AAU Tournament Basketball 7th Graders

Starting February 12<sup>th</sup>
See Flyer for details
7<sup>th</sup> Graders
RTHCC Gymnasium
Residents \$75.00, Non-Residents \$150.00

The Amateur Athletic Union is a **youth** sports organization. To put it simply - groups of players get together and form independent teams that compete in **AAU** tournaments against other teams. Since it was first created, the goal of **AAU** has been to advance the development of **youth** sports and physical fitness programs.

# Friday Night Pick-Up Basketball

February 22<sup>nd</sup> - June 21<sup>st</sup>
Friday night at 6:00pm - 9pm
Ages 13 & over
RTHCC Gymnasium
Residents Free, Non-Residents \$5.00

Friday night pick- up basketball opens the gym for members and guests to hit the hardwood and shoot some hoops on Friday nights. During Open Gym hours we reserve half the gym for pick-up and the other half is open for shooting hoops.

## **Video Game Friday**

Fridays at 6:00pm – 8:00pm 10 - 12 years old RTHCC Gymnasium Foyer Residents ONLY

After an intense week of school work, is time to relax and enjoy your weekend! All middle schoolers are welcome!

For more info, contact: George Russell 617-232-4306 ext.205 grussell@roxburytenants.org

#### Tae Kwon Do

Ongoing in 2019

Sundays

11:15am - 12:15pm for ages 4 - 6 yrs.

12:15pm - 2:00pm for ages 7+

RTHCC Gymnasium

Residents Free, Non-Residents \$25.00

Whether your kid is bursting with energy or shy in most social situations, martial arts can go a long way toward developing qualities and habits in your young ones that can last a lifetime.

#### **Ballet**

January 19<sup>th</sup> – June 15<sup>th</sup>
12:00pm – 1:00pm for ages 4-6
1:00pm – 2:00pm for ages 7-12
RTHCC Studio
Residents Free, Non-Residents \$5.00

A classical dance form demanding grace and precision and employing formalized steps and gestures set in intricate, flowing patterns to create expression through movement.

Sign up at RTHCC Front Desk

For more info on Tae Kwon Do and Ballet, contact: May Vaughn 617-232-4306 ext.201 mvaughn@roxburytenants.org

# **Basketball Hall of Fame Field Trip**

April 18th

Leaves RTH 11:30am – Returns 6:00pm Kids Ages under 12 must be accompanied by an adult The Naismith Memorial Basketball Hall of Fame \$10.00 Both Resident and \$ 20.00 Non-Resident

The Naismith Memorial Basketball Hall of Fame is home to more than three hundred inductees and more than 40,000 square feet of basketball history. Located in Springfield, MA, hundreds of the museums interactive exhibits share the spotlight with skills challenges, live clinics, and shooting contests. Sign up at RTHCC front desk



# **Monthly Birthday Parties**

March 9<sup>th</sup>, April 13<sup>th</sup>, May 11<sup>th</sup>, and June 8<sup>th</sup> 6:30pm – 9:00pm Ages 13-18 RTHCC Teen Center Residents Free

Each month we celebrate all teens with birthdays in that month. Help the Events Crew plan the parties on Tuesdays at 5pm in the Teen Center

# **Youth College Tour**

April 18<sup>th</sup>
Time 10:00am – 2:00pm
Ages 13-18
RTHCC Teen Center

Visit a local college, weigh in on which one to visit by contacting Teen Center Staff

#### **Youth Council**

March 7<sup>th</sup>, 21<sup>st</sup>, April 4<sup>th</sup>, 18<sup>th</sup>
May 2<sup>nd</sup>, 16<sup>th</sup>, 30<sup>th</sup>, June 13<sup>th</sup>, 27<sup>th</sup>
5:30pm
Ages 13-18
Teen Center

Join if you're a teen and want community service and leadership experience!

### **Youth Field-Trip**

Last Saturday of each month, check with Teen Center 2:00pm Ages 13-18

Teen Center

At the end of every month, we take a trip with teens who have come to one educational session and one community service session each month. Dates and locations vary, look for our monthly flyer in your mail, or at RTH locations to find out details!

# **Listening Sessions**

March 2<sup>nd</sup> 5:00pm – 6:00pm @ Duggan March 26<sup>th</sup> 5:00pm – 6:00pm @ Mosaic March 30<sup>th</sup> 1:00pm – 2:00pm @ Levinson April 9<sup>th</sup> 5:00pm – 6:00pm @ Neville April 20<sup>th</sup> 1:00pm – 2:00pm @ RTHCC Ages 13-18 Residents Free

The Youth Department is holding Listening Sessions to hear your voice! Meet us in these locations 5:30-6:30pm to share what's important to you!

# Middle School Bridge Program

Monday – Friday afterschool 4:00pm – 7:00pm Grades 6<sup>th</sup> – 8<sup>th</sup> RTHCC Teen Center

Free Healthy Dinner provided Monday and Friday! Dinner will be served at 5:30pm at the Teen Center.

We invite youth in 6th - 8th grades to join us weekdays from 4-7pm to build relationships with Teen Center staff and other youth, get your homework done, play games, apply for job readiness programs, and participate in Teen Center offerings!

Registration forms are available in the Teen Center and at the Welcome Desk. On-going enrollment, initial meeting with Jen is required to start.

On-going enrollment, sign your child up with Jen Lewis, <a href="mailto:jlewis@roxburytenants.org">jlewis@roxburytenants.org</a>

For more info, contact:
Jennifer Lewis
617-232-4306 ext.207
jlewisl@roxburytenants.org





# Mission Health: Youth Public Health PhotoVoice Research Project!

Saturdays February 23<sup>rd</sup>, March 2<sup>nd</sup>, and March 23<sup>rd</sup> 3:00pm

Residents Free, Non-Residents Free

Looking for youth willing to take pictures and participate in group discussions. Participants will get a gift card for attending all sessions, food and refreshments will be provided.

# **Youth Council Charity Basketball Event**

March 2<sup>nd</sup>
4:30pm
All Ages
RTHCC Gymnasium

Come cheer on your favorite local basketball heroes and vote for and support a local charity! All proceeds will be donated by the charity with the most votes. Fun for all ages!

# **Club How-To**

March 6<sup>th</sup> 5:00pm Ages 13-18 Teen Center

Middle Schoolers and teens may come learn how to start a club in an area of interest.

### **Volunteering with Urban Farming Institute**

During April Vacation Week Time TBD Ages 13-18

More info to come! Check with Teen Center staffs!

# **Women's Leadership Conference**

Mount Holyoke April 6<sup>th</sup> Ages 13-18 Residents Free

Leaving early morning 7:00am, returning at 8:00pm. More info to come! Check with Teen Center staffs! Contact Jen Lewis or Teen Center to register!

# Young Men's Leadership Conference Young Men's Trip @ Beaver Country Day School

March 16<sup>th</sup>, 8:00am – 3:00pm Ages 13-18 RTHCC Teen Center Residents Free

One day conference offering empowerment, enlightenment, and guidance to middle and high school males of color. Also, parental track of workshops offered.

# **Garden Club Info Meeting**

March 21<sup>st</sup> Thursday, 5:00pm RTHCC Teen Center Residents Free

If you love to play in the dirt and want to try your hand at growing some food, come learn about our garden plots in the Tobin Yard! We will be planting soon! All are welcome!

# Calling all parents with children ages 10-18

Mar. 1<sup>st</sup>, Apr. 5<sup>th</sup>, May 3<sup>rd</sup>, June 7<sup>th</sup> 6:30pm RTHCC Teen Center Residents only

Parents of middle school and high school youth! Join us the 1<sup>st</sup> Friday of every month in the RTH Teen Center to discuss how RTH can help with your children!





# **Family Arts Nights Spring Series**

March 6<sup>th</sup> -May 29<sup>th</sup> 5:30pm-7:30pm RTHCC-Room 117 All ages

Residents Free Non-Residents \$1.00

Spend an evening creating your own masterpiece with your child or children. Art supplies are provided.

# **Family Fun Fridays**

March 1<sup>st</sup>, April 5<sup>th</sup>, May 3<sup>rd</sup>, and June 7<sup>th</sup> 6:00pm-8:00pm RTHCC Gymnasium Families with children under the age of 12 Residents Free Non-Residents 2.00

Family nights are the first Friday of every month. Enjoy an evening of fun for the whole family – on us! Time together as a family is so important for creating and maintaining strong bonds and connections. Whether you're a parent or grandparent, single parent or guardian, everyone is welcome at our Family Fun Night, light dinner provided. Must sign up a week before program date.

# Youth 10 - 12 Open Gymnasium Time

Monday 4:00pm – 6:00pm Saturday 12:00pm – 1:00pm, 2:00pm – 3:00pm, 4:30pm – 9:00pm RTHCC-Gymnasium Residents Free, Only

A period during the day where kids in middle school are welcomed to enjoy some physical activity. The gym will be divided into two different sections.

For more info, Contact: May Vaughn 617-232-4306 ext.201 mvaughn@roxburytenants.org

# **NEW!!! Girl Scout Informational Meeting**

Girls Ages 3 - 5 March 7th 6:30pm RTHCC - Room 117 Residents Free Non-Residents Free



Come learn about options and programs, we want to hear your feedback!

# **New!!! Learn to Swim Program**

April 10<sup>th</sup>-June 15<sup>th</sup> Ages 3-12 Residents \$10, Resident ONLY

Safety first! Get ready for the summer 2019 learn to swim lessons for children at one of partnering pools. See flyers in March for more details

## RTH SUPREME AIR PARTY at Sky zone

Sundays March 17<sup>th</sup> May 19<sup>th</sup> 10:00am-2:00pm

Ages: 3-12 with an adult over 18
Residents \$5.00 Non-Residents \$10.00
60 Min of Jump Time and a light snack will be provided

Tickets go on Sale March 1st

# **NEW! Mother Day Brunch**

May 4<sup>th</sup> 11am-1pm RTHCC

Join us for celebrate mothers a (Grandmas and Aunts are welcome too!) The morning includes performances, refreshments, and quality bonding with friends and family.

# **NEW! Father Day Brunch**

June 8<sup>th</sup> 11am-1pm RTHCC

Join us for celebrate fathers

(Grandpas and uncles are welcome too!) The morning includes performances, refreshments, and quality bonding with friends and family.





# In Partnership with:



# Getting More Fruits and Vegetables into Your Family's Diet

March 27<sup>th</sup> 5:45-7:45pm RTHCC

A series of presentations on family nutrition conducted by local partnerships with a focus on discovering ways to increase the amount of fruits and vegetables in our diets.

# Calling all parents with children ages 3-9

April 25<sup>th</sup>

6:30-8:00pm

**RTHCC** 

Residents only

We need your input for summer, what programs and activities do you think we should offer? What days and times should we offer programming? Dinner and Child watch will be provided.

#### **Child Watch Hours**

Monday- Friday 5:30-8:00 pm

**RTHCC** 

Ages 6 weeks old-12 years

Residents: Free Non-Residents \$2.00

Resident must be working out, attending a group fitness class, community event or workshop and be

accessible. This is a non-licensed program.

#### **Summer Foods**

Begins June 24<sup>th</sup> Monday to Fridays Parks Community Room

FREE lunch and snack open to all children and teens ages 1-18 yrs. No Registration or identification is required!

Save the Date! RTH Pool Opening June 29<sup>th</sup>

# Put Reading First – Helping Your Child Learn to Read

February 27th

5:45-7:45pm

**RTHCC** 

Residents and nonresidents Free

Families will gain some understanding on how reading is taught and how they can help their children learn to read. It is most appropriate for families with children in preschool through third grade. Light dinner provided and child watch.

# **Brave Puzzle Pieces Meeting**

March 22<sup>nd</sup>, April 19<sup>th</sup> May 17<sup>th</sup>

6:00pm -7:30pm

RTHCC

All Ages

Residents Free Non-Residents Free

A parent group for families with special needs children. RTH helps to provide training for parents to increase skills and give an opportunity to relieve loneliness and form new friendships. Parents also assist in planning programs and activities for their children or family members. Kids play along supportive staff while parents are meeting. Lite dinner is provided.

# **Visions of Community 2019**

Saturday, March 9, 2019 7:30am – 4:30pm Seaport World Trade Center All Ages Residents Free Non-Residents \$10.00

A Conference for Families of Children with Special Needs and the Professionals Who Serve Them. Sessions in English, Español, Português, Chinese, Vietnamese, Haitian Creole, Somali, and Arabic. Food and Transportation provided. Sign-up at RTHCC front desk.

Sponsored by Federation for Children with Special Needs.





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# **Recreation Exploration Center**

835 Huntington Avenue (rear) (617)-232-4306 ext.402

# RTH AFTER SCHOOL PROGRAM

The RTH After School Program (ASP) is licensed as a School-Age Child Care program through the Massachusetts Department of Early Education and Care (EEC) and serves the needs of children ages 5-12 years.

Our Program provides a safe, fun, friendly place for children with a wide variety of age appropriate activities that promote leaning and fun in an atmosphere where respect, teamwork and a sense of community are valued. The mission of the RTH After School Program is to strengthen the academic achievement, social skills, and leadership development of school age children from our diverse community.

Our program challenges the imagination, creativity, self-directed initiative in all children through activities that allows them to express their talents through exciting enrichment activities, in science, computer, literacy, and math. Arts and Crafts, cooking, Sports and games, Special Guest, and field trips are all part of the fun. A healthy snack and homework assistance offered each day. Committed to promoting positive values, the RTH Afterschool program will provide a safe environment for your child and give you peace of mind during those afterschool hours or vacation weeks when you need quality care for your child.

September 6, 2018 thru June 18, 2019

Monday thru Friday

2:00pm - 6:00pm

Now accepting enrollment for children enrolled in K2-5<sup>™</sup> grade.

## Winter Break Week

Our full day program is offered on selected days when school is not in session. So, put down the remote control, enjoy a healthy lunch provided by the program, and plan on an exciting day from beginning to end. See program flyer for schedule of planned activities.

Tuesday April 10th thru April 19th, 2019

8:30am – 6:00pm

\*Closed Monday, April 15th, 2019

CCB Vouchers accepted

**Registration:** Stop by Monday thru Friday 10:00am – 6:00pm. Students and families are welcome! Come explore classrooms, see what our students are learning and meet teachers, administrators, parents and children.

Enrollment is limited & done on a first-come, first serve. Priority enrollment is given to RTH RESIDENTS

Contact: ASP/SEP Director, Stephanie Ellis at (617)-232-4306 ext.402 or sellis@roxburytenants.org



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



**ALL NEW!** 

# BUILDING **BRIGHT FUTURES**

YMCA OF GREATER BOSTON IN COLLABORATION WITH ROXBURY TENANTS OF HARVARD

**EARLY EDUCATION PROGRAM** 





RTH EARLY EDUCATION CENTER

82 Fenwood Road

Roxbury, MA 02115

CONTACT: Claire McNally 617 721 8104 OR cmcnally@ymcaboston.org





YMCA OF GREATER BOSTON ymcaboston.org/earlyeducation

# RTH Employment Opportunities

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#### About RTH:

Roxbury Tenants of Harvard Association, INC.(RTH), is a non-profit housing and human service organization that was founded by residents of the neighborhood in 1969.

# Van Driver Per Diem Van Driver

#### **General Job Description:**

The Per Diem Van Driver performs various task relating to the transport of passengers in a 15-passenger van.

# Typical Duties/ Responsibilities:

- Operate a 15-passenger van safely and efficiently
- Assist passengers in boarding and exiting vehicle
- Manage van repairs and van maintenance, including removing discarded items at the end of each trip, and arranging professional cleaning when needed
- Report accidents or other safety situations
- Document mileage and van trip protocol
- Other van- related tasks on request

#### Requirements:

- High School Diploma or equivalent
- Must posses a current and valid driver's license
- Must be in good standing with DMV
- Must be available to work some evenings and on weekends
- Must submit to a CORI/SORI check
- CPR/AED/First Aid Training provided by RTH
- CDL license a plus!

# Work Schedule:

Per diem (employed on an as-needed basis) for day, evening, and weekend driving trips- local and long distance.

Pay:\$14 - \$17 per hour Employment Application:

In person: RTH Executive Office, Neville Building, 11 New

Whitney St., Boston, MA 02115

By email: <a href="mailto:ltaylor@roxburytenants.org">ltaylor@roxburytenants.org</a>

Contact Info: Lori Taylor (617)-232-4306 x.107

# Shuttle Bus Driver Per Diem Shuttle Bus Driver

### **General Job Description:**

The Per Diem Shuttle Bus Driver performs various tasks relating to the transport of passengers in a 16\_passenger 4 ambulatory shuttle bus.

### Typical Duties/ Responsibilities:

- Operate a 16-passenger 4 ambulatory shuttle bus safely and efficiently
- Assist passengers in boarding and exiting vehicle
- Manage shuttle bus repairs and maintenance, including removing discarded items at the end of each trip, and arranging professional cleaning when needed
- Report accidents or other safety situations
- Documents mileage and van trip protocol
- Other shuttle bus related tasks on request

#### Requirements:

- High School Diploma or equivalent
- Must possess a current and valid CDL License
- Must be in good standing with DMV
- Must be available to work some evenings and on weekends
- Must submit to a CORI/SORI check
- CPR/AED/First Aid Training by RTH

#### Work Schedule:

Per diem (employed on an as-needed basis) for day, evening, and weekend driving trips- local and long distance.

Pay:\$21 - \$23 per hour Employment Application:

In person: RTH Executive Office, Neville Building, 11 New

Whitney St., Boston, MA 02115

By email: ltaylor@roxburytenants.org

Contact info: Laura Adams 617-232-4306 x.700

# WHAT'S UP RTH Employment Opportunities

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# RTH Pool Life Guard

### General Job Description:

Lifeguard will always behave in a courteous manner and remain alert when on duty.

#### Typical Duties/ Responsibilities:

- Aid anyone who is in difficulty in the pool or anyone injured in the pool area.
- Monitor all activities in the pool area.
- Maintain the pool and pool apron in clean condition.
- Monitor chlorine levels by checking at the start of the shift and at 3-hour intervals throughout the day.
- Enforce the posted pool regulations.
- Check the swimming skills of all children.
- Perform any other pool functions that the Aquatics Manager deems necessary or appropriate.

# Requirements:

- Must be a minimum of 16 years of age.
- Certification in each of the following areas: Current Red Cross Lifeguard certification, CPR for Professional Rescuer, and First Aid certification.

#### Work Schedule:

Seasonal: June 18 to September 3, 2019

**Pay:** \$15-\$18 per hour

# Employment Application:

In person Contact: May Vaughn, RTHCC

617.232.4306 ext. 201

E-mail: <u>mvaughn@roxburytenants.org</u>

Apply by April 30<sup>th</sup>, 2018

# RTH Pool Welcome Desk

#### General Job Description:

Provide a warm and inviting atmosphere for those individuals entering the Parks Community Building.

Responsible for ensuring only RTH residents with an approved pool ID (or approved guest) are the only individuals allowed to enter the pool area.

### Typical Duties/ Responsibilities:

- Supervises the pool desk during assigned hours.
- Checks RTH Pool IDs.
- Maintains daily sign in log.
- Manages Guest Form requests.
- Sell pool caps.
- Keep pool desk area clean.
- Provides users with any information desired about the pool: classes, fees, special events, and hours of operation.
- Performs other duties as assigned.

#### Requirements:

- Strong Customer Service skills.
- Experience with cash handling and making change.
- Operate standard office equipment such as a computer, telephone, copy machine, and cash box.
- Make mathematical computations accurately.
- Handle complaints and concerns in a calm, responsible manner.

#### Work Schedule:

• Seasonal: June 18 to September 3, 2019

Pay: \$13 per hour

### **Employment Application:**

In person Contact: Carolyn Robles, RTHCC

617.232.4306 ext. 200

E-mail: Crobles@roxburytenants.org

Apply by May 31<sup>st</sup>, 2018



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# **Aging Well** Manager

# General Job Description:

The Aging Well Manager oversees the programs that take place The Family Coordinator will oversee all aspects of the for the senior residents. The goal of this position is to provide and make accessible the services that reflect the desires and needs of older residents that want to age in place.

### Typical Duties/ Responsibilities:

- Develop, implement and oversee new and current programs and activities for seniors
- Prepare promotional materials and correspondence for events/programs
- Prepare and provide post-activity evaluation data, as appropriate
- Market events by developing, designing and distributing flyers, mailing, posters, flyers, newsletters, brochures, and other promotional materials.
- Maintain and updates documentation in a database.
- Remains flexible and completes extra duties as assigned

#### Requirements:

- Bachelor of Arts or Science degree; at least 1 year of experience in aging services or similar field
- Excellent oral and written communication, organization and time management skills
- Knowledge of issues concerning older adults
- Strong written and verbal communication skills
- Basic computer skills, including Microsoft office suite and
- Ability to gather data, compile information, and prepare reports
- Serious commitment to healthy aging, community building, affordable housing and community service
- Ability to work successfully in a racially and ethnically diverse community environment

#### Work Schedule:

Full Time; Must be able to work nights and evenings Bicultural, bilingual speakers are encouraged to apply

### **Employment Application:**

Send Resume to Laura Adams, Director of Senior Services ladams@roxburytenants.org 617-232-4306 ext. 700

# **Family Program** Coordinator

### General Job Description:

development and supervision of programming for children ages 0-12, enrichment/special interest classes, which include family programs as well.

# Typical Duties/ Responsibilities:

- Oversee assigned daily program operations for family programming
- Coordinate, monitor or supervise the activities of appointed volunteers and interns.
- Develop and schedule program activities following specifications and funding limitations.
- Recruit and select program participants, members, and volunteers using appropriate promotional or marketing methods
- Monitor program expenditures ensuring that budget allocations adhere too.
- Evaluate program effectiveness to develop improved
- Ensure the safety of families by providing and monitoring effective supervision of youth by all teen staff.
- Provide leadership for the family program as issues arise. problem-solving and conflict resolution as needed.

## Requirements:

- Experience working and leading groups
- Proven ability to plan and coordinate activities with/for families in recreational/enrichment setting.
- Experience in and ability to train others in family engagement and child development.
- Knowledge of and previous experience with diverse populations.
- Current CPR, AED, and First Aid certifications required.
- Ability to establish and maintain collaborations with community organizations.

#### Work Schedule:

Part Time; Must be able to work nights and evenings Bicultural, bilingual speakers are encouraged to apply

#### **Employment Application:**

In person Contact: May Vaughn, RTHCC

617-232-4306 ext. 201

E-mail: mvaughn@roxburytenants.org

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#### **Afterschool Educators and Summer Positions 2019**

### General Job Description:

Enrichment staff help children to build meaningful relationships, learn social skills, and discover their most authentic selves through creative play and enjoyment of urban fieldtrips. WHY WORK FOR THE RTH?

The RTH achieves its mission one person at a time. The greatest source of energy for RTH is our staff. Our staff contributes to the advancement of the RTH vision by meeting the needs of the people in our communities. Guided daily by the core values of Caring, Honesty, Respect and Responsibility, our staff create an environment where everyone aspires to be their best.

The RTH Afterschool Enrichment Program is now accepting applications for Educators Positions for now through April 2019. Get a jump start on securing a job for next school year and summer! We are looking for qualified, reliable and energetic people to help lead our enrichment program. Interested? Want to help make a difference in a child's life while working with a hard-working and fun group of people? Apply today!

#### Work Schedule:

Summer Hours- 8:00am – 6:00pm, June 24th – Aug 23rd, 2019

# Employment Application:

Please submit resume and cover letter to the program Director, Stephanie Ellis at Sellis@roxburytenants.org or stop by the office at

835 Huntington Ave. (REAR) Boston, MA 02115 at the hours of 2pm – 6pm. Sept- June 2019

(617)-232-4306 ext.402

# **RTH Child Watch Job Opportunity**

If you like working with children from the ages of six weeks to twelve years of age this is the job for you. We need people who are flexible and who can be available at short notice as well as able to work evening hours. This is an hourly position with limited hours. Persons interested in this position must be 18 years of age or older and have experience working with children.

Adults, College Age students and students 18 years of age are encouraged to apply.

Carmen M. Torres, Coordinator of Child Watch at 617-232-4306 ext. 206. or send your (617)-232-4306 ext.402





# BETTY POWERS COMPUTER CENTER and LIBRARY SERVICES

25 Mission Park Drive

Beverly Moss, Technology: bmoss@roxburytenants.org or 617-232-4306 x600

# COMMUNITY EDUCATION AND WORKFORCE DEVELOPMENT

Recreation Exploration Center, 835 Huntington Avenue R **Roxanne Haecker**, Community Education & Workforce Development Director: <a href="mailto:rhaecker@roxburytenants.org">rhaecker@roxburytenants.org</a> or 617-232-4306 x401

# **EXECUTIVE OFFICE** Neville House 11 New Whitney Street, 1st Floor

Karen Gately, Executive Director: <a href="mailto:kgately@roxburytenants.org">kgately@roxburytenants.org</a> or 617-232-4306 x104

Gayle Lacroix, Chief Financial Officer: <a href="mailto:ghlacroix@roxburytenants.org">ghlacroix@roxburytenants.org</a> or 617-232-4306 x108

Latoya Cromartie, Payroll Specialist: <a href="mailto:lcromartie@roxburytenants.org">lcromartie@roxburytenants.org</a> or 617-232-4306 x101

Jawauna Freeman, Accounting Clerk: <a href="mailto:jfreeman@roxburytenants.org">jfreeman@roxburytenants.org</a> or 617-232-4306 x102

Igor Gutsol, Assistant Controller: <a href="mailto:jgutsol@roxburytenants.org">jgutsol@roxburytenants.org</a> or 617-232-4306 x106

Lori Taylor, <a href="mailto:ltaylor@roxburytenants.org">ltaylor@roxburytenants.org</a> or 617-232-4306 x107

RTH AFTER SCHOOL PROGRAM Recreation Exploration Center, 835 Huntington Avenue R Stephanie Ellis, ASP/SEP Director: sellis@roxburytenants.org or 617-232-4306 x402

# RTH COMMUNITY CENTER 20A Vining Street

May Vaughn, Youth, Family & Community Engagement Director: <a href="mvaughn@roxburytenants.org">mvaughn@roxburytenants.org</a> or 617-232-4306 x201

**Carmen M. Torres**, Enrichment Coordinator for Child-Watch and Homework Center: <a href="mailto:ctorres@roxburytenants.org">ctorres@roxburytenants.org</a> 617-232-4306 x206

George Russell, Sports Coordinator: <a href="mailto:grussel@roxburytenants.org">grussel@roxburytenants.org</a> or 617-232-4306 x205

Curtis Williams,: <a href="mailto:cwilliams@roxburytenants.org">cwilliams@roxburytenants.org</a> or 617-232-4306 x202

**Deborah Zanellato**, Health and Wellness: <u>dzanellato@roxburytenants.org</u> or 617-232-4306 x203 **Carolyn Robles**, Welcome Center Coordinator: <u>crobles@roxburytenants.org</u> or 617-232-4306 x200

**JONATHAN BRODIE TEEN CENTER** RTH Community Center, 20A Vining Street Jen Lewis, Youth Development: <u>ilewis@roxburytenants.org</u> or 617-232-4306 x207

# **RESIDENT SERVICES** Parks Community Building, 2 New Whitney Street, 2nd Floor

Scott Amaral, Director of Resident Services: <a href="mailto:samaral@roxburytenants.org">samaral@roxburytenants.org</a> or 617-232-4306 x306 Jason Zhan, Resident Services Manager: <a href="mailto:jzhan@roxburytenants.org">jzhan@roxburytenants.org</a> or 617-232-4306 x302 Yelena Piliavsky, Resident Services: <a href="mailto:ypiliavsky@roxburytenants.org">ypiliavsky@roxburytenants.org</a> or 617-232-4306 x303 Marta Franklin, Resident Services: <a href="mailto:mfranklin@roxburytenants.org">mfranklin@roxburytenants.org</a> or 617-232-4306 x304

# SENIOR SERVICES Flynn House 805 Huntington Avenue, 1st Floor

Laura Adams, Senior Services: <u>ladams@roxburytenanst.org</u> or 617-232-4306 x700

## ANONYMOUS CALL TIP LINE: 617-232-0436

Please call if you have any concerns about health, safety, or security
- If you see something, say something! -

